



香港真光書院
HONG KONG TRUE LIGHT COLLEGE

Library Flash



ISSUE 5

二零二三年二月

編輯委員會名單

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編者的話

不知道各位認為閱讀的意義是甚麼呢？對我而言，閱讀是吸取課外知識的來源，能豐富個人知識，拓寬眼界。閱讀歷史書籍或人物傳記，能知道過往的人和事，對歷史有更多認識。而閱讀文學小說，則能提升文學修養；學習當中的優雅文句，更可以於寫作中運用出來，令你的文筆更為溫婉，不會直率地表達出來。

也許你會認為閱讀一本書不會有太多得著。然而，作家雨果曾說過：「書籍是造就靈魂的工具。」當你在書中獲得的感悟日積月累後，你的品格會逐漸變得高尚，亦會形成只屬於你自己的個人思想，再也不會那麼容易被別人的說話影響。就像一個已上鎖的寶盒，寶盒內藏著的是獨特的個人思考能力，而要破解寶盒密碼，正是要用在閱讀中獲得的知識破解。因為閱讀而獲得的知識，你不會成為一個孤陋寡聞的人，而是成為一個博古通今的人。這樣，你的學識和心智也定必會提升。

有很多人看著書中滿滿的文字，便會感到睏倦，最後產生不想閱讀的念頭。但請不要感到抗拒，嘗試進入文字的世界。各位可播放自己喜歡的音樂，放一杯喜愛的飲品在旁，待你的思緒冷靜下來後再閱讀，定能感受到文字帶給你的一絲平靜，在忙碌的生活中獲得喘息的時間。

閱讀能使人變得充實，亦能令思想變得更深邃。在這裡，希望各位讀者能領悟閱讀的意義。各位看完 Library Flash 後，不妨在我們推薦的書目中，尋找自己感興趣的書籍來細心閱讀，品嘗書中給你的啟示。

編輯委員會委員 梁綽敏



名人談讀書

余光中

《開卷如開芝麻門》

讀書其實只是交友的延長。我們交友，只能以時人為對象，而且朋友的數量畢竟有限。但是靠了書籍，我們可以廣交異時和異地的朋友；要說擇友，那就更自由了。一個人的經驗當然以親身得來的最為真切可靠，可是直接的經驗畢竟有限。讀書，正是吸收間接的經驗。生活上論者說讀書是逃避現實，其實讀書是擴大現實，擴大我們的精神世界。就算是我們的親身經驗，也不妨多聽聽別人對相似的經驗有什麼看法，以資印證。相反地，我認為不讀書的人才逃避現實，因為他只生活在一種空間。英國文豪約翰生說：「寫作的唯一目的，是幫助讀者更能享受或忍受人生。」倒過來說，讀書的目的也在加強對人生的享受，如果你得意；或是對人生的忍受，你如果失意。

名作家搜秘

朱自清

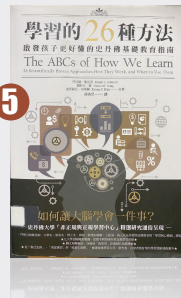


大家必定曾經閱讀過朱自清的散文《背影》，文中敘述了朱自清父親在送他上火車前，悉心照料他並替他買橘子的情景，刻畫了父親對兒子的愛；但現實是父子兩人關係十分惡劣。朱自清從小被父親嚴厲責罵，父親更曾強行搶走他一個月的薪金。直到中年時，朱自清才決定放下對父親的仇恨，並寫下《背影》。

朱鴻鈞(朱自清的父親)思想傳統，不願接受新式教育。因此，朱自清自小被要求學習文言文。由於父親對自己十分嚴厲，成績稍有退步都會被狠狠責罵，所以他自小就很怕父親，童年一直生活在戰戰兢兢的環境裏。慶幸的是，朱自清18歲時成功考入了北京大學，光宗耀祖。

後來由於朱自清祖母被父親活活氣死，朱自清對父親的仇恨更深。自入讀大學後，他就甚少跟父親聯絡。

父子兩人多年沒有來往，這段時間大家都反思了自己的過錯，因此，兩人對彼此的怨恨都減淡了。1925年，父親朱鴻鈞身體開始出現不少毛病。那時候，他希望在人生最後的歲月可跟朱自清的關係變好，於是放下自尊寫了一封家書給朱自清，希望能得到兒子原諒。父子兩人的關係因此而破冰，放下仇恨。其後朱自清更將當年與父親在火車站的情景，寫下了散文《背影》，刻畫了父親對自己的愛。



1 2C 吳嘉瑩

書籍：《自我勉勵同學會》
作者：黃擎天 出版社：香港非凡出版社

我認為作者想告訴我們忘記過去似是無情，卻是有效的心靈治療方法。「只要你選擇奔向光明，如厲鬼纏着你的舊事舊人一樣也會灰飛煙滅。」例如有時候你們測考成績欠理想，但不要灰心，而是要於下一次的測考多加努力。過去的事我們不能改變，那為什麼下次不再做好一點呢？

3 6B 羅考泳

書籍：《被討厭的勇氣》
作者：岸見一郎、古賀史健
出版社：究竟出版社股份有限公司

我十分欣賞作者在書中以正面和樂觀的語句來鼓勵讀者，讓我從閱讀中獲得心靈上的慰藉。我領悟到只要我們不和別人比較，不在意別人對我們的惡意批評，人生才能由自己主宰，才能活得自由自在。正如莊子〈逍遙遊〉的思想般，要放下對事物固有的成見，才能不拘一格，與萬物共存，感受人生。

5 張旭源老師

書籍：《學習的26種方法》
作者：丹尼爾·施瓦茨、潔西卡·曾、克莉絲汀·布萊爾
出版社：大寫出版

影片分享：



這本書由A至Z介紹了26種不同的學習方法和策略，同學經常對學習數學感到困惑：「我努力了，但我數學還是沒有進步」。其實同學們只是尚未找到適合自己的方法去學習數學及其他學科。我尤其推薦書中其中兩章「刻意練習、糾正觀念」，對數學學習幫助非常大，有興趣的同學可在圖書館借閱。

2 6B 廖詠詩

書籍：《82年生的金智英》
作者：趙南柱 出版社：漫遊者文化

書中金智英所經歷的事反映社會上男尊女卑的情況十分普遍。她生下女兒後，成為全職家庭主婦。某一天他帶着女兒外出時，被上班族取笑自己只會用丈夫辛苦賺來的錢去享受。可是他們卻從未想過全職家庭主婦的辛酸。我不斷反思自己面對相似的情況會怎樣做，我會有勇氣發聲嗎？希望無論男女都能為不公待遇而發聲。

4 4A 王雅林

書籍：《目送》
作者：龍應台
出版社：時報文化出版企業股份有限公司

文中年老的母親懷着興奮的心情到英國找自己的兒子，卻遭兒子處處嫌棄，認為母親的舉動就像一個沒見過世面的孩子。試想想，你曾嫌棄過日漸衰老的家人嗎？看完此書，我感到一絲絲的內疚。我反思自己對外公的態度。其實家人並不想成為子女的包袱，他們需要的是子女的愛。千萬不要忘記他們當年付出了多少養育你。當他們漸漸老去，我們應用家人對你的那份愛去對待衰老的長輩，給予他們多點關心。一些簡單的關心足令家人感到大大的滿足。

推介一本有關宇宙、天文學書籍，內容講述天體運行及天文現象，例如：月球會否撞向地球，太陽射線的影響等。這是十分值得閱讀的書籍。



物理科

5C 黃佩妍

一定要知道的驚奇天文學

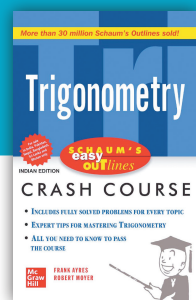
作者：縣秀彥



Mathematics

4A LEUNG YUET SUM

Title :
Schaum's Easy Outlines Trigonometry
Author :
Frank Ayres Jr., Robert E. Moyer



"Schaum's Easy Outlines Trigonometry" was written by Frank Ayres Jr., Robert E. Moyer. It contains lots of essence of trigonometry which is presented in a concise and readily understandable form. It helps you to master trigonometry by using plenty of illustrations and expert tips. For example, it told you a vector having no fixed position in a plane can move around a plane provided that its magnitude and direction is not changing. In conclusion, this book gives a simplified version on the topic of trigonometry. Therefore, I strongly recommend this book to you!



好書快搜



影片



黃潔華老師

《動物嘉年華：西西的動物詩》

作者：西西
出版社：香港中文大學



翟彥君老師

《普通話常用口語詞》

作者：劉慧、李黃萍等
出版社：三聯書店（香港）有限公司



3A 張卓妍、何枝營

《看，身體在說話》

作者：馬南
出版社：海鵬



4B 馮靖嵐

《古典音樂就是這樣子》

作者：吉松隆
出版社：如果出版社



悅讀校園花絮

媒體及資訊素養週

為了讓同學知道使用網絡正確的方法，資訊科技學科在10月19-20日於圖書館舉行了「媒體及資訊素養週」。當中設置了趣味十足的攤位遊戲，如「網上法規你要知」和「事實觀點分分分」。這些小遊戲不單教會同學分清網絡的事實和觀點、網絡上的法律，更設了多個情景題目，激發同學從多角度思考。

除了攤位活動，資訊科技學會還精心製作了關於網絡詐騙的影片，教導同學要有保護個人私隱的意識，提醒同學不要輕易相信網絡上的資訊。

此外，於10月21日更有香港青年協會來校設置流動車，車上提供刻上標句的小卡送給同學作紀念，提醒同學切勿過於在意別人對自己的評價，做好自己。另外還提供了iPad讓同學回答問題，讓同學知道當面對網絡抨擊時，該如何面對惡意評論和處理來自抨擊的負面情緒。活動中，同學和老師樂在其中，同學們反應熱烈，投入遊戲，同時擴闊眼界。

「媒體及資訊素養週」不但提升了同學們的網絡安全意識、防護意識和版權知識，更讓同學知道原來網絡會影響我們的精神健康，明白網絡正確使用方法的重要性，令同學獲益良多。



Book sharing

Tuesdays with Morrie

by Mitch Albom

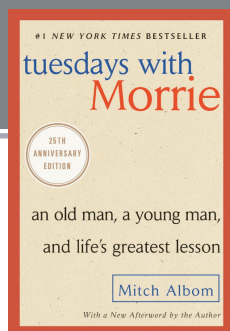
Teacher:
Ms Fion Chan

I often heard some students nagging at me that they don't want to do homework. 'Miss Chan, please don't give us any homework!' What if there is a class that has no final exam, no assignment, no book, and no grade required, will you attend the class? Welcome to join this special class by reading the book Tuesday with Morrie written by Mitch Albom. This book is based on his true story with his favourite professor, Morrie Schwartz. Morrie was diagnosed with a special disease ALS. Knowing his favourite professor was dying, Mitch visited Morrie every Tuesday and this turned into one final "class": lessons in how to live. There are a total of 12 lessons with various topics related to different aspects of life such as love, ageing, family, work, emotions, and, finally, death.

In this book, there are many inspirational lessons and quotes. One lesson that struck me the most is the lesson related to emotion. Morrie, a person that needed to face fear and pain from a deadly illness, advised us that we should acknowledge and express our emotions. If we hold on to them, we can never get to the state of being detached. But by throwing ourselves into these emotions, by allowing ourselves to dive in, all the way, over our head, we then experience the emotions fully and completely. Eventually, we will get rid of them.

We might have come across downs in our lives, and it's really okay to be sad. But you have to make sure you recognise it and let all your emotions out. Then you will be able to detach from it and you won't hold on to the feeling forever. In my opinion, it can be an effective way to conquer your fear and negative feelings.

If you want to know more about this special class or what other lessons are, you may read the book and perhaps you will gain some insight from it. Thank you.



Book library

Ms Jackie Chan

A library visit for each S.1 English group was arranged in September with the aim of introducing S.1 students to our recently renovated library, in particular the English book collections, the special rooms and the equipment they can access. Although it was not the first time they visited it, students were still in awe with the breathtaking sea view, reader-friendly furniture and the tranquil environment. Students were given guidance by their English teacher to borrow their first book for Extensive Reading Scheme, and were briefed about different worksheets available. The exposure was expected to stimulate their interest in spending more time in the library during recesses and after school.

Book Reports and Bookmark Designs

2B (8) Leung Ho Ching Chloe

Book Title:
Face to Face with Sharks

Author:

David Doubilet and Jennifer Hayes

Illustrator:

David Doubilet and Jennifer Hayes

What is the theme of this book?

It talks about the habits of different sharks.

Write THREE facts that you have learned about the theme from this book.

1. Sharks are fish without bones.
2. Sharks can't chew, but they still eat everything in the sea.
3. The whale shark is the biggest shark in the world. It can be more than 40 feet long.

What do you want to ask the author?

Is it dangerous to photograph sharks?

Do you like this book? Why/why not?

Yes, I like this book because I can learn more about sharks and the photos in the book are really cool.



2D (7) Cheung Po Ying Polly

Book Title:
The Little Prince

Author:

Antoine De Saint-Exupery

About the story:

The narrator says when he was six years old, he saw a beautiful picture. Then he reflected deeply upon the adventures in the jungle. The climax is when the Little Prince met the fox and befriended it. Then the fox said something to wake up the Little Prince. At the end, the Little Prince called the snake and it killed him because this is the way the Little Prince can go back to the planet of rose.

Favourite part of the story:

My favourite part is when the Little Prince dies for a rose.

Thought on this book:

I like this book because it is touching and has many quotes.



2C (13) Lam Kai Ching Kylie

Book Title:
Mouse in Space

Author:

Geronimo Stilton

About the story:

An evil professor was threatening people with all his terrible inventions. Therefore, the authorities asked Geronimo to travel to the outer space and stop professor's plan. They finished the mission successfully and were rewarded with the Red Cheddar Medals of Honor.

Favourite part of the story:

My favourite part is 'SOS' because there were some bloopers and funny mistakes made by the agents.

Thought on this book:

I like this book because the story is interesting and I learn some words in this book.



2D (22) Wang Tsoi Yin Amy

Book Title:
The Fact or Fiction Behind Victorians

Author:

Peter Hepplewhite

Illustrator:

Shutterstock

What is the theme of this book?

It examines the facts and myths about Victorian times.

Write THREE facts that you have learned about the theme from this book.

1. In the illustrations, almost everyone looks miserable. People wanted formal and dignified images.
2. Queen Victoria kept a diary from the tender age of 13 until her death.
3. Most ordinary working people were too busy earning a living.

What do you want to ask the author?

Why do you want to tell us about Victorian's truth?

Do you like this book? Why/why not?

Yes, I like this book because it told me many facts about Victorian times.

