

Timeless
Luminance
Collections



情真
情心

學生作品選集

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序

—— 零一五年，是特別的一年，真光創校 143 周年暨本校 40 周年校慶。為表揚同學過去的努力，也是學校誌慶，語文老師收錄了不少同學的得獎作品及優秀習作，美術科老師更邀請同學為文章作畫，結集成作品集，好讓各同學在文章中的所感所悟，蘊含的事事情誼，猶如真理之光，孜孜地在大家心中萌芽、成長。每掀開一頁，就是打開寶藏的鑰匙；每顆文字就是滋養心靈的養份；每讀到似曾相識的感受也許就是你與學姊學妹們溝通的一道橋。我很高興為此文集寫序言，五年前，我曾經分享過我對寫文章的看法。五年後的今天，我再藉此機會，也分享一下我閱讀時找到的樂趣。

蘇軾《題西林壁》一句「橫看成嶺側成峰，遠近高低各不同」文章亦然，它既可成嶺，也可成峰。閱讀文章，猶如跳進別人的內心世界，或許因為他的一句話而觸動，又或許因為他的故事而感動落淚、激動莫名。縱然他，或他的故事各不相干，但總會在你心中各自成峰，牢牢地佔上一席位。有時候，別人的文字就如五線譜上的每個音符，輕輕敲響了你心靈的樂章，譜出一段你與他合奏的樂曲。你跟他頓成「同道中人」，走過相同的經歷，在不同的時空訴說著相同的感受。這時，文章把你們連繫起來，成了連綿不斷的山嶺。同一段文字、同一首詩、同一本小說，不同時候閱讀總是各有滋味。閱讀會隨著你的人生、年齡、心情添上不同的味道，哪怕是先甜後苦，先淡而後濃，每每歷久彌新，各有不同。

在閱讀過程裡，我們總會遇到「言有盡而意無窮」的時候，王國維在《人間詞話》又謂：「有我之境，以我觀物，故物皆著我之色彩。」閱讀是一個自由的國度，使人在沒有對與錯的天空下，自由自在地在文字間遨遊，讓自己成為文章的主人。若要辛辛苦苦去猜度文

中寄意，那倒不如把感受加上屬於自己的色彩。無論是傷心的灰黑、燦爛的鮮黃或是舒坦的碧綠，文字印刷在雪白的紙張上，就是靜待著你為他們添上顏色。

二零一五年，是希望的一年。我能夠見證著這道橋的築成，也看到它一天比一天穩固，實是倍感欣喜。同學們要繼續保守你的心，用純淨的眼睛閱讀世界，才能寫出好的文章，再用心把你們持守的這張白紙活出美麗耀目的色彩吧！

杜子瑩校長

Preface

2015 is a special year. It is the 143rd anniversary of True Light Schools and the 40th anniversary of Hong Kong True Light College. As a recognition of students' efforts and hard work, as well as to mark our school's anniversary, language teachers have compiled a collection of students' outstanding writings and essays. Art teachers have also invited students to draw illustrations for the essays. It is hoped that all students will be inspired by the writings, as if the true light is shining, budding and growing in their hearts. Turning every page of the collection is like opening a treasure chest; every word is nurturing your soul. The familiar feeling is like a bridge which provides a means for you to communicate with your fellow schoolmates. Five years ago, I was invited by the editor to share my views on writing. This year, I am very glad to take this opportunity to share how I find reading enjoyable.

There is the famous idea from the poem "Ti Xilin Bi" 《題西林壁》 by Su Shi (蘇軾). "It is like a range when you look at the mountain from the front. When you look at it sideways, it is like a peak. The mountain is always different when you look at it from different perspectives, far, near, high or low". While you are appreciating an essay, you are viewing the inner thoughts of the authors. You could be touched by their stories even though you are not related to them. The stories will then have a very important place in your heart which enlightens you. Their words remind you of the memories of familiar experience and feelings, and thus you are connected with the authors of different times. When you read a novel, a poem or an essay at various stages of your life, you will find that the inspirations and messages are not the same.

While you are reading, you will find that the words will come to an end, but their messages will not. Wang Guowei (黃國維) also expresses this idea in his literary criticism "Ren Jian Ci Hua" 《人間詞話》. He said, "I am present here and looking from my point of view, so everything is in my thoughts and in my opinion to exist." Everyone is free to create his own ideas when reading, and to have

totally free thoughts with no right or wrong. Instead of merely guessing the meaning of the texts, you can add your own interesting or exciting details to the feelings expressed by the authors. The words in the book are waiting for you to add different colours to them.

2015 is a special year. A year of hope and challenges. It is my pleasure to witness the construction of the bridge between you and your schoolmates. Girls, keep your heart pure when you view the world! That is the way to appreciate and to write great works. With this pure heart, create a colourful life ahead!

Ms Tao Chee Ying
Principal

目錄

序.....	1
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校園點滴

40週年徵文比賽

初中組

3A 余安生 真光事・真光情	12
2B 王琛瑤 我眼中的真光	14
1B 黃嘉慧 踏入真光的第一天	15
1D 陳子君 踏入真光的第一天	16
3B 黎泳珊 我眼中的真光	17
3A 鍾靖妍 我眼中的真光	19
3D 陳曉華 我眼中的真光	21
3D 鄒迎 我眼中的真光	22
3D 劉秀筠 我眼中的真光	23

高中組

5C 靳嘉宜 從這一襲湖水藍旗袍說起	24
4C 黃晞璿 從這一襲湖水藍旗袍說起	25
4A 陳敏儀 從這一襲湖水藍旗袍說起	27
6B 岑卓欣 真光事・真光情	29

人生感悟

2B 潘羨妮 我家是個動植物公園	32
2C 蕭素儀 被騙記	33
3B 陳敏儀 給媽媽雙手的一封信	34
3B 廖樂桁 一場暴風雨	36
3B 黎泳珊 一場暴風雨	37
3B 黎泳珊 近朱者赤，近墨者黑	38
3C 劉家穎 恨鐵不成鋼	39

3C 黎祉筠 不經一番寒徹骨，焉得梅花撲鼻香	40
4B 鍾咏琪 雨傘下	41
4D 馬倩嵐 我眼中的小霸王	43
4D 楊曉彤 一次失敗的經過和感受	45
4D 嚴彩紅 雨傘	47
5A 何鎰兒 無題	48
5A 劉穎臻 家有一老，如有一寶	50
5B 岑卓欣 挑戰	51
5B 林曉彤 知足常樂的意義	53
5C 梁靜宜 新來的同學	55
5E 石穎翹 驚・喜	57
5E 黃慧懿 聰明	58
5E 鄭嘉文 未來	59
5E 嚴嘉雯 機械人	60
6A 陳嘉儀 家有一老，如有一寶	62
6B 彭靖淇 人性的體會	63

社會細情

6C 陳曉樺 殺手的一次任務	66
6C 黃水彬 黑貓	67
4D 伍穎欣 獲取知識是通往成功的唯一途徑， 你同意嗎？試談談你的看法。	68
4D 麥穎欣 有外國政府以現金獎勵成功戒煙的市民。 試評論這種做法。	70
5E 周芷婷 喝酒的女人	72
5E 陳倩茹 老狐狸	73
5E 麥翠茵 自由	74
5E 廖嘉琪 不在了	75
5E 關穎思 霓虹燈	76

Contents

細訴物情

1A 何雅咏	新詩 - 古箏	78
1A 翁筠瑜	新詩 - 鋼琴	78
1A 吳詠誼	新詩 - 鋼琴	78
5E 林雪鈴	狗	79

細說風景

2A 陳如嫻	秋天，真好	82
2A 陳鈴風	飛翔，真好	83
2A 關暄樅	鴨洲橋上	84
4A 蔡曉彤	大街風情	85
4B 孔穎鈺	西環風情	87
4B 陳錦玲	童年舊居的情懷	88
4B 楊曉嵐	西安遊記	89
4E 梁惠怡	香港仔風情	91
4E 楊桂滢	香港仔風情	93
4E 潘嘉欣	海傍風情	94

40th School Anniversary Writing Competition Winners

1C Hilary Chong	School Song	96
1A Hayley Lam	HKTLC 40th Anniversary	97
2C Tracy Siu	My Days at True Light	98
3A Melody Cheung	School Song	99
4C Maggie Wong	I'm Proud to be a True Light Girl	100
4E Violet Hui	I'm Proud to be a True Light Girl	102
5D Rainbow Yin	I am Proud to be a True Light Girl	103

Argumentative Essays

3A Cherry Chung	More incinerators should be built in Hong Kong	106
3A Iris Lai	Should more incinerators be built in Hong Kong?	107
3B Melody Tse	More incinerators should be built in Hong Kong	108
3B Violet Hui	Should Hong Kong build more incinerators?	110
4E Icy Lam	Children should not have credit cards	111
6D Bess Tsang	Why means test must not be scrapped	113

Articles

3B Dorothy Wong	Charity Day raises thousands to help the poor!	116
3A Cherry Chung	Sharing Is Your Friend!	117
3B Yannis Tong	Dug Deep Into Your Pockets On Charity Day!	118
3B Violet Hui	"The Sweetest Happiness" helps to raise	119
	money for WWF	
2A Judy Koo	As a member of Hong Kong's ethnic minorities, I	120
3B Christy Cheung	Stress	121
3B Christy Cheung	Working as a Teacher in a Primary School	122
3B Yannis Tong	My Teaching Experience	123
3B Melody Tse	Working as a Substitute Teacher	125
3B Dorothy Wong	My Teaching Experience	126
5D Emily Mok	How to protect ethnic minority groups	127
	from being unequally treated?	
5D Michelle Ma	As a member of Hong Kong's ethnic minorities, I	128
5E Lily Ma	No pain, no gain!	130
6D Jessie Shing	City already has enough visitors	132
6E Mary Fong	Truancy must be ceased!	133

Debate Speeches

3A Cindy Chan	It is good for Hong Kong to use wind energy136 for electricity supply
3B Melody Tse	Solar power is good for Hong Kong138
3B Moon Lam	It is good for Hong Kong to use wind energy139 for electricity supply
3A Cherry Chung	It is good for Hong Kong to use wind energy140 for electricity supply

Film Reviews

3B Yannis Tong	Oliver Twist142
3B Dorothy Wong	Frozen143
3A Samantha Wong	The Iron Lady144

Formal Letters

3B Yannis Wong	Application for the Position of Volunteer146 Aged-care Assistant
3B Christy Cheung	Application for the Position of Art Project Helper148
3B Ada Ma	Application for the Position of Volunteer150
6D Jenny Lim	Disabled can contribute if door is opened151
6D Jessica Fan	No excuse for protest violence152
6E Mercy Yiu	Long-term fixes needed to fight smog154

Informal Letters

3B Yannis Tong	Advice Letter to John156
3A Cindy Chan	Advice Letter to Andy158
3B Violet Hui	Letter of Advice to Andy160

Proposals

3B Dorothy Wong	Proposal for the Hong Kong Youth Arts162 Drama Festival
3B Yannis Tong	Proposal for the 20th Hong Kong164 Youth Arts Drama Festival
3B Christy Chung	Proposal for the Hong Kong Youth Arts166 Drama Festival
3B Christy Lau	Proposal for the Hong Kong Youth Arts Festival ...168
相片集170
版權頁172



真光事 • 真光情

3A 余安生

「光陰似箭，日月如梭」。轉眼間已經過了兩年多姿多彩的校園生活。剛剛由小學來到一個人生路不熟的地方，難免會感到害怕。但是在不知不覺間已經與真光建立了深厚的「情」，加深了我對真光的認識，同時也加深了我對真光的歸屬感。生活在無比溫暖的大家庭下，為我的人生添上一條色彩斑斕的彩虹和帶來不少難忘的回憶……真光，我愛您！

在真光大家庭生活了兩年，在不知不覺間發現了真光有不少讓人意想不到的美麗風景，能生活在真光，令我感到自豪。

我愛真光的清晨，因為「她」美麗而動人。我要用心中熾熱的愛展開一幅絢爛多彩的畫卷——真光之晨。

一天早上正準備踏入課室的一剎那，在走廊發現了一幅意想不到的名畫。一道金光突然飛過走廊映在我眼前。金燦燦的太陽將柔和的色彩灑滿了整個校園。到處是移動著朝陽般的笑臉，蝴蝶般鮮豔的花裙，飄蕩著同學們的歡聲笑語。整個校園都充滿著光芒，它為校園帶來溫暖，帶來快樂，帶來生氣。陽光從走廊透視在班房裡，整個班房都佈滿了一團團紅豔豔的火。在溫暖且明亮的課室裡，同學們都聚精會神地上課。

啊！真光之晨，您為我們帶來美好一天的開始，人生的起步。我們怎能不用心中熾熱的愛來歌頌您、讚美您！我愛您——真光之晨。

原來不同時候，從走廊俯視下去都有另一番獨特的風味和體驗。

走近走廊，我們便看見一望無際的大海。每位演出者都在寧靜的舞台上盡心盡力地表演和炫耀自己最美的一面給旁邊整齊齊地坐著的觀眾們。海鷗在舞台上翩翩起舞，有的在台上彈奏著美妙的樂曲。演出者經得起風吹雨打，即使有傾盆大雨和雷電交加，它們都用盡全力，把最美的一面獻給觀眾。因此，我盼望各位真光的同學能學習海上的演出者一樣，經得起挫折和逆境，從逆境中崛起，建立永不放棄的真光精神。

真光不但有一望無際的大海，而且樓層中還有不同「真光」獨有的數字。我相信每一個數字都是由同學精心細算而繪畫出來，裡面蘊藏著深厚的意思。最令我深刻的是六樓的聖誕花。在一個「6」字上

繪畫了綠茸茸的葉子和石榴紅的聖誕花，就像一位淑女塗上了一層薄紗紅的唇膏般美麗動人，寄寓著真光美麗和純潔的一面，也代表了真光女兒在歡欣和快樂的校園裡學習，過著多姿多彩的校園生活。聖誕花上的綠葉也令我想到那默默無聞地扶持著這聖誕花嬌媚花枝的——那無私奉獻者。在我們生活中，許許多多的人勞碌一生只為了爭名奪利，渴望贏得別人讚嘆敬仰；相反，又有幾多人甘願奉獻自己，不求名利，但求成就他人呢？因此，我相信真光女兒也能學習綠葉一樣，懂得「燃燒自己，照亮別人」，就像世上的光一樣懂得奉獻自己，照亮他人。

回憶起，剛剛中一的時候，到真光堂與校長拍照留念……在真光堂外，我便嗅到一陣陣，淡淡的海水味。在真光堂裡，便看到一個神聖的十字架位於前面正中，旁邊襯托著淡淡的湖水綠，讓我感到真光堂的聖潔，猶如清水般。我感到耶穌在旁邊眷顧、守護我們，是無比的溫暖，像媽媽擁抱我一樣。當我走出真光堂，我們看見一幅上帝所繪畫的神聖的畫作，就是世界的光照亮著真光所有兒女，並希望真光女兒把光照亮一切生在上的人。

在短短的兩年裡，「真光」就像「家」一樣陪伴我渡過精彩且豐盛的校園生活。我更希望真光同學能夠在耶穌基督的帶領和眷顧下成長。

真光，我愛您！

我眼中的真光

2B 王琛瑤

提起天藍色的長衫，整潔的儀容，笑容可掬的女生，你會想起誰？沒錯，是真光女兒。也許在人們眼中，真光，是所校風保守，規矩多多的女校，而且校內的女生都是害羞又內斂的小女生，但作為這棵美麗大樹下的小樹苗，又是如何看待這個如此溫暖的家呢？現在，就讓我帶你們走進我內心的藍色世界。

每天踏進校門，我總是感到像回到了第二個家，有種令我充滿幹勁的感覺。這份特別的感受，比起要回校上課及跟同學互相競爭的氣氛來得更強烈。

在這個家裏，老師就像是第二位父母一樣，每天都向我和姊妹們傳授知識，如同我們的親生父母一樣，充滿期望——望女成鳳。至於同學們之間的關係？在我看來，比起友情，更像親情。我們每天都朝夕相對，時常彼此勉勵着，彼此互相學習與關懷着，也彼此用笑聲蓋過一切的困難和悲傷。

在我眼中，真光是個五光十色的大舞台，在這個舞台上，大家都找到了夢想，以及那個最真實的自己。在舞台上雖然我們都是各自為自己的夢想努力，但最終大家都會有默契地說出一句「謝謝你，真光」，這是如此微妙溫馨。為甚麼會這樣？因為真光這個大家庭從我們踏進去的第一天就告訴我們：「做人凡事要學會感恩。」就是因為這樣的一句話，大家在真光成功找到真正的理想時，都衷心地感謝學校的栽培和教導。

我也曾經懷疑過，在真光，我能否找到自己的理想並努力實踐，還是只是渾渾噩噩地渡過六年的中學生涯？但事實告訴我，真光已經幫助我找到屬於我的地方了，也給予我力量去勇敢地前行，而且校長還把一個重要的訊息——「無懼艱難，闊步向前，終能達到。」深深地烙印在我心坎裏。

真光，多麼美麗又能指引人走到光明路的名字，也是我眼中最溫暖的家。我想，直到我白髮蒼蒼，仍然會喃喃地對着那老舊的藍色長衫，教導我的孩子「爾乃世之光」精神的意義。

踏入真光的第一天

1B 黃嘉慧

吃完一頓美味的午餐，我在座位上呆呆地望着同學們在互相追逐，互相傾談，教室裏響起了歡笑聲所編成的交響曲。望着眼前似曾相識的畫面，我不禁回想起了初次踏入真光的那一天，那一天教室中的情景跟現在也很相似呢！

當天，我懷着忐忑不安的心情，踏進了真光的校門。用着緩慢的步伐一步步地走上樓梯。姿態雖看起來從容不迫，可誰看到我那微微顫抖的手；表情看起來雖淡定自如，可誰聽到我那急促強烈的心跳；眼神看起來雖平靜如水，可誰知道我那驚慌不安的內心。

望着眼前半掩着的門，我輕輕的推開了它，幾乎全班的視線都集中到我身上，明明一點也不可怕的眼神現在竟像一把把利刃一樣，直直地向我投過來，讓我感到毛骨悚然。

我快步走到比我先到的姐姐身邊坐下，小聲地和姐姐談着，眼睛卻四處張望，仔細地打量着班上的人。除了我和姐姐，其他的同學都三五成群地圍在一起聊天。班上的同學也各有特色——有的活潑好動，有的文靜溫柔……活潑好動的頑猴們在班上帶動氣氛，課室響遍笑聲。

距離上課還有很長的時間，我把書包裏的畫紙拿出來，繼續完成昨晚未完成的畫作。畫着畫着，我突然覺得光線變暗了，抬頭一看，嚇了一大跳。眼前突然出現了一張臉，可是眼前的人並沒有察覺到我的表情，我詢問她的名字。身前有着微卷長髮的女孩開始自我介紹，之後我就順應她的要求，繼續畫起了畫。一個，兩個……越來越多的人走了過來。最後，當我完成了這一幅畫時，也交了不少的新朋友。

回想起那天從一開始的擔心不安，到離開時的歡喜輕鬆，當中發生的事情使我有種「原來交朋友也不是很難」的想法。「慧慧！」姐姐的聲音把我從回憶中拉了回來。望着眼前依舊熱鬧的情景，我不禁笑了起來。那一天是個美好的開始，代表了我之後一個學期都會是美好的。古人說：一日之計在於晨，那麼開學的第一天是如此美好，之後不是會變得更美好嗎？

踏入真光的第一天

1D 陳子君

九月一日這一天是開學日，也是我「真正」踏入真光的第一天。雖說在暑假已經來過真光很多次了，但每次都是來去匆匆，也沒有好好看過我的學校——香港真光書院。

剛進校門時，仰首一望，藍與白色相交的雄偉校舍展現在眼前。然後，我懷着既興奮又擔憂的心情往教室走去。可剛到教室，我看見和藹的老師與親切的同學時，擔憂之情一下子散掉了。而且真光的師姐們也很熱情。老師和藹、師姐熱情、同學親切，在她們的指引下我們融入真光這個大家庭。這便是我對真光的第一印象。

真光比起別的學校可能不大，可是比起我的小學可大多了，這裏的音樂室、視藝室、實驗室都是我小學沒有的。一想到我有六年的時間會在這裏渡過，心裏有種莫名的喜悅。真光給我的好感是在任何地方都感受不到的，那是一種說不出有多好的感覺。

我將會在真光待上六年，希望在六年的期間我可以令我的人生寶典更加豐富，好朋友也越來越多，為未來要踏入社會的我鋪路，別讓即時的我後悔。同時我還期望可以做好自己的本份，考上大學，為家人爭光。

我眼中的真光

3B 黎泳珊

—— 一步一步順着梯級往下走，每一步仿佛回憶着由踏入真光到現在的我，一點一滴，都帶着這這裏一絲一縷的回憶……

從玻璃窗透入的陽光，照耀着空中飛舞的微塵，為它們平凡的生命帶來溫暖的光芒。而我，大概是微塵其中的一顆吧！再往前走，來到雨天操場，平日充滿嬉笑聲的地方，在放學後，寧靜得有如熟睡中的孩子。一個個運動設施靜靜地待着，身上的痕跡展示着它光榮地服務學生的戰跡，縱然傷痕纍纍，仍為自己能有所貢獻而感到驕傲，也許這正是真光付予我們的精神。

經過排球場，繞到禮堂後的員工宿舍，在約四十年的光陰中，本來白色的建築物磨去了它昔日的光彩，在褪漆的白門上用黑色油漆鮮明地寫上了員工宿舍四字。然而牆壁上回旋狀的花紋更添一番風韻。立在一旁的晾衣架為這兒添上一絲家的味道。抬頭一望，陽光透過樹葉的縫隙投射下來，滿地枯黃了的落葉讓人想到「離原上草，一歲一枯榮」這一詩句。地上的落葉回到泥土，再次孕育出樹上的綠葉，也許秋天快來臨了，一陣陣涼風吹來，樹葉隨之搖曳着，發出沙沙的聲響，輕輕唱着祝福的歌謠，這大概是校園中最寧靜的一個角落了，呼吸着清新的空氣，把慵懶感一掃而空，這校園中的一個家，就這樣守護着它的子女，一年又一年，孩子縱然長成離家，仍不忘自己是這個家的一份子……也許家的面貌改了，但家，依然存在。

我慢慢踱步到了停車場，這裏有着一個小花園，比起員工宿舍旁的花園，這裏顯然幸運得多了，葉子上的一顆顆珍珠透露了校工悉心的照料，淡淡清香吸引着活潑的蝴蝶在草叢中飛舞。另一則由師姐完成的壁畫「真光・樹人」為平白的牆壁添上創意，這裏雖然極少人前往，但，美景依舊如此，在平淡的環境下散發着光華。

不知不覺間，我走到了禮堂，腳下木質地板為這裏帶來溫暖的感覺，牆上一顆顆手製的百利恆星點綴着，每一顆看上去都一樣，但仔細一看，每一顆都不同，有些寫上了我校的校名，有些鏤空了，有些更貼上了相片……平凡中載着學生的創意。一直走到台前，由中一學生眼中遙不可及的舞台到現到眼前伸手可及，已過了三年了。看着眼前端莊威嚴的舞台，緊張感油然而生。台上有着一條旋轉樓梯，猶如通往一個未知的未來……台上亦有着一部鋼琴，想像它演奏着一次又一次的校歌，歌聲飄蕩在整個禮堂。站在台中央，想像着台下有無數

的觀眾，正前方便是學校的校門，也許六年生涯也就如此簡單。由開學的在校門進入，面對着禮堂，最後站在舞台上，面對着校門。仿如告訴着你，縱然明天不再從校門進入，也會有着這一道門為你打開着……

四十年，一個不算長也不算短的時間，在這裏，很多學生踏入了真光，但，「一日真光人，一世真光人」，正如家人，是不可分割的，回憶也是同伴。

我眼中的真光

3A 鍾靖妍

放學鐘聲響起，緩慢的一下一下送出，提醒着全校學生一日的課堂的完結。這天，當我走出課室的大門，抱着沉悶的心情步向走廊。太陽刺熱的光線依舊沒有改變，仍然照射着我。有規律的拍球聲傳入我的耳中，隨之而來竟是一陣歡呼聲，令我禁不住好奇起來並俯視排球場上的人，每個人都如綠豆一樣，兩隻手指便可將綠豆們握在手中。排球場旁邊佇立着一枝筆直的旗杆，而上方是一面有着真光校徽的旗幟，像一位威風凜凜的士兵緊守着自己的崗位，保護自己的國家免受傷害。向海望去，則是一艘艘整齊依靠着岸邊、在排隊似的船隻，等待為乘客服務。每一樣物件都有着它的任務，就是為人們貢獻一切，這種施恩莫望報的精神令我尊敬。

走下樓梯，則看見一位用心照料群花的女孩，她彷彿也看見我，向我微笑說再見。再下一層，一隻在嬉水的鴨子也停下牠的動作，可愛地凝望着我，要我跟牠一起玩耍似的。隨着一層又一層的降落，我走遍了整個花園，有女孩打理花園，有鴨子在玩耍，有蝴蝶在花間飛舞。這次遊園經歷結束，隨之而來就是觀賞音樂劇的開始。兩位不同膚色、穿着不同顏色的舞衣、有着不同髮色的舞蹈員，正在手牽手一起為觀眾表演最完美的舞姿。當我還陶醉在這場表演時，我已走完整條樓梯，我才醒覺我所看見的一切只是牆上的樓層數字和電錶房上的畫作。我佩服師姐的畫功，能將這些平平無奇的畫變得栩栩如生，活靈活現。

一陣涼快的清風從禮堂吹出，令我不禁走了進去享受一番。首先映入眼簾的就是牆上一顆顆代表真光的八角星。每顆星星都如鑽石般明亮、寶貴，令人愛不惜手。有金砂、銀白、殷紅、寶藍等，色彩繽紛，令人目不暇給。雖然這些星星不如天上的星星明亮，卻是我看過最可愛的辰星。

隨着兩旁通道小星星的帶領，我看見有更多小星星在禮堂階梯兩側跪拜着。抬頭一看，便知道它們是為着「星星之后」的神聖而甘願伏下。「星星之后」便是我們所熟悉的校徽。黃色的部份就像火光一樣，帶給人們溫暖；藍色的部份就如一位知識淵博的學者，有樸實、純厚的品德。當這兩種顏色合併在一起，便成為真光的色彩。圍着這校徽的黃色圓環，就如耶穌的一雙手，圍繞着真光，不但保護着真光的學生，帶給我們溫暖，更牽着我們走出黑暗。它的莊嚴、它的仁慈、

它的溫暖全都集中在這顆星中。當我仍然沐浴在這溫暖的光線中，校工的催促聲把我喚醒，令我返回現實中。

在這偶然的機會下，讓我發掘了真光的獨特之處。校徽上這顆耀目的伯利恆之星，讓真光的學生可以依靠着它，找到人生的目標。能成為這顆星下的其中一份子，令我感到無比自豪。

我眼中的真光

3D 陳曉華

今天上中文課的時候，中文科老師帶我們參觀校園，我才發現原來真光的校園環境是那麼清幽寧靜，而又充滿活力。

我們從課室出發，經過長長的走廊，走廊上整齊地排列着不同班別的課室，在走廊上能清楚聽見老師教書的聲音，有的在上中文課，有的在上數學課，有的在上家政課，還能嗅到食物的香味，令人垂涎三尺，放眼看去圖書館，圖書館主任正在忙碌地整理着堆積如山的圖書，整個走廊瀰漫着校園獨有的讀書氣息，令人感到舒適寧靜。

在走廊的盡頭向右拐，是迂迴曲折的後樓梯，樓梯的玻璃上貼着學生們完成的藝術勞作，為陰暗的樓梯帶來了一點色彩。

走到最底層再向左行，映入眼簾的是學生們小息時必定會到的地方——食物部，食物部整齊地排列着八張黃澄澄的，供同學用膳的桌子，透過玻璃，可以清晰地看見各色各樣可同的小食，有魚蛋，有燒賣，有香腸，令人垂涎欲滴。

由食物部向左轉再往前行，就到達籃球場，學校的籃球場不算新穎、寬闊，環境卻十分優美。籃球場的前方被鬱鬱青青的樹木包圍着，還能聽見烏鴉吱吱的聲音。令我最為驚嘆，欣賞的，是在籃球場外圍的樹木，有一隻淡黃色的蝴蝶在空中飛舞，最後落在一朵鮮紅色的花上採蜜，高興極了。眺望圍欄外蔚藍的大海，遠處停泊着幾艘漁船，大海被許多座高樓大廈圍繞着，海的更遠處是延綿起伏的高山，站在這裏能看見海洋公園的建築，如過山車，摩天輪，仰望更能看見一片蔚藍的天空，實在令人心曠神怡，賞心悅目。

經過這次漫步真光的經歷後，我才發現原來校園的環境那麼清幽寧靜，我們更要好好愛惜這個校園，珍惜在學校的時光。

我眼中的真光

3D 鄒迎

校園是我們每天學習的樂園，為我們提供了良好的學習環境，我們的校園雖然算不上簇新，但裡面的人總是朝氣勃勃的。下面就讓我介紹最吸引我的幾處地方吧。

走出課室之後，首先映入眼簾的是走廊。課室時而傳來歡笑聲，讀書聲，同學全神貫注地聆聽著老師的教導，時而低頭做筆記，時而舉手詢問老師。

從走廊看見操場，一群人用輕快地步伐奔跑著。時而，有幾朵牛奶般的浮雲，悠悠的從她們頭頂飄過，陽光緩緩地灑落在他們的臉龐，閃閃生輝，讓操場增添生氣。大大的操場，配上藍藍的天空和多變的雲，最能襯托出校園的美。

沿著走廊而下，就會看見食物部，食物部裏的食物香氣縈繞著我的鼻尖，久久不能散去。

接著向右而行，便到達籃球場。抬頭一看，天藍得以汪海水，幾朵飄悠悠的白雲，洋洋灑灑地點綴在天空，像一個美妙的夢，淺藍色的天空透著寧靜，流著一絲絲的雲，像透明的衣裙，像遠處的山巒，像梳理過的羽毛，像平平上銀亮的溪流。它們緩緩而行，仿佛遊歷過美麗仙境。樹下的泥土，微微散著清香，沁人心脾，籃球場的樹，鬱鬱蔥蔥，一改往日的乾燥。一絲微風夾著樹香，花香，泥土香撲鼻而過，令人心曠神怡。置身於美麗的校園，一切都令人倍加珍惜，每當我們在夕陽的輝映下走出校園，心裡都洋溢著幸福感。緊張而愉快的一天學校生活結束了，校園裡更美好的明天正召喚著我們。

我眼中的真光

3D 劉秀筠

放學後，從三樓的教室走到地下的走廊，從校務處走向廁所，牆上一幅幅壁報，張貼了各種不同類別的資訊，有訓導組、真光歷史等。想要認識真光，只要走過這條走廊，便能一目了然。

走廊的盡頭有三級樓梯，往下走便是人人熟悉的食物部。嘩！一陣陣香噴噴的炸雞味、濃烈的咖喱魚蛋味、煎得金黃的雞香傳入我的鼻子裏。五花八門的食物就在我眼前，要買哪一款呢？這個是六元，那個也是六元，真難選擇！真光學生數學最好的時間就是在食物部的時候了！「哈哈哈……」食物部主管娜姐，是同學們的好朋友。她親切、和藹，工作時認真、盡職，空閒時則喜歡與學生談天說地，分享趣事。我們每天必到的食物部，永遠都充滿著歡笑聲！

由食物部旁的小路走過去，就是籃球場。它不算新，但十分乾淨，每天都有籃球校隊的精英來練習。籃球場色彩繽紛，有藍、有綠、有紅、有白……高高的籃球架站立在籃球場的兩端，嚴肅地監視住每一位真光健兒。從籃球場向外看，是人人夢寐以求的海洋公園，還有碧綠的高山，蔚藍的天空，無際的大海，時尚的高樓，美不勝收的景色盡入眼簾。

走過籃球場，便是學校的盡頭，但不要以為這裏是一片空地，它是黃老師十分重視的射箭場，因為射箭這個運動項目並不是每所學校都有，而是全靠黃老師的努力爭取而來的，所以他經常都會提醒我們要好好珍惜。

真光的生活真是多姿多彩，不同類型的運動，不同種類的課外活動，令校園充滿了歡笑聲，真叫人難忘！

從這一襲湖水藍旗袍說起

5C 靳嘉宜

那會兒，我的視線便移不開了。這是一襲湖水藍的旗袍，靜靜地掛在我家中的衣櫥，回想起來，已經兩年了，原來我已從真光畢業兩年了。

那年才剛升上中學，得知被派入校風純樸，聲譽良好的學校，父母都十分替我高興。及膝的旗袍穿在身上，實在別有一番韻味。我得意地在家中繞場一周，誰料得到的不是讚美的聲音，而是姐妹們調侃的話語。然而，我卻樂得自在，心想，這一定是全香港最特別和漂亮的校服。

人家說，校服是學校的象徵。也是，穿上這旗袍後，彷彿有一股規範着自己的力量，時刻提醒要注意自身的行為表現，因為街上的人不會懂得你的名字，唯一知道的是，她是真光的學生。走在街上，這一身吸引途人目光的衣裳，在六年來，似乎成為了我生活的一部份。

輕輕撫摸順直的藍色，還有因洗滌多次而有點發白的袖口，頓時感觸良多。誇張點是年少輕狂吧！為了看起來漂亮些，還特意去了裁縫店將這旗袍修得短一些，更貼身些，自此以後就更愛穿着這校服了。有趣的是，每當到了檢查校服的日子，同學們就使勁扯下裙子，駝着背似隻藍色的駱駝般令人忍俊不禁。想念那段時光，然而心中的惆悵感才下眉頭，卻上心頭。

取下衣架再度穿上這在襲藍色旗袍，它彷彿有了生命，在我眼中更加明艷動人。這旗袍看來輕，實則意義重大，它記載了我六年的求學光陰，點點滴滴，淅淅瀝瀝。上了大學，開始接觸到社會的事物，我才知道這襲旗袍不單是校服這般簡單，它似乎成為我六年來的「避風港」。上學的時候下大雨？我不怕，總有人為我撐傘。遇到不如意的事？我也不怕，總會有人聽我傾訴的。出來社會打滾，長見識了，紛爭困擾自然也就變多了，可知道人生不如意之事十之八九，我總能輕描淡寫地帶過，卻無奈的還是想念在「避風港」的時光。

穿了六年的旗袍，跌跌撞撞地走過六年的花季年華。最難割捨的，始終是身上這一襲重重的衣裳。花開堪折直須折，莫待無花空折枝。若你問我最珍惜和寶貴的回憶，我會回答你，從這一襲湖水藍旗袍說起。

從這一襲湖水藍旗袍說起

4C 黃晞璿

鬧鐘聒噪的響起來，揉一揉眼睛，窗外模模糊糊的白雲鑲上金黃的彩帶，後來又逐漸變得清晰，刺眼的金黃色散落到一排排衣架架上，形成一串串不規則的陰影。梳洗過後慢條斯理地穿上簇新的工作服，面對着鏡前的自己，我更喜歡懷念以前的自己。從衣架望去，特別那一片泛黃湖藍色，吸引了我的注意力。

我在腦海中一片又一片的回憶碎片中迷蕩着，想起藏在那一片湖藍色的珍貴回憶……

這是一卷有聲有色的畫，也就是我在真光渡過六年的開始。穿上簇新，潔淨的湖藍色旗袍，我懷着一種興奮而恐懼的心情出門。我猛力捶打自己透不過氣的心坎，輕輕地告訴自己不要害怕。穿着這一件泛藍的旗袍，第一次踏上真光這塊土地，說實話我真的有一種驚心動魄的感覺，身上陌生的校服，投來奇異目光的人羣，皆在我的腦海不停不停翻騰着。我停住了腳步，站在中央大堂的中間，只想逃離這個可怕的地方，幸好後來得到老師幫助，逐漸認識清楚這地方。第一次的經歷是如此恐懼，如夢魘一樣。後來，我已慢慢習慣這塊土地，從學校門口，雄偉的學校禮堂，經過一條鋪滿藍白階磚的路，湖綠的排球場上練球的學姐們，飄來一陣陣香氣的小食部，攀上一層又一層踏實的樓梯，來到我的班房。打開房門，迎來朋友熱烈的招呼聲，這些景物每天重覆地略過，但我已開始對這土地產生一種獨一無二的感情。每次穿着這一襲湖藍色，經過每一個地方，一種歸屬感總會在我心房油然而生。

升上高中後，面對的煩惱愈來愈多，旗袍也像跟隨着我的心情轉變了一樣，開始泛黃。依稀記得第一次被選為學生會的候選人，我實在感到興奮，心不斷「怦怦」地跳着。多年來渴望能站在台上，終於可以實現了。選舉前一天，我不斷洗熨着校服，來來回回擦拭着，雖然已經洗不掉歲月帶來的泛黃，但乍看亦是閃閃亮亮的。終於來到上台前一刻，穿着這微黃的湖藍色校服，我緊張得捏緊自己不停流汗的小手，擦一擦自己泛亮的校服，抓緊自己的自信心，喘一喘氣，慢慢走到台前。金黃的碎燈直射到我身上，我的頭頂也耀着金泛泛的光彩。此刻的我，已經驅走了內心的恐懼，頭下那一片湖藍色，給我帶來榮耀和光輝的色彩。面對台下一片藍海，我不再害怕別人的眼光，因為這獨一無二的校服，已為我帶來無比的勇氣。選舉結束後，我的

心房仍有飄飄然的感覺，雖然最後還是沒有選上，但對我來說，這已是一段獨特的經歷。

回到淡然的現實，這一件湖藍色旗袍，仍安靜地掛在衣架上，這六年來，每一片回憶，也藏在湖藍色的隙縫中。每次當這湖藍色躍入我眼中，盛載的回憶也會不停翻騰，在我心中不停來回……我只能在回憶中迷蕩，寄託我的不捨……

從這一襲湖水藍旗袍說起

4A 陳敏儀

「湖水靜如練」，澄明的天藍混著潔淨的純白，幻化成這柔和亮麗的湖水藍。我愛湖水藍，儘管這旗袍的藍不太順滑，還略帶點粗糙！

初入校園，總嫌這略帶粗糙的布料緊緊地鎖著我一舉一動，儼然是個嚴格的教官，他用線頭撕裂的聲音規管著我粗魯的動作，扣在脖子上的喉扣更像拍著我的大手，令我透不過氣來。但隨著年月過去，我竟被這套校服馴服，言談舉止也漸漸變得端莊嫺雅起來。

上早上的課，大家特別精神，藍色的湖水自是端凝自持，大家都靜靜地坐在課室裏抄著筆記，聽著老師授課，空氣中偶爾傳來柔柔的討論聲。那屬於年輕女學生俏皮的笑聲絮語，在書頁翻動的縫隙間迴蕩，迴蕩過幾許年月，迴蕩過多少個早上、多少個午息。午飯後，濃濃的睡意瀰漫教室，老師來了，電腦給打著了，教冊給攤開了，隨意的放在書桌子上。這時候，溫柔的老師清朗的聲音徐徐響起，手揮目送之間，這邊點一點，那邊點一點。同學們便忙於回答老師的問題，這個甫坐下，那個又站起，此起彼落，驟眼看去，這景象猶如清涼純淨的湛藍湖水叮叮咚咚地流經潤旁七彩的碎石似的，激起陣陣漣漪，煞是好看！

待得下課鈴鐘一響，整個校園突然變成流動的湖泊，班房湧出藍色的急流，匯成一條瀑布，流淌於梯間，奔流於走廊，濺起的水花，像一塊塊美麗的花瓣。那仿如春天迎風而笑的花朵，是那麼年輕而又充滿自信！他們活潑的步伐，搖擺的裙裾，儼然成了一幅富有動感的圖畫。經過一天辛勤的學習，同學們也不見倦容，那滿有朝氣的歡欣笑語，像是淙淙的流水聲，像是風吹過枝葉的天籟之音，是令人那麼嚮往！

物換星移，當班房移到校舍的頂層時，你會看到更遼闊的視野；與此同時，也有一點點高處不勝寒的感覺，再唸下去，終有一天，我們會畢業，終有一天，我們要離開母校的吧！這時，我們早已忘掉旗袍的種種不便，剩下來的，除了離情，還是離情！

我們越來越珍愛這一襲湖水藍色的旗袍校服——手，輕輕撫著這一襲湖水藍旗袍，心想：「我們是既活潑又嫺雅的一代，真光女兒不花俏，不矯情，不誇飾，我就愛那份如璞玉般的純樸，旗袍雖然不是

我校專屬的，但是這一泓湛藍湖水，這一份天然去雕飾的純樸，令這襲旗袍在俗世云云深深淺淺的藍色中脫穎而出。」她，猶如出水芙蓉，流露著清純的氣質，讓人頓生「過盡千帆皆不是，斜暉脈脈水悠悠」的感覺。

有時和小學同學聚會，她們看見我一身旗袍校服的裝束，艷羨不已：「這湖水藍色真漂亮啊！」我對此總一笑置之，絲毫不以為意。但現在看起來，她的確是散發著一層純樸的清靈之氣。那是一種怎樣的美呢？也許就是「爾乃世之光」這種為世作鹽作光的使命感，令這一襲藍色的旗袍添了幾分莊嚴的味道。

今日，這潭湖水已靜靜地流過了四十個年頭，她孕育著的湖泊滋潤了幾許人的心田。在此，我希望真光女兒都經得起時間的考驗，能夠永恆不息地澎湃奔流！

真光事・真光情

6B 岑卓欣

回望我在真光渡過的時光，赫然發現，原來我已在這學校生活了六個寒暑。課室所在的樓層越來越高；早會時所站的位置也從最左側漸漸移到最右側。中六，是面對公開試的關鍵時刻，也是中學生涯的一個句號。

六年的校園生活不只帶給我知識，還有朋友和處世的態度。這些回憶滿載歡笑、血汗和淚水，是用錢也買不到的珍寶。

曾經有一次與校外的朋友閒談，他滿不在乎地說：「工友只是負責打掃學校而已，沒甚麼大不了的。」我沒有回應，但我深知真光的工友絕對不只打掃學校這樣簡單。

還記得有一次，我和朋友們在期考前最後衝刺，在學校一直待到七時多。當時友人與我都在全神貫注地操練題目，互相出題考問對方，沒有注意到窗外的天色已漸漸昏暗下來。直到電腦室和教員室的鐵閘鎖上的聲音傳來，我們才發現學校快要關閉了。工友探頭進來，看見我們還在這裏，便大聲嚷着說：「還不趕快離開？已經很晚了，快回家吧！」為免妨礙工友清潔，大家都儘快收拾東西離開。期間不知有誰嘆道：「整天都在溫習，如果有點零食來補充一下體力就好了。」我們默默點頭同意，只是誰都沒把這放在心上。跟工友打過招呼後就各自踏上歸家路了。

翌日放學後，一伙兒又抱幾大疊書和筆記走進自修室。忽然，我瞧見桌上放着幾根巧克力，正好是我們人數的分量。起初大家都以為是我們其中一人買的，然而卻沒有人承認。這樣一來，昨天聽得見我們的就只有……工友！

意識到這一點的我們心中都泛起一陣暖流。同學們生活在學校裏，很多都忽略了工友的默默付出。他們不但將學校打掃得乾乾淨淨，師生無聲的關懷和照顧，更是令人感動。我們都把收到的巧克力慢吞細嚙，細細感受當中的支持和鼓勵，為考試繼續衝刺。

在真光的生活裏，陪伴我成長的還有一同溫習的伙伴。機緣巧合下，一群有志向和理想的同學們走到一起。我們有些來自不同班別；修讀不同的選修科，卻因共同的決心和鬥志，互相扶持，盼望能成就夢想。

從中四開始，學習的壓力如雪球般漸漸愈滾愈大，再加上向來愛好書香的我一直都沒有意識到運動的重要性，於是斷斷續續的小病

小痛開始纏繞着我。

一般來說，即使生病缺課，我也盡量在休息之餘在家自修以期追上進度。有一次，病魔來勢洶洶，我請了兩天病假仍未見好轉。朋友聽聞我的情況都紛紛慰問，讓我倍感溫暖。第三天，我強打精神上課，決心要追趕上以前的進度，尤其是物理課，整班只有我一人修讀物理，遇上問題要找上同學一起討論都不太方便。

果然不出所料，物理課上老師連珠炮發，我對着課本卻一頭霧水。在我身旁的朋友，也是溫習小組的成員之一，無聲地遞過來一份筆記，上面細心地用螢光筆劃下重點，還有整齊的筆跡在旁邊作註解補充。快速地掃過一遍之後，我對目前的課題也有初步認識，就把筆記還給她了。豈料她這份筆記原來是特意为我準備的，叫我留着它。這份體貼關懷實在叫人感動。

從小到大，我在同輩之間都不太懂得表達自己。眼見健談開朗的同學廣結朋友；我的朋友圈子顯得更為狹小。曾經我以為只有懂得溝通技巧，能讓人放鬆的人才能交到好朋友。此時此刻，原來最好的朋友早在身旁。真正的友誼貴乎心，只有從心底關心友人，聆聽他們的需要，才能建立真誠的關係。言語上的溝通只是其次，朋友間的心意才是最重要的。

作為我成長路上的明燈，真光的老師們一直都給予我耐心的指引和教導，他們為學生所犧牲的，是無可估量的。

有一次，我在操練過去的考試題目遇上難題，苦思半天仍沒有答案。於是，我去教員室找教師，希望他能解答我的疑難。但他出現在我眼前時，卻是捧着一大疊工作紙，步伐急速的樣子。我的問題卡在肚子裏出不來，老師那麼辛苦，我怎能再用問題麻煩他呢？他看見我苦惱的表情，耐心地問：「你是否有問題想問？我現在要上課暫時未能回答你，這樣吧，你放學後有空嗎？我可以放學後解答你的問題。放學後有空嗎？我可以放學後解答你的問題。」就這樣，他放學後留下來為我解釋題目，又把我不懂的課題重新講解。直到日暮西山，我才帶着一腦子的知識滿足地回家。忽然，我有點感觸，老師平日要批改功課、出題目、備課，放學後還要開會，而他如此有耐心地解答我的問題直到黃昏，想必一天中的大部份時間都已付出了給學校和同學們。老師們的辛勞，作為學生只能苦讀以作回報。

六年的校園生活快將完結，俗氣「光陰似箭」聽在耳裏也似乎變得感傷起來。看着無憂無慮的低年級同學，我深信真光的傳承會讓他們帶着同樣的寶藏離開，點亮眼前的道路。



我家是個動植物公園

2B 潘羨妮

我相信你一定遊覽過香港動植物公園，但不曉得內裏多姿多彩的景物可曾令你著迷呢？假若你有空，來我家坐坐的話，你定會禁不住說：「這不就是一個動植物公園嗎？」

我家中體型最龐大的，一定非我爸莫屬了！父親是一名警察，平時的訓練把他的身形練得十分健壯，膚色曬得像炭一樣，毛髮有如天上的銀河星沙，數也數不完。他在家中拿着水瓶踱步時，我常常以為家裏闖進一隻黑猩猩呢！而且，我爸是一名巡邏警員，當他威風凜凜地走在街上時，簡直像一隻一隻黑猩猩在出巡呢！感覺太帥了！

若要數賢淑優雅的淑女，母親絕對是不二人選。你不能在她的臉上找到歲月刻下的痕跡。她那白嫩的臉龐，簡直就是新鮮的水百合；她那柔弱的身軀，就像楊柳一樣，走起路來搖曳生姿。不過，她的，也像楊柳被風吹拂一樣，有點優柔寡斷，特別在菜市場買菜時，她總是拿不定主意，心裏總為晚餐該吃甚麼猶豫不決。最後，父親、小妹和我總會爽快地說：「吃個杯麵便行了！」

說起小妹，她的性格和母親簡直是南轅北轍。她處事作風爽快。別看她身形嬌小，但性情坦率，說起道理來可真是大無畏，加上手準眼快，她整個人就是一隻小蜜蜂。在一叢叢花團錦簇中，貪婪地吮吸着一朵朵花中的甘甜花蜜。這種麻辣的性格，你可在她向同學追收功課，在菜市場討價還價，在家中和家人鬥嘴時表露無遺！

噢！我好像忘了自己。哈哈，要說我，只有一種植物足以形容——梅花。我臉上不屈不懼的神情，和我內心完全一樣。我從不願屈服在凡塵俗世的桎梏中。梅花，本就一身傲骨，在嚴寒中仍傲然盛放，小妹說我天生有一股不願屈居人後的志氣。這點可在我面對一眾同學的指責聲中，仍堅持自己的立場可見！

我家人人性格不同，但我們都能互相包容，彼此體諒。儘管爸爸粗獷，媽媽柔弱，小妹麻辣，我天生傲骨。但我們仍能和諧地相處，因為我家是一個溫馨的動植物公園！

被騙記

2C 蕭素儀

響亮的電話鈴聲，把一名正沉醉在工作中的男子喚醒。男子拿起手機，按下接聽鍵，一把滄桑的女聲便從電話內傳出：「兒子啊！我是你媽！」男子一愣，又聽到母親突然慢慢地抽泣，他連忙問母親發生甚麼事。母親聲音哽咽地說：「我前陣子確診患了白血病，現在急需一筆錢動手術。」男子聽到後最後手足無措。

男子聽到這消息後心亂如麻，心情焦急地詢問母親詳情，可是他因工作與母親分隔兩地，一時無法及時趕回。他連跑帶跳地到銀行匯款給母親在電話內報出的帳號。接着他又乘搭夜車來到母親的住所。

在車裏，男子慢慢回憶起母親的面孔，小時候悉心照顧自己的母親，青年時對自己不離不棄的母親，成年時……到了這裏便沒有了。忽略母親，已經多年沒有回家探望她，甚至連通電話也是。「巴士已到總站！請乘客帶齊行李下車。」悅耳的女聲將男子拉回現實。

當男子看到母親時，看着母親比印象中還要蒼老的面龐時，內心百感交集。可是細心一問時，發現母親根本沒有個甚麼白血病！男子頓時感到被欺騙而十分憤怒，但更多的是內疚和慶幸。男子對母親感到內疚的是自己多年來對母親沒有足夠的關懷，不聞不問，不配當一個兒子。卻慶幸這詐騙電話挽回了一段珍貴的母子之情，警醒自己，現在不及時行孝還要等到何時呢？難道要待母親百年歸老麼？

給媽媽雙手的一封信

3B 陳敏儀

親愛的媽媽的雙手：

從小到大，無數對手擦過我的手背，撫過我的肩被，但那溫暖有力的手，令我最依戀的，始終是你。你們的皮膚雖不及其他的幼嫩，手背上的青筋甚至微微凸起，手掌更是粗糙，尤其掌紋間冗突的三顆厚繭。雖然如此，但紅撲撲的掌心摩擦著我臉頰的時候，總是散發著我喜愛的溫暖。

年幼的我經常窩在床上，不是因為床褥柔軟的觸感，而是因為我脆弱多病的身體。記憶裡的那張床，是黏膩綿軟的，記憶裡的你們，是粗糙炙熱的。我的小房間裡有一塊小白板，我經常半臥在床上，背後枕著棉被，看見那塊空白的板子，腦袋發著呆，悶得慌。這個時候，你們便握著筆，小心翼翼的寫著數目字「壹、貳、叁、肆……」像是怕氣著我這小皇帝，那雙大眼珠時不時也會瞟著我的表情。我喜歡看你們寫的字，端莊方正的，十分秀麗。不知不覺間，我也養成了一個生病窩在床上就愛看字的習慣，要是哪個搗蛋鬼擦掉了那些字跡，我便會依依呀呀的嚷上半天。

「你還好吧！」我蹣跚身子，看著你們豎起兩根手指，在我瘦弱的背上推磨著，有力的手指似乎把我身上的酸脹絞痛順著脊骨推出體外，我被痛苦折磨而變得模糊的視線也恢復清明，看著那雙大眼睛眼尾的皺紋，我似乎看見它們延長成為一條絲緞，溫柔的拴著我的心。

記憶中的你們，雖是令我依戀的，但也是令我懼怕的。

我的頭髮還是短短一束的時候，腦袋瓜笨的令人發愁。在我小學時，似乎只有老師的斥責，同學的嘲笑和主人趾高氣揚怒瞪著我的眼珠。作業永遠是一片暈紅，你們並沒有像語文課本裡的那些手一樣安慰我，鼓勵我，而是用粗糙的手掌心責打我，掌摑我。我恨，我恨我自己的不爭氣，但我卻無能為力，看著按著太陽穴的你們，我卻一次又一次的令那雙手失望，我抽抽搭搭的哭著，抹著紅腫的眼角，耳邊聽著深夜摩托車駛過的聲音，眼巴巴的看著你們撕毀了我的作業。

一雙溫柔的手撫上我的背時，我只是睜眼看著前方的地理作業緊緊地皺著眉頭，你們也沒多做什麼，只是輕拍我的肩頭，柔聲叮囑我：「早點睡。」我看著那轉身離去的身影，繼續埋頭於繁忙的課業。

現在每日如是，我背著書包，站在紅綠燈下靜候，聽著「嘟嘟嘟嘟」的響聲，我想起你們曾經牽著我，走過擁擠的人群，汽車如虎嘯的馬路……「嘟嘟嘟嘟……」回過神來，紅燈轉綠，我又繼續循著每天的路，回到學校對著枯燥的課本，聽課，抄筆記。

看著課室窗外的馬路，我無趣的擺弄著桌上的文具，銳利的筆尖令我想起幼時打針的情景。坐在高凳上，護士把針筒裡的空氣擠出那一瞬，飛濺的液體令我渾身一顫，你們堅定溫柔的襲上我的雙眼，掌心的溫度令我沉了沉眼皮，叫人莫名的安心。

即使將來，也會有無數雙手玩弄我，抨擊我，貶低我，你們也變得冷凍無力，但我仍然依戀你們。你們的皮膚或許像樹皮般粗糙，手背上的青筋猙獰的突出，手掌粗糙的刺人，掌心滿是硬黃的厚繭，即使這樣，我也會在腦里鎖好那股紅撲撲的掌心摩擦著我臉頰時，總是令我喜愛的溫暖。

祝

生活安康

你主人的女兒

陳敏儀 上

一場暴風雨

3B 廖樂桁

「鈴鈴鈴！鈴鈴鈴！」鬧鐘在我耳旁響個不停，機械式的聲音讓我感到不耐煩。我像電影中的女主角一般伸著懶腰，打了個呵欠，心中暗歎：又是一個上學的日子！我揉揉眼睛，迎接我的不是影畫般的一個晨光熹微，晴空萬里的早上，而是一片沉寂的灰暗，還有「滴滴答答」的雨聲……

我倚在窗邊，雨聲急速而且強而有力，天空堆滿了一片又一片烏雲，這裡一片黑壓壓的，那邊一塊灰藍的。正當我想得出神的時候，一陣無形的烈風像一個兇惡的巨人似的拍打著我的窗戶，又像一個活潑靈敏的孩子向著我的窗戶橫衝直撞，發出連綿不斷的巨響，嚇得我連忙跑到客廳，坐在沙發上的媽媽以為我是趕著上學，說：「黑色暴雨警告，快回房間休息吧！」我聽到雀躍極了，一蹦一跳的回了房間，一場偶然的暴風雨真好！

家是在大廈的三樓，所以我躺在床上，細看著窗下的街景。一個本來碧綠色的招牌被暴雨渲染成墨綠，一棵茂盛的參天大樹被暴風摧殘至枝條垂落，一家店前的攤位被暴風雨折磨到變得七零八散。一場偶然的暴風雨就導致整個街道變得不堪入目。

時間隨著窗外的暴雨沖走，隨著耳旁清脆的雨聲消失。時間就這樣讓這場暴風雨一滴又一滴的雨水倒數著……

實在是太無聊了！我靈機一動，與其在家中百無聊賴，倒不如到街上散散步。

街上空無一人，與平日繁華熱鬧的景象截然不同。我撐著嫣紅的雨傘沿路走著，雨聲緩慢地一滴滴落在傘上，我才驚覺原來暴風雨正逐漸離開。道路兩旁的垃圾箱被吹得東歪西倒，經營報紙攤的王伯伯正手忙腳亂的整理著一疊疊報紙，我問他：「下雨還擺攤嗎？」他蒼老，佈滿一條條皺紋的臉上泛起一個慈祥，如陽光一樣溫暖窩心的笑容，說道：「人生中有風雨飄搖，也有晴空萬里，但日子還是要過的。笑着做比苦著臉去做划算得多！」

一柱黃澄澄的光照射著我，包围著我，擁抱著我。是一個金燦燦，又混入一絲絲淺珊瑚紅的夕陽。「對呢！」我把雨傘折疊。暴風雨也會有過去的一天，之後就會放晴。但願人人能積極享受自己那個獨一無二的人生，不因挫折而放棄，要珍惜人生。

一場暴風雨

3B 黎泳珊

窗外，一片沉靜，沒有一絲微風吹過，讓人有一種沉重的窒息感。刺耳的電話鈴聲響起，我緩緩拖著腳步走上前，拿起電話，頃刻，媽媽的聲音便傳入耳中：「你還記得今天要一家人到婆婆家吃飯嗎？我和爸爸、妹妹先去了買禮物，待會直接乘車去了，你可以自己乘車去嗎？記得帶雨傘，還有關上窗戶，順便為我收回衣服吧……」媽媽的嘮叨源源不斷傳入我耳中，我簡單地應了幾聲便掛線了。

我關上窗戶，收回陽台上的衣服，拿起鑰匙放進背包便關上燈，準備到樓下車站乘車，我看著暗下來的客廳，心情有些不安，可能是天氣的影響吧！窗外和客廳陰沉的色調總讓人有一種無名的壓迫感，沉沉的壓在我身上，讓我喘不過氣來……於是我關上門，帶著沉重的腳步走下去。

走到街上，看著天空厚厚的雲層，好像快要塌下來，就像等待機會將一直壓抑的情緒一併發洩出來，然而，它只是沉默的待在那兒，默不作聲，卻為一切事物蒙上一道陰影。街上也安靜得可怕，稀落的人們都緊閉著嘴巴，皺著眉頭將自己和別人之間隔離起來，空氣中散發著一種壓抑的氣氛，無處不在，也無處可逃……我終於等來了公共汽車，停下時發出輪胎與地面磨擦令人難受刺耳的聲音，挑撥著這沉默的空氣，在空氣中留下一道刮痕，拉扯著緊張的神經。我坐在靠窗的位置，看著街外灰沉的天氣，路上的幾個路人，都因汽車的移動而往後退，有如看著自己的一生也因時間而往後退著。下了車，天空灰暗的雲層變得沉重異常，街上卻一絲微風也沒有。此時，一滴滴雨水落下，我詫異的看著落在手上的雨水，突然變成了滂沱大雨，然而我忽然驚覺自己忘了帶雨傘！雨水如銀針般狠狠地打在皮膚上，刺痛的感覺提醒著我要走快點，走快點，凌厲的風有如一道道刀刃，吹打在我身上，一下一下的刮打在我的身體上。我看著頭上的雨水傾盆而下，遠方的雷聲傳來，就像在低吼一樣，漸漸，雷聲越傳越近，一聲聲怒吼有如發洩著它的不滿，它的委屈，它的憤怒。但此時，我的心情反而隨雷聲感到舒暢，它好像一同吼出了我一直壓抑的情緒，生活的壓力，平日的不滿……全身濕透的，心情卻莫名的輕鬆起來，好像一盤滿滿的水找到了渲洩口。

一步一步走近婆婆的家，在承受暴風雨的折磨下，我忽然感到幸福，仍有一個目標，令我不在風雨中迷茫，仍有著一個家，等待著我回去……暴風雨下，這個家為我擋了一場又一場風雨，長大後，請由我來保護這個家。暴風雨過去，留下的是一道美麗的彩虹。

近朱者赤，近墨者黑

3B 黎泳珊

我坐在桌前，小心翼翼一筆一劃勾畫着眼前的作品，緊張的雙手輕顫着落下一道紅色的痕跡，四周同學都專注於自己的畫作，空氣中瀰漫着緊張的氣氛，使人不得不陷了進去，變得更為小心認真，一不小心，畫筆上黑色的顏料滴進了調色盤上，鮮紅的顏色瞬間被蒙上了一層深黑，從而被吞沒，失去了原有的色彩色彩，剩下的只是一片混濁的黑。人生也如調色盤上的顏料，越靠近那種顏色就會變得越相似，人也會是互相影響的，然而，如果你是紅色，你會選擇投入黑色嗎？

「友直、友諒、友多聞，益矣；友便僻、友善柔、友便佞，損矣」常言道益者三友，損者三友，為何從小老師、家人都教導我們要小心識友？孔子論語中：「近朱者赤，近墨者黑」相信大家都耳熟能詳了，而我們又能否真的分辨孰「赤」？孰「黑」？青少年吸毒，有一下部分都因朋友慫恿，他們和這班朋友相處時，都不知不覺地被灌輸了吸毒是正常的意識。同樣的情況出現在政府官員身上，為何當一位貪官被揭發時，一連串的貪污事件就會有如危樓一般，只抽走其中一塊磚頭，整棟危樓就倒塌下來？當人身處於一個群體中，他的行為亦會被同化，當一個群體犯錯時，沒有人指出他的錯誤，正因為我們都身處其中，最後只是一錯再錯……

孟母曾為孟子的學習而三遷，環境因素能影響一個人的成長、行為、甚至性格。各位有沒有嘗試過盲目追隨潮流？答案是明確的。當身邊的同學都在使用某甲品牌時，你也會選擇甲品牌，因為你不想成為群體中的例外，被別人標籤上落伍，不合時等，但，最後你還會記起自己其實不喜歡，也不適合甲品牌嗎？從來跟從並不等於適合。

環境因素確實會影響一個人的行為，而擇友是社會生活中不可缺少的一環。「黑」使平凡人變壞，「紅」使平凡人變好，但更重要的是不論是黑、是紅，若如蓮花般有出淤泥而不染的精神，在不同環境中保持清醒，又何懼是黑是紅？然而我們在尚未能真正了解自己前，就要小心選擇，以免做成一子錯，滿盤皆落索的局面。

看着那被吞沒的紅色，只能低嘆一聲為那都抹曾經，擁有自我的一抹紅色哀悼。我不願當那被吞沒了的紅色。眼前的畫作已經完成，腦內的那一抹紅色卻揮之不去。

恨鐵不成鋼

3C 劉家穎

大家有沒有嘗試付出過後，但得不到同等的收獲的經驗？我就曾經經歷過，所以我十分清楚和明白當中的感受是既失望又不甘心的，回想起當天老師為我們補課的情境……

任教我班的科學科李老師是一個愛說笑，上課氣氛輕鬆的好老師，但一天她突然嚴肅地向我們宣佈：因上學期考試的科學成績未如理想，由那天開始留校補課直至統一測驗。有一些人欣然接受，有些人則叫苦連天，有些人呆若木雞的坐著。班房突然彷彿似街市一樣，而同學們就成了太太們一樣議論紛紛的說過不停，可說是民怨四起，而我則靜悄悄地觀察李老師，平日愛說話的她，竟頓時成了啞老師，默不作聲的坐在一旁。

看到李老師沉默的樣子，我真的感到十分難過，她這樣子我也是第一次看到的，直到下課的鐘聲響起，那個她……我還歷歷在目。

留校補課時，李老師把全本科學書重新解說一次，又複印了不少的工作紙給我們溫習。她十分用心，把各種科學知識和答題技巧都告訴我們，令我們更加清楚明白。而且我相信老師對每位同學們都抱著很大的期望，務求我們都做到一百分。

可是班上，根本沒有人明白李老師補課的用心。有些人在補課期間偷偷地做自己的功課，有些人跟同學興高采烈地聊天，有些人在玩耍，她們都覺得自己已經明白透了，但她們人卻又是未達到老師的要求。但李老師們沒有放棄，只是學生們都不思進取，令老師們十分失望，只淡淡地慨歎「恨鐵不成鋼」。

在這個諺語中，我明白到一個道理，也是我本年的座右銘，就是「與其空想，不如力行」，明白到不能只靠空想，但不作出行動。正因為我今年是一個中三學生，更加要為自己訂立一個明確的目標，令到自己的各科成績更有進步。老師，但願我這塊爛鐵會有成鋼的一天！

不經一番寒徹骨，焉得梅花撲鼻香

3C 黎祉筠

在眾多諺語中，我最喜歡的就是「不經一番寒徹骨，焉得梅花撲鼻香」，但我對它的了解很表面。自經過那次專題研習後，我才深入的了解到這句話所含的道理。

那一次，老師要我們各自做一個專題報告，限期為一星期，為了能得到高的分數，我十分認真，那天回家後，我立刻上網搜尋有關資料，務求能把報告做到毫無錯誤。剛開始時，一切都很順利，我投入地整理資料，我看只需多花一天晚上，報告便會順利完成。

第二天，我回到學校時，聽到他們討論報告內容，我才發現和弄錯了研習的範圍，看來現在我只得立刻重做，但只有一天的時間，又怎足夠去完成一份專題報告？我只好不睡不吃，努力拼搏吧！那天晚上，我為完成報告，把時間追回，放棄最愛的電視劇，也放棄吃晚飯，經過多小時與報告的搏鬥後，我在清晨時分終於把報告完成了。那次報告，我得了很好的分數，看着手上印有優異的成績，我終於清楚明白到「不經一番寒徹骨，焉得梅花撲鼻香」的道理。

人的一生要像梅花一樣，遇到艱苦困難也不要放棄，因只有經過嚴寒的冬天，梅花才會綻放，我們做事就像梅花一樣，梅花的香就如事業的成就，要在困難下努力拼搏，才會苦盡甘來。



雨傘下

4B 鍾咏琪

「預計未來七天會下大雨……」我心想：現在天色明朗，怎會下雨呢？天氣預報真不可信；加上帶雨傘那麼麻煩，不帶雨傘出外也沒關係吧。現在回想，那時我真是太天真了。

就在接近下課的時候，天氣突然變差，一片片的烏雲在天空中聚集起來，不一會兒便下起滂沱大雨了。我透過窗口看到街上的人匆忙地找地方避雨，樣子狼狽，雨水打落在柏油路上，一片濕滑……突然有一個熟識的身影映入我的眼簾。

那是在我只有八歲，父親的事業發展得頗平穩，所以有不少空餘時間，一有空就會接送我上學放學，久而久之我就養成了不帶雨傘的習慣。直至有一天，父親仍埋首工作的時候，突如其來的大雨，令我這個從不帶雨傘的孩子有點措手不及！我想：父親應該還忙於工作吧，應該不會來接我。正當我打算趁雨勢減弱的時候從校門走到附近的雜貨店避雨時，父親的身影突然出現在我的眼前。

雖然我只有八歲，但是也明白到父親工作的辛勞，當父親選擇拋下工作，在滂沱大雨中出現在我面前，為我撐傘，保護著我，還認真地聽我滔滔不絕地分享今天的瑣事時，我真的非常感動。別人常說「女兒是父親上輩子的情人」也許是真的吧。

在這幾年來，父親一直忙於工作，有時甚至會早出晚歸，聽我發牢騷的時間也少了。當我以為父親不會再拋下工作來接我，當我以為父親會因為繁忙的工作而把我忘得一乾二淨的時候，這個下雨天，他竟再次撐著雨傘來接我回家。

幾年前溫馨的情景再次重演，可是不同的是在雨傘下保護我的人已沒有從前般年輕了，臉上的皺紋多了，身上散發著濃濃的疲憊的氣息，但他仍為我撐傘，在雨傘下保護著我的，依舊是最親愛的父親。那個雖然一直忙於工作，但其實心仍惦念著女兒，疼愛女兒的父親。在女兒需要幫助、保護時會及時出現，在我心中像英雄一樣的父親。他說：「我早料到這個懶惰的女兒從來不會帶雨傘出外，所以我這個注定勞碌命的父親就要撐著雨傘，把我這個親愛的女兒收納到我的雨傘下，受我的保護。」

兒時的確不太明白父親為何只專注於工作上，甚至會責怪他只重視工作而不再關心我。但是到了現在，我終於明白父親在幫助我學習



獨立、成長的同時，也一直把我置於他的雨傘下，讓他保護，讓我不必擔心會被雨水淋濕、因雨水猛烈的拍打而受到傷害。因為我身旁一直有父親照顧我，令我能安心，不怕風吹雨打。而且在這麼多年來，父親為我、為整個家庭的拼搏；為了讓我們在他的雨傘下能有舒適的生活而默默地耕耘。儘管他年紀也開始大了，他為了使他的雨傘更堅固、更能使我們安穩而繼續奮鬥。現在我仍享受父親對我的照顧，但我希望我在將來能把父親、家人置於我的雨傘下，由我去照顧他們，讓一直都在工作、辛苦多年的父親能好好休息。

我眼中的小霸王

4D 馬倩嵐

下課的鐘聲一響，那安靜的課室頓時變得十分嘈吵，而在這個嘈吵的環境中，我聽到我班的小霸王——小高那把討人厭的大嗓子和某同學的抽泣聲。

正如我所說，小高的確是小霸王，他不但性格上似是一個討厭的霸王，樣子也很像一個小霸王，黝黑的皮膚，如鼠一般的小眼睛，一個似大葫蘆般的大紅鼻子，嘴巴可以張到很大很大，就似……似那個誰呢？啊！是《叮噹》裏頭的小霸王，那個叫作胖虎的男生。反正我每次走路碰見他，也會繞路走就是了！這個人，我實在惹不起。記得上次我不小心把幾枝筆放在他桌上，他就一直堅稱筆是他的，我禮貌地請他還給我，還被他煩擾了半小時，這個人根本就是一個無賴的流氓，難怪沒有朋友之餘，還沒人喜歡他！

我循着他那非常深厚的大嗓子走了過去，眼見面前已經有很多同學在看這場鬧劇，我馬上踮高腳尖，看到小高對着一個低年級的學生指手劃腳，聽到小高說甚麼賠款，甚麼弄傷甚麼的。而低年級的那個小朋友就蹲在地上一邊抽泣，一邊道歉。兩人成了很大對比，一邊是小高的壓迫感，一邊是小孩的無助，我實在看不過眼，就推開前面的人群，走到低年級小朋友，用着似是母雞護着小雞的姿勢把他擋在身後，再說：「小高，你為何欺負小朋友？你還是不是男生？一點風度也沒有！」我轉身扶起還在蹲着哭的低年級學生，再看着人群冷笑道：「現在世風日下，讀了那麼多書，還不懂分辨是非，助紂為虐，良心都被狗吃了嗎？還是你們根本沒有心？那麼也難怪只在冷眼旁觀，你們枉為人了！」我指了指心臟的位置，再看了看小高腳旁的玻璃碎，和小高那微微劃破的手指，說：「哦！小高，你人也心胸太狹小了！小高那被氣得變紅的臉變得更是紅，他用那把大嗓子大聲罵：『男生的事，女生管甚麼！』小高憤然把我推開，我被推倒了。小高無視我的傷勢，還狠狠揪起小孩的衣領，說：『賠醫藥費！』幸好這個時候訓導老師趕到了，不然小孩可能真的會被打，訓導老師把他帶到訓導處，他也不忘回頭瞪我和小孩一眼，大聲喊：『算你們走運！』這時小孩戰戰兢兢地問：『姐姐……你怎麼了……能站起來嗎？』我癟着嘴，說：『還死不去！』小孩扶起我，然後我就一拐一拐地被扶到醫療室。我這時候才看到小孩兩個膝蓋都嚴重擦傷了，我看着小孩故作堅強忍着不哭，那表情讓我淚水都快要流出來了。小孩看到我呆呆看着他，他搖了搖頭，說：『不痛了，走吧！』於是我倆雙雙到

了醫療室，而這小孩也成了我的小跟班。

之後，我的日子可不好過了。小高總是有意無意地找我麻煩，我跟他積怨也越來越深，有好幾次放學都跟他吵起來。不過有一次放學，我和他本來在爭執着，可他一收到一個電話，就想要馬上離開，我當然不服氣，揪着他的衣角不讓他走，他竟然說是自己的錯，有急事，求我讓他離開。哈哈！之後的日子，他也是有意無意地避開我。哼！肯定是他那次跟我認了輸，不敢再找我麻煩。想到這裏，我不禁由心發出一個笑容！哈哈！我贏了！

及後，有一次我在街上閒逛的時候，竟然看到小高急忙地走向醫院。心想：該不會因為自己太討厭，所以老天爺給他報應吧！我按捺不住自己的好奇心，當了一回偵探，跟蹤「犯人」小高。

他急忙地走到醫院，我就鬼鬼祟祟跟着他，可是為何他走到一個病房？難道他住院？我探了半個頭去偷看房內發生的事，看到小高竟然在幫一個婦人切水果，而且哄着婦人，與她聊天。婦人一動也不動，呆呆看着小高，然後問：「你是誰？」小高聽到婦人的話，一下子失了神，回答：「我是小高，媽媽……」婦人連忙搖搖頭，笑着說：「我哪裏有兒子？我不認識你！」小高強忍淚水，強顏歡笑地繼續切水果。當我正想偷偷離開的時候，護士喊着：「小姐，你掉了錢包！」小高也正在此時離開病房，我們大眼瞪小眼，我先開口：「那麼……那麼巧啊！我走了。」小高憤然地問：「你跟蹤我？」我在百辭莫辯的情況下，只好點頭承認了，我半帶歉意地問：「病房裏的，是你媽？」小高瞪着我，不作任何回答。看着我還站着不走，就下了逐客令：「我媽要做電療，你走吧！我沒空跟你吵！」小高轉身就回到病房陪母親，我硬着頭皮跟他到病房，小高蹙着眉，問：「怎麼跟着我？」我：「我要向阿姨問好。」他皺起眉頭，說：「隨你！」就不再理會我，開始餵母親吃藥。我又忍不住問：「你爸呢？」小高再度失神，然後淡然回答：「他死了。」我自知問錯話，馬上轉話題，跟小高母親有一句沒一句地聊起天。心裏突然覺得小高並非太蠻不講理而已，而且也挺孝順。小高母親要去做電療，我則道別離開。

從此以後，雖然我還是看小高不順眼，兩天一小吵，三天一大吵，不過對他，我有了新的看法。

一次失敗的經過和感受

4D 楊曉彤

今早發生的事件，以失敗告終，至晚上仍歷歷在目，別以為我一定傷心失望，反而有些開心哩！

還記得在舞蹈比賽的前一個晚上，我的心情久久仍未能平靜、緊張、期待、激動和擔心，全混和在一起的不知名情緒都湧現在心頭。我從小便對舞蹈有種不能割捨的熱愛。跳舞像變成了我的一部分。老師，同學都十分欣賞我的精湛舞技。因此我也被推舉選成為班代表出賽。我心想：這次比賽，只許成功，不許失敗！因為老師的期望、同學的期待，全都像重擔一樣壓在我肩上。夜已深，我卻仍在鏡前一遍又一遍地練習，一點休憩的意思也沒有。

「有容，九點多了，你怎麼還不起床，上學要遲到了！」猶在夢中的我還沒來得及睜開雙眼，便已聽到媽媽急切的叫聲，心中當下一驚，連忙看了看床邊的鬧鐘。糟了！比賽已經開始了，來不及多想，我已換上校服，拿起書包飛奔出家門。一邊奔跑，一邊埋怨，身後媽媽的叮囑已聽不入耳了。

巴士窗外的景物在如在飛奔般倒退，我的心情又更添一分焦急。呼！終於到了。學校就在面前向我招手，催促我進來。奔到校門口，禮堂裡音樂已徐徐響起，同學的歡呼聲已充斥整個禮堂，想來比賽已經開始了。老師，同學急拖著我進去，耳邊盡是他們焦急的說話，我暗暗慚愧。

換了衣服，深吸一口氣，我便帶著僵硬的笑容走到台中央。耀眼的燈打在身上，讓我在瞬間成了全場的焦點。熟悉的音樂響起，手脚不自覺跳起練得滾瓜爛熟的舞步。台下數百雙眼睛，正對我行注目禮，身上的負擔又加重了幾分。

突然，腳下一踉蹌，身體就這樣筆直的向著地板蹲下去，我閉上眼睛，剎那間腦中一片空白，身上的疼痛都比不上內心的羞恥來得劇烈，我望向台下議論紛紛的同學，他們的眼神中，有好奇，有擔心，有譏笑，我急得眼淚在眼眶裏直打轉，就在這時，我不經意看到一雙充滿鼓勵的眼睛，它勉勵我不要害怕，要勇敢克服挑戰。我的心一下子被燃亮了，恍然大悟的我站了起來，拍拍衣服，眼底的笑意不自覺加深，再一次跳起舞來，但這次的感覺卻截然不同，少了沉重的負擔，卻多了份輕鬆，多了份自在，旁若無人的翩翩起舞，好像走進了自己的天地，一切都顯得那樣美好。

音樂停下，台下的掌聲，歡呼聲如雷貫耳，腦袋轟轟作響，一切猶如還在夢中，我彎下腰，深深鞠躬感謝台下的掌聲，感謝剛才努力的自己，也感謝那雙鼓勵的眼神。

隨著表演的結束，頒獎禮也隨即開始，我看著得獎者雀躍的到台上領獎，儘管此時此刻站在台上的不是我，但在我心中佔得滿滿的卻不是失落，而是欣喜，周圍的老師和同學紛紛向我投來婉惜的眼神，和一句句溫馨的安慰說話，我釋懷一笑，因為我贏得的，比台上那獎項還重要得多。

人們常說失敗了不要緊，最重要的是能站起來，道理雖然耳熟能詳，但又有多少人能真正做得到？依我說，要站起來，朋友的扶持也很重要。也許在未來的道路上，還有不少的風雨等着要我去闖，但同時，路旁亦有不少同伴會把我扶起，只要能站起來，路就一定繼續走下去。不經歷風雨，又怎能見彩虹？失敗的背後必定有成功等著你。

雨傘

4D 嚴彩紅

——一把小小的雨傘，其實不單是一把普普通通的傘子，它演繹了愛的真諦——親情之愛。

小學的時候，總不喜歡傘子放在背包裏，因為孩子都愛在雨水中赤裸裸地接觸天與地。但在多少個下雨天，媽媽那把藍色的雨傘總會在雨霧中準時出現，風夾着雨水把媽媽烏黑豐饒的長髮在空中吹得翩翩起舞，而媽媽握着傘柄的手顯得特別有勁，在風雨中的她，踏着輕快的步伐走來……

媽媽這把藍色的傘子，澄明得如蔚藍的天色。在媽媽的傘子蔭底下，我的頭頂是一片藍色，肩膀也籠罩在一片藍之中，觸目盡是一片溫柔的藍。就這樣，在無數的下雨天，我和媽媽都擠在那把小雨傘下，徐徐的走回家。雖然寒風凜冽、大雨傾盆，但我的心是多麼的溫暖。

有一個下雨天，稚嫩的我抬頭與媽媽說話時，卻發現她的另一半天空是陰沉的灰色。狂風夾着豆大的雨點，把媽媽露在傘子外邊的那一半肩膀打濕了，額前的頭髮也是濕濡的。我猶疑了一下，笑瞇瞇地提醒媽媽說：「媽媽，雨傘歪了。」「沒有，雨傘沒有歪啊。」媽媽溫柔睇地說。我的視線再次落在那傾斜的傘柄上，疑惑地繼續向媽媽說：「是真的，雨傘歪了，你看！」媽媽固執而溫柔地回答：「沒有，真的沒有。」所以，在小學的時候，有很多個下雨天，媽媽有一邊天空是陰沉、灰色的，但我卻仍然置身在一片藍色而無雨的天空。

我日漸成長，升上中學後，不再需要媽媽在下雨天來接我放學。那把藍色傘子被我放在殘舊的小櫃子裏。

我以為我會把它淡忘，但事實卻不是。又是一個下雨天，媽媽打着藍色的雨傘在學校門口等我。那時候，快和媽媽一樣高的我擠在窄小的空間下。我的視線又落在那把傘柄上，微微傾斜的，然後我再望向媽媽那半邊濕透的肩膀，她臉上依然露出溫柔的笑容。這情景與小時候的一幕混合在一起，不過我所看到的顏色再不是那麼清澈，一切變得淡了、暗了、沉了……

難道這把傘濕透的全都是媽媽對我的涓涓愛意？

現在已長大成人的我，終於明白了。無論在陽光普照，或是橫風雨打的日子，媽媽始終如一，像傘子般替我們遮風擋雨，只希望我們舒適安穩。媽媽就如傘子，堅硬的骨節內裏用柔軟順滑的絹布包容着我們。但隨着時間的流逝，傘子的絹布變得泛黃殘舊，而我，只盼望媽媽永遠也不老！

無題

5A 何鏌兒

炎 炎夏日，我倚在窗邊乘涼，猛烈的陽光把家中曬得滾燙，不消一會兒我已汗如雨下。媽媽打掃的噪音如夏蟬的叫聲一樣擾人。「一心，幫忙把垃圾丟掉。」我聽從媽媽的話，拿着既沉重又骯髒的垃圾徐徐步至垃圾房前，凝望着這一袋又一袋的黑膠袋，腦中頓時閃過一段往事。

記得當時亦正值初夏，學校舉行辦了一個名為「社區清潔日」的活動，希望全校師生一起到沙灘做義工，透過清潔活動，學懂愛護環境，當時的我對活動大感不屑，認為活動根本沒有意義，即使我們清潔了，垃圾不是仍會出現嗎？

沿着陟斜的山路蜿蜒直上，在炎熱的天氣伴隨着擾人的蟬鳴下，我們終於來到目的地——赤柱正灘，當日的泳灘竟比紙醉金迷的蘭桂芳還要熱鬧。泳客有的在曬太陽，有的暢泳，有的在打球，每一個角落，全都是垃圾！我駐足慨嘆，不知道要到什麼時候才能完成活動，離開這擾人之地？

清潔行動開始，我獨自拿着黑膠袋駐立在樹蔭下，心想我是家中被父母寵在手心的女兒，自孩時起，只要是我所不願意的，亦沒人會強迫我。我每天都在宮廷般的家中享受，現在竟然要我在這地方執拾垃圾？我只是吩咐同學們把垃圾撿起，丟到我手持的黑膠袋已盡了責任，一個汽水罐隨微風吹到我腳前，我立刻吩咐在旁的同學，同學看到我一臉嫌棄的樣子，只好屈服撿起它。

老師得悉後走到我面前，問道：「那汽水罐就只在你身旁，為什麼你自己不撿起它呢？」我回答：「不！那麼髒！我絕不讓我的玉手沾污！」老師點點頭，拉我到一旁，向我說道：「難道你認為其他同學亦希望這樣嗎？」，她把手中剛喝完的飲品盒遞給我，「一心，幫我把垃圾丟掉到那邊的黑膠袋中。」「老師你身後就有垃圾桶，為何……」，「我不喜歡！」

我只好聽從老師的話，走在熾熱的沙灘上，緩緩步至黑膠袋前，駐足端詳四周。每位師生雖是大汗淋漓，但臉上亦掛着莞爾，不分你我互相幫忙助。赫然，剛剛幫我撿起汽水罐的同學輕輕用紙巾擦過我臉頰，我凝望着手上的垃圾及黑膠袋，仿佛明白了什麼。

每個人其實也是一樣的，不應因為自己的身份地位而認為自己比他人優越，人因為自負，總會被個人的地位，社會的主流價值蒙蔽，不願就在別人的角度思考，以致齟齬日生，距離漸遠，只要多為別人着想，自己不喜歡的，先不要推給別人，先為別人着想，才能令自己的羽翼日漸豐滿，化成鳩鳥飛至更高更遠的天空。此刻夏蟬的叫鳴不再擾人，炎夏也彷彿不再熾熱炙人。

家有一老，如有一寶

5A 劉穎臻

農曆新年時，聽說鄉間的爺爺會來城裏探望我們。其實，我對爺爺的認識並不深，因為他對上一次來探望我們已經是我幾歲的時候，記憶十分模糊。平日，我很少接觸老人家，所以對這位「爺爺」也感到有些好奇，希望可以快點接觸這位陌生的親人。

爺爺終於來到了我們的家中，他皮膚黝黑，個子高大，樣子嚴肅，看來有點可怕，比起我想像的和藹老人有點出入。開始時，因為我對他並不熟悉，又大概是被它的外表嚇倒，所以也沒有主動跟他說話。父母不停跟爺爺聊着，我只坐在旁邊默默的聽他說話，試着了解他多一點。直到有一天，父母都有急事出門去了，吩咐我要好好和爺爺相處幾天。我心裏一沉，真不知道要如何跟他相處。

父母外出的第一天，他建議我們一起到茶樓喝早茶，雖然我心裏有着十萬個不願，但最終也跟着去了。我一直都沉默，更不敢直視他的雙眼，害怕他會跟我說話。在吃早餐的時候，氣氛一直十分尷尬。突然，有個侍應將一壺滾茶倒到爺爺的身上。幸好爺爺並沒有大礙，侍應不斷在向爺爺道歉，經理也出來了，說要解僱那位侍應。爺爺竟然向那經理求情，讓侍應繼續工作下去，也不停跟他們說「沒相干」，到最後事情也平息了。這件事情令我十分驚訝——如果換轉是我，我必定會大吵大鬧，想不到爺爺竟然那麼豁達，實在令我刮目相看。

經過這天，我也主動跟他聊天了。從他充滿鄉音的說話當中，我開始漸漸了解他，同時也開始喜歡他。過了幾天，我們住宅大廈的警鐘突然響起，一些白煙溢進了我的家，我驚慌失措，在我手忙腳亂的時候，爺爺已經準備了逃生三寶，帶着去逃生。到達了住宅外的空地後，我才能冷靜下來，想着自己真的十分沒用，竟然給這一點白煙嚇壞，幸好爺爺手腳勤快，我才能安全逃生。經過這次，爺爺在我的心裏又加分了。

這農曆新年真的過得又快又充實，爺爺差不多要離開了。在這段期間，爺爺對我寵愛有加，我和爺爺總是聚在一起。他離開時，我依依不捨，想爺爺一直留在我的身邊。此刻，才發覺爺爺在我的心裏已佔了一個很重要的位置。我們相處的時間雖然短暫，卻十分深刻，令我對老人家完全改觀，可說是「家有一老，如有一寶」。看着爺爺的身影漸漸從火車站月台消失，我的眼淚不禁也流下來了。我真的非常思念他，往後也要常常到鄉間去探望他，珍惜我家唯一的老人，也是唯一的寶。

挑戰

5B 岑卓欣

我從小就很怕黑，也很容易被嚇倒。一點雞毛蒜皮的小事也叫我心驚膽顫上半天。小時候姊姊常躲在衣櫃裏，再跳出來嚇我，我總被嚇得哭了半晚都停不下來，讓爸媽費盡心神。

但這似乎不是遺傳——爸爸和姊姊都是愛冒險的人，喜歡出外運動；媽媽是個護士，常出入殮房，連生死都看淡了。怎會像我，一覺得有人在背後就感到毛骨悚然。

到我升中那一年，我一想起要面對新環境，認識新同學，就忍不住紅了眼眶——不是傷感，而是害怕。爸爸看見我這完全不是小六畢業生應有的躍躍欲試的反應，決定全家要為我的小學畢業「慶祝」。

爸爸的興奮表情對我來說從不是好事，果然不出我所料，他指的「慶祝」是帶我去學潛水。我那副驚嚇的表情逗笑了全家人。但水肺潛水不就是要進入那深沉、黑漆漆、伸手不見五指的海底嗎？那簡直是我的噩夢！我連忙拒絕，但爸爸已經報了名，付了學費。

彷彿轉瞬間，我已經在跳水池中熟習器材了。其實我水性並不差，可以說是不錯，至少我和姊姊也游得快。但僅限於游泳池內，香港的沙灘水質渾濁，我在灰濛濛的一片海水中根本喘不過氣來。而且水肺潛水所用的技巧的器材與游泳是兩回事。

教練要我做的第一件事就是信任呼吸器。但一想到相隔我和生命危險之間就只有那塑膠的喉管，我就不禁緊張起來，急速地呼吸。下課之後我一直很想跟教練說：「我放棄了，我做不到」。然而卻想到出門前我那總愛惡作劇的姊姊的鼓勵手勢，還有陪着我下水的爸爸，我忽然發現有他們的鼓勵，心中好像沒有那麼害怕了。

細細想來，我恐懼的事物好像很多，但其實只有一種：未知。我害怕黑暗中未知的事物；我害怕未知的將來。

我不想繼續害怕下去，變成一個膽小沒自信的人。姐姐和爸爸都已考得潛水執照，那麼為何我不行呢？我也可以做到！

我不停告訴自己：「我能克服困難。」，但上課時仍是十分驚惶。幸好姊姊沒有再取笑我而是講述她的心得，「製造一個你能操控恐懼的環境。」

如是者，我們開始了一個小小的實驗，她守在浴室門外，我嘗試關着燈洗澡，若我太害怕了就叫她開燈。

意想不到的，這個實驗異常有效，只需幾次我已經可以在全黑的浴室裏渡過安全的十五分鐘。而我的潛水試自然非常順利，海底並沒有我想象的那麼可怕，事實上那是十分平靜的，感覺就像變成了海洋生物般，觀察這片寧靜的小天地。

這次潛水的學習經歷令我發現自己的短處和恐懼，也很感激家人的鼓勵，讓我敢於挑戰自己。面對未知的恐懼，忽然發現要戰勝它並非難事，只要有勇氣和恆心，很多都不是不可能的。

知足常樂

5B 林曉彤

「有一天，父親在河邊釣魚，他每釣一條魚，便會拿尺子量一量。只要魚兒比尺子長，父親都會把魚兒丟回河裏。兒子不解地問：『別人都希望釣大魚，為甚麼你不要大魚呢？』父親不慌不忙說：『能釣到有尺子那麼長的魚已足夠我們一家食用，又何需苛求釣大魚？』自己衡量是否足夠，足夠了，便快樂了。」婆婆坐在搖椅上，慈祥的聲音細說著語重深長的話。記得那時候，我搖頭晃腦的重複婆婆的話，似是明白，卻其實一點都不明白。至於現今為何想起婆婆的話，大概是因為長大了，因為看多了，因為成熟了。

以往，我是個貪心的小孩，常常抱著人有我有的心態。可能我是最小的孩子，父母總是寵著我。記得有次聖誕節，姐姐從朋友收來了一個大的雪人娃娃，娃娃頭戴紅帽子，圍著綠黃間條的圍巾，襯著娃娃雪白的身軀，我歡喜得不得了。即使我已有一個新的洋娃娃，可在當時來說，雪人娃娃的誘惑更大，我內心充滿了妒忌、貪念，只想到別人的禮物好，卻忘了自己手上的禮物亦是無比珍貴。因此在妒忌之下一摔，把手上的娃娃拋棄了，哭喊要姐姐的娃娃。奈何她的娃娃對她來說很珍貴，當然捨不得割愛。所以那年聖誕，我是失去了快樂。不過當時所想到的原因，就只是覺得：都是姐姐的錯。

至於為何想起婆婆的那句話，主因是來自一位朋友。由於某次的寫作，我特意去訪問這位好友。她來自單親家庭。唸小學時，我已鮮見她的父親，甚至沒有見過她的母親。當我進行訪問時，我以為她會為自己無法常常見到母親而悲傷。可是她所分享的，卻全是父母對她的好。對我來說，我難以想像一周甚至數周才可以與母親見面。我以為她會難過，可是她卻是珍惜。「比起沒有父母的人，我已經幸福得多。」她笑著說，她的笑容很燦爛，完全沒有失落，沒有妒忌，沒有惋惜。知足常樂，在她身上完全發揮了出來。

現在細想起，雪人娃娃仍可以向姐姐借來玩，借來看。可是朋友卻能否向他人借來一個能長期陪伴她的母親？答案是當然不能。一些事物是無法強求而來。若總是看著別人家的豪華大餐而忘了自己那盤溫暖的家常菜，怎能吃出味道？怎能享受到有食物的快樂？知足常樂指的並不是不追求，而是指擁有了，就要先珍惜。假如過於強求，苦的最終是自己。猶如當日我渴望擁有雪人娃娃，最終卻只得一個失落的聖誕節。

婆婆直到現在仍會不時到家作客，坐著家中那張大椅子，訴說著她過往的生活。在一艘大船上捕漁，年輕時已與公公結婚，有十三個子兒，把自己的一切分享給我。她說話已經不太清晰，有時我聽不懂，便會嗯嗯喔喔的回答她，裝作明白。「有時收穫很豐盛，小魚混入了大魚，從網子走不出去，只能把一些小魚扔回大海。」婆婆繪聲繪色的形容，可是我想不出該回答什麼，只好問了句：「為什麼？」婆婆笑了笑，嘴中缺了幾隻牙，我以為她會回答小魚需要回大海繁殖下一代，怎知道她回答：「足夠了，便快樂了！」是的，假如不知足，又怎會快樂？

新來的同學

5C 梁靜宜

依然是一個烈日當空的下午，我一如往常背著沉重的書包放學，不同的是平日我回家的路正在進行工程，我便繞了一條較遠的路回家，酷熱的天氣使人心生煩躁，惟在這時一個情景使我眼前為之一亮。

前方那個不是新來的插班生一心嗎？她怎麼會在這裡？只見在猛烈的陽光照射下，一心躬着腰，以繩子狠狠的捆綁起厚實的紙皮，再以她那纖幼的手臂抱起那一堆又一堆的紙皮，把它們放置在一輛殘舊的手推車上。晶瑩的汗珠在她那張精緻的臉龐倏然滑落，而她額前的頭髮也幾乎濕透了。正當我目不轉睛地注視着一心時，她驀然朝我這方向瞥了一眼，然後猛地在繩子上打了一個結，便往我的方向走過來。還沒等我回過神來，她便一把勁捉着我的手腕，呼喝了一句「喂！過來一起撿紙皮吧！」

我心感困惑，同時對一心的態度感到不屑。她在學校已經十分自滿且沒有禮貌，如今還要命令我？我並未答應她，但她卻拽着我的手袖，走向那堆紙皮。我站在手推車旁，雖看着一心獨個兒忙着從各處收集紙皮，但我絲毫不打算上前幫忙，我只想知道她為何在這做著這種事情，這亦是唯一讓我願意留下來的動力。陽光直直的照射着我，汗水不斷從我身上冒出，我隨手往褲袋中掏出一包紙巾，一邊碎碎念一邊埋怨地抹汗。過了一會兒，一心便拖着一堆紙皮走回來。我們穿過熙來攘往的街道，走到了一條小巷的角落。一心把紙皮從手推車上拿下，放在一個面容憔悴、白髮斑駁的老婆婆面前，老婆婆微微地笑著，說道：「小妹妹，真的很謝謝你，這幾天都幫我收集紙皮，要不是有你，我這雙沒有用的腿可就害我給餓死了。」一心莞爾一笑，只說了一句：「你可要快些康復啊！」我站在原地，黯然垂首。

此事使我自覺慚愧，回想起這一個星期來，我都沒好好照顧這位新同學，更一直討厭她，悔改之情便如泉湧上心頭。陽光一直照耀著，刺熱的光線彷彿像一把鋒利的刀刺痛我的心。

猶記得一心初來學校的第一天，老師吩咐作為班長的我，記謹要多多關心新同學，讓她盡快投入新的校園生活，那時我毫不猶疑地答應老師。在老師的安排下，新同學坐在我的鄰座，我一見到她，便熱情的自我介紹：「你好嗎？我是這班的班長，以後有什麼不明白的或需要幫助，儘管來問我，我……」還沒待我說完，她便噴了一聲，並

且鄙夷地訕笑了一下：「你？憑什麼幫助我？你知道我成績多好嗎？在以前的學校，我成績一直名列前茅，即使來到新環境學習，我一樣能追上進度。而你亦不必刻意討好我，來學校是要讀書。」她這一番話頓時使我呆住了。她竟然如此自大又沒禮貌，正如一只自傲的孔雀，連對人基本的尊重都沒有。而每次我想主動給予她幫助，她亦毫不領情，更冷淡的漠視我，使我對她亦不抱有多大的好感。現在回想起來，我猜她是不想給我帶來麻煩吧！

回想起這數天以來的相處，再回頭看看那已緩步離去的一心，她的背影在陽光的照射下，猶如一個美麗動人的天使。我依舊佇立在原地，緘默不語。

或許我不得不自我反省，作為同班同學也好，鄰座同學也好，班上的班長也好，我不但沒對這插班生給予多一點的諒解和包容，更主觀的妄下定論，認定她自傲又不懂尊重別人。「人非聖賢，孰能無過。」我想，作為什麼身份也好，我都應該盡力幫助她。每個人都有其不為人知的一面，有時候單單看到的片面，並不代表事情的全部。判斷一個人的品德，是需要長時間的相處及多方面的瞭解，才能對一個人有更深的認識。而我對人更有了一番新體會，人們常道香港社會「人情薄如紙」，往日，我亦認為在這社會繁華發展下，人們只會自顧自的，但原來在這繁榮熱鬧的城市之中，還存在着一點點的溫暖，即使只有這麼丁點而微渺的關愛，都能使人窩心。是一心讓我有了這些新體會，她就像太陽般，努力地盡自己最大的力量，幫助每一個需要幫忙的人，溫暖每一顆寂寞的心。

太陽仍然猛烈照耀大地，但如今我感受到的，並不是熾熱，而是溫暖。我渴望當另一束光線，照耀着這世界。

驚·喜

5E 石穎翹

時間一分一秒過去，看到各國選手相繼完成一輪又一輪的動作，難度既高，且做得完美，我心裏非常緊張。我快要進行比賽了，教練把我拉到一個角落，讓我撲通撲通跳着的心先平靜下來，他再三告訴我動作的竅門，並鼓勵我努力完成最後這輪比賽。

我慢慢走上樓梯，經過三米高台，然後走到五米高台，一直往上爬，再經過七點五米高台，最後，我終於站在十米高台上。從這裏往下望，我的雙腿漸覺無力，再望向四周，觀眾席上坐無虛席，他們拉着各種各樣的橫額，喊着不同選手的名字，他們熱鬧的歡呼聲以及比賽的氣氛確實把我嚇得無法冷靜下來！這裏就是奧運會女子十米高台跳水決賽的場地。

我一步一步地往十米台的最前端走去，評判員發號司令後，我便提起兩手，深深吸了一口氣，鼓起勇氣後，便騰躍起來，再跳往水裏去。

「啊！真是一連串漂亮的動作！這位選手剛才做了一個向後翻騰一周半加轉體一周的屈體動作。水花壓得甚為完美！分數為……」完成動作後，我跑到教練身旁，她興奮地抱着我，告訴我奪得冠軍了！

我站在領獎台中間的最高位置，拿着金牌、花束，高舉雙手向觀眾示意，鞠躬表示感謝。隊友們實在太激動了，他們竟把我抬起然後扔到水裏！在水中我睜開眼睛，我為甚麼正坐在家裏浴室的浴缸裏呢？別告訴我剛才只不過是夢境而已。我一時間未能反應過來，看到自己光着身子坐在浴缸中，回想起剛剛的「奇幻之旅」，我無奈地笑了起來，「哈！還是好好練習，將來要奪個真正的冠軍！」。

聰明

5E 黃慧懿

窗外，蔚藍的天空、翠綠的草地和溫暖的太陽構成一幅美麗的圖畫，在這裏每人都穿上白色的服飾，在這片大地上悠閒地散步，可惜我的心情卻無法被這樣「美好」的風景所感染。

昔日，作為黑社會的一員，為了有「出人頭地」的一天，我殺了一個對頭的黑社會老大，結果，被多方黑幫份子追殺。為了避開這場追殺，我「果斷」地向警方自首。我聘請了一位著名大律師，在法庭上成功地游說陪審團及法官相信我有精神病，結果被判處進入精神病院服刑。

我對自己這樣的部署感到十分自豪，還認為這是聰明的做法，我更盼望在精神病院「康復」後，再重出江湖，東山再起，那時便可以名利兼收，身份地位也可以更上一層樓。

可是，人算不如天算，對頭的黑幫為了復仇，收買了這間精神病院的醫生，要我永遠囚禁於這裏。我每天看着那些病友一時在痴笑、一時在呆坐，那些失控的行為和形形色色的表情，生活簡直毫無意義，度日如年，任我如何掙扎都不能擺脫如斯境地。家人對絕望，朋友對我厭棄，昔日在黑幫內的「盟友」都對我冷嘲熱諷。

現在，我平靜地把一條雪白的長巾綁在橫樑上，打上一個死結，把頭穿過那個用穩固繩結結好的圈子內，我用最後的「勇氣」把腳下的椅子踢開，迎接一切的結束。

人生命運好比天氣，變幻莫測。所謂「善有善報，惡有惡報，若然不報，時辰未到」，我的一生只求名利，不擇手段，即使從小已被告誡不要誤入歧途，要做一個好人，但我始終抵不過世界各式各樣繁華的誘惑，加入了黑社會，還自以為聰明，開始時向四周弱小團體勒索、敲詐，初嘗甜頭後更殺人、綁架，最終落得如此下場，可說是自掘墳墓！

未來

5E 鄭嘉文

人生總是那麼的不可思議——站在我面前的，正是另外一個「我」，也許這樣說不太準確，因為站在那裏的是一個中年的女人——我來到了名為「未來」的世界。

初來乍到的我難免感到徬徨和不安，眼前的所見所聞都與印象中的鬧市有所出入。眼前只有寥寥可數的路人、荒廢已久的商鋪、高聳入雲的大廈、以及隱藏在地底的繁華商業街。破敗的地面世界與繁華的地底世界形成強烈對比，一切都是如此的不協調。在好奇心的驅使下，我偷偷地跟着中年的「我」，探索這個未知的世界。我本想着稍微停下來觀察玻璃路面下五光十色的熱鬧街道，但無奈的是另一個「我」走得很快，我也只好打消了這念頭，快步跟上她。與這個世界格格不入的我並沒有引來別人好奇的目光，因為別人是看不到我的。

隨着「我」到了她的居所，一待就是四天。在此期間，她沒再外出，整天都是坐在電腦面前。未來的生活出乎我意外的單調乏味，餓了就在網上購買食物，不久就會在門口一旁的管道掉出食物來，其他生活用品亦是如此。大門的旁邊總共有三條管道，經過這些日子的觀察，我了解到其作用大概是收取貨物、回收髒物進行清潔、以及垃圾回收。這是一個可悲的現實——網絡世界徹底侵佔了城市人的全部，不論工作、購物、玩樂、或是其他人際交流活動等，全都是在網上進行。也許地面如此的蕭條就是由此而來吧？

不是還有一條地下街嗎？想到這點，我獨個兒摸索着走到了地下商業區。當連接着地底的電梯門開啟時，我才發現自己還是太天真了，把事情想得太簡單。因為這並不是甚麼商業街，而是一條條的運輸管道；沒有來來往往的人們，只有機械人工作的身影；沒有色彩斑斕的燈飾，只有機器所發出的冰冷提示燈……耀眼的燈光使我從絕望中驚醒過來，原來只是造夢而已。我不禁鬆一口氣，那種有如被圈養的牲畜的生活實在讓人不敢恭維。在我心目中，人生是如此的精彩、美妙，人並不是生活在孤島。想到此，我決定立即行動，快速梳洗完畢後，立即走到市中心感受那人來人往的熱鬧氣氛。突然，我發現站在面前的竟又是「她」。也許，夢中世界已悄悄融入在現實中了……

機械人

5E 嚴嘉雯

「教授，快點離開，實驗室快爆炸了。」

一聲爆炸巨響從大型實驗室內傳出，白色外牆的實驗大樓被火光包圍。可幸的是實驗室內的人員全數逃出。不少人員在火災後離開現場或受傷送院，只剩下一個穿着白袍的中年人站在那燒至發黑的廢墟前站着。

「全部付諸一炬了。」那名中年人嘆息道。那一場火災把他過往研究的資料和作品盡毀，全都化為焦炭。中年人踏上那片焦土，翻着那些不成型的物品，一邊回憶着這些花了他半生時間建立的事業。

中年人，最初只是一名對機械有興趣的普通青年。他一直都努力不懈地製作機械人，經過了無數次的失敗，又不斷改良，他終於完成了他第一件作品——「羅拔一號」。這件作品雖不及他往後的作品那樣精緻，而當時唯一曾給予他讚美的也只是那時剛滿八年歲的妹妹，但他回想起那時的興奮和滿足感，他仍是樂在其中。自此以後，他製作了不同的機械人，由第一個至第十個。「羅拔十號」更令他獲得「最年輕的機械天才」的美譽。成為名人之後，他創作的作品都備受關注，能力亦受肯定；然而，亦有一些人質疑他的天份，更有一些人故意製造事端，他的也因而事業受挫，工作室由最初的二十人縮減至八人，最後更只剩下三人。當時還年輕的他便暗自發誓，他一定要創作出令人驚嘆的機械人，要讓那些看不起他的人向他道歉。

中年人為了得到更多人的認同，他決定往後的機械人都要設計得誇張奇怪，讓人留下深刻印象，符合大眾的對奇異發明的口味。後來，由於他每一個機械人都奇特怪趣，這種別樹一格的作品使他得「鬼怪大師」的稱號。

可是，已成為大師級的他並不快樂，獲得愈多支持，他便愈害怕失去，害怕自己的成就會毀於一旦。於是，他不僅把機械人設計得更古怪，這不單是為了符合「鬼怪大師」的稱號，更是因為他陷入了創作的「樽頸」。不知從那時開始他不能像以前一樣靈感像泉水湧出來，群眾的壓力讓他每晚都不得成眠。而這次失火的作品「羅拔一千」大概是因為他太疲累所以計算錯誤，導致爆炸。

中年人走進貨倉時，他手機鈴聲突然響起，是妹妹致電安慰他，為他打氣。當談到那些作品全毀時，妹妹卻對他說：「反正你做那些

作品時並不開心，也不喜歡那些奇怪的作品，也就算了。回想起來，我始終也是喜歡一號呢！當初無論我怎樣求你送給我，你還是不捨。它還在那倉庫裡嗎？」

聽到妹妹的話後，中年人恍然大悟。這些年來，自己為了追名逐利，創作時不斷地向大眾的要求作出妥協，卻早已遺忘了自己製作機械人的本意。

「哥哥，你還在聽嗎？」妹妹焦急的聲音，中年人在迷思中反應過來。

他說：「說起來，你想要一號嗎？」「嗯，我想要。它沒被燒毀吧？」

中年人走到一個鐵架上，拿起一個燒焦的小機械人，說：「雖然有一點損毀，但只要稍為修理一下就能回復運作。」

「我也會如它一樣，重新開始的。這次的失火實在太好了。」握着「羅拔一號」，中年人暗想。



家有一老，如有一寶

6A 陳嘉儀

「叮噹。叮噹。」門鈴的聲音響起。我比任何時候都跑得要快，爭着要開門。一打開門就看見板着臉的爺爺，他和回憶中一樣，有着灰白相交的短髮，嚴肅的面孔經常令人感到敬畏。穿着條紋的毛衣和西褲，他總是以一絲不苟的形象示人。我和爺爺已經多年沒有見面，今個聖誕他特意從鄉間來探望我們，讓我興奮了好幾天。

本來以為爺爺年紀大了，行動不太方便，誰料到他手腳勤快，每天一早起床準備早餐，然後出門去晨運。精力好像用不完一樣，還要我陪他一起散步，順便說說現在社區有甚麼改變。晚上吃飯時，他又會說說爸爸小時候的糗事，令飯桌上充滿笑聲。他和古板的老人家不一樣，雖然樣子嚴肅，但心裏卻十分開明。

有一天的黃昏，所有人在各自做事的時候，我看到爺爺獨自站在陽臺。看着他的背影，我突然感覺眼眶有點刺痛。我怕爺爺會離去，他已是古稀之年，我們能夠相處的時間，還有多少呢？突然他轉過頭來，招手讓我過去，發現我眼睛紅紅，我便告訴他我擔心的原因。爺爺愣了一下，然後哈哈大笑。「一心，爺爺總有一天會離開的，不能夠陪伴你一輩子。人要學會長大，不能害怕就哭，思念就見面，最艱難的路還是要自己走的。我來探望你們就是怕遲些可能沒有機會，想回來享受一下天倫之樂。」原來爺爺也有和我同樣的想法，他的想法如此豁達，令我多了幾分尊敬。

而過後的幾個晚上，我都和爺爺在陽臺上聊天，說說他年輕時行船的趣事，他和奶奶的往事。有時他望向外面的風景時，好像是在懷緬往事一樣。可能是他兒時的事，可能是他以前居住在這裏的事。但社區已和以前不一樣，轉角的士多店已變成地產公司，所有的人和事都隨着時間而改變。爺爺卻告訴我，時代的變遷好讓我們更加珍惜過往和現在，所以我們要期待未來將發生的事。

我總算明白到「家有一老，如有一寶」這個道理。爺爺不止為我們帶來歡樂，還以他多年來的知識，體會化為道理教導我。他是真正的寶，是無法替代的親人，他為我帶來歡樂，又抹去我的悲傷。爺爺開朗豁達的性格令我懂得如何處事，任何事都應處之泰然，並珍惜與所愛的人相處的時間。

長大後，不能像小時候隨時牽着爺爺的手，但他眼中的溫柔並從沒有。作家張曉風希望和兒子相處的時候當是生命中的餘年，我亦如此。我想將和爺爺生活的每一天當作是最後一天，珍惜每段相處的時光。

當我不再稚嫩的時候，我仍希望記得爺爺的教導和對我的愛。如此而已。

人性的體會

6B 彭靖淇

「爸、媽，我不想到那裏去。」我看着車外景物快速流逝，不由得焦急地說，心中不斷倒數：「距離下車時間只剩十五分鐘！」「都快到站了，你不想去也得去。」爸爸嚴厲地道。爸爸由始至終都堅持全家都要出席，我無力地閉上雙眼，回想起兩星期前的某一天……

「叮噹叮噹……」我打開門，看見媽媽站在門外，手裏拿着一個粉紅色信封。「這是甚麼？」我接過媽媽遞來的信件，一個大大的「囍」字映入眼簾。如此喜慶的字，卻給我帶來了不祥的預感。我疑惑地問道：「誰結婚？」媽媽的回答正好應驗了我的預感。「你的二表姐結婚，宴請我們出席她的婚宴。」

「到站了！」爸爸的聲音打斷了我的回憶，我不情不願地跟着他下了車，往目的地前行。

五分鐘後。我和家人身處於一幢三層高、金碧輝煌的大酒樓。甫踏出升降機，我就看見一個穿得花枝招展的中年女士一邊打麻雀，一邊喊着，嗓門大得全場人都能聽見。儘管看不見她的正面，我也能認出這就是二表姐那個勢利眼的母親。和她同桌的三人我全都認識，分別是暴發戶的大姑母、刻薄無情的三姑母和自私自利的四姑母。爸爸看見她們，便領着我們全家到前打招呼。

「大姑母、二姑母、三姑母、四姑母。」我努力收回一路上流露的厭惡神情，艱難地向她們逐一問好，而她們連眼角也不瞥我一眼，只施捨給我一聲輕輕的「嗯」便算回應。我秉着「眼不見為淨」的道理站到一旁。爸爸則走上前遞給二姑母一個紅封包。收到紅封包後二姑母立刻二話不說地拆開，拿出裏頭的紙幣逐一細數。

「甚麼？只有五張一百元？你也太吝嗇了吧！小明，我知道你是窮人，但今天你的外甥結婚。好歹也給多點吧！」二姑母緊鎖着眉頭，一臉不滿，大嗓門引得四周的人紛紛朝我們注目。爸爸的臉頓時青了，尷尬得不知所措。我們全家都目瞪口呆，沒有想過這種事情會發生。與二姑母同桌的三個姑母聽到她一番嫌棄，竟也附和着說禮金不夠多云云，更多打量的目光投向我們，我的手心佈滿了冷汗。

這一群衣着光鮮的賓客真的是我的親戚嗎？一身珠光寶氣也掩蓋不了他們醜惡的嘴臉和利慾薰心的言行。我一直都知道他們只重視

利益，卻高估了他們的。當有利可圖時，他們打着親戚的旗號來從中獲利；當無利可圖時，就翻臉不認人。

不想再承受旁人的指指點點，爸爸沉下臉領着我們頭也不回離開這金玉其外，敗絮其中的地方，我當然求之不得，馬上如臨大赦，拾級而下。臨行前，我聽見爸爸說：「雖然我窮，但人應有的德性我都有。你們富有，卻毫無尊重！」





殺手的一次任務

靈糧堂劉梅軒中學主辦全港學界微型小說創作比賽 2013

嘉許狀

6C 陳曉樺

著名革命家列寧曾說，「貽誤時機或張惶失措，就等於喪失一切。」時間或時機對我們來說便是一切。尤其是對於殺手作為職業的我來說，時間是決定我能否成功完成任務的重要因素。

在財富鎮上，我的惡名早已遠播，冷血無情的形象嚇怕了不少居民。在過往的任務中，總會有一名警察意圖攔截我，幸好我身手敏捷，每每能成功逃脫。

今天的情況也不例外，唯一不同之處是在這破木屋中，只有一個出口，而不幸地這出口卻被那個他堵住了。

「我終於能將你繩之以法！不枉我多年來的努力！」那警察露出自豪的表情，天真地認為我會束手就擒。

「我現在手無寸鐵，這種較量並不公平。若你勝出了，亦贏得不光彩吧？」

「那麼……我把配槍放在我們的身後，當數到十秒，誰最快奪得那槍便可勝出。」警察自信地提議。

「好！這遊戲真是刺激，遊戲現在開始！」

一秒、兩秒、三秒……

「砰」的一聲劃破了寧靜。

「為甚麼？」他以最後一口氣問道。

「只是我比你更了解時間的重要性和影響力，它甚至可以左右你的生死。」我平靜地回答。警察明白了某些道理，眼睛閉上後便再沒有張開……

其實，在這決鬥中，我是卑鄙的一個，我敗了給誠信，卻因時間而反敗為勝。我並沒有貽誤時機，但我最後發現，失去的已沒法再挽回了……

黑貓

靈糧堂劉梅軒中學主辦全港學界微型小說創作比賽 2013

嘉許狀

6C 黃水彬

「轟隆隆」，窗外響起了雷電將漆黑的夜空劃破了。在床上淺睡的念慈打了個寒噤驚醒過來。她驚恐地走到了窗前，不出所料，草叢中有一隻黑貓正瞪著她，那貓眼中透著不懷好意，讓人感到恐懼：這已不是第一次了，自從住進這房子，這隻黑貓便準時地在凌晨出現！幸而住在七樓，所以不擔心黑貓會跳進房間。正當念慈手忙腳亂地拉上窗簾的時候，這隻黑貓突然一躍，跳進念慈的房間裏，念慈一愣一驚，尖叫「救命！」後便衝出房門。

衝出了房門的念慈發現四處靜悄悄的，只有走廊的幾盞燈閃動著。雖然念慈心生疑惑，但疾步地穿過走廊，不停地拍打鄰居的門，大喊：「有人在嗎？我家跑進了一隻黑貓，請幫忙趕牠出去。」沒人回應念慈。念慈不死心，連續拍了數家鄰居的門，都沒有人回應。察覺不妙的念慈，額頭開始冒出豆大的冷汗。驀然想起數天前一家三口被寵物襲擊的新聞，父母皆被寵物咬死，女兒被送往急症室急救，不過念慈也不知道她現在怎樣了！想到這裡，念慈臉上滿是驚恐的表情。

「喵！」一聲貓叫嚇得念慈猛地回頭，只見黑貓正慢條斯理、邁著優雅的步伐走向她，念慈腳一軟，跪倒地上。下一刻，黑貓張開血盆大口，尖銳的牙齒一覽無遺。「莫非我也要像那對夫婦一樣成為『齒』下亡魂嗎？」念慈在心中悲喊：「我要生存！我要活下去！」強烈的求生意志驅使她站起來，拼命地往前跑。邊跑邊大叫：「有人嗎？救命！救命！救命！」

「篤篤篤」前面傳來了腳步聲，念慈大喜，「救命呀，後面有一隻發瘋的貓，請幫忙報警。」念慈心中產生了希望。頭頂上的電燈閃爍不停，前方的人影漸近，卻赫然發現他表情猙獰，手持大針筒，作勢往念慈身上扎。念慈瞪大了眼，心中感到異常的絕望，發出慘叫一聲：「啊！」便不省人事了，昏迷前隱約感覺到冰涼的液體打進了體內……

那人站起來對後面的夥伴說：「這孤女真可憐，父母都被鄰居家的惡貓咬死了，現在瘋瘋癲癲的。」另一人附和道：「她已經不知多次跑出病房大喊大叫了，希望這些鎮靜劑可以讓她好好休息。」



獲取知識是通往成功的唯一途徑， 你同意嗎？

試談談你的看法。

4D 伍穎欣

「成功」是世人所希冀的。有人認為成功是靠運氣，有人認為是靠知識，也有人認為得依賴人際關係網絡，而我則認為若要成功，我們必須具備不懈的努力和堅毅的恒心。因此，我不認同知識是通往成功的唯一途徑。

首先，假如成功是指一個人完成自己的目標，達成自己的夢想的話。那麼，我認為除了擁有知識之外，你也要十分努力，才可以成功的。香港首富李嘉誠的父母均是教師，可說是飽學之士。他幼承庭訓，拜讀孔子儒學經典無數。惜當年的日本戰爭令到他一家人輾轉流離，南下香港避難，生活坎坷貧困。但李嘉誠不想寄人籬下，他發憤努力工作，在二十歲的時候升任塑料花廠的總經理。不旋踵，他憑藉自己所賺取的金錢開辦塑膠廠，然後一步一步開拓市場，最終成為今日無人不曉的首富。李嘉誠一生傳奇，他的成功全靠他當年的努力。由此可見，他雖非目不識丁之徒，但也絕非博古通今之士。他的成就，端的是靠自己持之以恆的努力拼搏回來的。

再者，如果獲取知識真是唯一途徑通往成功的途徑，那豈非懂得寫字就可以成為書法家？懂得朗讀課文就是演講家了吧？事實顯然並非如此！就如我國著名的書法家王羲之，他寫得一手好字，但這全賴他刻苦練習。他日以繼夜不斷練字，每日把用剩的墨汁傾於後院的水池，日子有功，池水漸漸變得漆黑如墨，這就是墨池典故的由來。由此可知，要成功，就要比別人付出多，書法宗師的美譽得來誠非僥倖。

此外，即使你真箇學富五車，又才高八斗，但也不一定能夠成功。就如大詞人，大文學家蘇軾，他一生懷才不遇，官場上屢遭貶謫，甚至深陷囹圄。出獄之後，蘇軾再次被貶，他空有一身才學，文辭如流水行雲，但終其一生，就是有志不能伸，最終只能含恨而終。由此可知，成功除了才情橫溢，掌握知識之鑰匙之外，也還得靠個人的際遇，能得到上司的賞識，方能水到渠成，青雲直上！

總括而言，知識只是通往成功的其中一條路徑而已，但我們還要透過不懈的努力，再加上點點的運氣，才可到達彼岸。那些大言炎炎地說：「倘要獲得成功，除了知識，別無他途！」的人未免過於武斷，過於誇大知識的力量，而罔顧我們是活在一個活生生的現實世界中，我們必須兼顧很多人，很多事，過於曲高和寡者，難免為世所遺！不錯，成功的確是世人所冀的！但它是天上的一顆星，你要摘星，首先便要奮身一躍吧！

有外國政府以現金獎勵成功戒煙的市民。

試評論這種做法。

4D 麥穎欣

根據香港大學於二零一三年有關《煙害統計》的報告顯示，因吸煙而導致死亡的人每年約有七千名。可見，吸煙不但危害市民的健康，更會引致死亡，正因吸煙的問題嚴重，有些外國政府為了解決這個問題，遂以現金獎勵成功戒煙的市民，希望能藉此減低煙民的數目。對於這種做法，我並不支持。我認為這只是飲鴆止渴、治標不治本的做法。

第一，如以現金獎勵成功戒煙的市民來解決問題，政府難於監察實況。煙民的數字龐大，政府不能知道煙民是否成功戒煙。如果政府派員監察，便需要大量人手，耗費大量公帑。例如很多市民會在沒有警察監視時，不遵守交通規矩，在紅燈亮時過馬路。煙民也有可能像市民紅燈過馬路的情況一樣混水摸魚，令政府難於監察。

第二，戒煙的定義也很模糊。如果停止吸煙一個月是否也能得到獎金？然後又可再次吸煙呢？就像一個變了心的丈夫，被發現有第三者時就與她斷絕關係，但下一次又會再另結新歡，欲斷難斷，藕斷絲連，最終離婚。相信心癮大的煙民亦一樣，最終也無法成功戒煙，難以解決問題。

雖然很多人都認為以現金獎勵成功戒煙的市民不能徹底解決問題，但仍有人支持這種做法。可是，我卻認為這政策可謂「未見其利，先見其害」。

首先，這種做法有可能會吸引沒有吸煙習慣的煙民加入吸煙行列。因為有些市民可能會為了得到那些獎金而嘗試吸煙，藉此領取獎金。因此，這樣根本無助解決問題，只會令問題更嚴重。

其次，這做法不僅會造成社會分化，更會造成政府龐大的財政負擔。實質上，社會上太多人染上不良的嗜好，除了吸煙，還有賭博、酗酒等，他們會覺得既然成功戒煙的煙民有獎金，那麼如果他們能成功戒掉不良嗜好，他們理應也得到獎金。發展下去，最終，只會引來大量市民向政府索取獎金，造成社會分化，同時也為政府帶來龐大的財政負擔。

雖然我欣賞政府為市民健康而投放資源，但客觀而論，以現金來獎勵成功戒煙的市民並不是最有效、最可行的方法。因此，政府在制訂措施時應三思而行，或另謀可行的對策，而且市民已是成年人，亦應對自己的行為負責。

喝酒的女人

5E 周芷婷

有一個女孩子，她十分愛喝酒，而且天生酒量非常好，喝酒就好像喝水一樣，從來不會嫌多。為了喝酒，她一直四處飄泊，到世界各地旅行，不斷找尋陳年佳釀。

一天，她慕名來到一個小城鎮。在那裡找了一所普通的旅館，暫住幾天。她的行李不多，但幾乎全都是酒，整理好後，便來到飯館，立即拿出幾大瓶酒喝。喝得興起之際，身邊來了一個男人：「你喝這麼多的酒，對身體可不好。」女孩這時才發現他，他看起來比她年輕，儀容整潔，是一個彬彬有禮的男子。「我才不怕，我視酒如生命，最愛的就是喝酒，你也要喝嗎？」她說。「多謝你的好意，但我對喝酒沒有甚麼興趣，反而更喜歡收藏好酒，你知道我們鎮裡有一種酒是很著名的嗎？」男人說。她當然知道啊。她就是為這酒慕名而來的。「可是那種酒的酒精濃度極高，人們喝了以後，都會醉得不省人事，所以，前天鎮長已經禁止生產這種酒。你如此喜歡喝酒，實在太可惜了。」男人繼續說。「幸好我早已收藏了一瓶。」她聽到後，似是找到一線希望，她就是為這種酒遠道而來的，怎會輕易放棄。於是，她試圖說服這個男人將酒賣給她。「我是千杯不醉的，很想試試究竟是它厲害，還是我厲害，我給你一個好價錢，你就將它讓給我吧。」男人表現得很猶豫，她卻像著了魔似的，非常渴望得到那瓶酒，不斷把價錢提高，不知不覺，她把全部的積蓄都拿了出來，男人終於答應賣給她。

她拿到酒後，興奮不已，回到旅館後便立即打開了那瓶酒。喝了一口，淡而無味，那是假酒。她既失望又憤怒，萬萬想不到那男人竟然是個騙子。她跑到飯館的時候，男人已經消失得無影無蹤。女孩把所有積蓄買了一瓶假酒，從此以後她已經沒有錢去喝酒了。

老狐狸

5E 陳倩茹

「今天的老狐狸家做了什麼？」每天回到自己家裏，媽媽總是不停追問我在狐狸媽媽家的情況，對任何事定必打破沙鍋問到底。

我有兩位媽媽，一位是我親生的媽媽，另一位是狐狸媽媽，即爸爸在外的女人。從那天爸爸要我對着一位素未謀面的老女人，稱呼她為媽媽起，我就知我將會過着地獄般的生活。

每天放學後，我會先到狐狸媽媽家做功課、吃晚飯，到深夜才回到親媽媽的家睡覺。兩位媽媽都總愛問我對方有沒有說自己的壞話，夾在中間的我感到十分為難，常常擔心會說錯話，得罪了某一方，或造成難以收拾的局面。故我只會笑着回答：「沒有、沒有，媽媽你放心吧！」然而，我心裏卻壓抑着很多說話，只能把全部的事實藏在心底那黑房裡，不能發洩出來。

那天親媽媽給我來個突擊檢查，致電話給我問我跟老狐狸在做什麼。訓練有素的我十分自然地回答「我在看電視，老狐狸在做飯。」我竟沒有留意到狐狸媽媽早已站在我身後。糟糕了！糟糕了！給她聽見了，怎麼辦？她面色一沉，我動也不敢動。之後，她一言不發便返回房間去。被嚇呆了的我，還未及清醒過來之際，狐狸媽媽突然走出房間向我衝過來，手上還拿着衣架。我心知不妙，立即用兩手扭着自己的耳珠，請求她的原諒，眼淚也汨汨流下，像河流一樣不能停止。她大發雷霆，狠狠地揮動衣架向我雙手打來。「很痛……很痛……」一條條紅腫的傷痕在手臂上浮現出來。在她喘息的時候，我趁機避開了，頭也不回地拼命走進房間，心想我不能被她捉到，否則必死無疑！

我正想關門之際，一股強大的力量在門的另一邊與我抗衡。幸好，我花盡九牛二虎之力成功關了門。可是，她仍緊握着門柄，我無法把門鎖上，只好用力抵住房門。我跌坐在門後，雙腳不停地抖震，哭成淚人，不停叫着救命。孤軍作戰是多麼的無助、多麼的絕望。

奇怪！門後竟突然十分寧靜，我終於可以放鬆下來了，我已成功逃過這一劫了！

突然一股濃煙從門縫飄進來。啊！狐狸媽媽竟用燃點着的香燭薰進房間，迫我現身！看來我的命運還是沒有改變，我是敵不過老狐狸的，我……完蛋了！

自由

5E 麥翠茵

中午時分，猛烈的陽光照耀在一隻黃白色的小花貓身上，牠用自己的小舌頭慢慢地、仔細地為自己清潔身體，被困在這四千平方呎豪華大宅的牠，每天過着「吃、拉、睡」的生活。在這個名叫「自由」的籠中，小花貓眺望着廣闊的藍天，不知不覺地睡着了。

蔚藍的天空轉為金黃色，「吱吱吱吱」幾聲清脆的歌聲傳入小花貓的耳朵裏，熟睡中的牠被歌聲喚醒，便施施然地走向窗台，與牠的好友碰面。每天黃昏日落前，這隻麻雀都會飛來探望小花貓，十年如一日、風雨不改的站在窗台的邊框，直至天邊快要拉上黑幕時才會離去。

不需要有共同的言語，小花貓與麻雀在窗台靜靜地呆在一起，看看在天空中盤旋的大鷹，聽聽在馬路上嘈吵的引擎聲，嗅嗅在遠方飄來的青草味。鎖匙與門鎖碰撞發出的聲音在玄關傳來，小花貓立即從窗台跳到地面再跑到門口，殷勤地迎接主人進來。麻雀則看着被主人溫柔地撫摸的小花貓，便寂寞地飛向屬於自己的天空。

日復日，年復年，一貓一麻雀的身影一如以往出現在黃昏時分的窗台，大鷹依舊在天空盤旋，引擎聲依然在馬路上縈繞不去，青草味仍然在遠方傳來。不一樣的是門鎖聲一天比一天來得晚，有時候是深夜，有時候是凌晨，有時候是清晨，有時候更是一整天也沒有出現。小花貓已經慢慢忘記主人美麗的樣子、嬌柔的聲音、淡淡的體香，對比主人的擁抱，牠更嚮往的是那片廣闊無際的天空。

那一天，黑夜漸漸吞噬着太陽，麻雀正打算展開翅膀飛回家時卻又突然折返，向着站在窗台的小花貓不斷拍打自己的小翅膀，小花貓凝望着麻雀，鼓起勇氣狂奔向自己嚮往已久的天空。最後，小花貓花盡最後一口氣，努力地睜開眼睛，看着與自己身體一樣冰冷的地面，再望向正在天空翱翔的麻雀，然後便再沒有然後了。

不在了

5E 廖嘉琪

最近，最疼我的奶奶進了醫院，令我感到十分擔憂。我很想去探望她，可是工作實在太繁忙，應酬也太多，一直是家中經濟支柱的我，根本不能推掉，唯有把探望的日子延後。

忙碌了多天，今天終於有空了，不知道是否因昨天太晚才睡覺，總覺得頭很痛，低頭一看，手也不知甚麼時候擦傷了，實在沒有印象。由於時間寶貴，我也沒有再理會了。

拿着奶奶最愛的玫瑰花，也買了水果籃，上面還放着心意卡，心裏期盼着奶奶能原諒我因為口奔馳，才逼不得遲了探望她。走着走着，已心急如焚，頭也愈來愈痛，而手上的傷疤也好像開始淌出血了。醫院已在眼前了，想見到奶奶的心情愈來愈急切，於是我把這些奇怪的現象置之腦後，只想趕快到達醫院。

走到醫院附近，遠處傳來了很嘈雜的聲音，還有很多市民在圍觀，甚至有些在尖叫。我好奇地走過去看個究竟。赫然看到一個人被車撞到，倒臥在血泊之中。正當我想幫傷者打電話叫救護車時，突然看到撒滿一地的水果，和一個熟悉的果籃，還有那些染上鮮血的玫瑰花，還有……，那張熟悉的臉，我不禁呆了，那不是我的臉嗎？此刻，我的頭愈來愈痛，我發現自己倒臥在地上。

看到世界最後的一刻，我感到陣陣微風吹過，隱隱約約看到一張心意卡靜靜地被吹開了，奶奶對不起，不能再去探望你了。

霓虹燈

5E 關穎思

在五光十色的街道上，劉伯伯甫踏上電車便走到上層靠窗的位置坐下。夜幕低垂，街道上的招牌燈箱十分奪目，當中的LED燈更顯得格外耀眼，相比之下，那些曾經是美輪美奐的霓虹燈，劉伯伯想起了從前工作的地方……

「忙得沒時間呼吸！」劉伯伯埋怨道。劉伯伯不停忙着燒霓虹燈，每一個工序都不容有失：放大設計圖，把玻璃融液加熱，燒成霓虹燈光管，再吹成不同形狀，最後是加工併合，砌出不同的文字，例如「夜總會」、「酒家」等等。劉伯伯好不容易才完成一天的工作，下班後，他總喜歡徒步走回家。眼前全部都是流光溢彩的霓虹燈，劉伯伯喃喃自語說道：「這些霓虹燈不及我做的好！」他的技術冠絕全行，每天都有做不完的訂單，那時霓虹燈十分流行，哪一戶商店不會用霓虹燈作招徠？街道上每天都有店鋪掛上新的霓虹燈招牌。劉伯伯心想這回真是財源滾滾，每天都有做不完的訂單蜂擁而來。

「叮叮……叮叮……」電車的聲音把劉伯伯帶回現實，雖然，現在兩旁的街道仍是五光十色、燦爛奪目，可是霓虹燈卻愈來愈少了，有些霓虹燈招牌因日久失修，字體筆劃也不齊全，而大部分的燈都已被LED燈所取替。現在每天就只有拆下來的霓虹燈招牌，哪有新的掛上？

劉伯伯老了，城市也改變了，再不需要用霓虹燈化妝了。看見這些刺眼的LED燈，劉伯伯嘆息道：「這個月不知道還會不會有訂單呢？」下了車，劉伯伯慢慢走回家，邊走邊想着過往的歲月，在這片繁榮、璀璨下卻令他產生難以言喻的失落感。

街道上，尚能看見零星落索日久失修的霓虹燈，然而，新的科技卻正散發着耀眼的光芒，令那些曾經風靡一時的霓虹燈黯然地消失了。

細訴物情



《古箏》 IA 何雅咏

當我的手在你的頭髮上慢慢彈奏，
 你的身體就發出高低音，非常悅耳，
 令我樂不可支。
 你令我對音樂產生興趣，
 我學會用心感受你的迴響，
 音樂的細胞與日俱增，
 謝謝你，古箏！

《鋼琴》 IA 翁筠瑜

黑白分明的你，
 古老而沉重。
 但你奏出每一個音符，
 卻若隱若現地顯示出人們的人生：
 浪漫時期、巴洛克、爵士樂，
 溫馨、華麗、淒苦……
 你變奏出不同的旋律、音調、拍子，
 千變萬化的你，
 真是種有趣的樂器！

《鋼琴》 IA 吳詠誼

黑白分明的琴鍵，
 像是能明辨是非。
 輕輕地按下琴鍵，
 帶給人天籟之音。
 你，
 身穿黑色的西裝，
 默默地祝福一對新人婚姻美滿。
 喜怒無常的音韻，
 最初是粗暴的野人，
 下一瞬卻散發絲絲優雅，
 簡簡單單的一首樂曲，
 就使人浪漫萬分。
 難以捉摸的鋼琴，
 就是愛神丘比特的化身。

狗

5E 林雪鈴

男孩有一隻忠心和溫純的小狗，牠總是陪伴在男孩身邊。當他外出時，小狗就待在門前的郵箱旁等他歸來。不過，男孩卻從沒有好好對待過這頭小狗，更常對牠拳打腳踢；心情不佳時就用作發洩。儘管如此，被弄得遍體鱗傷的小狗仍不離不棄，守候在男孩身邊。

一天，男孩突然變成了一隻小狗。他看到自己那毛茸茸的身體驚得跳了起來。為了不讓別人發現此事，他決定離家出走，四處流浪。

男孩越行越遠，他的四肢很疲倦，肚子也餓壞了。正當男孩煩惱着食物的問題時，他遇到幾隻流浪狗，牠們很友善和大大方方地把食物與男孩分享。

從此，男孩便與這群流浪狗成了朋友。後來男孩發現牠們都有相似的經歷，就是因被主人遺棄而無家可歸。男孩為牠們的遭遇感到憤怒，因為那些主人真是非常可惡；同時，又回想起自己以往的所作所為，不禁感到慚愧。此刻，他十分掛念家中的小狗。

深夜，男孩獨自在街上散步，當走近家門時他看到小狗正睡在郵箱旁。他停下來看看小狗，然後又離開了。男孩向着寂靜的公園走去，躺在樹下反省着自己的過錯，自責着沒有好好愛惜小狗。他不單從沒有為牠設想，也不曾理會其感受，更以差劣的態度對待和虐待牠。男孩感到十分後悔，其實他是很愛小狗的。他開始努力地去想一些彌補的方法，希望能改善與小狗的關係。迷糊中他就睡着了。

天亮了，樹葉掉在男孩的臉上把他弄醒。他張開眼睛，仔細一看，原來那不是樹葉，而是他的小狗正伏在他的臉龐。男孩正躺在後園的草地上，清醒過來後才發覺原本這一切都是夢。

男孩看着心愛的小狗，高興極了。他輕撫牠的背，一陣冰冷和僵硬的觸感傳入手中。剎那間，男孩明白了。他把小狗緊緊地抱在懷中大聲痛哭。男孩悲傷極了，因為他明白小狗再也不會醒來，再也不會陪伴在他身邊了。



秋天，真好

2A 陳如嫻

秋葉輕輕落下，躺在那綠油油，軟綿綿的草地上，感覺多好。秋風，就像我的媽媽一樣，輕輕的撫摸我的臉。落葉沙沙，耳邊不時傳出那陣陣動聽，那扣人心弦的大自然交響樂，腦海裏頓時浮現出那些一個個有性格的音符，令人陶醉其中。「沙……沙……」那一片片的火紅楓葉又從光禿禿的樹上徐徐落下，我隨意地拾片楓葉，看了又看，看了又看，心中不由自主的開始有點酸溜溜的感覺，我全神貫注地看着這片楓葉，鼻子不禁酸酸的……

我輕輕的閉上眼睛，腦海裏開始時光倒流，好像坐著時光機，飛到七年前，這是一個遊樂場，這是一個令我印象最深刻的地方，這是一個充滿回憶的地方。兒時最喜歡到這裏，一個無憂無慮的地方。記得小時候最嚮往這裏的清新空氣，連樹葉都會自然地散發出陣陣幽香。深呼吸，氣味多年來都沒有變，再嗅嗅，原來那陣濃厚的人情味還在，我總不會忘記這裏的人，這裏熱情的人，我走到遊樂場的旋轉盤前，旋轉盤上的顏色雖然已漸漸脫落，但是回憶還在！我一如既往地躺在旋轉盤上，清涼的秋風把我盤旋著。秋葉徐徐落下，臉上也有，身上也有，令我有種幸福甜蜜又溫馨的感覺。

「沙沙……沙……」秋風把我從回憶中喚醒，秋風蕭瑟，丹桂飄香，童年時就如此飄過，雖然過去了的時光不能挽回，楓葉和回憶雖然都已隨風而去，但回憶卻會深深地烙印在我心裏。秋意濃濃，教人回想很多事，時光匆匆，回憶卻長存心裏。

飛翔，真好！

2A 陳羚風

你，想不想在無際的天空中翱翔，俯視陸地和海洋？我相信大部份人都希望在天空中飛翔，原因可能是：自由自在、方便……但我，卻只是喜歡飛翔的感覺。

清晨時分，朝陽穿過窗戶跑到我的牀頭上，我打開窗戶朝外望。太陽還在山後緩慢地拖着火輪上山，大地穿上白色的輕紗，花兒沉睡在甜美的夢中。跟著，我更換了輕便的衣服，到了附近的郊野公園，觀看候鳥群。

候鳥群一眾在海岸、河口地區的空曠水域，牠們千姿百態，有的單腳站立，有的低頭覓食。而最值得我注目的就是集體飛起的候鳥群，牠們展開狹長而優美的羽翼，向無邊無際的天空進發。我有一刻的衝動，希望一飛沖天，飛到那別人觸不可及的高度，凌空俯視著廣闊的大地。我躺在軟綿綿的草地上，閉起雙眼。

「哇！我想玩！我想玩！」小四的我和同學們異口同聲地說，我們都想玩太空館模擬滑翔傘。這是一部能讓你置身在滑翔傘的機器。第一個進去模擬滑翔傘的人是我，我戰戰兢兢地伏在滑翔傘上，聽著工作人員的指示，展開我人生中「特別」的空中旅程。

「準備了！出發！」工作人員大喊著，他還給了一個祝你好運的手勢給我。我全神貫注地控制模擬滑翔傘，我現在的感覺難以言喻，我感覺到空中的氣流在身邊湧動，讓我真的感覺到有「飛」的感覺。噢！糟糕了！我的滑翔傘方向在直落，在這個危急的關頭下，我用手一推，它向上了！而在這的過程中，我領悟到飛得高了，看得遠了，自己也越來越渺小。在這無際的天空裏，我看到下面原本巍峨聳立的高山變得微小，何況是人呢？

打開雙目，覺得那些片段好像剛剛發生，太陽剛剛升起，溫暖的春天又重臨大地。回想在天空中飛翔的感覺是難以形容，我也純粹希望在天空中逗留多一點的時間，不留遺憾就是了。

鴨脷洲橋上

2A 關暄樅

今天，我體會了甚麼是「塞翁失馬，焉知非福」，也明白了一個必須要親身感受才會明白的道理……

一出校門，看到巴士駛走了，我心裏一沉，想：「今天真倒霉，如果自己走快一點就能趕得上車了！」口中不停地嘀咕着，忽然，我靈機一觸，腦海裏浮現了一句：「與其在此等下一班車，不如到香港仔這個四通八達的地方乘下一班車？」於是我便到鴨脷洲橋上了。

我漫無目的地走着，踏上了橋頭不久，一樣綠色的東西擋住了前方道路的一小部分，仔細一看，那是一棵樹的枝葉，葉子是綠油油的，還有一點嫩青，散發着大自然的氣息，我繞過那株枝葉，繼續前行，橋頭的兩旁有着一幢幢建築物，高高的聳立著，被金碧輝煌的陽光照耀着，反映出一絲絲橙黃色的光，像寶石般讓人看傻眼了。

大廈漸漸遠去，一片廣闊的大海呈現在我的眼前，帶有鹹味的海風輕撫我的面，波光粼粼的海面上有着一艘艘船，它們有大有小，五顏六色，將鴨子般在水面漂着，十分寫意。遠處隱約看到一些島嶼，不知是不是個無人島？這時，一個帶著小狗的途人經過，我看着那小狗，它把舌頭伸出來，似乎十分享受美景，我抬頭一看，天空上一些小黑點，原來那是一群麻雀，自由自在地翱翔，我的心也跟着飛上去了，跟他們一起在上空盤旋，感覺一定很舒暢。

一幢幢大廈再次浮現在我的眼前，原來我已到橋尾了，行人和商店愈來愈多，馬路上的汽車在飛馳，發出粗狂的聲音，以及令人嫌惡的廢氣。寧靜的氣氛被打破了，換來的是城市的節拍，很快，很快，快得讓人喘不過氣來，舒適緩慢的氣氛再也不回來了，我心想：「城市，慢一點吧！壓力，少一點吧！人們，放鬆點吧！回復你們原本的樣子，再次放慢腳步，感受自然的懷抱吧！世界，正在努力的運轉，等待我們的讚賞呢……」

大街風情

4A 蔡曉彤

在香港南區，有一個歷史悠久、充滿小島閑適的風情小島嶼。它與長洲、大嶼山等離島不同，它與城市中心只有一橋之隔，彷彿就像城市生活中的一個歇腳亭。

遠眺着這古色古鄉的小島嶼，一棟具有簡約設計的新式建築高傲地豎立在正中的位置，像要跟周圍的每個人展示自己高挑的身材一樣。在它的腳下圍滿着一群向它崇拜着的古舊式小樓房。

踏進島嶼的街頭，我抬頭仰望着藍天，一口氣地呼吸着遠離奔波勞碌的舒適空氣。藍天下矮小的樓房讓我察覺到自己其實並不渺小。一層層剝落的外牆油漆狠狠地在樓房的身上留下歲月變遷的印記。細心一看，發現鐵閘之間早已隱藏着滿滿的鏽漬。老伯伯卻對這不美好的環境表現得毫不介懷，依然安然悠閒地坐在安樂椅上擺動着手中的竹扇子。

沿着街道一直走到海邊，看到了一座以綠色磚瓦砌成的古廟。古廟的設計十分精緻，各種不同形態的神像都一絲不苟地雕刻在建築物上。這座歷史悠久的古廟是海上漁民為了表揚洪聖屢次拯救他們於災難而建成的。

我突如其來的造訪打破了古廟的一片寧靜，原先躺在地上的小貓亦紛紛散去，為了能看清楚古廟內的面貌，我特意放輕腳步，緩緩地跨過古廟的紅色門檻。門上兩個威嚴十足的門神用凌厲的眼神瞪着我，彷彿警示我不要破壞廟內的寧靜。廟內有一個破舊的香油箱，它毫不起眼，只默默地等待善信的支持。黃昏柔和的光線直接地照着不停轉動的風車，閃閃生輝的光芒照亮了整間古廟，為古廟帶來了一點獨特的色彩。我穿過中殿，進入了內堂的位置，洪聖公公莊嚴地坐在廟內的最高處，可見居民對他的尊敬。仰頭一看，到處懸掛着密密麻麻的檀香，檀香下亦着一個銀色盤子寫着祈福人與家人的姓名。

離開洪聖古廟，我走向新式建築商——市政大樓。最底層的室內街市傳來商販嘹亮叫賣聲，好不熱鬧。我站在街市與排列整齊的小店鋪之間，細看各式各樣的貨品。小店鋪大多由年紀老邁的公公婆婆經營，他們並不在乎賺到的有多少，只在乎生活中享受到的有多少。

「媽媽，我可以要小磚頭嗎？」充滿稚氣的小妹妹一邊跑到小食

店門前嚷着。我迷惘地思量着小妹妹的這番話，隨即我察覺到小食店外有一個銀色的鐵箱子裏面放滿了我童年最愛的糖蔥餅。店主小心翼翼地從箱子裏拿出了一件方正的小磚頭，加上椰絲糖粉，臉帶笑容地給小妹妹遞上。當小妹妹正要付款的時候，店主竟親切地說：「婆婆請你的，好吃嗎？」此刻，我發現了這就是島嶼的特色了，鄰里之間都是不拘小節，他們不重金錢，只是想為街坊提供便利。

西環風情

4B 孔穎鉞

西環，別人對它的印象是一個舊區，又經常被人與政治扯上關係。可是，在我而言，西環是一個既古樸又富有現代感的社區。

現在的堅尼地城，與十多年前的分別已很大。在這十多年間，我看到堅尼地城逐漸的轉變。在厚和街，那裡有一間食肆是我童年時經常光顧的，那裡售賣的是簡單的家常小菜，也有一些新鮮的海鮮放在店鋪外，甚有大牌檔的風味，可是現在已經結業了。那裡已換上一間又一間的西式食肆，有意大利菜等具特色的食店。它們在厚和街兩則破舊的大廈堆當中顯得有點格格不入，但是它們卻為這古舊的社區增添了一點現代色彩呢！

從厚和街步行兩至三分鐘，便到達了西環的海傍，別人對它應該認識匪淺。每逢遇上強烈的颱風，我們總會在新聞上看到有一群追求刺激的市民在那裡感受海風。那裡的海浪的確很洶湧，有時我乘車經過那兒，車窗也會被水花濺到。在海傍附近是外地遊客經常流連的地方，因為那裡開設了很多酒吧與西式餐廳，洶湧的海浪像對遊客熱情地打招呼呢！

西環現在興建了多層高級住宅，不少興建中的住宅的外牆都貼著許多誘人的廣告，介紹那兒將有何等齊全的設施，樓價更是數萬元一呎。所以說西環這個舊區正逐漸變得嶄新前衛。

不過，我還是鍾情於那個古舊的西環呢！

除了那些高級住宅，西環也有很多三十至四十年樓齡的舊樓。它們密得像連接在一起，而且它們的外牆都是在白色的油漆中帶有骯髒的黑色。雖然我對從前的西環不熟悉，但這些破舊的樓宇令我有置身於七、八十年代的感覺。

西環有一個公園也能令人領略從前香港的風貌——卑路乍灣公園。居住在西環的人也許不覺得它有甚麼特別之處，但實際上它不只是一個供人休憩的公園，更是一個有主題的公園。它以航海為主題，內裡的設計富有戰時的色彩，甚至連航海燈塔、浮標、船錨等裝飾品都是英國製造的，而且洗手間的外型也做建成一艘艘輪船的模樣。這些戰時物品，令西環與舊香港拉上更密切的關係。

現在的西環，已經逐漸步向現代化，但我永遠不能忘卻那一個給予上一代人美好回憶，既殘舊，又古樸的西環呢！

童年舊居的情懷

4B 陳錦玲

一道刺眼的陽光從窗旁直射到床邊，遠處飛來的鳥兒不厭其煩地在我耳邊吱吱喳喳，終於把本甜睡猶酣的我徹底地喚醒。當我伸手摸摸身邊的枕頭，一股莫名而熟悉的孤單感又再次湧上心頭……

忽然，窗外傳來一陣陣的吵鬧聲，於是好奇的我猛然從床上跑到窗邊一探究竟。

高掛在天邊的耀陽向我展露出最燦爛的笑容，彷彿像溫暖的母親般守護着地上的人們。由窗口往外俯瞰，街道上一間間不同類型的店鋪紛紛拉起鐵閘，店員忙碌地整理鋪面，務求以最佳的狀態迎接新一天的來臨。

「叮叮……叮叮……」一輛車身貼滿廣告的電車緩緩在電車站旁停下，車站上的人們一個緊貼着一個地上車。不知不覺間，這輛電車又再次滿載而行。接着，又是另一架外貌截然不同的電車到站，準備接載乘客到各自的目的地。

從熙來攘往的街道上，飄來絲絲濃香的滷肉味。那是屬於電車站旁的一間滷肉店。透過鋪內的玻璃櫥窗，可以看見那兒掛滿了各種色澤均勻的滷味。而櫥窗旁則擺放了一個巨型的電飯煲，煲裏放滿了一隻隻佈滿裂紋的茶葉蛋，茶香四溢。另外，一間麻雀雖小，但五臟俱全的小型超級市場緊依着滷味店。它除了賣一些生活用品外，還賣各類色彩繽紛的水果和新鮮翠綠的蔬菜，而且價錢還十分大眾化。因此每天均吸引一群精打細算的家庭主婦前來購物。

距離兩間店鋪的不遠處還開着一間充滿人情味的粥店。店前總會擺放着一個大蒸籠，籠裏放滿了各式各樣的早點，例如豆沙包、菜肉包、奶皇包……每次店員打開熱騰騰的籠子取包時，總會有一股白濛濛的蒸氣迎面而來。「媽媽，我要吃肉包子！」一個小女孩牽着母親的手，在人來人往的鋪前嚷着，場面既溫馨又有趣。

「咕嚕……」看着看着，肚子也不經意地響了起來。於是我緩慢地離開窗旁走到客廳。一碟肉包子伶仃地在桌上等待着我的出現。碟子旁還放了一張字條：「記緊一定要吃光早餐後才吃藥啊！爸媽有事會晚點回家……」

縱然屋內與外邊只是一牆之隔，但是這裏的氣氛卻是冷清的，寂靜的，了無生氣的。而我也只能坐在冰冷的桌子旁，默默地吃着那個雖然美味，但卻少了熟悉的香氣，以及父母的溫暖的肉包子。

西安遊記

4B 楊曉嵐

所謂：「讀萬卷書不如行萬里路」，身為一個修讀中國歷史的學生，一直很想親身走過那壯麗的山河，在那廣闊的大地，看過那璀璨的文明。只可惜一直都沒有機會，而在這個暑期，我終於有幸，能夠與張老師及一眾同學，前往那有「世界四大古都」美稱之一的西安遊覽。

說到西安，不少人會馬上想到美味的「泡饃」，而我們第一天的行程，就是遊覽著名的西安美食文化街區——回民街。街道兩旁攤檔林立，有各種充滿西北風味的小吃，泡饃、桂花糕、羊雜，應有盡有，滿足了嘴饞的同學們。而街道兩旁以青石為路，綠樹成蔭，小吃、餐飲器物都為回民所經營，整條回民街都溢滿了濃厚的清真特色。旁邊屹立著壯麗而莊嚴的清真寺，令人不由自主地產生一種思古之幽情，對其肅然敬啟。

到了晚上，我們就去了名聞天下的大雁塔，它被視為古都西安，乃至整個陝西的象徵，是現存最早、規模最大的唐代四方樓閣式磚塔，非常宏偉，傳說是取經歸來的玄奘法師為保存由天竺經絲綢之路帶回長安的經卷佛像而修建，帶有濃厚的佛教氣息。但是，相比起大雁塔的莊嚴宏偉，另有一件事令我們的印象更深刻——在這個美麗的地方，我們遇上黑店！在大雁塔廣場中，有不少供人拍照的店鋪，而我們也「湊熱鬧」地去拍照，畢竟古裝對我們而言是新奇且美麗的，能夠在這個古色古風的地方，穿上古人的衣裝：漢服、唐服，留下倩影，乃是最美的留念。只可惜，在等待照片的期間，店員極力慫恿我們把照片加上美化的效果，但費用高昂，我們自然不同意，店員卻用威脅的語氣，嘗試恐嚇我們。於是，逼於無奈下，我們請來了老師和導遊，事件才告一段落。事情雖然結束了，卻令我領悟到不少道理。對待商人，必須謹慎，畢竟他們需要從顧客的消費中獲取利潤，我們都上了非常深刻的一課。

除了回民街和大雁塔，在整個旅程中，我們印象最深刻的應是登上華山。

華山，五嶽之一，山體倚天拔地，四面如削，被譽為「奇險天下第一山」。韓愈的《古意》詩中寫「太華峰頂玉井蓮，花開十丈藕如船」，就是根據華山頂上長著白蓮花的傳說而寫成，山上的風景更是絕美如畫，百般難描。

由於我們一行人實在體力有限，故乘坐纜車直上北峯頂，免卻了從山腳走上北峯的一段路程，饒是如此，上山後，太陽異常毒辣，才走了兩步，大家就氣喘吁吁，汗流浹背，只是靠著意志力慢慢向上爬，走上了險峻的千尺幢、百尺峽、蒼龍嶺，環繞的群山彷彿如絲綢般，綿綿不絕，而那最高的南峯梵剎矗立，孤獨地屹立在群山中，一邊走，除了注意那迭迭宕宕的山路，濯濯如玉的群山，也觀察著這人間仙境，感受著那陣陣清風。到了金鎖關，不少人都買了那寓意平安的金鎖，刻了家人的名字，虔誠地向著南面的山峰，許下願望，祈求祝福，掛上金鎖，才在山下扔下鎖匙，為家人祝福。

雖然聽說華山的頂點，南峰上的景色才是優美絕倫，若在晚上觀看，那山峰更是如披月色，翩然如仙。但無奈，我的腿已經抖得快斷了，所以我的華山之旅就在金鎖關完結了，想起來還是有點的遺憾，但看過那崇山峻嶺，漫山遍野的「綠」，卻也算得上是「無憾」了。

這八天的西安之旅，非常充實。我們走過了清真寺、乾陵、華山、司馬遷墓，看過了華清池、黃帝陵、碑林等，每一個地方都有其濃厚的歷史意義，而我就感受到各個古跡，乃至古中國的歷史文化與民俗藝術的魅力，是多麼的懾人、驚豔。然而，每一個地方都有其獨特的特色、意義，對不同的人，也會有著不一樣的感受和領悟，無法在此以三言兩語將他們介紹清楚，唯有親身經歷才能感受到其震撼。

香港仔風情

4E 梁惠怡

香港仔，一個離我家不近也不遠的地方。假如我沒有來到南區讀書，我想我平生也不會來到香港仔，更不能體驗到香港仔的寧靜與熱鬧。香港仔基本上是居民，民居附近的生活設施應有盡有，超市、學校、食肆……總有一間在你身邊。

古舊的樓房插着生鏽的晾衣架，巨大的霓虹燈招牌掛在天空中，有些筆劃隨著時間漸漸消逝，予人的感覺是個具有人情味的地方。把眼光拉闊，我發現樓房旁盡是店鋪，除了連鎖商店，還有古老的平民小店。那些食肆的牆邊由本來的米黃色變得灰黑，生鏽的水管亦透出啡紅，使店鋪更具歷史價值。喧鬧的街道配上走路急速的行人，快速的節奏加上繁忙的交通所組成的「管弦樂團」，演奏出混濁低沉的交響曲，一種莫名的緊張感竄過背後，頭腦、耳朵和呼吸系統都感到痛苦，彷彿身體快將爆炸，不能再停留多一秒。

走過人來人往的「老香港」，便不知不覺來了海傍。這兒跟市中心截然不同：沒有連鎖店，沒有民居，亦沒有生鏽水管的滴滴答答。面對着這小漁港，只聽見海水流動的聲音。海傍近年來建了些亭子和觀望台，觀望台下是一艘艘以漁船為造型的長椅，老人在亭子下下棋，遊客坐在「漁船」裏休息、拍照，這種悠然自得的感觉，使人身心舒暢。

望着海港，便有一種非乘船不可的想法。坐在船上，微風迎面而來，吹走了背後的煩囂，趕走了心中的憂愁，使我心情格外平靜。不知不覺，我沉澱在海水的平靜之中，只想永遠留在海中心。

香港仔集吵鬧和平靜於一身、市中心的吵鬧急速，是典型的香港、古舊的建築物和平民的小店，帶出歷史價值和人情味、海傍的寧靜休閒，是城市中的世外桃源、漁港的漁船，帶出香港仔的特有色彩。就是這樣，擁有各種特色集於一身，才造就了香港仔的獨特風情，令我如此難忘，令我如此喜愛香港仔。

香港仔風情

4E 楊桂澄



今天，我不想坐車回家。每次都看着一成不變的景色，真的很沉悶。所以，我決定找到香港仔坐另一輛巴士回家。不知不覺，已經走過了鴨脷洲大橋，我這邊走邊發呆的習慣還真不好。

站在海傍，看着那傳統的漁船在不遠的海面上飄着，我不禁為它感到傷感。現今，這種小型的傳統漁船已經很少見，我很想知道當漁船看着朋友逐漸消亡時。它會不會猜想自己是下一個？漁船在海上搖搖晃晃，好像隨時都會翻倒。它們日曬雨淋，不見昔日風光，正慢慢駛過，晃離我的視線。

轉過頭看着市中心，不禁嘆一口氣。從前熱鬧的碼頭，現在只有小量的行人。偶爾會有陣陣海風吹來，帶着魚腥味，一些漁船會間中出現在海面上。看到冷清的碼頭，誰也不會想到過去的熱鬧。時間真的不等人呢，這碼頭變成了公園，哪像對面的市中心？

慢慢走在市中心的街道，看着身旁匆忙趕路的人，聽着熱鬧的還價聲，突然覺得今天的決定是對的，平日哪會有這些經歷？這邊是一家傳統的紙紮店，另一邊是最入時的電子產品店；這邊的建築是又高又新穎，跟在中環看到的很相似，而對面卻是又矮又古舊，似是從沒翻新維修一樣。這街道兩邊予人的感覺完全不同。

我在車站看着這條街道，看着這邊人們急促地走着，商店大都滿了，街上一片熱鬧的還價聲。有人拿着手機低頭走過，但路過的人都不會停下來打招呼。而在另一邊，商店大多是門可羅雀，人們慢悠悠地走着，好像還有很多時間，不必那麼着急。偶爾，他們還會停下，打一聲招呼，閒話家常。這真是新奇，一邊是新潮熱鬧，另一邊是古舊冷清。

我上了車，看着車窗外緩緩後退的景色。這些古舊的店鋪建築恐怕快因時代而慢慢消失吧。這些有特色的建築，只怕將來也會很難再見。所以，我們真的要珍惜這些罕見的事物。時光飛逝，這些事物很快就會如熱鬧的碼頭一樣成為歷史，再也看不見了。

海傍風情

4E 潘嘉欣

站在香港仔海傍的欄杆前，凝望著四周古色古香的建築物，欣賞著那波浪微泛的海面，頓時將我以往不愉快的事情，都通通煙消雲散了。

沿著欄杆，走了一步、一步。眼前那些別具特色的建築物，不禁使我停下步伐。那被無數烏黑瓦片所遮蓋著的純白色建築，就像古時人們的居所，瀰漫著濃濃的古老味兒。它們坐落在前方，在我將要行走的路上整齊並列，就像非常自律的士兵，堅守本分，待在原地，隨時候命。我在它們的注視下走過，來到了售賣海鮮、乾貨的店鋪前，那鹹鹹的味道混合著微寒的清風，圍繞著我的身軀，久而不散。水中生猛的海鮮與已被包裝的魚兒們，像在告訴我牠們的心路歷程，提醒著我：生命可以很長，也可以很短，叫我要懂得珍惜時間。那麼，魚兒啊魚兒，你的一生快樂嗎？

不再多想，我走到遠處的長凳坐下。一陣陣微風的吹拂，就像母親溫柔的手輕撫著我，讓我感到輕鬆自在。環視四周，一雙老夫婦正在細說海傍的變化，亦有一群三五知己聚在一起高談闊論，也有一些熱愛下棋子的伯伯們。以往的冷清，瞬間變得生氣勃勃。我不禁心想：這風景怡人的地方，終於得到別人的青睞了。

這兒的每一事一物，不論是那一舟舟的小船，還是那些店鋪，它們都陪伴著這個美麗的海傍成長，一起隨著時間的流逝而變得成熟。這一切一切，都使我對海傍的印象更深刻，更美好。

回想起小時候到海傍的情景，與現在相比，可說是滄海桑田。記得兒時的它，人煙稀少，偶爾只能看見兩三人經過，但今天的海傍，不僅多了許多人的垂青，還得到了全新的面貌。這樣的相較下來，我當然喜愛這充滿生氣的海傍。

這個海傍充滿著我小時的回憶，她教懂我世事每天都在轉變，要懂得珍惜我所能擁有的。海傍啊海傍，真感謝你給予我那麼多，我感謝你！



School Song

1C Hilary Chong

True Light, True Light
Remember this and put it in your heart
You are the asteroid in the school
Enjoy the days and things happily forever

Lighting for everyone in this world
I hope you are an asteroid in the sky that shines
God will be your best friend and help you
Helping others, be the best asteroid
Thou art the light of the world

HKTLC 40th Anniversary

1A Hayley Lam

Happy 40th Birthday TL!!!!
Oh come on, let's start
Nah, this poem's going to be boring.
God, I still have to do it!
Kind, nice, and helpful
Our True Light girls are the best
Never fear anything
Go forward, never backward!
Teachers teach ever so patiently
Requiring us to do our best
Uniting together as True Light
Everyone makes a great team
Lift up the sadness
It's time to unite
Growing with maturity and a strong heart
Happiness fills every classroom
The special day comes
Christmas is here
Our school's anniversary too!
Love TL with our heart
Like it's our true home
Elves come to deliver presents
Good moods mask every drop of sadness
Everyone's excited for a celebration!

My Days at True Light

2C Tracy Siu

True Light, where I have studied for 2 years, is going to celebrate its 40th anniversary. In addition to many unforgettable memories, I also have made a lot of friends here.

Sports Day is one of my most delightful experience. That day, I arrived at Wan Chai Sports Ground and took a seat. I felt bored until the inter-house cheering competition. In the competition, all students felt excited and cheered loudly for all athletes in the stands. The athletes made an effort to finish the races. Even though they did not win the championship, they still tried and did their best. I found that the louder the cheers were from the students, the faster the athletes ran. Was it amazing? It was glorious to be a True Light girl and there was nice cooperation among the girls. I learnt to encourage and cheer for my friends and the people around me in True Light.

All teachers in True Light are professional and be nice to us. Our class teachers are kind and always care about and encourage us. Therefore all our classmates respect them. Not only the knowledge, but also the moral values that we learn from them are beneficial to our entire life. I am grateful to all teachers in True Light, especially my class teachers.

True Light offers a lot of activities for students to join and fills my school life with interest. I joined the fencing team in Form one. All fencing team members are as sincere as my family members. I am always inspired by them and my classmates.

Thanks to True Light for giving me a secure place and joyful school life. Therefore, I can meet the warm-hearted teachers, classmates and fencing team members here. Finally, I wish True Light "Happy Birthday!" and hope it continues to succeed in the future.

School Song

3A Melody Cheung

We get a great chance to study at True Light,
Of course we will work hard;
In the morning and at night,
We will try to do our best,
For the song glory of True Light.

*In our days here we enjoy with friends,
In our days here we have lots, we should pray and thank you God.
To have a grateful heart.
For the glory of True Light.

In the days that we spend here we are studying happily.
We fight for our future,
And I the coming days, we'll remember to have fun.
Have an awesome time at school.

Repeat*

I'm Proud to be a True Light Girl

4C Maggie Wong

With the bright golden yellow light shining on my head and every part of my body, now I am standing on the stage of the assembly hall. The hall is familiar – I have come here for six years. Gradually, I open my eyes and the image starts to become vivid – I am standing on the stage of the hall with my Form 4C friends, the principal is making a speech on our graduation, all the parents and the teachers are sitting on the stands, with a broad smile on their faces and this is the last time we can wear our beautiful sky-blue cheongsam uniform. As a Form 6 student in my school, the shreds of memories in these six years start to combine in my mind and I can't help springing back to the good old days.

When I first came to this school, all the things that I saw were totally impressive. The senior students were both sporty and intelligent. They were good at sports and studying. At that time, I could see different girls playing multifarious and special sports like fencing and archery, which not many schools could provide. I felt lucky to attend this school! Also, the senior form students were generous and well-mannered. They would strive to do their best to teach the junior form students and treat them well. Besides, the teachers were kind, enthusiastic and generous. They were willing to offer help whenever I couldn't solve my problems. I really felt delighted and blissful to study in this school!

After three years, when I became a Form Three student, I started to participate in school activities. There were a wide range of activity clubs that I could join like Drama Club, Fencing Club, School Choir, etc. I was sure these activities would never make me feel bored. I joined the Drama Club, where I met so many people and made a lot of friends. I have kept my circle of friends wide since then. Through joining the Drama Club activities, I started to gain confidence and learn to be brave and courageous. In that year, I also took up some leadership roles such as being a school prefect. I learnt lots of skills in those roles. For example, I learnt how to co-operate with others and how to make decisions. Academically, my English proficiency greatly improved, which helped me study the new subjects more easily. My dream of becoming a performing artist also budded in that year.

When I finally became a Form Five student, I remember I was fully confident and my Drama teacher, Mrs. Wong, nominated me to join the International Drama Competition. I was both worried and surprised. In order not to let Mrs. Wong down, I made every endeavor to do my best

and overcome my drawbacks. After four months' intensive training, I could finally take to the stage. Wearing a beautiful costume, I felt absolutely proud to represent my school in this competition. When I was standing on the huge stage with thousands of students, parents, adjudicators and audience watching on the stands, I held my costume tightly and summoned up my serve to finish the performance. I felt like all the teachers and classmates were there to support me though they were not physically present. At last, my endeavor wasn't for nothing – I was the champion! When I was standing on the huge stage, feeling the deafeningly loud applause from the audience, I felt like I was being praised by the whole world! At that very moment, I was the proudest to be part of my school. All the schoolmates and teachers who had given me support finally got paid! The audience's applause was deafening!

I am still standing on the stage: the scene of winning the competition still exists in my mind. The principal has finished her speech. Thanks to the encouragement of the principal, the teachers and the schoolmates, my dream has started here and I had the chance of a lifetime to join the competition. I am proud to study in this school, proud to have represented my school and proud to be a True Light girl! "Thou art the light of the world" – I will continue to endeavor to achieve my dream and I will never forget the vital spirit of the school motto.

I'm proud to be a True Light Girl

4E Violet Hui

True Light is a traditional school and has a history of over 140 years. All of the True Light girls are receiving an all-rounded education with the emphasis on developing morality, intelligence, physical fitness, social skills, aesthetic abilities and spiritual qualities. True Light also values the education of the True Light traditions, which helps us to create and develop the community spirit of mutual help and love. In addition, we are nurtured in the spirit of perseverance, sacrifice and self-improvement.

Being one of the True Light Girls, I feel great and I'm proud to be one of them. At school, my schoolmates are so smart and they really pay attention in class. They are willing to answer the teachers' questions and they are so active. They love to learn; when they don't understand what the teachers say, they will ask them after lessons. In addition, they will help each other to learn and study. They will use their own expertise or talents to complement one another. So that they have no worries about their studies as they have a conducive studying atmosphere around them.

During the competitions, they will give it their best shot and never throw in the towel. They will practise a lot and prepare well before the competition to make sure that they are ready for it. Although practice makes perfect, they know that health is much more important; so, they will keep a balance between practicing and resting. They always encourage each other as the training is so tiring. That's why they don't feel afraid to fail and learn from their failure. As they know that failure is the mother of success, they will put in more effort to strive for excellence.

If you are a True Light Girl, there are a lot of reasons that will make you feel proud. We are the True Light Girls, who dress in the traditional blue 'cheong-sam'. All of us are in the spirit of the school motto "thou art the light of the world".

I am proud to be a True Light girl

5D Rainbow Yin

Do you enjoy the campus life at True Light? For me, definitely yes!

True Light is a school full of love. Every day my life is remarkable and memorable. I am most grateful for the lessons I have received from all teachers here. Over the five years, my teachers have given me endless and invaluable support in both my academic and personal life.

True Light has had a great significance for me. My world view has changed. The words "give up" seldom come out from my mouth as I believe the challenges I face are pushing me forward to a better place. My school life in True Light has shaped who I am today. So that's why I am proud to be a True Light girl!

The teachers here are very patient, caring and approachable. I have a very close relationship with them. They always give me the best advice. When I need them for help, they will show me the way to solve the problems and guide me through in my bad times. I have been very lucky to be offered a lot of learning and social service opportunities to broaden my horizons and enhance my confidence. I am really grateful and thankful for what I have now, including the teacher's support and learning achievement. Moreover, we as True Light girls do cherish the time in True Light and grab every moment to learn.

True Light provides a wide spectrum of activities for us, such as sports clubs, choir, drama, community youth club, etc. Getting involved in them is an implicit and fun way to meet new people, to learn something new and challenge ourselves.



Hong Kong True Light College is a loving and caring school with a very long history and tradition. She nurtures us the spirit of perseverance, sacrifice and self- improvement. When we are wearing uniforms, this means we are the ones to pass the values on. Every time when someone asks me what the name of my school is, I will say proudly 'I am come from Hong Kong True Light College.'



More incinerators should be built in Hong Kong

3A Cherry Chung

The three landfills will be saturated by next year, 2015. The government needs to find another way to treat the rubbish which is sent to the landfills. One of the ways is to build incinerators. However, some people feel that this causes many problems. In this essay, I will discuss the arguments for and against the building of incinerators.

One argument in favour of building incinerators is that using them to burn rubbish can reduce the original size of the rubbish by about 10%. In addition, this can relieve pressure on the landfills because we all know that the landfills will be saturated in 2015. Building incinerators can help us solve the problem.

Another important argument is that we can collect the heat when burning rubbish using incinerators and generate electricity for Hong Kong citizens. What is more, the Hong Kong government can follow what the Taiwanese government is doing with the heat produced by incinerators. They make use of the heat to warm up the water in the swimming pools nearby. This can kill two birds with one stone.

We can see that there are advantages to using incinerators to burn rubbish, both for the landfills and for Hong Kong citizens. On the other hand, there are also some disadvantages.

The first disadvantage is that burning rubbish is not environmentally friendly. Burning rubbish releases a large amount of carbon dioxide. This increases the problem of global warming. For instance, burning plastic produces some toxic chemicals and reactive substances such as sulphur dioxide and nitrogen oxide which are the main substances in the formation of acid rain. As a result, burning rubbish harms the ecosystem.

Another problem with using incinerators is that the cost of treating the trash is high. Besides that, the cost of building incinerators is high and the maintenance fee is also high. In short, we need a large amount of money to run incinerators.

In conclusion, although using incinerators is not environmentally friendly and the cost is high, I still believe that it is justifiable. Not only can it solve the problem of saturated landfills next year, but it can also produce heat and bring lots of benefits for Hong Kong citizens.

Should more incinerators be built in Hong Kong?

3A Iris Lai

The government is planning to build more incinerators in Hong Kong now. However, some people think that it is not good to build incinerators. In this essay, I will discuss the arguments for and against the use of incinerators.

One argument in favour of building incinerators is that they can change waste into electricity. The electricity generated by incinerators can supply nearly 100,000 households. It can also be used to supply heated swimming pools. In addition, it can reduce 440,000 tonnes of carbon dioxide emissions.

Another important argument is that building incinerators is necessary. According to the information provided by the government, our waste has far exceeded the amount that the government had expected. They at first estimated that the daily volume of waste disposed of in the landfills was 12,500 tonnes in 1989, and in 2001, increased to 16,700 tonnes of waste. However, if the situation continues, the landfills will be saturated by 2015, rather than the originally expected 2020. Incinerators can help reduce a huge amount of garbage and thus ease the need of expanding landfills.

We can see that there are advantages to using incinerators. On the other hand, there are also some disadvantages.

The first disadvantage is that incinerators are expensive to run. An incinerator costs about HK\$353 million a year to run. Moreover, incinerators require regular maintenance. As the environmental regulations are becoming stricter and stricter, we need to invest in more pollution abatement equipment and more frequent monitoring of stack gas and waste water emissions.

Another problem with using incinerators is that it releases toxic substances. When we use incinerators to burn waste, it produces dioxin, which is a carcinogenic substance. If we absorb too much dioxin in daily life, we will suffer from many kinds of diseases such as heart diseases, reproductive and developmental problems.

In conclusion, although some people believe that using incinerators is a dangerous way to solve the problem of saturated landfills, I still believe that the advantages outweigh the disadvantages. Not only is it the most suitable way to solve the problem of saturated landfills, but it is also really serious and urgent now.

More incinerators should be built in Hong Kong

3B Melody Tse

Building incinerators in Hong Kong is a controversial issue for Hong Kong citizens. Since 17,000 tons of garbage are sent to the landfills every day, the landfills do not have enough space to accommodate the garbage. The Hong Kong government is considering building incinerators. However, many citizens think that incinerators release some toxic gases which are harmful to our health. In this essay, I will discuss the advantages and disadvantages of building incinerators.

One advantage of building incinerators is that it reduces the original volume and weight of the waste, 95% and 75% respectively. Therefore, it can reduce the burden on the landfills and provide a better control over odour and noise. Also, it occupies a smaller area and it is not difficult to build them.

Another advantage is that incineration plants can turn waste into energy. They can produce electricity. Moreover, during the incineration, a large proportion of organic compounds including putrescible and hazardous wastes are destroyed. Thus, it can reduce the quantity of toxicity.

Although there are many advantages of building incinerators, building incinerators is not good at all as it has several disadvantages too.

The first disadvantage is that during the process of incineration, ash and water are produced, which causes atmospheric pollution that is harmful to the environment and humans' health.

Another disadvantage is that incinerators are costly to construct, operate and maintain. Furthermore, Hong Kong does not have enough technology to build incinerators and the government will have to pay a huge amount of money to get foreign talents to make incinerators.

In conclusion, even though there are some disadvantages to building incinerators, I believe the Hong Kong government can overcome them. The Hong Kong government can install some air purification devices to reduce pollution and build the incinerators on some isolated artificial islands so that they will not affect the health of Hong Kong citizens. Also, the government

can put more resources on the treatment of garbage. Given the environmental benefits and the immeasurable benefits of generating electricity, I strongly believe that the advantages can outweigh the disadvantages and that Hong Kong should build more incinerators in order to reduce the burden on the landfills.



Should Hong Kong build more incinerators?

3B Violet Hui

An incinerator is a unit or facility used to burn trash and other types of waste until they are reduced to ash. In this essay, I will discuss the advantages and disadvantages of building incinerators in Hong Kong.

One advantage is that incineration is a practical method of disposal that saves a lot of money on the transport of waste to landfills and thus reduces the carbon footprint that such transport leaves behind. Also, Hong Kong is a small place. We lack landfills. Building more incinerators can solve the landfill problem because they can reduce the tonnes of waste. In this way, the landfills will not be covered by as much waste as before.

Another important advantage is that the raw materials needed for incinerating waste, which is municipal waste, are said to be a kind of renewable material. It helps to reduce the use of fossil fuels or non-renewable resources. In addition, incinerators can produce electricity while incinerating and they will not be affected by any weather changes. They can be operated in any weather and anytime. What is more, incinerators can be located close to residential areas, which are the centers of the production of waste, and this helps to reduce the volume of traffic pollution, noise and of course, the cost of waste transportation.

We can see that there are advantages to building more incinerators in Hong Kong. On the other hand, there are also disadvantages.

The first disadvantage is that incinerators are costly. They are very expensive to build and run. They require regular maintenance which in many cases requires a complete shutdown of the process. Environmental regulations are becoming stricter and stricter, making the process more expensive. Although it can help us to save money, we must invest a large amount of money in building them first.

Another problem is that incinerators produce toxic gases that harm humans' health. Dioxins, a cancer forming chemical, are produced in the treatment. They are produced in the smoke stack. As a result, building more incinerators in Hong Kong will harm more people's lives.

In conclusion, although building more incinerators in Hong Kong may harm humans' health, I still believe that this problem is not really serious and we should solve the problem of the shortage of landfills in Hong Kong first. So, I strongly believe that Hong Kong should build more incinerators.

Children should not have credit cards

4E Icy Lam

Nowadays, many children have their wallets filled with some money which is given to them by their parents. Why do parents give some money to their children? Commonly, most of the parents hope the children can learn how to manage their finances well at a young age. Although the intention of the parents is good, children many not know how to spend money in the right way. In some cases, children would ask for a larger and larger amount of cash to satisfy their unlimited material needs. Because of this, "Children should not have credit cards " is absolutely the right statement.

Children may not know how to control and limit how much they can spend when they make their own decisions by using credit cards freely without the permission of their parents. Also, they may not have sensible judgment on how to make good use of credit cards. Nowadays even many adults cannot manage their credit cards wisely. Furthermore, they may have debts and have no ways to pay them off. As we can see, even if adults cannot control themselves well, how can we expect children to limit and manage their desires when they have credit cards?

As the users of the credit cards, children should be responsible for settling the bills. Yet, children do not have the ability to do so because they don't have work and they don't have any income. There is a question: "who should pay the bills?" The answer is that their parents will have no choice but to pay. It is very unscrupulous and confusing in terms of responsibility. For instance, in an interview which was done by SE newspaper, the reporter, Candy Hung, interviewed a child who is called Tommy about his personal financial management. One of the questions was "what will you do when you make debts?" Tommy replied quickly that he would ask for his parents' help. This shows that children would think that their parents can solve any difficulties and problems. They then think they should not worry about anything. Seriously, it is not a good phenomenon because children always rely on parents. How do they grow up and become independent?

Credit cards send a wrong message to children's minds because they may think that with a signature they can purchase whatever they like. They may think using credit cards is free. You need not pay immediately when

you are paying by credit card. However, you need to clear the bill in the end. Using credit cards is equal to spending money in the future. Most of the children don't have this concept. RNC Administer Financial Company has finished a survey on the children's concepts on finance recently. They have investigated 100 children in Hong Kong. 90% of them thought that credit cards are free and limitless. It shows that most of them don't understand the functions of credit cards.

In conclusion, children should not have credit cards because they can't control themselves and can't pay for the bills. In addition, they would receive some wrong financial concepts from credit cards. It is very important to avoid imparting wrong concepts on their young minds.

Why means test must not be scrapped

6D Bess Tsang

The means test for the proposed new HK\$2,200-a-month old-age subsidy is necessary.

It aims to find a balance between the needs of elderly citizens and the financial capacity of the Hong Kong government.

The means test is a reasonable way to identify those who are really in need.

After all, the new subsidy is designed to provide old people who are poor with a better standard of living.

If we don't have a cut-off for people whose assets exceed a certain limit, then how can the scheme serve its original purpose, which is to help those most in need?

If the means test is scrapped, then anyone over the age of 70, even those who were well-off could get the HK\$2,200 subsidy. Would this be fair to taxpayers?

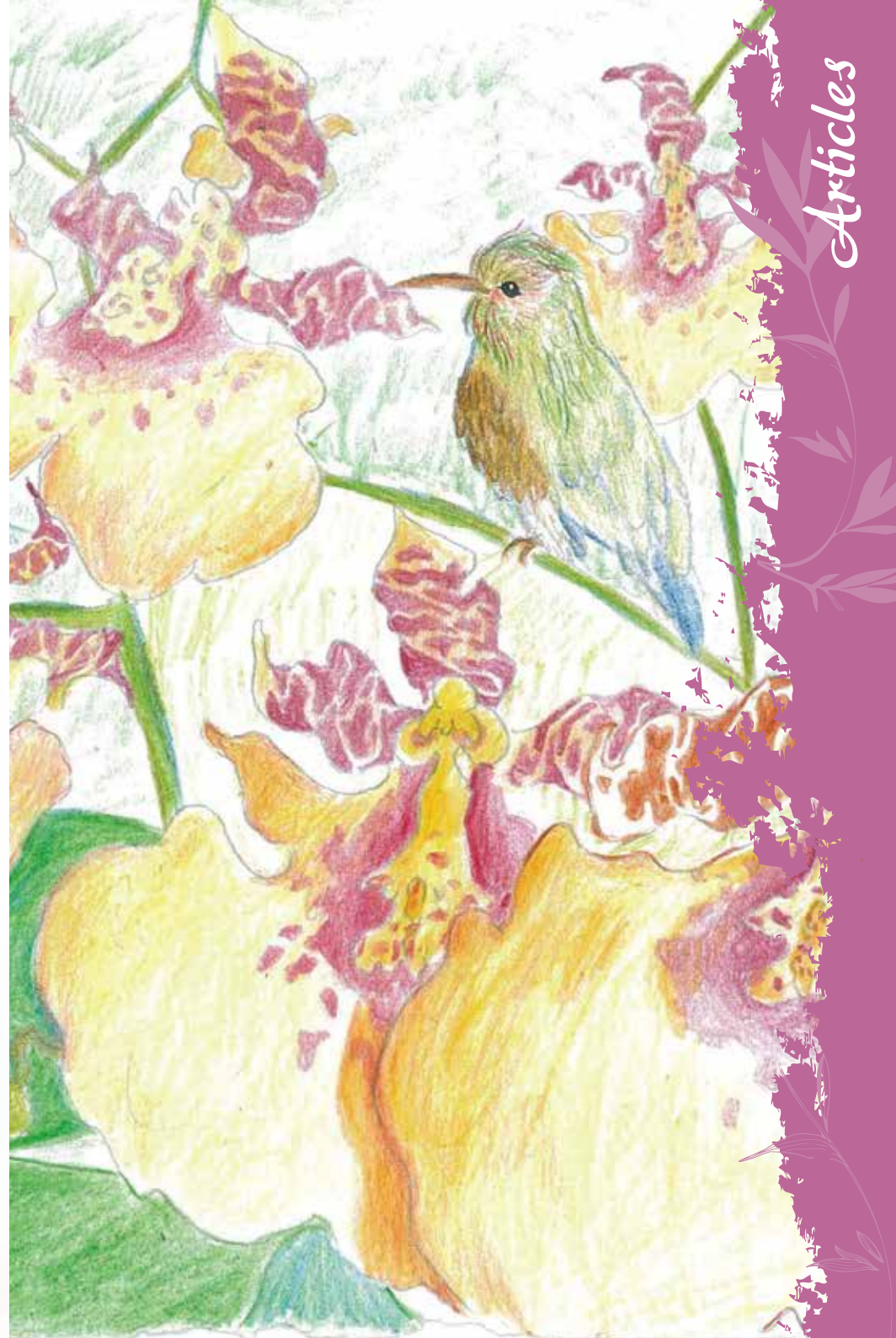
Besides, there would be many side effects if the means test was scrapped.

It is estimated that, if it was waived, the cost of the scheme would soar from HK\$6 billion to HK\$10 billion. This HK\$4 billion difference could be better spent on infrastructure projects or improving our medical services.

Some may argue that HK\$10 billion is not a big deal for an administration with a large surplus, but the economy has gone through difficult periods recently and we could be facing a financial crisis in the future. The government will need substantial funds to deal with that.

Also, the government needs to address the problem of an ageing population and estimate the financial burden of the social welfare system. We will need tight controls on future expenditure or government reserves will dry up. Its government neglected the consequences of providing a costly social welfare system and this hurts the national economy.

Although I think the means test is an essential part of the new old-age subsidy, the government must ensure that it has deployed sufficient staff to deal with it and that the instructions are clear and straightforward for elderly people.



Charity Day raises thousands to help the poor!

3B Dorothy Wong

Heal the world, make it a better place, for you and for me! There is too much poverty around the world. Oxford Committee for Famine Relief (Oxfam) is a development and relief agency that aims to put an end to poverty worldwide. It works globally to help the people that do not have enough food or clean water, or chance to be educated. Also another charity, World Vision, is an international partnership of Christians whose mission is to follow the Lord in working with the poor and to promote human transformation and seek justice. They need support to end poverty.

To support the work of Oxfam and World Vision, the Social Services Club held Charity Day last Saturday.

The club organized stalls called "Sweetest Happiness" selling different types of desserts like cookies, cakes, tarts and one of the most popular sweets, macaroons. There were some words written on the packages and some were written on the desserts using cream, to let people know more about the problems faced by the poor. All the sweets were made by our schoolmates. "This year's dessert selling is a great success. There are far more types of sweets than last year's and their taste and appearance have been improved!" said Lucy Tang, the Home Economics Club President. All the desserts were sold out in five hours!

The club also held a flag-selling day for Oxfam and World Vision. Two groups of students brought the money bags of the two charities and asked for donations in Aberdeen and Ap Lei Chau. They talked to strangers politely and bravely. At last, they sold a lot of flags and raised a large amount of money.

The highlight of the day was the "Super Idols Concert". Our school choir and the winner of last year's "True Light Idol" performed on the stage. When the special guest, G.E.M., the graduate of True Light came out to the stage, every member of the audience and even our teachers screamed loudly. The crowd was extremely excited and surprised. However, our decorations of the school hall and the stage could be improved. The words written on the decorations could have been clearer and noticed by the audience if the words had been bigger and written with a suitable pen.

Overall, this year's Charity Day was a tremendous success. We raised far more money than last year: a record of HKD14, 000! "And the world once we believed in will shine again in grace." I hope our love and donation can help the poor.

Sharing Is Your Friend!

3A Cherry Chung

Every year, there are numbers of orphans all over the world. Their parents may have died because of wars between countries, diseases or hunger. This makes them live alone without the care of their parents. Po Leung Kuk, a charitable organization, has started a department for these children to help them build up a new home again with the love of their new parents. Since we would like to help Po Leung Kuk raise money for the orphans, last week's Charity Day was held.

Last week, Charity Day was held successfully. There were three main events that gained lots of support from students and they are the food fair, auction and disco. The club organized stalls selling food from different countries and cities. This made students understand more about the eating habits of people all over the world and know more about the children that they would help. Since the food was made by the teachers and some volunteer parents, the prices were so high that the students could not afford it. However, the eating habits of some places such as Thailand and India are very similar and the students may be confused. Therefore, we should place a name tag which has the name of the country or city on it beside a certain kind of food next year.

The auction was held in the school hall from two to four in the afternoon. There were dolls, books, cushions and bags which were donated by the students and were given out for this auction. The minimum price was set at ten dollars and students could put their hands up to bid. Although all items were sold at a good price, there were too few varieties of items. Therefore, we would like to ask students for their opinions and ideas on the items and improve the auction next year.

The disco was the spotlight among all the events held that day. It was also held in the hall from five in the afternoon to seven at night and if students wanted to participate in it, they had to pay twenty dollars as the fee. The disco was very International since we played the songs of countries and cities all over the world. The languages made the students and the children in those places connect and the students would work together to help those orphans. At last, the money we raised in the disco was in the total of thirteen thousand which was a great success.

After the event, I have learnt that it is "better to give than to receive". It is happier to share instead of keeping for yourself. If you want to spread your love to others, you can dial Po Leung Kuk on 2277 8888. Hope the little effort we have made can help improve the living condition of the orphans.

Dug Deep Into Your Pockets on Charity Day!

3B Yannis Tong

There is a huge number of lesser-known groups who wish that contributors would open their hearts for them. The Community Chest of Hong Kong is an independent and non-profit organization. It is one of the most important charities in Hong Kong and it provides a wide range of community projects to the needy.

To support the work of the Community Chest, the Social Services Club of our school organized Charity Day last Friday. "I hope all of you will pay more attention to the people who are in need after joining the Charity Day," our Principal, Ms. Tao, reminded us in the opening ceremony.

The club invited some students from Fresh Fish Traders' School to give a talk. They talked about their hard daily lives that some of them are facing and shortage of food due to low family income or unemployment. Therefore, their teachers would give them canned food when they behaved well in the school, as encouragement.

On Charity Day, there was also drama appreciation and the fees collected from the ticket sales were donated to the Community Chest. The drama was about the harsh lives of an immigrant family from Mainland China. Some of the audience said that the drama was so inspiring that it changed their minds. They said they used to look down on the immigrants from Mainland China but after watching this drama, they understood their difficulties. They promised to help them when they were in need.

The highlight of the day was experiencing the life of low income families. The participants could experience the lives of low income families. During the event, they lacked food and had to stay in a small room which was poorly ventilated. Besides, the participants were not allowed to use their mobile phones or other electrical appliances during the event which was like the real situation.

On the whole, this year's Charity Day was a great success. It raised a huge amount of money. Besides, it raised the students' awareness of the difficulties of the lesser-known groups. We should be thankful for what we have. As the bible states, "It is better to give than to receive". After the event, most students have changed their minds and have stopped discriminating against the immigrants from China and minor ethnic groups. All of them will be very willing to offer help to them in the future.

"The Sweetest Happiness" helps to raise money for WWF

3B Violet Hui

Last week, Hong Kong True Light College held Charity Day for WWF. The True Light girls helped to raise money for WWF, World Wide Fund for Nature. It is the world's largest and most experienced independent conservation organization. It has launched campaigns to save tropical rainforests around the world and started projects to establish marine sanctuaries. The name of this event was "The Sweetest Happiness". The principal felt satisfied with it and said "This event was a great success".

The main activity of "The Sweetest Happiness" was selling sweet homemade cookies. The Home Economics Club helped us to make them. There was some advice written on the cookies to make people pay more attention to the endangered species problems. The visitors could donate money to WWF through buying the cookies. They loved them very much. All the cookies were sold out. If the Home Economics Club had made more cookies, this activity would have raised more money for WWF. It was because the cookies were really delicious.

The second activity was a drama show. The Drama Club performed a drama that told us what we should do to save our planet and endangered species. Each member of the audience had to pay ten dollars for the ticket. All of the money that the drama show collected was donated to WWF. All of the tickets were sold out and the audience loved the show. They wanted to watch it again because it was funny and creative.

The third activity was selling the products of WWF. Its purpose was to let more people know about WWF. Each customer would get a promotional leaflet about WWF. There was lots of information about WWF. The products were unusual and beautiful, so they attracted the customers to buy them and to donate money to WWF.

Overall, Charity Day was a big success. It raised a lot of money for WWF. All of the teachers, visitors and students were satisfied with "The Sweetest Happiness". They felt very happy and it was meaningful that they could help endangered species. If you want to help to raise money for charities through these kinds of events, please join us next time!

As a member of Hong Kong's ethnic minorities, I ...

2A Judy Koo

As a member of Hong Kong's ethnic minorities, I face a lot of problems in my daily life.

In education, it is hard for me to study in an ordinary Chinese school. I cannot catch up with the lessons because I am unable to speak and write as other Chinese students. It gives me a lot of pressure. My school results are usually bad. I feel very frustrated and lose motivation. Since I am a minority at school, I do not have any friends. I feel lonely and I have no friends to share my feelings with.

In my daily life, I get discriminated by local Hong Kong people. When I get on a bus, they usually choose not to sit beside me. Even if they sit beside me, they always stare at me and try to keep a distance from me. These make me very embarrassed.

For career path, I do not have too much hope. Most of my relatives, including my parents, are doing low-level jobs with low salaries in Hong Kong such as security guards, construction workers and dishwashers in restaurants. Employers prefer hiring local people instead of minorities if they have a choice.

In fact, the Hong Kong Government has no rules and regulations to protect or support the minorities in Hong Kong. The choices of schools for minorities are very limited. Most of us have to study in local schools which are usually difficult for us to cope with. There is no formal organization in Hong Kong where minorities can get help from if they face any problem.

To conclude, I want the Hong Kong Government to set up rules and regulations to help the minorities in Hong Kong. We need schools that can accommodate minorities. We need a formal organization that minorities can get help from and understands our needs. The Hong Kong Government should do more promotion to encourage local people to accept us so that we will not get discriminated from school or from work. Minorities do a lot of contribution in Hong Kong and I believe minorities need this protection.

Stress

3B Christy Cheung

What do you think of stress? Some say it is annoying. Some say it disturbs their work. Others say it brings out negative feelings. But if you do something correct with stress, actually you can achieve your goals because it keeps you move on. As far as I know, most people do not know where stress comes from, what it is or how to reduce it. I think stress mostly comes from family problems, relationships and school pressure.

Maybe you have strict parents. They control your whole life. In this case, you should talk to your parents and tell them how you feel. If you do not, they will think you are fine with their strictness.

Relationships can bring you a lot of trouble too. Having no friends is a common problem for teens. I suggest you join different extra-curricular activities. You can know more friends. Having arguments with friends can be stressful too. So you must communicate with your friends well so that between you and them there can be no misunderstanding. Having poor relationships with family can be annoying too. So, try to talk more with them and care about them more. Be nice to them.

The most stressful thing for teenagers is school pressure. Doing homework, studying, having examinations, dictations and so on can bring you stress. If you study well, you can choose better roads when you have grown up. To reduce these kinds of stress, you may exercise and eat regularly. Also, sleep at least 8 hours a day so as to keep yourself healthy with a clear mind. Thinking positively is also very important. You need to believe you can face all the difficulties. Get rid of negative thoughts.

For me, I think schools can do a lot to lower our stress. They can have a regular timetable for tests and give more time for students to prepare. They should encourage students to find counselors to talk about their bad feelings. Let students have enough time to take a good rest at home. Moreover, schools can think about the length of each lesson and time spent on travelling back home. They can decrease the duration of each lesson and hold more exciting, new, interesting activities so that we will release endorphins when we try out and experiment with the new activities.

Working as a Teacher in a Primary School

3B Christy Cheung

Last summer, I worked as a teacher in Hong Kong Primary School. I taught pupils in primary 2 and 3.

On the first day, I went to Class 2A. I taught them how to write a good article. But the pupils were either talking or sleeping. That made me feel embarrassed as I did not know if I should shout at them or let it go. But at last, I chose to let it go because it was only my first day of work! After lunch break, I went to the music room with Class 3B. The pupils sang very loudly and they had beautiful voices. They sang happily and I felt very amazed while listening to them.

After school, to know more about my students, I talked with the parents who were waiting for their children. Jane's father said that although Jane was already in primary three, her English was not very good because she seldom spoke English and read English books. Then I knew that my students did not really like having English lessons.

A few days later, it was my birthday and my primary 3 pupils presented gifts to me. I was really surprised! And they sang a wonderful birthday song to me too! Then I asked them how they knew it was my birthday. They answered that I had told them when we were having music lessons. I totally forgot it!

So as a reward, I invited them to go hiking. During the weekend, we went to Sai Kung for a hike. It was a really nice and sunny day. And I had a great time with my lovely 3B pupils.

All too soon, my teaching experience at Hong Kong Primary School came to an end. During my teaching there, I felt touched and happy. I understood pupils more than I thought. Working as a teacher can be very interesting and fun. Seriously, I have fallen in love with this work.



My Teaching Experience

3B Yannis Tong

Last summer, I worked in Hong Kong Primary School. I taught pupils in primary 2 and 3 for a week because their teacher was ill.

In the first lesson, I taught primary 3 students English writing. When I entered the classroom, the attitude of the students was very poor. They did not respect me and kept talking with each other in a loud voice when I was teaching. Also, I felt very disappointed that Tom, who was sitting in the first row, fell asleep. I woke him up but he fell asleep again very soon. Besides, John and May kept talking loudly in my lesson. My teaching was disrupted and I was very upset.

After lunch, I had a music lesson with my primary 2 students. They liked music and they paid attention in the lesson. They sang loudly and beautifully and their harmonious sound enclosed the music room.

After school, I talked to the parents who were picking up their children from school. Most of them told me that their children were weak in English and they asked me to help them. Therefore, I advised them to communicate with their children in English. Also, they could spend more time with their children on reading English newspaper articles and watching English TV programmes.

A few days later, it was my birthday. My primary 2 students presented gifts to me in the lesson. They also sang the birthday song loudly and their tuneful voices echoed round the classroom. I was deeply touched by their kind behavior. I would never forget that wonderful moment.

The next day, it was the school picnic day. We went to Tai Po Country Park. I went hiking with my pupils in the country park. They shared amazing things with me and our laughter and happiness filled the country park. After the picnic, I became friends with my pupils.

All too soon, my job as a substitute teacher had to come to an end. The students held a farewell party for me. We were very happy and I thanked for their special party. At the end, we took photos and exchanged our e-mail addresses. Also, I encouraged them to study hard and put more effort in English. Most of them thought they would miss me a lot and some of them even cried loudly.

Although I had just been a substitute teacher for a few weeks, I was very pleased with the changes in my pupils. Most of them paid attention in my lessons and there was improvement in English. Besides, I gained good experience in how to communicate with children after teaching in Hong Kong Primary School.

Working as a Substitute Teacher

3B Melody Tse

Last summer, I had my first summer job experience working as a primary school teacher in Hong Kong Primary School. I taught primary 2 and 3 students.

On the first day, I taught a group of primary 2 students to write an essay. However, Tim and Mary talked loudly while Jack was sleeping. They were not paying attention in class and it was very annoying. What a horrible class! I started worrying about the students that summer.

After lunchtime, I taught a class of primary 3 students music. I played the piano and they sang loudly and beautifully. The music room was surrounded by delicate sounds. The students were singing happily and joyfully. As a teacher, I treasured and enjoyed the moment very much. I also felt relieved a bit from the morning fear.

After school, I talked to the parents who were waiting for their children at the school gate. I then understood more about my students. I hoped that I could help them to improve their academic weaknesses.

A few days later, it was my birthday. When I entered the classroom, the students sang the birthday song for me. I was much surprised. Also, they had written down in colourful design "Happy Birthday" on the blackboard which gave me further unimagined amazement. Besides, they gave me a lovely present. That was a box of homemade chocolate muffins made by the whole class. I was very touched. That was the most unforgettable birthday I have ever had.

During the weekend, we went to Sai Kung Country Park together and had a hiking trip. There were many different kinds of plants and there was a beautiful view. We took a lot of photos for keeping memories. We all had a great time that day. Hopefully, we could go there together once again in the near future.

All too soon, my teaching as a substitute came to an end. I was upset because I had to leave such lovely students. In those few months, I learnt a lot about how to become a good teacher and had an enjoyable time with the students. I have decided to try my best to become a good teacher in the future.

My Teaching Experience

3B Dorothy Wong

Last summer, I worked as a teacher in Hong Kong Primary School. I taught pupils in primary 2 and 3.

The first lesson I taught was Primary 2 English Writing. I had prepared the passage and vocabulary the night before so I thought I could teach them well that day. However, I was really disappointed with the students. When the lesson started, Tom, who was sitting at the front, fell asleep quickly. I tried to wake him up but failed. I continued to teach the other students. But later, they began to talk and did not listen to me. Angrily, I ordered them to stand up for the whole lesson.

After lunch, it was time for the music lesson. Pupils sat in front of the piano with excitement. When I played the piano, they sang happily and loudly. Their beautiful voices echoed round the music room. I had a sense of achievement as all the students enjoyed the lesson very much!

One day, when I was leaving school, I saw Susan and her father. I said "Hello" to them and her father started to talk with me about Susan. He told me that Susan was a quiet and shy girl and she was not confident in English. After that, I determined to be a good teacher and help Susan.

Two weeks later, when I went into the primary 3 pupils' classroom, all the lights were off and it was so dark. Suddenly, the students screamed and turned on all the lights. Two boys came to me and gave me a present and then the class sang a birthday song to me. I was very surprised and touched.

During the weekend, I went hiking with my primary 3 pupils. We saw a lot of trees, beautiful butterflies and birds. They enjoyed the hike very much and took many photos of the wildlife.

All too soon, my teaching experience in Hong Kong Primary School came to an end. I had to return to my university to study. I will never forget this precious experience. Hope that one day I can be a real teacher in Hong Kong Primary School.

How to protect ethnic minority groups from being unequally treated?

5D Emily Mok

Since Hong Kong is an international cosmopolitan territory, with a history of colonization, many people of different races have settled in Hong Kong. With this multi-national background, it is not surprising to see non-Chinese people living in Hong Kong.

Despite being a multi-cultured and nationality city, Chinese are still the dominant ethnic group in the society. With the disparity in skin color, language and culture, other ethnic minority groups have been discriminated and excluded. There are often cases reported to the Equal Opportunity Commission about how the ethnic minority groups have been maltreated. Though there are laws protecting their rights, there are still countless unreported cases yet to be notified and cared for. It is up to an individual to raise our awareness towards the issue and wipe away the gap between the Chinese and the other ethnic minorities.

First of all, it is a must for the government to implement appropriate policies to protect the rights of the ethnic minorities and improve their living standards. The government should provide free courses to teach the ethnic minorities Cantonese and English. By knowing the two official languages in the territory, the ethnic minorities would be able to communicate with most of us in our language. When communication channels are opened, we are helping them to integrate into our society.

Apart from law, the government could also encourage employers to provide job opportunities to ethnic minority groups. Statistics show that employers tend to hire Chinese instead of non-Chinese. The reasons vary as it may be due to their lower education level, their skin color and their difference in cultural or custom practices.

Having such a problem as job hunting, it is obvious that the ethnic minority groups will be shunted always to the bottom of the social ladder. The government should then take the lead, being the first to provide more jobs for the ethnic minorities. The public, particularly employers, will be able to see their capability in work and will then be more willing to hire them.

Most importantly, each individual in society should respect the ethnic minority groups. We should be taught and instilled the knowledge of respecting people who are different from us. We are all Hong Kong people living in one big family. There should not be any discrimination among races.

As a member of Hong Kong's ethnic minorities, I...

5D Michelle Ma

"I hope some day you'll join us. And the world will live as one".

These are the lyrics from a legendary song, *Imagine* by John Lennon. Everyone must have heard about this amazing song since we were young. It tells us to imagine all the people are sharing the world together. My dad loves this song so much that he sings it every day. Even when he is sitting on a bus, he still listens to it. But I hope these words are not just to be sung but to be acted upon.

I forgot to introduce myself. My name is Simon Fung. I am now 35 years old. I am a locally born Indian. Despite my Indian appearance, I consider myself a Hong Kong citizen more than an Indian. I even think I might just belong to the Chinese ethnic group. I was born here. I was brought up here. Hong Kong is my only home.

Like any other Hong Kongers, Cantonese is my mother language though I can also speak fluent English and Mandarin. I studied in an international school. In school, students were from different countries. That was why we often communicated with each other in English. We talked about our differences in culture, foods and customs. Life has never been happier than those merry days. I felt proud to look like an Indian at that time because my friends always called me Choco, part of the reason was that I have bronze skin. I clearly know that they intended no offence. Actually I did love this nickname as it sounded so sweet. I love the zero-boundary among those days. We did live the "Imagine" world that John Lennon described.

Life is not always flawless. After I graduated from secondary school, everything in my life has changed.

I used to think Hong Kong was an international cosmopolitan. Discrimination is a word forbidden from the Hong Kong dictionary, at least, during my 18 years of joyous life in my secondary school. However, I was wrong. The first hindrance I experienced was the difficulties I faced while hunting for jobs. 99% of companies hire local Chinese. People were being put off by just my Indian look. Employers did not even look at my resume but just considered my ethnic background. Of my 17 years working in Hong Kong, I have been hunting for jobs half of the time. Even when I was luckily being hired, colleagues did not mingle with me much. To them, I am different. I am an outsider.



Can anyone help us, the ethnic minorities, to fight for our rights? Do riots or demonstrations help? Those discrimination concepts are imprinted in those stubborn Hongkongers' minds. I strongly believe that it was the duty of the Hong Kong government to educate the public and to set up policies to protect our rights.

Firstly, the Hong Kong government should allocate more budget on educating the young generation to accept us like part of their family members. They should not steer away from us but to communicate with us. They should be taught a harmonious

society is an inclusion of people from different nations and backgrounds. There could be more celebrations of our festivals, like Diwali. Though it was not made a public holiday, can the employers respect our culture by giving us a discretionary holiday? There can also be more cultural festivals introducing customs and culture of different nations to Hong Kong citizens. I believe if they know more about our culture, more respect would be shouldered on us.

Secondly, more job opportunities should be opened to the ethnic minorities. Employers should be educated to be fair and square with our qualifications rather than our ethnicity. Moreover, there should be some allowance subsidized for those companies which have hired ethnic minorities as their employees. In addition, the government can even make a good use of monetary inducement to advocate the companies producing more work chances.

If the above are taken into consideration, I believe the ethnic minorities in Hong Kong will be better respected. Most importantly, each individual should also take our own part to make these suggestions real. May each of us take some steps for ethnic minorities. If we gather our power together, there is the ability to change the world. "I'm a dreamer, but I'm not the only one." Let us strive for the equality and rights of the ethnic minorities. Let us remember we are all equal living in one world, the Earth.

No pain, no gain!

5E Lily Ma

During last summer vacation, I spent a week working for my uncle's company, which is a well-known eatery in the southern district. Although my job didn't start with ease, I did learn a lot from it.

I was distributed to work as a waitress initially. On the first two days, I undoubtedly acted like a fool as I had never had any work experience before. By contrast, other waiters and waitresses were all well-trained and they were able to deal with everything. As a matter of course, I was indeed panicked and nervous while handling my job. My duties include welcoming guests, cleaning up and taking orders for customers.

In the first place, I regarded my job as easy as a piece of cake. However, I found it totally deviated from my expectations. It was the first time that I had learnt how to welcome customers in a professional and polite way. At the first time, I was shivering when guests arrived at our restaurant. Instead of greeting them politely, I just stood still without wearing a smile as if I was a zombie. Since I was not proficient at communicating with others, it could be a big challenge for me to get in touch with someone who I was not familiar with. Fortunately, I managed to do it afterwards with the help of my partners. At least I was able to make a warm welcome to our guests.

Another challenge for me was to take orders for customers. As I mentioned before, I was not that confident in communicating with others, and therefore taking orders was a huge crisis to me. The basic step was to get familiar with the menu. The remarkable experience I am going to share is a nightmare, which I will never forget. The weather was sunny and it was raining out of the blue. A man who was drenched appeared all of a sudden. Since my partners were busy with dealing with their work, I had no choice but to take the order for the man. While I was approaching the place where he stayed, I saw his face clearly with a scar on the forehead. This definitely burdened me within a short period of time. I was startled and my mind was out of control as I couldn't jot down what he ordered. When I attempted to inquire him to repeat, he burst into smile out of my surprise. "Don't be afraid! I am not that fierce, right?" And he automatically repeated his words. Actually, I regretted how I performed just then and apologized to him immediately. Maybe I stressed myself out worrying about too much. I have become more courageous since then.

During the short period of my work, not only did I develop friendships with my partners, but I also experienced a meaningful time. Apart from that, I learnt a lesson from my previous experience, judge a book by its content, but not cover, as do people. Certainly, I perked up my communication skills and problem solving skills when engaging in my work, which should be a great asset to my career in the future. Like the old saying "Live and learn" tells: one should always be responsible for his behavior, and absorb knowledge through every experience.



City already has enough visitors

6D Jessie Shing

Concern has been expressed by many people about the rapid increase in the number of mainland visitors coming into Hong Kong, since the introduction of visas allowing independent travelers from across the border.



Figures show that last year mainland visitors comprised the largest visitor source market, with 28.1 million arrivals, accounting for 67 per cent of all arrivals.

In terms of visitors, Hong Kong has reached capacity and cannot cope with any more people coming in through any proposed extension of multiple-entry visitor permits.

At weekends, I often see groups of mainland visitors in Tsim Sha Tsui, Central and Causeway Bay.

These areas are crowded now with tourists, business people and locals. If more visitors are allowed in, it will be increasingly difficult for local residents to use public spaces. This will adversely affect their quality of life.

Also, mainland citizens have different moral codes and values systems from Hongkongers and this can lead to the outbreak of tensions between the two groups, which is bad for everyone involved.

If these tensions get worse, then it is hard to see local and mainland citizens enjoying harmonious relations.

While these visitors can stimulate economic growth, it also has to be accepted that they bring other problems such as parallel trading and illegal workers.

Mainlanders' continued investment here contributes to rising property prices.

The government has to take appropriate measures to deal with the problems caused by so many mainland tourists.

Truancy must be ceased!

6E Mary Fong

According to the report revealed in the School Magazine, truancy has become a concerning problem recently. From the review, there are various contributing factors of truancy. To tackle the problem, several approaches are feasible.

Above all, the prior measure we should take is to create a harmonious atmosphere in our school campus. Students are reluctant to go to school, generally, related to the encounters of bullying and isolation. Truancy is the only way for those being bullied and isolated to evade suffering again. Only if the ambience of school is cosy and stress-free, they will have the eagerness to attend classes. With the intention to create a comfortable environment, an anti-bullying campaign should be held. By ceasing and preventing the bullying, the fears of being jibed and assaulted will certainly be relieved. The circumstance of students cutting classes will be reduced. Besides, in order to let a better relationship develop among classmates, more class activities or school trips could be held. The more opportunities for them to communicate, the more harmonious the class will become. Hence, the isolation in class can be minimized. As a result, students will be more willing to attend school.

Apart from the ambience and peer relationship, the lack of realization on the consequences brought about by truancy may be one of the causes of the emergence of truancy. So, to cope with the problem, our school should take a tough line on truancy. Unless a more severe penalty is implemented, the seriousness of truancy in our school will not be lessened. Deterrence from penalty will definitely make students stick to their roles and not to cut classes. Once they notice the result truancy will lead to, the behavioral problem will become less. It is vital to let students know the significance of education in a knowledge-based society. Knowledge is one of the most paramount factors affecting students' careers and future. If students consistently miss the classes, they will acquire much less than the others who attend classes on time. This will lower their competitiveness in the future. Grasping the importance of education and the result it may have, the relief of the problem could then be guaranteed.

Aside from creating a harmonious campus and educating students, there could still be numerous ways to tackle truancy. The most important thing to be pointed out is the thoughts of students should be thoroughly understood by school. Why do they resist attending the school? Not only

teachers, but also parents and social workers could cooperate with each other dealing with this problem.

There are diverse methods to tackle truancy. It is not really as tough as people think. If people with different roles make an effort together with the aim of solving this problem, truancy will diminish from schools by and by.



It is good for Hong Kong to use wind energy for electricity supply

3A Cindy Chan

Good morning, Chairperson and fellow classmates. I am the third speaker of the negative team. Our team strongly disagrees that it is good for Hong Kong to use wind energy for electricity supply.

Firstly, the second speaker of the affirmative team said that we can avoid birds being killed by windmills by building wires around the windmills. But birds are not as clever as humans. They cannot identify dangers. Maybe they still fly into the windmills, even though we have already built the wires around those windmills. Also, they said that when windmills are running, they won't produce any pollutants. The process of producing the materials for windmills produces pollutants. Therefore, it is not true.

Secondly, our second speaker mentioned that we don't have enough space to build windmills – that's true. We are already short of space to build residential areas to live in. How can we get extra areas to build windmills? Therefore, we will face a serious land shortage if we keep on building more windmills.

Thirdly, the third speaker of the affirmative team said that we have only one windmill in Hong Kong and we need to build more to get a higher electricity supply. Like what I said before, windmills can kill birds and we don't have places to build windmills. But the most important point is that we cannot satisfy human wants even though we build a lot of windmills. The more windmills and energy stations we build, the more energy we use. Besides, it will only make the globe worse.

Finally, I am going to explain a point that no one has noticed or discussed before – noise pollution. The residents in wind farms in England have been annoyed by the noise pollution produced by the windmills. They cannot sleep at night because of the noise. Therefore, we cannot build windmills near residential areas.

In conclusion, I strongly disagree that it is good for Hong Kong to use wind energy for its electricity supply because it has a great negative impact on Hong Kong people.



Solar power is good for Hong Kong

3B Melody Tse

Good morning, Chairperson and fellow students. My name is Melody Tse and I'm the first speaker of the negative team. Sitting on my left is our second speaker, Yancy Tam and sitting on the far end is Maggie Wong. The topic of our debate is "Solar power is good for Hong Kong". We are the negative team and we believe that this statement is false. As the first speaker, I would like to tell you the disadvantages of solar power. The second speaker will try to tell you about other sources of renewable energy instead of solar energy and my third speaker will try to make a conclusion. I strongly believe that solar energy is not suitable for Hong Kong to use. Firstly, solar energy is unreliable. Secondly, it is expensive to build a solar power generator. Thirdly, Hong Kong lacks land to build a solar power station.

According to the first speaker of the proposition team, solar energy can be used in the daytime. How about the night-time? Many shops and restaurants are running at night. If there is sudden cutting down of the supply of energy, it will greatly affect the life of Hong Kong citizens. Also, during the summer in Hong Kong, there are always extreme weather conditions such as typhoons and heavy rain. They may damage the solar panels and cause them to stop working. Moreover, the weather in Hong Kong is quite humid and it often rains. Thus, it cannot supply the energy all the time. Therefore, solar power is unreliable.

Secondly, solar collectors, panels and cells are relatively expensive. Also, the cost of maintaining solar power generators is high too. Not everyone in Hong Kong can afford such expensive electricity even though it won't produce any pollutants.

Thirdly, most of the land in Hong Kong has already been planned for other purposes. However, building a solar power station requires a large area of land. Therefore, using solar power in Hong Kong is an impossible thing.

In conclusion, we believe that Hong Kong is not suitable for using solar energy because it is unreliable and expensive.

It is good to use solar energy for Hong Kong's electricity supply

3B Moon Lam

Good morning, Chairperson and fellow students. My name is Moon Lam and I'm the third speaker of the affirmative team.

Both the first speaker and the second speaker from the negative team have tried to tell us that solar energy needs expensive equipment. Besides that, the sun, the source of solar energy, never shines for 24 hours either. Those things may be true but we can use solar energy for the whole day, because there is a method which uses solar energy to heat the salt during the daytime. Then, use the energy in the salt to give energy supply at nighttime. Also, people who live in a flourishing city have enough money to spend or even there is money left. Thus, the government can receive more money by taxation to build the expensive equipment.

Furthermore, our first speaker has already explained that solar energy is eco-friendly since it is renewable energy. Also, it is better than other fuels. Our second speaker has also argued that solar energy saves their dollars, because it can have a far-reaching development both in the economy and energy supply. She mentioned it can definitely slow down global warming too.

Now, I'd like to show you the method of using solar energy. The first method is to get solar energy from space. Transform it into energy or electricity afterwards then, send it to the land station which receives the energy supply. The appliance is near the Sun, so it is unlimited and unaffected.

Moreover, there is a method called BIPV, Building Integrated Photo Voltaic. It can mix the chemicals (absorb solar energy) into the varnish of exterior walls. Therefore, it can supply the whole building's energy if it is painted.

Both methods are really useful. It shows us that we can use solar energy in the daytime or nighttime. The Government has enough money to afford the equipment too.

In conclusion, I believe that it's good to use solar energy for Hong Kong's energy supply because it can absolutely reduce a serious problem in Hong Kong – air pollution! Thank you.

It is good to use nuclear energy for Hong Kong's electricity supply

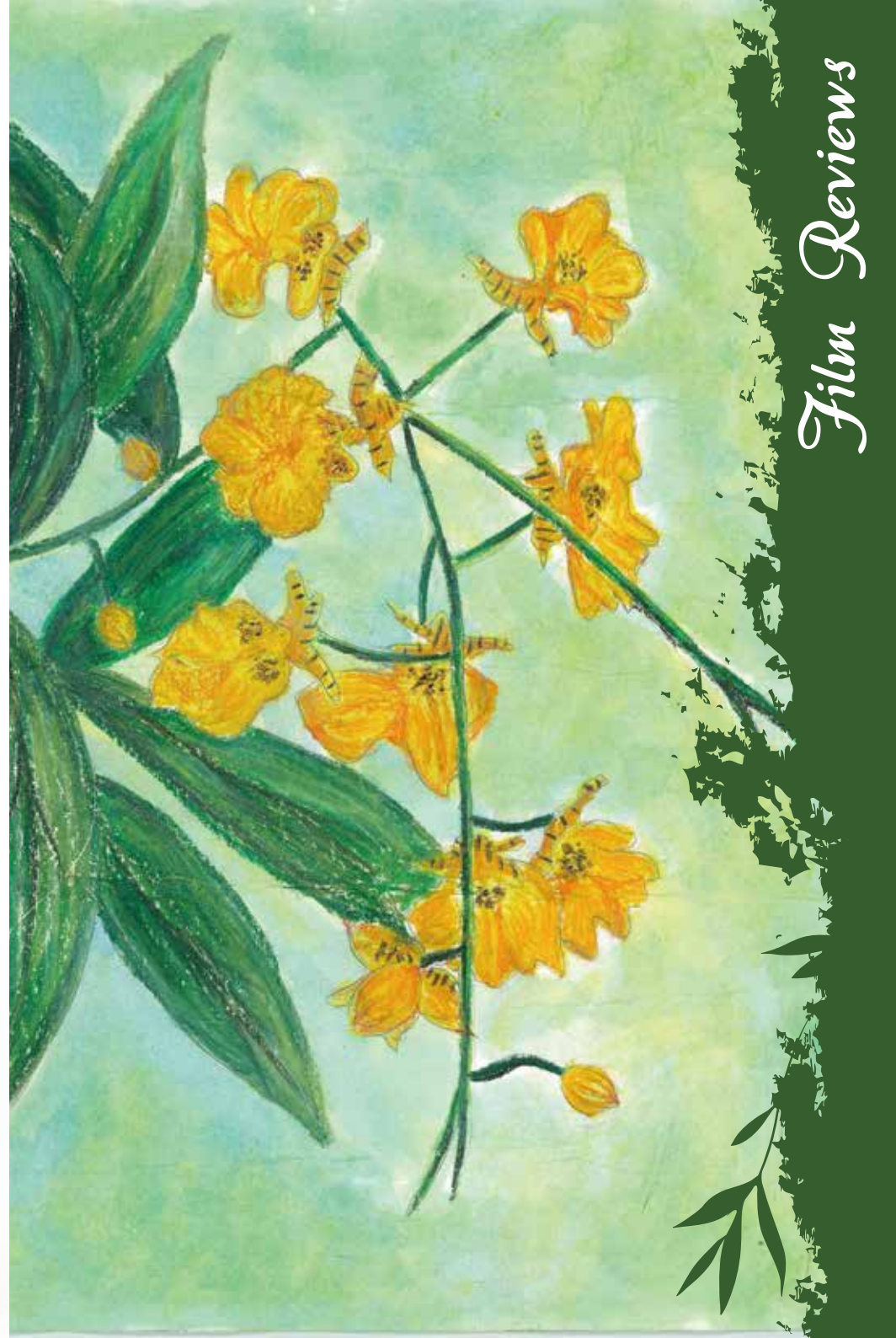
3A Cherry Chung

Good morning, Chairperson and fellow classmates. My name is Cherry Chung. I am the third speaker of the proposition team.

Just now, the second speaker of the opposition team has said that there is not enough land here in Hong Kong to build a large nuclear power plant. However, we reclaim land to solve this problem. Reclamation can increase the supply of land in Hong Kong. Besides that, the second speaker of the opposition team has also said that there is not enough money for the government to invest in this project. For this argument, we believe that the big companies in Hong Kong such as Cheung Kong Holdings, started by Sir Lee Ka Shing, can help. They can give out some money to assist the government to invest in this project. We believe that Hong Kong citizens are responsible. It is their duty and this can help us to find other new energy sources.

On the other hand, we emphasize that although there is radiation released from a nuclear plant, the amount that it releases is very low, lower than the radiation level that we are in contact with during our daily life. A house releases 200 millirem of radiation every year (outer space releases 30 millirem per year). If we take an X-ray photo of our lungs every time, 10 millirem of radiation will be released. If we travel 2000 kilometres by plane, 1 millirem is released. However, do you know how low the amount of radiation the people living nearby a nuclear power plant receive every year? It is less than 1 millirem of radiation. Therefore, it is safe for us to build a nuclear power plant and use uranium to generate nuclear power and that can be converted into electricity to provide for 700 million Hong Kong citizens.

In conclusion, our team strongly believes that it is good for Hong Kong to use nuclear power to generate electricity.



Oliver Twist

3B Yannis Tong

The film started in an orphanage. The orphans were treated poorly as the children had to finish lots of work and they did not have enough food to eat. One of the orphans, Oliver Twist, escaped from the orphanage and began roaming in the streets of London. Later, Oliver was taken by Fagin who was actually a criminal and made use of the children to pick pockets for him. Luckily, Oliver was at last saved by Mr. Brownlow, someone who treated him kindly and provided him a better living environment.

I think the most touching part of the film is when Oliver requested to pay a visit to the jail to see Fagin. Although Fagin lost his temper on seeing him, Oliver did not leave him and started playing with him. On his release, Fagin taught Oliver to pick pockets, but Oliver did not feel angry with him. He understood that Fagin treated him well even though he had never picked pockets.

On the other hand, I feel sad about the behaviour of the residents in London. They looked down on Oliver and refused to help him. They treated him rudely and unkindly. I think the residents should have thought from Oliver's point of view. Oliver felt very tired from his adventures in London. He tried to ask for food and water but all the residents lacked empathy and no one offered him a helping hand.

After watching this film, I understand more about the difficult lives of the orphans in the 19th century in London. I wish Hong Kong society could pay more attention to the homeless children in the poor countries. They can help the poor children by giving donations to world charity organizations such as the Red Cross, Medecins Sans Frontieres, World Vision, etc. so that the poor children may have food, education, better health, security and a stable future.



Frozen

3B Dorothy Wong

With wonderful music and meaningful messages, watching “Frozen” is a great pleasure for me. Unlike the early Disney films, “Frozen” has a different expression of “True Love”. The film was released at Christmas in 2013. It is a musical comedy animation produced by Walt Disney Animation Studio. The voices cast are Kristen Bell, Idina Menzel, Jonathan Groff, Josh Gad and so on.

The movie is about the two princesses of Arendelle, Elsa and Anna. Elsa was born with magic which allows her to create ice and snow. One night, while they are playing, Elsa accidentally injures Anna. Then the king and queen seek help from the troll king who needs to remove Anna's memories of Elsa's magic in order to save her. Many years have passed. Elsa prepares for her coronation. However, during the reception, because of an argument with her sister, Elsa's magic becomes uncontrollable. In her fear, Elsa escapes from the kingdom and Anna starts to find her. The plot becomes exciting when Anna, Elsa, Kristoff and Hans are in the blizzard fjord. Anna sees that Hans is about to kill Elsa. She does not care about herself but runs to save Elsa.

The opening scenes are breathtaking, and the most outstanding features are the songs and the relationship between Elsa and Anna. The songs are really fantastic and over-the-top especially “Let it go”, which got the Best Original Song Award. Elements of comedy, romance and musical are combined skillfully to create a meaningful and hugely enjoyable film. It is a high quality production which portrays the love between Anna and Elsa successfully.

The film gives me deep ideas for reflection, when Elsa melts Anna's ice. It inspires me that “true love” is the love between family members more than lovers.

“Frozen” is a box-office hit. It shows not only romantic love but more so family love. “Frozen” is thought-provoking and worth-watching. Don't miss it!

The Iron Lady

3A Samantha Wong

“The Iron Lady” was released in 2011. It is a biographical film based on the life of Margaret Thatcher, the longest-serving Prime Minister of the United Kingdom and the first female Prime Minister of England in the 20th century. This film starred Meryl Streep who played the role of Margaret Thatcher.

The film begins with an elderly Lady Thatcher buying milk secretly and walking back from the shop alone. While she was eating breakfast, she looked back on the defining moments of her life with her husband, Denis Thatcher, whose death she was unable to fully accept.

It was a high quality film production since the dramatic skills of the actors were really good, particularly the acting of Meryl Streep. She was absolutely perfect. She could control her emotions well and her acting skills were of a high standard. Also, the film was beautifully directed. It was a blockbuster film indeed.

This film can show us the important things in the life of the Iron Lady. Not only did the film show how strong Margaret Thatcher was in the politics, but it also showed that the relationship between her and her family was not that good. From this film, I can learn to treasure my family. The plot of this film was really good. I think this was a very meaningful film and this was a masterpiece.

It is an absolutely worthwhile movie. It appeals to all ages. So, I highly recommend this film to all my friends.



Application for the Position of Volunteer Aged-care Assistant

3B Yannis Tong

Flat 20C, Happy Court
409 Queen's Road
Causeway Bay, Hong Kong

6th December, 2013

Director, Care of the Elderly
11/F Wing High House
49 Des Voeux Road
Central, Hong Kong

Dear Sir / Madam

I am writing to apply for the position of Volunteer Aged-care Assistant which was advertised on Care for the Elderly's webpage on 24th November, 2013.

I am currently a Form 3 student at Hong Kong True Light College and I have been a Red Cross member for the previous three years in my secondary school. I often visit elderly homes as I have to lead my team to play games with the elderly.

Last Christmas, I visited an elderly home with other Red Cross members of my school. Firstly, we greeted the elderly and invited them to pass balloons around the room. Next, we sang carols with them. Then, we divided them into several groups so that each of them had a chance to share their past experiences and stories with us. Afterwards, we played some memory games and they had the opportunity to win prizes. Finally, we gave each of them a bag of articles for daily use as their Christmas presents.

During the visit, I gained much experience in the skills of communication with the elderly. Also, I found that patience is the most important factor in contacting with the elderly.

Furthermore, I have been a team member of the swimming team in my school for the previous three years. I take part in the inter-school swimming competition every year. Our school got good results in the last competition. The swimming team has trained to be self-disciplined as we must attend

all the practice on time and exert our best time to achieve the best results. Besides, it increases our team spirit and sense of belonging to our school.

I have confidence that I will be a suitable candidate for this position as I love working with the elderly. Besides, I live with my grandmother and I often talk with and understand her with intense communication. Furthermore, I am patient and resourceful. If I had a difficult problem, I would calm down and try to find a possible way to deal with it or seek for advice.

I have enclosed my CV for your reference. I wish you would kindly consider my application and I look forward to attend an interview at your convenience.

Yours faithfully
Yannis Tong

Application for the Position of Art Project Helper

3B Christy Cheung

Flat 39B, University Heights
23 Pokfield Road
Pok Fu Lam, Hong Kong

2nd December 2013

Art Project Director
St. Peter's Hospital
102 Castle Peak Road
Tsuen Wan, New Territories

Dear Sir / Madam

Re: Application for the Position of Art Project Helper in St. Peter's Hospital

I am writing to apply for the position of Art Project Helper as advertised in the Sunday Post on 25th November 2013.

I am currently a secondary three student at Hong Kong True Light College where I have been a class monitor for the past two years. I have been in the Table Tennis Team for three years. My team members and I have successfully won second prize for two years. Being a team player is not easy. I need to cooperate with other team players. And we need to encourage each other in the competitions as we may feel really bad when we lose one single match. Being a team player, I learnt to be resourceful and resilient, and to be patient with the younger team members because teaching them can be quite tough sometimes. I am also a member of the Art Club. The Art Club often holds some outdoor activities such as visits to different art museums. We also have our own in-club competitions to improve our drawing skills and train us to be much more creative.

I believe that I am the perfect candidate for this position because I am dedicated. I work hard on every single detail and want to do my best on everything. I am a very creative person, too. I joined some international drawing competitions last year and got the top prizes. I have a passion for drawing. I use my art to express my feelings. Moreover, I am proactive as I usually help to take charge of my class and work together with my classmates to win different inter-school competitions. I am patient and good with children. I always go to children's homes and chat with the poor kids.

I understand their feelings and their loneliness. I also go to hospitals to visit the patients. Playing and talking with them are my favourite activities. I understand they are having difficulties and even some elderly people do not have families staying with them. So I believe I will be able to get along well and empathize with the young patients.

I chose to study art this year. I think I am able to use my drawings to cheer the patients up and send my love messages to them to encourage them to fight against diseases. Therefore, I feel that I will be the best person to be an Art Project helper.

I have enclosed my CV for your reference. I hope you will consider my application and I look forward to the opportunity to attend an interview. I really want to be an Art Project helper in St. Peter's Hospital. Please give me a trial and I promise to do my best. Hope to hear from you soon. Thank you.

Yours faithfully
Christy Cheung

Application for the Position of Volunteer

3B Ada Ma

Rm 501, 5/F
Pik Wai House
Shek Pai Wan Estate
Aberdeen, Hong Kong

2nd December, 2013

Chairman, Green Planet
23/F, Commercial Centre
96 Argyle Street
Mongkok, Kowloon

Dear Sir / Madam

Re: Application for the Position of Volunteer

I am writing to apply for the position of Green Planet Volunteer as advertised in the Hong Kong Times on 24th November 2013.

I am currently a Secondary 3 student at Hong Kong True Light College where I have been an Environmental Protection Ambassador and a green keeper. My responsibilities include checking the school to see if any rubbish is around, helping to save energy and recycling the waste like paper or newspapers. I like to make the world greener and cleaner, because if we kept it like this and did nothing to help the Earth, we would come to an end and we would die at the same time. I do not like the people who waste things especially in schools so I will teach them well and tell them the right way. If all people in the world also did this, our world would be more beautiful than ever. Animals would not be easily killed by air pollution. Our health would also be better.

I am also actively pursuing everyone to join this club and telling the people the right way to get the world greener. I am dedicated to save the world. Every day, I try so hard to plant more trees in the streets and tell my family to be good to the environment. I am friendly and do not get angry easily. I speak fluent Cantonese and English. If any problem happens, I decisively think of a way to solve it as fast as I can. I will do my job diligently and seriously. I am ready for this job now. It makes me energetic.

I have already put my CV in your email. I hope you will consider my application and I am looking forward to the opportunity to attend an interview.

Yours faithfully
Ada Ma

Disabled can contribute if door is opened

6D Jenny Lim

I totally agree with the letter by Stephanie Kwok ("Disabled in society need more help", September 25). Society nowadays does not offer enough opportunities for disabled people, especially regarding employment. If anything, society as a whole discriminates against them and makes them feel as if they do not belong.

Although the government has improved the minimum wage legislation, in some cases, a disabled employee is paid less than the minimum wage. This may hurt their chances of employment.

However, some businesses still do employ disabled people. McDonald's is a good example. When I have lunch at my local McDonald's, I am happy to see disabled employees doing the same things as workers who are healthy, especially interacting with customers.

If McDonald's has taken a good step to tighten the relationship between Hongkongers and disabled people, then the government should certainly encourage more businesses to hire more disabled employees to do the same thing.

If we are to be a happy community, the most important thing is to accept others who are different or special. People often stare at someone who looks different, but we need to open our minds and join more activities in which we can team up with disabled people.

There is still some distance between the disabled and the mainstream community, but I think we can do a lot to close the gap. We should focus on what disabled people can do, not what they can't do. The government needs to lead the way by providing more education and employment opportunities to help them.

No excuse for protest violence

6D Jessica Fan

After reading your editorial “Dangerous game of violent protest.” (South China Morning Post, September 18), I agree that mainlanders should be able to stage public protest against perceived wrongdoing by Japan.

But, no matter how angry and frustrated they feel, it is wrong to attack Japanese businesses as they provide many jobs to mainlanders and contribute to China’s economy and society.

While it is good that mainlanders are becoming more concerned about society, violence can never solve problems. China and Japan must solve their problems rationally, or there could be war and both countries will be big losers.



Friday, November 21, 2014

Long-term fixes needed to fight smog

6E Mercy Yiu

I am writing in response to the article ("Smog fixes 'will fail in long term'", November 4).

Air pollution in China is becoming more hazardous and should concern all citizens.

The central government has only had success with short-term measures that are implemented in advance of a major event such as the Beijing Olympics or the Apec summit.

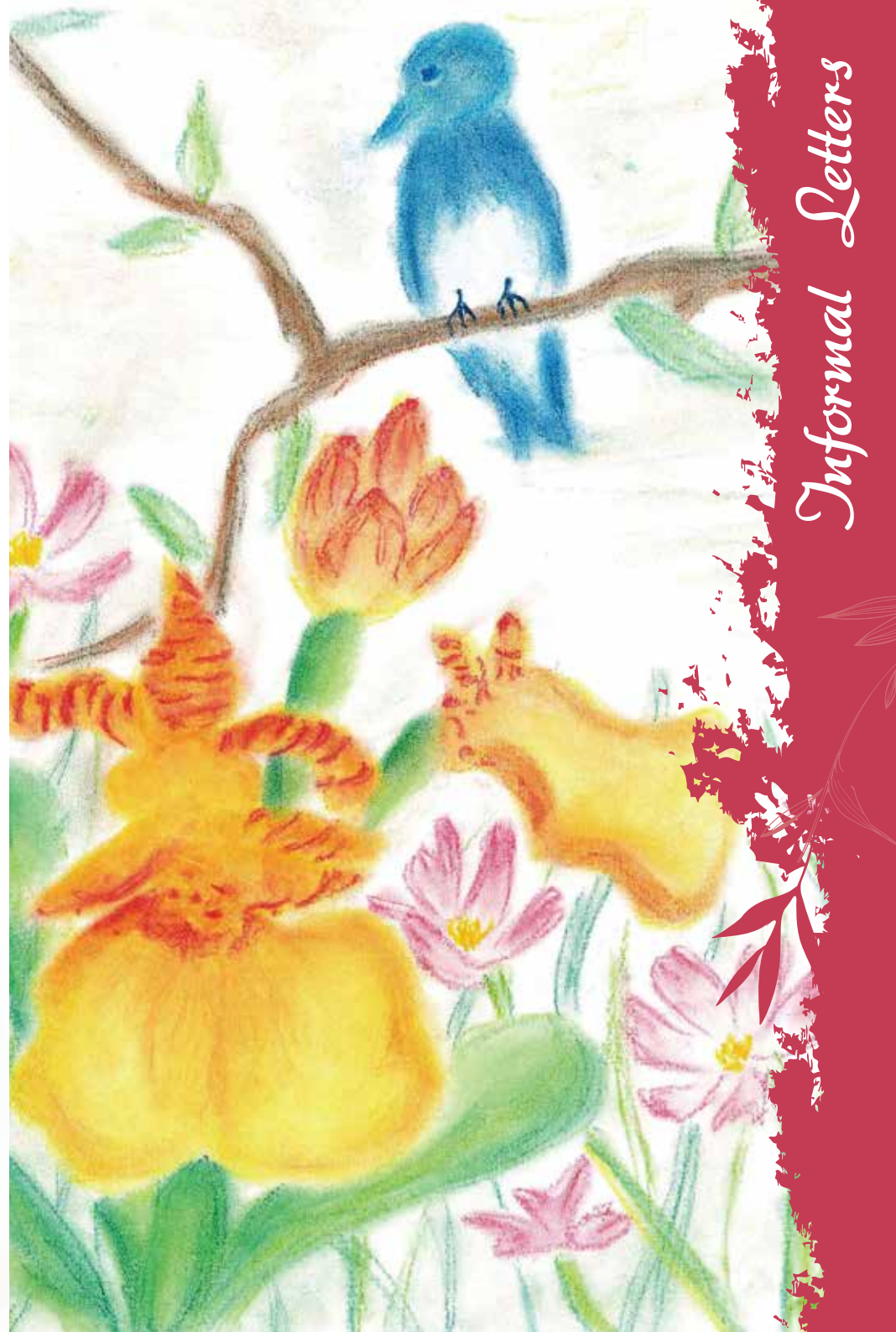
Factories are either closed temporarily or have to reduce production. Many vehicles are ordered off the roads of the capital. The same has been done in other cities, such as Guangzhou before the 2010 Asian Games.

I appreciate these short-term measures, but the government should not see them as the solution to the prevailing problem.

Education is the key to ensuring cleaner air on the mainland. Citizens have to be taught about the importance of trying to keep air pollution levels as low possible. The government should launch tree planting campaigns. It should also offer subsidies to factories that are willing to install more advanced technology to reduce emissions.

If it wants to effectively address the country's serious air pollution problems the central government has to come up with long-term strategies.

South China Morning Post – Young Post
Mercy Yiu, Hong Kong True Light College
Monday, November 17, 2014



Advice Letter to John

3B Yannis Tong

Dear John,

Thank you for your letter. I am sorry to notice the situation of your brother, David. You told me the problems of David and you have tried to talk to him but he doesn't listen to you. On the whole, I think you should explain to him that you are going to help him to improve his problems. Also, you may ask your parents to offer their help when you have a problem.

Firstly, you mentioned that David goes to bed very late and doesn't get enough sleep. I think you should explain to him that sleeping is very important as it helps to keep his body healthy. Also, you may invite David to work out a timetable with you and your parents as to help him to have a balance on study and entertainment.

Secondly, you mentioned that David is often on the phone chatting with his friends. Also, he doesn't exercise and even eats junk food after dinner. To deal with these problems, I think you may suggest that your family go hiking in the countryside. As a result, all of you may have time to chat with your family members. It may help you to build up a better relationship with one another that you may have a chance to understand each other more and all of you may have enough exercise. Also, I think your parents must have an agreement with David about the time of using his phone. They may try to explain to him that using his phone will be bad for him as he may lose his communication skills. Besides, you may suggest David eat fruits, nuts and some fat-free dairy products instead of junk food after dinner.

Thirdly, you mentioned that David's test results are getting worse and his teachers told your mum that he often falls asleep in class. I think you should suggest that your mum help David with his study. Also, you should help David to follow his timetable.

Finally, I think you should talk to your friends and see if they have some better suggestions. Also, you may consult your parents or other reliable people when you have problems. Besides, you may even consult the social workers in your school as they will give you professional advice to solve your problems. Moreover, you may feel relieved after sharing with them. Furthermore, you should encourage David to help him to improve his problems. The most important thing you should do is to build up a good relationship with him and explain to him that you are trying to help him.

Lastly, I hope my above advice will be helpful to you. Keep close contact with me. I am always ready to offer my help.

With best wishes,
Robert



Advice Letter to Andy

3A Cindy Chan

Dear Andy,

Thanks for your letter. I am sorry to hear about your problems. I hope my advice is useful.

You told me that your parents are extremely strict and it makes you feel unhappy. Have you ever thought about the reason they are always checking on you? Maybe it's because they are worried about your studies or your friendships. You know, there are many students who take drugs because their friends tell them to do so. I believe your parents are worrying that you have made bad friends. Try to talk with them more about your feelings. You can also invite them to join some activities together. It helps them to know about your friends. You can add your parents as friends on Facebook. Try to let them know that Facebook is not dangerous. They can have fun on Facebook, too.

You mentioned that you're overweight. I think what you need to do first is to keep your diet balanced. You can eat snacks like chocolates but then, you should eat more healthy food. For example, you can eat fruits as snacks. It is easier to help you to reduce eating snacks which are high in fats, sugar and salt. Andy, I have to tell you that eating food is not the only way to make you feel happy. You can do some interesting activities with your family or your friends such as playing chess, visiting country parks to have a picnic.

You also said that you're terrible at sport. For keeping fit, you should do exercise regularly. I advise you to do some easy exercise at first like jogging or rope skipping, etc. You can do it twenty to thirty minutes every day at first. It is some exercise that helps you to lose your weight effectively. Jogging is a fun method to exercise. You should invite your friends. Be proactive. I think

they will be happy to exercise with you. Try to tell your parents about your problems – being overweight and terrible at sport. Or you also invite them to join some exercise such as rock-climbing and jogging. It helps you to have fun during exercising.

I hope my advice is useful and helpful. Please write to me again.

Mr. Leung

Letter of Advice to Andy

3B Violet Hui

Dear Andy,

I'm sorry to hear about your three problems. They are very difficult problems, but I hope I can help you with my advice.

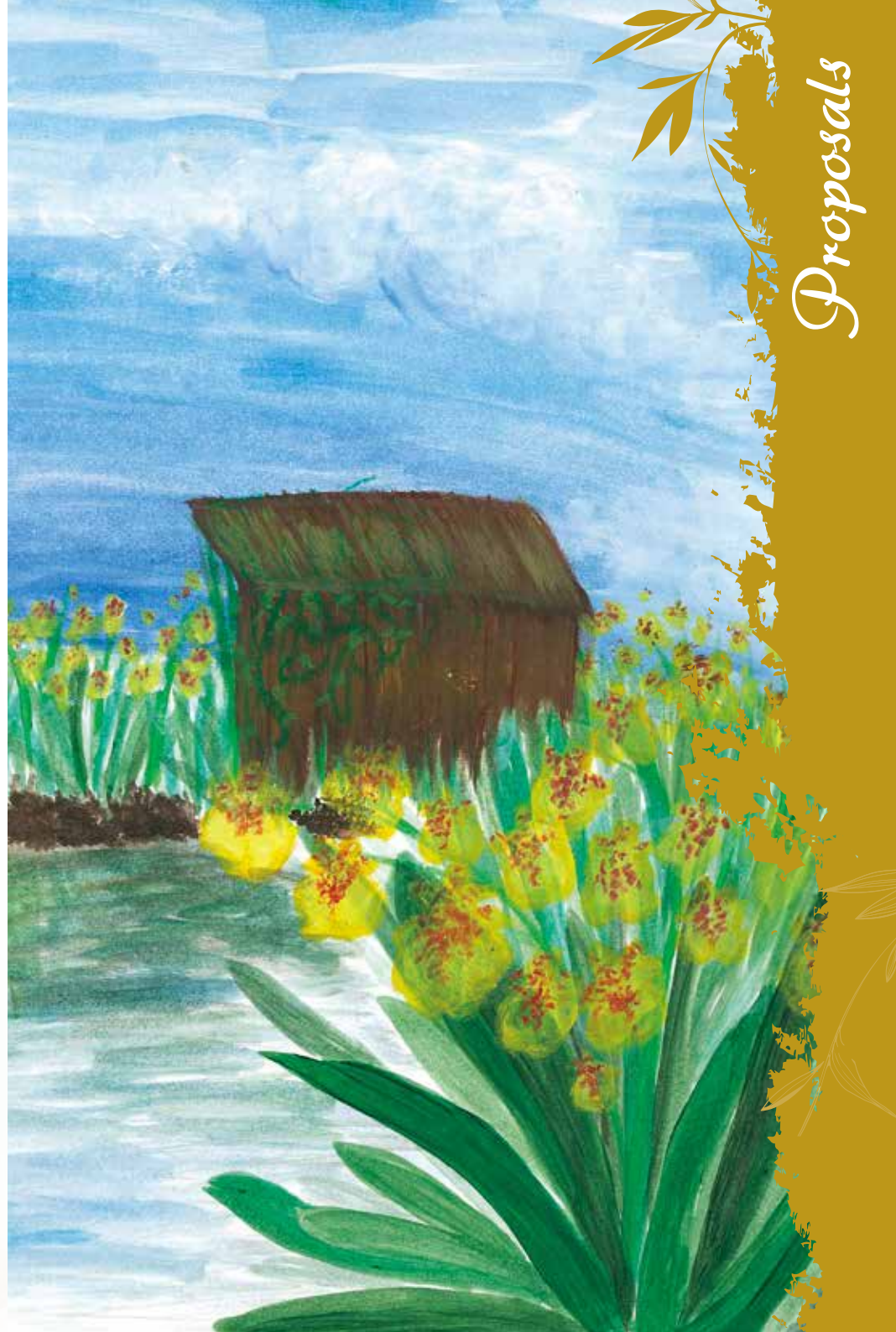
First, you lack freedom. You should tell your parents how you feel and chat more with them. Although your parents are strict, this doesn't mean that they don't care about you. You should look on the bright side. They are strict because they are worrying about you. You can show them that you are reliable and make them trust you. After that, they may let you go out with your friends and use Facebook. Also, you must have good communication with them. Then, I think you will be happier than before. Please remember not to dwell on the negative easily.

Second, you are not very healthy and are overweight. You should eat more healthy food that's full of nutrition, such as vegetables and fruits. Besides, you should do more exercise. You can start from the simplest exercise like jogging. You must do exercise regularly. When you feel down, eating snacks isn't the only way to make yourself feel happier. You may chat with your friends or laugh out loud. Laughter is the best medicine to let you recover from stress. You should always be in a good mood and have a smile on your face. Just be happy all the time and don't worry a lot.

Finally, you say you are terrible at sport. You can try to do sport step by step. You should not escape from reality. You have to face the problem. Actually, doing sport is really interesting and exciting. Also, you can keep fit by doing sport. Why don't you have a try first?

I hope that the advice is helpful and helps you to solve the problems. Hopefully, things will get better soon. Every cloud has a silver lining.

Best regards,
Violet
Trainee Counsellor



Proposal for the 20th Hong Kong Youth Arts Festival

3B Dorothy Wong

1. Introduction

The following proposal is submitted in response for suggestions regarding the events of the 20th Hong Kong Youth Arts Festival. In this proposal, three events and their benefits and organization will be discussed.

2. Theme

It is proposed that the theme of this year's Hong Kong Youth Arts Festival be "Music Heaven" since the suggested events are all about music like singing.

3. Events

All the events suggested contain music elements and are suitable for the youth in Hong Kong.

3.1 A cappella

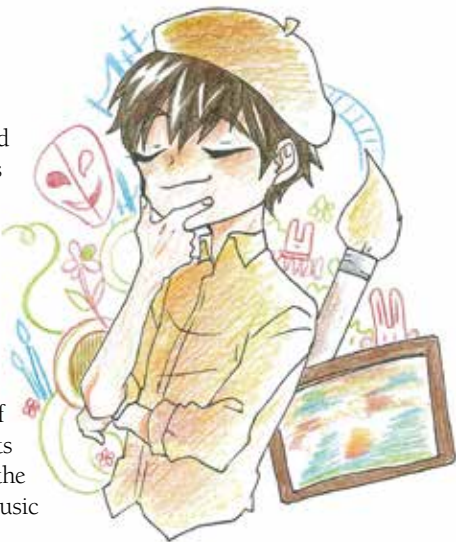
A cappella is a group of people singing without any instrumental sounds. They use their vocal cords and mouth to emulate instrumentation.

3.1.1 Benefits

A cappella performance is popular for teenagers. This is a special and amazing performance that teens will be interested in.

3.2 Musical performance

Musicals are one of the most popular types of performing arts among teenagers. They combine songs, speech, acting and dance.



3.2.1 Benefits

A musical performance is interesting. It may attract fans of musicals. They may have fun and relax.

3.3 Talent show

Many teenagers are good at music. We can hold a talent show to let them have a chance to perform and show their talent in singing, beat boxing, drumming or other instrumental performance, even their own musical. We can invite some schools or other organizations to give a performance.

3.3.1 Benefits

The talent show contains different types of music and arts. The audience can have different feelings and experience. The performers can learn to be confident and enjoy the stage.

4. Organization

Important aspects of the organization include where the festival will be held and how the casting will be arranged.

4.1 Venue

The festival could be organized in the grand theater of the Hong Kong Cultural Centre in Tsim Sha Tsui. The auditorium holds a total of 1,734 seats in three tiers.

4.2 Casting

It is proposed that the casting take place not only in Hong Kong, but also in other cities such as New York City. It is believed that this will also be an effective way to promote the festival.

5. Conclusion

It is hoped that the organizing committee of the 20th Hong Kong Youth Arts Festival will seriously consider this proposal, which was prepared with passion and great thought.

This proposal was prepared by Dorothy Wong of Class 3B from Hong Kong True Light College.

Proposal for the 20th Hong Kong Youth Arts Society

3B Yannis Tong

1. Introduction

The following proposal is submitted to the Hong Kong Youth Arts Society for suggestions regarding the activities for the Hong Kong Youth Arts Festival. In this proposal, the theme and the activities for the festival will be discussed.

2. Theme

It is suggested that the theme for the festival be “Protecting Animals”.

3. Activities

3.1 Drama

It is proposed that the drama “Animal Survival” be introduced. This drama will show the hard life of endangered animals. It is performed in dramatic form by using the elements and conventions of drama to show the feelings and ideas of the animals. As a result, it is believed that this drama is the ideal choice for the festival.

3.2 Film Viewing

It is also proposed that the film “Earthlings” be showed. This film conveys the message of “meat is evil because animals die”. Moreover, the film aims to help people understand the situation of the animals and that they should treat them with respect.

3.3 Photographic Exhibition

It is also suggested a photographic exhibition be organised. The exhibition will show the photographs of the destroyed habitats and their influence on some affected animals. The exhibition aims to help people to understand how their development affects the animals and makes some of them become endangered.

4. Benefits

The above activities may benefit people by helping them to re-examine the value of animals as they may see the influence on the animals through the drama, film show and exhibition. Therefore, it is believed

that introducing the above activities will increase people’s awareness of protecting and respecting animals.

5. Organisation

Important aspects of the organization include where the above activities will be held and how promotion will be arranged.

5.1 Venues

After considering the capacity of the exhibition halls in Hong Kong, it is decided that the drama will be held at the Hong Kong Art Museum, the film show will take place at the Hong Kong City Hall and the photographic exhibition will be held at the Exhibition Hall of the Hong Kong Central Library.

5.2 Promotion

It is believed that advertising the events on TV will be an effective way to promote the festival. Therefore, people in other countries around the world will get to know the festival.

This proposal was prepared by Yannis Tong from Class 3B.

Proposal for the Hong Kong Youth Arts Drama Festival

3B Christy Cheung

1. Introduction

The following proposal is submitted in response to a competition organized by the Hong Kong Arts Society for suggesting a theme and three activities for the 20th Hong Kong Youth Arts Festival. In this proposal, its organisation and the three drama activities will be discussed.

2. Theme

It is proposed that Shakespeare's drama be included as one of the activities. Since Shakespeare's drama was first staged in 2001, it has been watched by more than 300 million people. Moreover, it is one of the most financially successful shows of all time. As a result, it is believed that Shakespeare's drama must be included in the activities and will be the highlight of the festival.

3. Events

Here are the three activities involving drama to attract people to join the festival.

3.1 Drama Watching

This event is to be a warm-up so that it is easier for all the participants to take part in the next event. This event is to let the participants know more about drama plays and have better understanding of the next event.

3.2 Guess What

"Guess What" is the second activity after the warm-up of the festival. This event will be split into two games. One game is going to show some scenes from different drama shows and the participants need to speak out the correct drama's name in 30 seconds. The other game is to play some drama music and the participants also need to guess the name of the drama in 30 seconds.

3.3 Do It Yourself. Be Creative!

Participants will be divided into different groups and will be asked to do a drama like "Swan Lake", "Les Miserable" or of course one of

the Shakespeare's plays from this event. The preparation time and the performance time will be 15 minutes and 10 minutes respectively. During that time, votes will be invited from the Hong Kong Youth Arts Society and it will choose the group with the most votes as the winner.

4. Organisation

Important aspects of the organization include where the drama festival will be held and the date and time of the festival.

4.1 Venue

The drama festival could be held in the Hong Kong Convention and Exhibition Centre.

4.2 Date and Time

The festival will be held from 17th to 23rd December 2014 from 8 a.m. to 9 p.m.

This proposal was prepared by Christy Cheung from Hong Kong True Light College.

Proposal for the 20th Hong Kong Youth Arts Festival

3B Christy Lau

1. Introduction

The following proposal is submitted to the Hong Kong Youth Arts Society for suggestions regarding the introduction of a new show to Hong Kong. In this proposal, the theme “Summer Happiness” and the events will be discussed.

2. Theme

The theme of the 20th Hong Kong Youth Arts Festival is “Summer Happiness”. The 1st Hong Kong Youth Arts Festival was held at Christmas. This time, the Hong Kong Youth Arts Festival will have a lot of changes. It will be held in summer time.

3. The 20th Hong Kong Youth Arts Festival will have three wonderful events.

3.1 A cappella

A cappella is sung by a person or group without any musical instruments. A cappella is a hit for young people nowadays. The group of a cappella will have a singing workshop and teach young people how to sound like an instrument.

3.2 Musical

Musicals are one of the most popular types of performing arts. The company will do “The Sound of Music”, which is a very famous musical. The company has won many prizes for doing this musical. It was a tremendous success. From this musical appreciation, students can learn the different skills of doing musicals, too.

3.3 Stand-up comedy workshop

Stand-up comedy has been popular in the U.S. and the U.K. for many years. In the early 1990s, the comedian Wong Tze-wah introduced it to Hong Kong. Therefore, it is decided to teach young people how to talk with people humorously, and help students to be happy.

3.4 Suitability

These events are suitable for “Summer Happiness” as they are full of energy and vitality. The stand-up comedy workshop can teach students to be humorous whereas the musical event and a cappella can make students full of happiness. The three events will be held in the Hall of the University of Hong Kong from 13th July to 18th July.

This proposal was prepared by Christy Lau from Hong Kong True Light College.



中文編輯小組



英文編輯小組



視覺藝術編輯小組



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