

True Light Times

July 2019



Humility



A Hunger for Knowledge



Compassion



Harmonious Relationships



Courage

The Principal's Message

Following the school theme of '*Optimize Deep Thinking & Broaden Learning Horizon*', the publication of *True Light Times* has provided a solid evidence of the efforts and achievements displayed by both our teachers and students in the academic year 2018-19.

True Light Times contains a comprehensive overview of the work done in different areas of language learning both inside and outside of the classroom. It records the activities organized by the English Panel and the accomplishments made by students in various domains. I am proud of my girls who did marvelously well in the Drama Improvisation in The Hong Kong Schools Speech Festival 2018-19 winning the championship. I am also thrilled by how eloquently and confidently my debaters performed in The Hong Kong Secondary Schools Debate Competition 2018-19, winning the first-runner-up.

Thanks to the English teachers, our students' vitality and creativity have been fully expressed in their performances. The inclusion of assignments in high-order thinking questions, news presentations, news bulletins, the intensive reading scheme and extensive reading scheme awards; and other curriculum-based inter-class activities in the Language Policy have all been geared towards the school theme successfully. Our students' critical thinking and learning horizons have definitely deepened and widened respectively.

Under the supervision of our teachers, the students in the Editorial Board 2018-19 have learnt generic skills through duties including shooting & collecting photographs, designing the cover page, selecting & writing articles, conducting interviews & writing reports, editing scripts and presentation of materials. Most importantly, they have learnt collaboration and communication skills with all the stakeholders during the process of production.

They are encouraged to go outside their academic domains to widen their horizons and to nurture a positive attitude and values so as to realize a whole person and balanced development.

The Incorporated Management Committee of HKTLC appreciates the vision and mission in the publication of *True Light Times* to provide a detailed record of students' learning experiences and desirable learning outcomes in English Language.

Special gratitude to all English teachers, in particular the publishing board for the tiring and important proofreading work. Congratulations to the talented writers and designers, who have made *True Light Times* a big success!



English Matters @ HKTLC

1 In Hindsight & Looking Forward to 2018-2019

- ~ S6 graduation 2018 3
- ~ Oxbridge Camp 4+5

2 A Look at our Classes Up Close & Personal

- ~ The English Corner 6
- ~ Our S1-S6 Classes 6-17

3 Competitions & Achievements

- ~ The Speech Festival 18
- ~ The HKSSDC 19
- ~ Baptist University Public Speaking Competition {TRUTH} 20
- ~ HKVEP Workplace English Challenge 2019 20
- ~ Level 5's speaking contest 20
- ~ Harvard Club of HK 2019 Harvard Book prize Scholarship Essay Awards 21

4 Team Work at its Best...

- ~ The True Light Joint School Improvisation Workshops 22
- ~ Interclass Shakespeare Drama Competition 22
- ~ Student Union 23
- ~ Prefect Inauguration 23

5 English Everywhere

- ~ The English Festival 24-25
- ~ Drama viewing 26
- ~ Interclass debates 26
- ~ HKTLC Rise and Shine Primary Public Speaking Contest 27
- ~ Talk By Environmentalist 27
- ~ English Bulletin 28

6 Authentic Learning Outside the Classroom

- ~ English Assemblies 29
- ~ Sports Day 29-31
- ~ Swimming Gala 31
- ~ Open day 32
- ~ The West Island School Partnership 32

7 The Fun Stuff

- ~ Word Search 33
- ~ Crossword 33

8 Our English Teachers 34-38

9 A Note from the Editorial Team

- ~ Acknowledgements to the Sweat and Toil Behind the Scenes 39
- ~ A Heartfelt Thanks to the Entire Faculty 39

IN HINDSIGHT AND LOOKING FORWARD TO 2018-2019

S6 graduation 2018

Vote of Thanks Speech

by Judy Koo

Good evening our guest of honour Mr LEE Sha-lun, Sheridan, supervisor, Mrs Poon, guests, principal -Dr. Ng, teacher's, parents and fellow schoolmates.

I am Judy Koo from form 6A. I am honoured and humbled that I have been given this precious opportunity to stand on stage tonight and speak on behalf of our Form 6 graduates for the class of 2018. .

Firstly, I would like to thank our honourable guests and parents who have come to share our joy and happiness on this remarkable occasion! It's a very special moment for us and we want our teachers and parents to know how much we treasure their devotion, hard work and support which they have showered on us unconditionally and selflessly!

We are indeed blessed to be part of the True Light family as over the past six years, True Light has provided exposures to us on so many fronts. In terms of academia, we have acquired all-round knowledge under the guidance of our teachers. Also, through different joint school workshops, we have built up our self-confidence and enhanced our skills and exam techniques. For sports, we have enjoyed and excelled at different types of sports such as fencing, archery, hockey and baseball during PE lessons and competitions outside. Our PE curricula has continuously motivated us to exercise more often and reminded us of the importance of sports. Where extracurricular activities are concerned, we have been given numerous opportunities to take part in different societies. All these experiences have sculpted us into becoming helpful, independent and responsible teenagers which will positively shape our future in both university and the workplace.

As graduates, we have conquered. We have overcome all the obstacles in the HKDSE exam and tried our best to achieve our goals. However, without our teachers and parents we would not be where we are today. Hence, our dearest teachers; we would like to thank you for your support and guidance from the bottom of our hearts. You have strengthened us both physically and mentally and broadened our horizons. The work and dedication of our teachers has been the silent





force which has inspired us and given us the courage and confidence to keep going on! We will be our best and not let them down! Then, I would like to acknowledge the hard work and dedication of our dearest principal Dr. Ng, the silent pillar of True Light! She has always encouraged us and reminded us to be jubilant in learning and be self-disciplined! Her words have been deeply instilled in us and will always be with us! Thank you so much Dr Ng!

Before I bring my speech to an end, Let us always acknowledge God's shining light which never leaves us even for a moment! Let us all thank our Lord Jesus Christ, for leading us and guiding us all the way into True Light and for shining our special light through True Light! He has always been showering us with blessings and always nurtures us with love and care.

Finally, special thanks to our fellow graduates. We have walked through the ups and downs together. We will never forget all the precious moments we have spent with each other. The time we spent together in lessons, sports days, and picnics and finally the DSE have become the most treasurable memories which we will never forget! I would like to wish my fellow graduates the best: Wish them health and joy and the ability to achieve their goals. Despite the separation, may our hearts still be with each other. Remember, we will always have each other's back. The bonding between us is unbreakable! Tonight, you are stepping into a new stage of life. There is more waiting for you to explore. Never give up AND as Jack Ma has said: Today is hard, tomorrow will be worse, but the day after tomorrow will be sunshine! Never underestimate yourselves, you may be the next Jack Ma in the future!

May the Heavenly Father be with us, may the true light Sprit be with us !
Thank you!



The Oxbridge Camp

Denise Fung 1A (9)



It was close to the middle of the summer holidays. We had to go to school because we had to join the Oxford Junior Summer Camp. It was the first time we ever really met our new classmates and interacted with them. My best friends were also in this class so I was glad to be able to stick with them. Some university students were chatting in the corner of the hall, "they must be our camp leaders", I thought. Suddenly a song began to play and





they danced on stage. It was a joyful song but not really my cup of tea. Either way, they asked us to stand up and sing with them. It was awkward since most of us didn't want to but it was fun anyway.

After the song, the university students, our new teachers, introduced themselves to us. They were Oxford and Cambridge University students from the UK and all of them seemed like very fun people. Next, they told us what we would be doing that week. Afterwards we went back to our classrooms and they taught us about some interesting things. It really helped improve our English since there were lots of interactions with them in English. We played a lot of games, a lot of them are ones I have never heard of before. The games were hard to play but fun in a weird way. I really liked our teachers, they were jolly people indeed. Each day, when we entered our classrooms, they would play a song very loudly and sing along with it. One day, they painted their faces with chalk and spit!!

Every day after lunch, we would have drama lessons. They would ask us to do short plays. One time, they asked us to act out a scene without saying anything but banana! It was a hilarious experience!

One of my favorite experiences was the fashion show. Our teachers kindly forced three of our classmates to be models, they were unwilling but had to do it. We made clothes for them with newspapers and plastic bags, we braided their hair too. I was one of the lead designers because I was already known for my art skills. At the end of the day each class did a performance with the newly designed clothes on. We didn't win but it was awesome to watch. We also had a mini Olympics and solved a case with our teachers pretending to be the characters.

On our last day, we all did a short play. Our story was about two ghosts fighting a sorceress and her dragons and also a werewolf and her pigs. We were divided into groups to write different parts of the plot but I ended up writing the whole plot! Our teacher was impressed and used it as a base plot. We all had to have a part in the play and I was the sorceress. I loved when we fought the ghosts and fell to the ground, it was the most enjoyable...

Finally, we all got certificates for participating in the summer camp. I was disappointed that the camp was over, I really missed our camp teachers as they gave me an experience I will never forget. It was truly the best week of my life!!



A LOOK AT OUR CLASSES UP, CLOSE AND PERSONAL

The English Corner

The English Corner is the pride and joy of the English Department. It has witnessed decades of students coming in and out of its doors, it has seen renovations and restructuring and has been the cornerstone of True Light students' English learning with countless group discussions, board games, book reading sessions, movie watching and the like.

Students here produce authentic English to brainstorm ideas and practice and prepare for debates, dramas, and a variety of competitions in English. This is what it looks like, don't forget to browse and read up on the treasure trove at the display board at the back of the room to add to your knowledge about the English language.



Our S1 to S6 Classes

The true spirit of our school is its students. This section covers each and every student residing at True Light for the 2018-2019 academic year. Can you spot yourself or your loved one?

1A



Yue Hiu Man
Chana



Cheng Hiu Tung



Cheng Wing Ki



Cheung Hannah



Cheung Tung



Ching Ka Nam



Chow Heidi



Chow Nicole



Fan Hiu Ching



Yu Sin Yiu



Yan Yuk Sin



Fung Hiu Yu
Denise



Xiao Yan Ching



Wong Yuet Ching



Wong Wai Tung



Wong Ka Ngan



Wong Hoi Ching



Tsang Lok Yin



Ng Hoi Ching



Lui Lok Sze



Lo Pui Yan



Li Wing Yan



Li Hong Kiu



Hung Hoi Kiu



Huang Nicole



Kwok Ho Yu



Leung Pui Man



Han Hui Ping



Li Hau Yi



Lee Yin Ling

1B



Au Hill Ching



Au Ka Man



Chan Chui Ting



Chan Pui Yi



Chan Tsz Ching



Chark Ka Yuet



Cheong Yan Wai



Cheung Wing Yan



Fung Lai Sin



Gan Ching Yi



Hew Hannah Li Ting



Kong Wing Yi



Kwok Hau Ling



Lai Hela Hiu Lum



Lau yuen Ching



Lam Hoi Ching



Lee Kei Yau



Lee Yuen Yau



Lee Yuen Yau



Pruvost Charlotte



Pang Chiara Kong Wa



Pan Gloria



Man Yi Ching



Lo Sum Yau



Li Tsz Ching



Lee Yuen Yau



Wong Hong Ching



Tsui Pui Ga

1C



A LOOK AT OUR CLASSES UP, CLOSE AND PERSONAL

1D



The Christmas Party Class Photos

Our school Christmas party was held on Thursday the 20th of December, 2018 and as usual, it was an optional no uniform day, if we contributed to a worthy cause which this year was decided to be a part given towards student activities, a part for school scholarships and a part to World Vision and the SPCA. There were many smartly dressed students' who were very creative and certainly made a statement. Many classes were in identical costumes too and made the most of the day by clicking pictures from start to finish! Here's what Cherie Wong of Class 3A has to say about her own experience of that day:

2A



2B



2C



Chan Man Ying



Chan Nok Yan
Hannah



Chan Tsz Ching



Chan Yee Wa



Chen Pui Ching



Chen Wai Ying



Cheung Sui Ching



Chiu Wing Tung



Choi Lin I



Yip Ka Ki



Wun Ka Yi



Lai Hoi Kiu



Tang Yui Suet



Yip Kai Man



Yeung Hoi Lam



Lee Hei Ting



Ng Sheung Yui



Ng Lok Yiu



Ng Hei Man



Mao Shuk Ying



Hung Wai Yin



Chui Tsz Ching



Lai Cheuk Hei



Law Wing Yan



So Katie



Siu Ka Man



Shin Tsz Hei



Wong Lok Yi



Chu Tsz Yau

2D



Chung Ching Ting



Lai Hoi Kiu



Chan Tsz Yau



Chan Ying Hei



Kwan Tsz Yan
Tiffany



Lee Hei Ting



Chu Tsz Yau



Lai Cheuk Hei



Du Wen Hui



Keung Tsz Ching



Kong Chui Ci



Kung Tsz Lok



Chow Ying Tung



Law Wing Yan



Hung Wai Yin



Lai Hoi Kiu



Lee Hei Ting



Chan Man Ying



Chan Nok Yan
Hannah



Chan Tsz Ching



Chan Yee Wa



Chen Pui Ching



Chen Wai Ying



Cheung Sui Ching



Chiu Wing Tung



Choi Lin I



Chui Tsz Ching



Hung Wai Yin



Lai Cheuk Hei



Law Wing Yan

Christmas Party Fancy Dress Costumes

Cherie Wong 3A (26)

A few weeks before our Christmas party, our class decided to wear a special costume together, we voted between different costumes on WhatsApp (e.g. animal hoodies, Japanese kimonos, Korean dress etc.) We chose the Korean dresses, and we ordered them online. If I remember clearly, there were three options, one was a scarlet top and black skirt, another was a white top and black skirt, and the last one was a white top and a dark blue skirt. They were feminine and elegant, matching the girls' personalities completely. I chose the one with the red top, as I felt that it was the prettiest.

When we received our dresses, we were eager to try them out (at home, of course).

Fast forward to the party, we went to school wearing our normal clothes, but when we got up to the classroom, we swiftly put on our costumes over them. It wasn't really easy, but we all managed to put them on with some help from each other. I really felt like a Korean lady after putting on my outfit, and I had a lot of fun that day.



3A



Chan Chin Man



Chan Chung Yan



Chan Hei Lui



Chan Ka Ying



Chan Sze Ki



Chau Ying Tung



Cheung Ka Lam



Cheung Lok Yi



Chiu Wing Lam



Choy Yung Yiu



Yeung Kei Wing



Wong Yau Chung



Wong Ching Yee



Wong Cheuk Ying



Tsang Yi Lam



Tsang Tsz Ching



Leung Tsz Kei



Poon Hoi Lam



Ng Cheuk Yiu



Mak Hau Lam



Lo Hiu Tung



Lam Ling Ling



Lau Yuen Ting



Chu Wing Yiu



Kong Wing Yan



Kwok Shi Sze



Lam Ka Yin

3B



Chan Hiu Yeung



Chau Hiu Ching



Cheng Hiu Yan



Ching Sum Yi



Yip Ka Yee



Wong Lai Ching



Sze Wan Yan



Ng Yu Tsam



Ng Yan Shuen



Man Yuet



Lui Lok Yiu



Lui Hoi Kei Heidi



Liu Ka Man



Li Tin Yan



Li Tin Nam



Li Sze Wai



Leung Yuet Hannah



Leung Yau Si Jasper



Lee Hiu Yau



Chan Chun Yan Esther



AH-Kion Audrey Lauren



De Dodwell Sonia



Fan Yan Yuet



Ho Kiu Kwan



Keung Wing Yan



Kuan Tsz Ching



Lai Tsoi Lam



Lau Sin Yi



Lam Sum Yi Hilma

3C



Cheng Fung Ming



Cheong Man Ching



Cho Shun Lam



Chu Ka Wai



Fong Tsz Yan



Fung Ping Ying



Ho Hui Yan



Ip Suet Man



Yuen Shuk Ching



Woo Wing Sum



Wong Pik Man



Tang Tsz Ying



Kwong Paak Ying cady



Lam Tsz Shan



Lee Ching Wai



Leung Kei



Law man Lee



Keung Tsz Ching



Lam Ka Man



Ng Wing Man



Ng Tsz Yu



Ng Shuk Kwan Annette



Lin Junjie



Zeng Po Yee



Pang Sze Wing



Xu Zhishan



Wong Yuk Ling



Wong Lok Yee



Poon Sophia



Chan Hoi Tung

3D



Fan Sin Ha



Ho Wai Sum



Keung Tsoi Lam



Lau Wing Yan



Lee Ka Ki



Yuen Hiu Lai



Wong Pui Hei Angela



Wong Man Ching



Lo Yin Lam



Chan Hung Sau



Chan Victoria Yi Lei



Chiu Ho Yee



Chow Hoi Kei



Choy Tsz Ting



Yim Cheuk Ying



Wong Nga Man



Wong Lok Yiu



Tung Wing Hei



Tang Wing Man



Sze Wing Yan



Suen Lai Ying



Ng Wing Kei



Ng Tsz Ching



Ng Kwan Ting Sally



Ma Sui Ying



Fung Chui Ying



Hung Cheuk Lam



Kwok Cheuk Lam



Tse Yui Lam Yannis



Our Classes Shaping Our Personalities

Polly Chow 4E,

Studying in True Light is something that I'll always be proud of because I get to do whatever I want to try and the teachers always encourage and support me fully. Over the last four years, I got incredible opportunities to find my interests in speech, public speaking, debate and so on.

Before I became a True Lighter, I was that kind of shy, loser-type girl that everyone made fun of but after becoming a True Lighter, I was encouraged to join the speech festivals and debate competitions right from Form 1. I have grown and evolved under the kind guidance of the teachers here and very effortlessly overcame the fear of speaking in public and in this way have enriched my personal experiences. Even though I didn't win any competition at all, I have learnt something that will continue to positively affect my life which is, not to fear failure. The worst thing you can have in a competition is loss and that happens to a lot of people. However, the difference between losers and winners is the attitude toward failure. If you do nothing after failing at something, then you will become a loser for the rest of your life but if you at least try something after failing, you may win in the end because practice makes perfect. This is what I learnt from all the competitions I have joined.

4A



4B



4C



Chan Cheuk Ying



Chan Wing Lam



Chan Yan Jun



Chen Wan Chi



Luk Tsz Ching



Cheng Wing Tung



Chow Tsz Ting



Fok Hoi Tung



Ho Kwai Chi



Kwok Ho Yi



Kwok Hoi Lam



Lai Ka Yi



Lai Pik Ki



Lai Yee Lok



Lam Ip Ki



Lee Ching Yan



Lee Ho Yin



Leung Wai Yin



Leung Yu Tung



Cheung Wing Tung



Wai Pui Man



So Ka Man



Ma Wing Sum



Lung Kwong Wai

4D



Chan Mei Chi



Chan Tsz Kei



Chang Fung Yee



Cheung Pui Sho



Chung Sin Yi



Kwok Hui Yan



Lam Chin Yau



Lam Wai Yin



Yu Kwo Yin



Wong Ching Kei



Ting Pik Ka



Siu Yuen Ting



Siu Hiu Ching



Li Tsz Ying



Li Sze Wai



Leung Wing Sum



Leung Wan Yee



Leung Man Hei



Lau Chin Yu



Yu Shuyi



Wong Yue Valerie



Tsang Tsz Ching



Sze Wing Yau

4E



Cheung Ho Yi



Chiu Cheuk Ki



Chong Kwai Fong



Chow Ching



Chow Tsz Yu



Chui Hau Yau



Chui Yik Tung



Lam Ching Ching



Cheung Hiu Lam



Lee Wing Lam



Bok Wai Lan



Mok Nga Ying



Yau Wan Shan



Yan Vivian



Wong Cheuk Ki



Tong Wing Yan



Po Lok Sum



Lee Sze Yin



Lee Yu Ching



Ng Lok Yi

The Senior Forms..

The Form 5 Classes...

The Senior S5 students were especially busy this year where English is concerned. They got opportunities to take part in essay writing competitions, public speaking competitions, video competitions, hearing talks in English and interacting with the West Island School students to name just a few activities. We would like to therefore acknowledge the entire form for being great participants and excellent leaders to lead their schoolmates in each and every endeavor during the year.

5A



Chan Hiu Tung



Chan Ka Po



Cheng Cho Kiu
Jasmine



Cheng Ting Ching



Chui Hoi Lam



Fu Chui Ying



Ip Tsz Wai Cherry



Lu Hiu Yan



Choi Yuen Ying



Wong Nga Ting



Wong Hiu Kwan



Wong Ching Yi



Tsui Yan Pui



Tsang Wing Yiu



Tsang Hau Nam



Tong Pui In



So Tsz Man



Wong Ying Hei



Kam Sin Tung



Look Pui Sze



Lau Hoi Ching



Wong Ka Yan



Ng Kwan Yiu
Quennie

5B



Yung Ying Yee



Wong PuiYee
Pearl



Wong Chin Chin



Yu Sum Yin



Wong Ming Kei



Tsang Sze W



Kwok Man Wai



So Fung Lam



Ng Wing Yan



Ng Tsz Ching



Ng Lok Yiu



Mak Wing Kiu



Ma Hoi Lam



LiKa Lam



Lau Seen Yu



Fung Chin Tung



Au Cheuk Yin



Chan Man Ching



Chau Suet



Cheng Ka Po



Chou Sze Man



Fung Sze Ching



Ip Kwan Lam



Keung Tsz Wun

5C



5D



5E



OUR GRADUATING CLASS



6A



Chan Lok Yin



Chan Pei Ting



Cheng Tsz Ching



Chu Wing Chi



Chung Cheuk Yiu Cathy



Fung Wing Nam



Ho Nga Wing



Hui Hiu Yi



Yung Kylie



Wong Man Wai



Tse Wing Yan



Ng Wing Yi



Ng Tsz Yan



Poon Wing Chi Gigi



Lai Kiu Wai



Ng Kiyo



Lo Yee Wan



Lo Tsz Huen



Lo Ka Yan



Lam Ming Ah



Kong Yuen Yee



Lam Chi Yan Yam



Wong Hoi Ching



Lam Hiu Wai



6B



Chan Tsz Ching



Chan Wai Yee



Fong Suet Yu



Fung Annie



Ho Ka Yan



Yeung Wing Yee



Yang Tsz Ling



Wong Sum Yiu



Tsui Tsang Yu



Shek Tin Yan



Po Shaiana



Ng Wing Yu



Ng Ka Ying



Lui Ho Ching



Liu Long Yu



Leung Wing Yan



Ho Tsz Ching



Kwok Mei Ha



Lee Cheuk Lam



Leung Chun Yi



6C



Chan Hau Ying



Chan Pui Yee



Chan Wai Chi



Chen Yi Ching



Cheung Wing Chi



Chow Sum Ying



Kwan Ling Yee



Lam Ka Wing



Wong Sze Wai



Wong Suet Man



Tung Nga Sze



Tung Fei



Tang Sze Yu



Tan Yu Ling



Ng Wing Sum



Lo Sik Yu



Lo Hiu Ching



Lee Kit Mei



Lam Yu Ting



Lau Yuet Lam

6D



Chan Sze Yu



Cheung Yee Ting



Chow Tsz Ching



Chung Wing Yan



Kwok Choi Yung



Kwok Chun Lam



Kwok Ka Yan Kally



Lam Ka Chun



Lam Pik Lo



Yim Ka Wai



Yeung Tsz Wing



Leung Ching Lam



Li Wing Ki



Yao Letong



Lo Hiu Ying



To Sze Lok



Tam Wun Yuk



Su Ming Shi



Ng Nga Pui



Man Kit Yu



Ma Tsz Lui

6E



Chan Yuen Man Alma



Cheng Sze Chai



Cheung Wing Lam



Chu Ho Lam Clara



Fung Hau Ying



Fung Ying Ying



Yu Wing Chi



Wong Hiu Man



Wong Chin Yu



Siu Yuen Yee



Sato Yuki



Man Pui Wan



Lin Xuan



Li Yipei



Li Wai Yin



Li Hiu Wai



Lee Yee Lam



Law Shuk Wah



Lam Wai Yi



Kwok Shuk Yin



Lai Tsz Ching

COMPETITIONS & ACHIEVEMENTS



The Speech Festival

S1 Choral Speaking:

The entire S1 form was split up into 2 teams, The AB Team and the CD Team, both teams recited a poem each at the Speech Festival, called "There's a Monster in the Garden" and "They call to one another". The girls had so much fun during the practice sessions that they were more than happy to showcase the same to the rest of their schoolmates on Speech Recital day! The most significant part of their learning of this recitation was their marked improvement in pronunciation. As these students were already learning Phonics and element of Phonology in their oral lessons, they were able to imbibe their understanding of how to pronounce the 'ed' ending words, the consonant ending sounds in words as well as the correct vowel sounds! Well done Form One's - keep up the good work!!

Improvised Drama:

Cherie Wong 3A (26)

Some of my classmates and I joined an Improvised Drama competition in the annual Speech festival. What we needed to do was think of a drama to perform on the spot after drawing lots for a topic, then we needed to perform our drama after only ten minutes of preparation.

In the weeks before the competition, we practiced a lot with Ms. Nalini and learnt, how to act, how to think of an interesting plot, and how to use the space provided wisely. The practice sessions were fun and full of laughs as always.

On the day of the competition, we arrived at the bus stop nearest to the venue, but we still needed to walk a fair distance, we were seriously running out of time, and we didn't want to be late. Our major problem was that one of our teammates had an injured leg, she could barely walk, let alone run, so I and another teammate had to take turns carrying her, while another helped us carry our school bags. Thanks to our teamwork, we made it just in time!

Our team got the topic "An upsetting letter", we kept on brainstorming ideas, then we decided to go with one of the scenes we did in our practice, it was about a home economics room blowing up because bad students play with flour near a lit stove. To fit the topic, the narration of the story was in a letter format, read by the mother of one of the students in the room, I played the mother, and we performed the scene quite smoothly due to our great teamwork.

The other teams in the competition were all from very famous schools around Hong Kong and I personally found their performances to be very smooth, interesting, and enjoyable. I started getting worried thinking we didn't have a chance at winning. So it really came as a shock when the judge declared us the winners. We were all overjoyed when we heard the news.

I had a lot of fun participating in the competition, I learned that with teamwork, we can achieve anything. I even gained a lot of experience in speaking, acting, and improvising. I will definitely be joining other English-related activities in the future.

Dramatic Duologue:

Mandy Au Yeung 4A (01)

At the beginning of the year, I joined an interschool duologue competition with my friend. The topic of the script was "My Fair Lady". Since I had never joined such a competition before, it was a refreshing and thought-provoking experience for me and I really want to share it with everyone.

Before the competition, we needed to do an array of research, including watching the movie "My Fair Lady". We then had to practice our performance and articulation of the difficult words. In addition, we needed to immerse ourselves into the atmosphere of the drama. We practiced the "Artistic Adaption" of the play and experienced how to be creative too.

On the actual competition day, we were able to watch the performance from multi-talented students of various schools who were really excellent.

Eventually, we got a merit which was doubtless an encouragement. We realized that there could be many ways to infer the script. Through thinking out of the box, the result could have been even better.

All in all, it was an enriching experience and definitely boosted my English Learning. To those of you who want to improve their English, why don't you step out from your comfort zone and try taking part in a Dramatic Duologue next year?



HKSSDC – Debates

This year our girls formed two teams to enter the HKSSDC (Hong Kong secondary Schools Debating Competition) and one team made it to the finals in the first term along with the other team doing the same in the second term. Our debaters: April, Chloe, Christy, Coco, Louisa, Natalie, Sumi and Mary showed style, flair, confidence and Oomph when they were out there defending their stance on the motions. The debate motions throughout the years were on the motions: This House Regrets the Rise of Start Up Culture, THBT The Culture of Taking a Gap year Should be Promoted in Hong Kong and The House would Nationalize Social Media. Our girls are now seasoned at being able to speak up on any given topic and critically analyze whatever is presented to them. They have indeed accomplished something which they can take with them when they graduate and start university life.



Debate Competition on Start up Culture

Felicia Wong and Cindy Ng 5E



Yesterday after school, we went to Pui Tak Canossian College with our debate team as audience. They were having a debate on the motion 'This house regrets the rise of startup culture'. It has left us with a very good memory, especially because our team members were confident, energetic and very enthusiastic!

The debate has brought us the idea of new trends in entrepreneurship which are growing rapidly using technological innovation such as Uber and Trivago.

As people are looking for ways to improve the overall experience at work, Start-up culture gives the flexibility of work hours to workers so that they can choose what time they want to work instead of doing a traditional 9-5. However, this novel idea does come with problems at the same time which is the higher risk of failure.

The debate competition was really wonderful and gave us valuable experience.

We learned how to do better from the judge's comments and our listening skills improved too.

To be a better debater, we need to have confidence, clear arguments and evidence, as well as rebuttals arguing against the key points made by the other team.

I was impressed and appreciated the debaters. They gave strong evidence to justify their points. It showed that they took the debate seriously. They did let me understand that it's challenging for entrepreneurs to start up their own businesses without any help and it's difficult for those rookies to run their companies since they lack experience.

Congratulations again to our debate team.



CIE & Baptist University English Public Speaking Contest 2019

Competition on **TRUTH** held by Baptist University Public Speaking Competition

TRUTH (Cherry's Speech at the Public Speaking Competition organized by the Baptist University)

Good morning everyone. I am Cherry Tsang from Hong Kong True Light College.

A few months ago, my teacher invited me to join this competition and she asked me to prepare a speech about 'truth'. When I first received this topic, my mind was totally blank as I've seldom thought of truth. Then, I started to do some reflections from my daily life.

Just last month, my cousin aged 4 came to my house. She was extremely excited as there was a snack corner at my home which was packed with all kinds of delicious junk food. She was staring at those snacks for a long time not daring to reach out openly as her mother doesn't allow junk food at her home. Then, she tried to 'steal' those snacks when she thought no one was looking. However, little did she realize that my eyes were following her every move, and when I asked her what she was doing, she lied about it. Of course, she wanted to avoid punishment and having understood her position, I tried to be a good big sister and guide her to tell me the truth. I patiently explained how we should always tell the truth no matter how easy it feels to lie at certain times. At that moment, I myself learnt a very big life lesson- if we do not have truth in our daily lives, it would make the world a terrible place full of lies and deceit.

A few day before this incident there was also another experience I had which just reinforced my beliefs. I received a message from my bestie. She sent me an image of her wearing a dress which was not really fashionable but she was certainly wearing it with lots of confidence. Then, she asked me how she was looking and I spontaneously replied that her dress was horrid and in complete bad taste! After I sent this message, there was no reply from her for several days. She even ignored me at school. I soon realized that something was wrong. I went up to her and asked her about it and realized that she took offence at my blunt remark about her dress! She told me that she was totally depressed and she had lost her confidence in something she used to take pride in, which was her sense of fashion. I suddenly realized that I shouldn't have been so crude and uncaring and that in certain situations it is not at all appropriate to tell the truth.

Truth is essential in some situations, but not every situation. We should always have a clear mindset and judge when we need to speak the truth. In some delicate situations politeness and tact are of the essence, and we should keep this balance intact at all times. Truth certainly is a clear sign of a higher good and shapes our personality but being kind and compassionate is sometimes more important. There is a famous saying which is "to be kind is more important than to be right. Many times what people need is not a brilliant mind that speaks but a special heart that listens". Truth, therefore should be in our hearts and in our intentions first before we can bring it into our speech.

Hope you enjoyed my perspective on TRUTH, thank you.



workplace challenge

Winnie Cheng 5A1 (04)

Since the pollution problem is remarkably serious nowadays and many people are still oblivious to this social malaise, I was glad to have this chance to join this competition because I can use my video to teach people how to be eco-friendly citizens and increase the awareness of the community. This opportunity has helped me to improve my patience as I spent a lot of time in the process of making the video like filming, editing and recording the voice-over. I learned that I can gain the knowledge in other ways, not just from books.



Level 5's speaking contest

Hazel Tsz Ching Chan 6B (01)

The Speaking Contest was organized by The Education University of Hong Kong and The Rational commitment Education Society.

It was my pleasure to participate in The 13th Speaking Contest for Hong Kong Students. It was a golden opportunity for me to practice with other candidates from different local schools. This experience was valuable as well as eye-broadening and practical. It also provided me a chance to improve myself to achieve a higher score through receiving many useful opinions from the examiners. After this contest, there has been a marked improvement in my speaking skills which has helped me gain confidence in group discussions. I must say I highly recommend my fellow schoolmates to join this speaking contest in the future.



Participants, (from left) Hazel Tsz, Shaiana Po, Linda Yang Tsz Ling along with their teacher trainers Ms Yeung Ka Wai and Ms. Kayla Tam receiving the certificate of Merit at scoring over a Level 5 at the Speaking Contest

Harvard Club of HK 2019 Harvard Book prize Scholarship Essay Awards

Anna Liza's entry for the Harvard Book Prize Scholarship and Essay Award

(She had to complete four questions – one long (A) and three short (B, C, and D) on an assigned literary text – 'Disconnected')

A

I am no exception to using social media as one of my main ways to communicate with friends and distant relatives. As a regular user of social media, I post photos and comments like any other young teenager would do.

I have experienced the dilemma, which was mentioned in Carrie James' book, entitled "Disconnected: Youth, New Media and the Ethics Gap". A classmate of mine had once taken a picture of me without my consent. It may not have seemed like a big deal, but I never found out what she did to it. This incident really bothered me and I couldn't help but wonder what the purpose of doing something that pointless was? In this book, James points out the three ways of thinking often used by young people for online activities. The first is self-focused thinking which is 'only concerning about the consequences of our own actions.' The second is moral thinking concerning the consequences of the actions of those you know'. The last is ethical thinking, about the actions of those you don't know and generally larger communities. From my personal experience, I don't think most young people would think about the moral or ethical consequences of their online activities. Their negligence has led to the constantly growing gap between how young people understand ethics in their real life and their virtual one.

Other than my own personal experiences, there are other incidents where people would often neglect the ethical consequences of their actions. For example, a British man named Leigh Van Bryan was arrested and denied entry to the U.S. on arrival. The reason was because of the tweets he had sent on Twitter, stating how he and his friend were going to "destroy America" and "dig up Marilyn Monroe". They were obviously joking, but it was no joke to local authorities. It may seem farfetched, but it was a necessary action on the part of the authorities. This particular incident highlights one of the major consequences of our reckless actions on social media. Nowadays, whenever these types of posts appear, they face hostile criticisms, even though people justify it as "just a joke" and believe that the misunderstanding will clear eventually. However, this is very often not the case. According to Carrie James' book, when faced with such dilemmas, people often emphasize their personal safety over online ethics. In actual fact, because of them choosing to ignore online ethics, it often costs them their safety in real life as well. I believe most people, especially young people, have not taken the issue of online privacy, property and participation seriously enough.

To reflect on this, ethical thought and behavior are very important when it comes to using social media. The digital ethics gap shows the direct and indirect effects our online actions have on our real life. The way we think affects the way we do things and there will always be consequences that we have to bear for ourselves. Therefore, change is much needed in our attitudinal perspective first before our actions are changed.

B

When it comes to my most memorable travel experience, I recall the time I spent with my Filipino family in the Philippines, so fondly. As a person with mixed blood, my families of both sides are from two entirely different countries and cultures. The last time I remember being in the Philippines was when I was five years old. Most of my cousins were either young teenagers or just a few years older than me. I couldn't communicate with them because I did not know how to speak in Tagalog and they couldn't speak fluent English, so there was a very strong language barrier between us.

In my most recent trip, it had almost been a decade since I had last seen their faces. I was truly astonished at the change in my cousins, whom I used to remember as young teenagers, but they were now gorgeous young adults! It was hard to believe how much they had all changed in such tremendous ways, so it was really a joyous reunion.

What made me the most excited was that a majority of them could now speak in English. They were not fluent but we had no problems in understanding each other clearly. They expressed curiosity about life in Hong Kong and wished to visit me in the future. They took me to an arcade, where we all had fun playing a dancing game. I, for the first time, felt that I was indeed a part of the family and will always treasure my time with my cousins.

C

I would pick 'Fundamentals of Contemporary Astronomy: Planets, Stars, Galaxies, and the Universe' and 'Introduction to Psychology' because Astronomy is not a subject I have access to in my secondary school. Astronomy has always intrigued me as an interesting and fascinating subject to learn and understand. The concepts about stars and galaxies; and the history and structure of our large and puzzling universe; were very often in my thoughts yet never truly explored. If I was given an opportunity to learn something interesting, I would take learning about the mysteries of the universe, without hesitation. It is not every day that you are given a choice to choose a course from a complex subject like Astronomy, so this course would undoubtedly thrill me to not only acquire valuable knowledge but also could very well become my favorite pastime.

As for Psychology, I know that the subject is about the scientific study of the mind and how it influences our behavior. It has always piqued my interest and curiosity to observe how each and every one of us think and behave so differently in different situations. There are so many aspects to Psychology that I would love to learn about, but I do not wish to be overwhelmed by the facts of all its complex sides, so this introductory course would be perfect for me, as it could allow me to learn about some fascinating facts and issues about psychological research. Understanding the Psychology of the way we behave, can be very appealing and aspirational, and this could help me to better understand myself as a person.

D

The book which has made the deepest impact on me would definitely be "The Alchemist" by Paulo Coelho. It is a classic fable about an Andalusian shepherd boy named Santiago, who had been having a recurring dream about searching for treasure at the pyramids of Egypt. He faced a lot of hardships, but with some advice from the other characters in the book and a little help from the universe itself, Santiago managed to become a wealthy man within the span of one year.

I like this book because it has taught me one of the most important lessons in life, to follow your dreams and achieve your goals which are also some of the most difficult things to accomplish. There are so many reasons as to why we could easily abandon them. Surprisingly, Paulo held a different view that has inspired me greatly. To quote him, "When you want something, the universe will conspire together in helping you to achieve it." It basically tells me that in order to achieve our goals, or our "personal legend", it all starts with how willing we are to go forward to achieve it.

It is crucial to have the wisdom of listening to our hearts, of recognizing opportunities and most importantly, having the discernment to understand the omens strewn along our life path in order to follow our dreams and achieve success.

TEAM WORK AT IT'S BEST...

The True Light Joint School Improvisation Workshops

The four True Light schools meet three times in the year to teach and train their junior form students the basics of Drama Improvisation. It is always a joy filled experience for all the students from all four schools as they not only learn but also get to make new friends. Each workshop is held in a different True Light School to help create a field trip experience for students which makes it all the more fun for them. The NET teachers of all four schools put together various activities which have always had positive feedback from students. The students learn drama techniques such as stage skills, voice projection skills and skills to create stories which boost their overall confidence in speaking English as well as gets them to engage in creative play!



Interclass Shakespeare Drama Competition

Tina Cheung 2A



I was honored to be selected for the role of Claudius in the famous Shakespearean play, Hamlet. Claudius was a character that assassinates King Hamlet's father, then marries his wife, Gertude and becomes the stepfather of Prince Hamlet.

Claudius was scheming and led a conflicting life. He knew he should repent, yet he continued to benefit from his sins.

In order to fully interpret this character, I had done quite a bit of research. I had watched a couple of productions on Hamlet. Since I only had two weeks of preparation and rehearsal time, I focused on the dialogue presentation, facial expression and vocal exercise because I

wanted to do my best to make it perfect. I also met with my classmates who were playing other characters like Hamlet, Polonius and Gertude and we spent a lot of time to read through the play again and again.

When I look back at our performance, I feel that although we put a lot of effort on the play and were pleased with our performance and interpresentations, I still have room for improvement. I would like to advice those who want to take part in a Shakeuprean play. Don't just focus on your own performance when you are practicing, be aware of the team cooperation and also be confident but don't go over the top. The most important thing is to let the audience have a chance to fully understand the play, even if they haven't read the story of Hamlet before.



The Student Union



I am Elaine Cheung of 5E and the chairperson of the Student Union. Last year, I was the secretary of the SU. First of all I would like to express my gratitude to all the school students for showing their confidence in my leadership and electing me to this esteemed position. You may ask why I ran for this position. I can tell you that it was because of love. When I was a candidate, I just wanted to try my best. When my efforts were rewarded I was very humbled and did not want to disappoint, that's when my true leadership experience started.

The first big project of the year was Christmas. This was the first time all of us got together to conduct an activity. We toiled over it for a long time and prepared three activities in the week. In the first one, we gave every class a ball to make a wish for the next year. We put all these wishes on the Christmas tree which was very big and beautiful right at the entrance of our school. It was also the first time our school had done this kind of an activity. We were worried about the response when we were collecting students' wishes but after we collected them, we saw that every class had tried their best to do it. It was the best motivation we needed to do better. The second activity we conducted for our Christmas celebrations was a photography activity for each class. We wanted a photo of each class to be their Christmas present but the printer needed time to print, so we used our party time to finish it. Because of time constraints, it was by no means perfect but we all felt good about it. We learnt more and tried more. I am really grateful to have an efficient and understanding team who supports each other all the time instead of blaming and pointing fingers. We may not be the best, but we certainly do always try our best and this spirit is the best evidence of true sportsmanship! I am also very grateful to our consultant teachers who are always there to guide us and help us.

I truly love my team and this is going to be the best memory I'll carry with me when I graduate!



TEAM WORK AT IT'S BEST...

Prefect Inauguration



Young Post

17/12/2018

Hong Kong True Light College



Our school's prefect inauguration ceremony was held on November 9. It opened with the former head prefect, Yamm Lam of 6A, delivering her vote of thanks. She said the prefects gained a lot of good experience by serving the school as student leaders.

Sergeant Lok Wai-ying, the School Liaison Officer of the Police Community Relations Office (Western Police District), was the guest of honour. Lok talked about the bullying problem in schools, and said it is important for students to learn how to stand up to bullies.



Principal Dr Ng Ka-man presents a souvenir to Lok Wai-ying

The event ended with the new group of prefects taking their oaths to the school. They promised to maintain discipline and build a fair and happy learning environment for their fellow students.

Emily Lai 3B, Isabella Wong, 3B



ENGLISH EVERYWHERE



English Festival 2019

The English Society Members



ENGLISH EVERYWHERE



This year's English Festival was held between Monday the 8th of April and Friday the 12th of April, 2019. The theme and topic of the week was Girl Power and our girls sure did live up to this name by being truly empowered by the activities all week!

The week started with a video competition between the ten S5 classes on how to be an eco-friendly citizen. There were intense 3 minute videos submitted by our S5 students on the topic "Being an Eco friendly citizen". One student from each class was chosen to represent her class and share her video. The winning videos were of Winnie Cheng of 5A1, Miki Cheng of 5E and Ilas Wong of Form 5E. The best video of each class was played in the school hall at lunchtime and the audiences totally enjoyed the process of voting for the best video. Not only did the school students learn many ways to take care of our precious planet Earth, but also were thoroughly entertained at the creative visual displays. Our S5 students acquired useful vocabulary and confidence in using English in an authentic way. Kudos to all of them!!!

The next day started with an English whole school assembly and gave all the students an impetus to attend the week long celebrations at lunchtime every day.

On Tuesday, in addition to a very inspiring message by our English teacher, Ms. Yeung Ka Wai, on women empowerment and verses from the bible on the same, everyone was motivated by the lunchtime activities promotion for the following days to come that week.

On Wednesday, our students tried and tested their flexibility by doing Yoga in the hall under the guidance and coaching of Ms. Andy Lam. Students were given

instructions in English and had great fun in trying poses like the 'Downward Dog, Cat pose and Cow pose. They finished the activity with a bit of meditation which left them in a tranquil mood for the rest of the day.

The next day, their tranquility changed to typical youthful vigor with the HIIT exercises which means High impact interval training. The sweaty and adrenaline charged students motivated everyone around campus to become health conscious!

Thursday's lunchtime brought with it an interclass scrabble competition on a giant scrabble mat placed in the Volleyball court. All the students who weren't taking part could comfortably watch as spectators from the balconies of every floor of the school building. Students used all their brain power to come up with words that could score high marks and at last it was the Blue house that took home the prize for the day!

Friday, was a fitting finale of the week, with the War of the Voices competition where we saw a huge turnout of the students population all roaring with excitement at watching their teachers sing. They were a great audience and cheered along as each song was sung and were good sports to come up as a united group to sing the same songs as their teachers. The event was such a success that we're seriously thinking about having monthly karaoke sessions to infuse the power of songs in English learning!

The same day, we saw three Shakespeare dramas enacted by six of our Form 2 groups. The plays were: Hamlet, Romeo and Juliet and Macbeth and each one was performed by 2 groups having a different take on the original story. It was certainly an entertaining way to close a perfect Friday and a perfect week of English celebrations. The students went home exhausted but extremely elated at performing such a great feat! Well done all the Form 2 students for your excellent performances, great costumes, wonderful props and creative scripts!!



Drama Viewing

The Count of Monte Cristo



By Mandy Au Yeung 4A (01)

Last week, I had the honor of enjoying one of the most gorgeous classics—the Count of Monte Cristo which is written by Alexander Dumas. After watching the trailer on YouTube, I wasn't too impressed initially, but it surprisingly turned out to be something else altogether!

The stage props fit in with the 80's background perfectly. To me, the most astounding would definitely be the prison, designed exquisitely with a hole in the place where Dantes gets out of prison, I had previously never thought of the lynching setting where Haidee punished Mondego.

At the very beginning, Edmond Dantes was a young and optimistic sailor, and was going to marry his beautiful wife Mercedes. It was a pity that Mondego and Danglars were jealous of him and ambushed him with a letter in the name of treason. After that, Dantes was imprisoned for 18 years where he learnt a lot from another prisoner called Faria. They were both pursuing justice for being framed and planned for 2 years to escape from prison but only Dantes succeeded. Dantes then returned with money and status owing to the treasure he found in Monte Cristo. He also became a count. He then decided to teach Mondego and Danglars a lesson. They eventually confessed what they had done and were sent to jail. Unfortunately, the prosecutor who sent Dantes to prison did not get a penalty due to the fact that the society in those times was very unfair.

The story plot is inspiring as it is about human nature and society. Each actor is worth noting, especially Dantes and Villefort. Since The Count of Monte Cristo is a long story (long years of Edmond Dantes' life in prison), the script writer adapted a bit with the characters and the plot which is also known as "artistic license". The outcome was smooth scene changes and a clear focus. No actor pulls focus when they shouldn't. As far as I am concerned, the acting skills were divine. If I had to tell of a thing that did not satisfy me, it would be the scene when Mondego and Danglars acknowledged their faults. They compromised too honestly and abruptly. Nevertheless, it is understandable as the show lasted only 60 minutes.

The story is definitely thought-provoking and it has inspired me to ask a few questions. I started to wonder "if I was Mercedes, what would I do?" In the show Mercedes did not show up, but in the fiction novel, she does. It is told that she knew Dantes was imprisoned and married Mondego anyway. It seemed that love is miserable and intangible, nothing lasts forever. However, looking at the matter from another angle, why doesn't she go to search for evidence to prove Dantes' innocence? Why doesn't she reject Mondego without a second thought? If I was Mercedes, I would definitely do the above. The most likely answer would be that the real Mercedes was a greedy and selfish person too. If you really loved Dantes, you wouldn't care whether he is a sailor with bright future or a prisoner? How would you marry Mondego? In fact, Dantes in the book is quite furious that Mercedes married Mondego and gives birth to a baby. So I would say Mercedes is a hidden villain in the show and gives gasoline to Dantes' vengeful fury.

The Bible has a quotation—“An eye for an eye, a tooth for a tooth”, and contrarily Mahatma Gandhi had said “An eye for an eye makes the world go blind”. I personally agree with the latter rather than the former quote in this instance. It is undeniable that taking revenge against someone or a group of people makes people feel powerful and gives them vanity. However, it makes the thing not get any better and instead it becomes but a vicious cycle. In the show, Dantes felt delighted when he knew Danglars and Mondego were sent to jail, but failed Villefort. It is imaginable that Dantes was feeling depressed. In the long term, taking revenge is not a remedy to tackle a problem at the root. Instead, it only causes a non-stop cycle. We should therefore twist our angle and be grateful to those who taught us a valuable life lesson.

In conclusion the show is definitely worth watching, I encourage you to see this production. Especially for those who want to know about human nature, this is the show for you!



Reflection on the Interclass Debate Competition

3AB's Vs 3CD's

Tasha Lam ka Yin, 3A (14)

At first, when I found out that we had to have a debate, I was really scared because I've never taken part in a debate before. I thought I would be a terrible speaker and embarrass myself and my class! However, I soon realized that my fears were unfounded because of my very nice teammates. We used to borrow I-pads and research on our arguments together and the joint sessions really helped me relax and look forward to the competition.

We had to prepare arguments on why Hong Kong shouldn't ban citizens using plastic straws. Sometimes we would use too much time talking passionately about the issue and then would have to go home and complete our writing. We were soon ready with our scripts and the entire process was really fun because I understood the pros and cons of the issue very deeply.

When the competition started, I was surprised that everyone found evidence to support their points. I started getting nervous and panicked when I started my speech, but my friend and team member gave me an encouraging pat and told me to relax. That's why the best memory I have from this experience is of the kindness of my friend!

I did learn a lot from this experience as well, such as the advantages and disadvantages of using plastic straws and how we take plastic straws for granted. My standpoint has changed because of this debate. I am more aware of the damage plastic is causing to the environment and why it is important to be creative to look at less damaging alternatives.



Rise and Shine Primary Public Speaking Contest

This year, we held a Speech Enhancement Workshop on 1st December, 2018. More than thirty five participants from ten different primary schools joined to acquire essential tips on English public speaking and group interaction. Participants learnt skills for impromptu speaking and group interaction, and then entered the "Rise and Shine"-True Light 1st Public Speaking Contest, to win great prizes when competing with entrants from other schools



ENGLISH EVERYWHERE

Talk by Environmentalist Mr Paul Niel to our Form 5 Students

Josie Chan Sin Ying 5D (02)

We were honored to invite a couple who are very enthusiastic about environmental conservation to come to our school and share about their adventure of exploring Hong Kong's coastline.

Austrian mountaineer and adventurer Paul Niel has climbed the highest peaks on every continent. He and his wife Esther Roling walked, climbed and swam around Hong Kong Island to create the city's first map of coastal pollution. Although Esther didn't make it to this sharing, Paul still shared his unforgettable experience. He showed us some photos of that trip including the weather and the environment. He also mentioned they saw a lot a lot of rubbish around the island such as polystyrene, plastic and even chairs and a refrigerator! I was shocked by the fact that Hong Kong is really "poisoned". I have been inspired by their experience and realized we are destroying Hong Kong. After hearing this talk, I will start to protect the environment and reduce waste.



English Bulletins

Over the entire year, the S5 girls used to share local and international news as well as the thought of the day on Wednesdays, Thursdays and Fridays. Two students were selected for each day and the classes took turns to ensure each and every student got an opportunity to speak which proved to be an invaluable tool in boosting up their confidence in speaking English. The sharing would be broadcast on the PA system for everyone on the school campus to hear after the morning prayers. Here are some examples of what was said and heard (In reverse chronological order)

15th May, 2019

Good morning everyone, this is the English bulletin time, we are Natalie Wong and Josie Chan from class 5D .we are going to share a piece of local news with you all.

3 days ago, tens of thousands of visitors made their way to Cheung Chau, as they were all keen to watch the Piu Sik parade in the afternoon and the bun scramble at midnight.

At this year's bun scrambling competition, the champion Jason Kwok was crowned the first ever "King of Kings" for a third year! He got 112 buns and he also won the "Full Pockets of Lucky Buns" award for grabbing the most buns.

For the female division, a nursing student Janet Kung got her first victory after four appearances in the finals.

In the Piu Sik parade, children dressed in traditional costumes masquerading as famous figures. The children were carried down the island's main streets on stools and the parade picked current affairs as themes to raise public awareness of the recent government failings, like the extradition bill saga.

6th March, 2019

S: Good morning everyone, we are from class 5E.I am Sharon

E: And I am Elaine

S: Elaine, have you heard about vaping before?

E: Yes of course, vaping is smoking electronic cigarettes which work by heating a liquid to make vapour which is then inhaled by the user.

S: Wow! You really do know a lot about vaping! As we know all cigarettes have Tobacco along with more than 7,000 chemicals and many of them are toxic. So some of the smokers decided to try Vaping.

E: Yes,I've been told that Vaping is less harmful than traditional smoking but it doesn't mean that vaping is healthy.as we don't actually know how many toxic chemicals are inside these electronic cigarettes. In addition, electronic cigarettes are as addictive as traditional ones . Both have nicotine, so .I think it just changes the look of smoking to make it appear safe..

S: Yes, most of the people have a wrong concept that using e-cigarettes could help smokers quit smoking. However, a recent study has found that this is not true. E-cigarettes cannot help people quit smoking but on the contrary, it makes young people hooked onto Nicotine. We should all be aware of this and say no to smoking.

13th December, 2018

Good morning principal, teachers and fellow schoolmates, It's English Bulletin time. We are Pearl and Janet from class 5B. Today we are going to share a piece of international news with you all. Most of you may already have heard about a scientific breakthrough a while ago. A Chinese scientist called He JianKui claimed to have created the first gene-edited babies. He gave a speech at the University of Hong Kong showing his research on gene-editing, creating a pair of twin girls who will be immune to HIV. He said that his experiment was very successful.

Although many scientists are worried about the future where safety and ethics are concerned, I think this is a big step into finding the solution to curing diseases and solving the problem of AIDS. I believe that in the future, this finding can help many people and prevent health disasters.

However, genome editing is still not widely accepted, some people criticize He JianKui and claim that he has violated ethical values of the scientific community. Doing experiments on people are not accepted by many people. Do you think what he did was right?

Hope this can help you know more about the issue.

22nd November, 2018

Y/C : Good morning, Principal, teachers and fellow students...

It's English Bulletin time. We're Yannie and Cally from class 5A...

Today we shall share a piece of International news with all of you...

Do you remember last week, our classmates, Claire and Cherry shared the passing away of Stan Lee, the writer of Marvel?

Of course we're all very sad about that. He was truly a creative genius and all his superhero movies have been absolutely thrilling and stimulating. Today we would like to introduce his newest superhero girl character which he created and announced on Oct 04th, 2018

Have you heard of "Jewel"? She is a character created by Stan Lee who is a well-known singer by day and a superhero by night. The main color of "Jewel" is purple, wearing a mask with an earring bracelet. She is well known by her signature look which is holding something like a light stick.

Jewel was inspired by HK singer G. E. M. I'm sure you all know Gloria Tang popularly known as GEM. She has been a singer in Hong Kong since 2008 and has produced much loved songs such as: "Where did you go; Long distance and Goodbye". G.E.M also happens to be a True Light student! I'm sure she never thought that she would become a superhero one day!

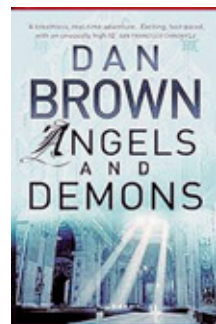
Although Marvel Studio hasn't shared which power Jewel will possess, what power would you like her to have? Let's get creative and see if we can think of a superpower no one has thought of before? Do share your thoughts on this with your friends!

AUTHENTIC LEARNING OUTSIDE THE CLASSROOM

English Assemblies

Out of the eight English assemblies conducted during the year, two require special mention. One was on Tuesday, the 22nd of January where students learned the importance of “learning everything from something” and “learning something from everything”. Ms. Yeung Ka Wai conducted this assembly and gave our students tips of which books they should read. The message of the talk hit home really effortlessly as students got to know which books to choose for their level and why reading story books for pleasure was a very important part of English acquisition. Students were pretty fascinated by the five finger rule which was if you put up 5 fingers after reading from a random page in a book, then the book is too difficult for you!

In another assembly students got the opportunity to see English being used as a second language by students in a small town in India. Our NET, Ms. Nalini Lakhani, visited an all-girls school called the Navnidh Hasoomal Lakhani Public school. She shared how teachers teach and students learn at this school which follows the CBSE school Board. She showed our girls a video of 3 students from Primary 5 and secondary Form 4 and Form 6 giving speeches to welcome guests from HK and how proud they are to be ‘Navnidhites’. It was an eye opener to see, how confidently these girls speak in English even though English is just their second language. Students also got a lot of information on Indian culture from this sharing and were pretty fascinated with all that they learnt.



2 - Five-finger rule



Embracing Cultural Differences



Sports Day A Magnificent Athletic Meet

Vivian Yan 4E (19)

A record was broken by class 4E in the event of Inter-class 4x100M relay.

On the 29th October, 2018, at Wan Chai Sports Ground, students, teachers, and parents participated in an exciting, unforgettable and meaningful event on a sunny day.

All True Light teachers and students enjoyed the day. There were track events like the 100 meter race, the 400 meter race and an Inter-house 4x100 meter relay. Students tried their very best to fight from their heart, rushing through the finishing line with tears of joy. There were also field events like high jump, discus and javelin. The power of each student was like fire burning in their souls.

Additionally, there was also an exciting Inter-house cheering competition. Cheerleaders cheered for the athletes of their own houses. They prepared colorful props before the Athlete meet to symbolize and highlight their house team-spirit.

Athletes in class 4E did a marvelous job in this year's Athletic Meet. Runners Miko Chui, Koey Lee, Nat Chow and Hebe Chui broke the school record. The 15-year-old Nat said, "I can't believe it! Before the run, I was so scared! I had butterflies in my stomach! After the run, however, seeing the score on the board I burst into tears of relief and joy!" 15-year-old Koey mentioned, "I was feeling scared and nervous at first. I really thought that I would let down my team, but we tried our very best and broke the record. I'm very thankful that I have such good teammates!" They all set new records in front of the scholar school.

The Happy Run was the highlight of the day. Students from all forms went to the tracks and walked for 1500m. This is the one and only time in the year that students are allowed to wear their class T-shirts. They made the most of it and enjoyed being united and connected with each other.

At the end of the day, our honorable guest, Professor Cindy Hui-Ping SIT delivered an inspirational and unforgettable speech to all of us. To wrap up the day, we sang the song 'Auld Lang Syne' very proudly.



Hong Kong True Light College's 40th Annual Sports Day

Jessica Choi 5A1 (05)

The Sports Day of our school this year was held over two days – the 2nd of October and the 29th of October, 2018 respectively.

The first day was packed with excitement and nonstop activities. Many students took part in all the competitions. My personal favorites were the races and high jumps which were very fascinating.

Amongst the many activities worthy of praise, the cheering teams cheered up the atmosphere tremendously! Not only did they cheer their own teams with gusto and enthusiasm, they also put up an impressive performance for the cheering judges.

Sports day is held to instill a spirit of sportsmanship. A true sportsman accepts victory and defeat with a smile on their face. The students taking part in sports obtain this spirit which enables them to face the challenges of life. So taking part in athletics is pretty useful to students in their life ahead.

I'm really proud of my schoolmates as they have a spirit of perseverance and courage. I'm really proud to be a True Lighter who works hard and plays hard!



They Happy Run, which was really happy indeed!

Kelly Chui 5A1 (06)

We had our second sports day on the 29th of October, 2018 and since this was the round of the final competitions, the nervousness on the faces of the participants was obvious.

I joined the house relay race, which was as exciting as usual! The relay entails a group of people racing together by each one sprinting on the track for a portion of the total time and giving the baton to their teammates who passes it to the next teammate and so on. The main point to note is the confidence and determination on the part of the players, which shows total team spirit and a feeling in each player that they can't let their team down! Although my team lost, we were not at all sad and were in fact proud of having competed together.

In addition, there were many other competitions which not only displayed an attitudinal strength but also physical resilience such as the Javelin, Short put, Discus, High jump, Long jump and the Hurdles. Students did a great job on each!

Finally, there was a special event called the "Happy Run" where both teachers and students ran on the track together and took many happy photos. It was the most wonderful feeling in the world!! All these memories will be etched in my mind forever. May God always bless our True Light family!



The Cheering teams doing their jobs so well!!!



The Form 6 students cherishing their final Sports day at HKTLCL



The opening Ceremony of day 1 of our Sports day



Sports Day

by April Lee 5E (12)

Two days of track and field is when you know it is time for our regular training review. No matter whether you are participating in the 100 meter run, or you are the got to be champion, it's too common to see crowds, searching for their besties or teachers to take photos. S6 students treasure the 'Happy Run' most, as it is the last moments when they can wear their class T-shirts, while other students stare in confusion, not understanding why they are being so excited. However, they will soon become one of them, and when that happens they will know the feeling of missing school!





HONG KONG TRUE LIGHT COLLEGE SWIMMING GALA 2018

Wing Chong 4B (04)

Our school swimming gala this year was held at our usual venue – The Sun Yat Sen Memorial Park Swimming Pool, on the 26th of October, 2018.

We were intensely excited to watch all the thrilling competitions among our eager schoolmates. Glory to the lord for the wonderful weather which ensured the day ran smoothly.

The event started by an encouraging speech from our honorable school principal Dr. Ng and a student's wonderful prayer.

Fired up athletes and buzzing cheer leaders from all four houses performed outstandingly and it was especially wonderful to see the Form One freshmen getting caught up in the excitement and participating enthusiastically!

This year it was our pleasure to invite our supervisor Ms. Man Yuk Ming and Professor Louie, Hung Tak, Lobo as our special guests and it was especially nice of them to spend time with us before the closing ceremony.

Firstly, we asked Mr. Louie to give us some comments on how our students should prepare and equip themselves if they really want to pursue a career in sports. He told us that it was important to be talented and skillful to get the society's sponsorship and support. He also shared his opinion on important things that athletes need to bear in mind to practice good sportsmanship. He told us that it is very important for us to have respect and be responsible in the competition and towards the other competitors. He also told us it is essential to have an Olympic spirit, which is a skill that can only be obtained through participating in sports activities and cannot be acquired from a textbook!

Ms. Man then also gave us lots of valuable advice and said that by exercising we can effortlessly improve our health and practice a good lifestyle. She also told us, students nowadays need more exercise to balance their life - sports and health are also a part of a student's life and that active participation is a must, no matter what the sport is and what the end result is. We are all very grateful to Ms. Man and Mr. Louie for their support and encouragement which is very valuable and meaningful to us.



Swimming Gala

April Lee 5C (12)

"We sing of a school..." these lyrics being sung with passion and dedication, echoed throughout the pool side area, marking the start of our Swimming Gala held on the 8th of October, 2018 at the Sun Yat sen Swimming Pool in Sheung Wan. The four houses yelled at the top of their voices, swimmers splashed with vigour to break records and teachers of course rushed to announce results jubilantly.

The most exciting moment however was when the winning house was revealed. Banners and figures big and small were brought up, screaming and shouting was rampant across the spectators' stand. Our happiest moments were recorded which will become a legacy of the True Light Spirit forever!



School Open Day for the Primary Six Students

Annaliza Wong Chin Chin 5B (20)

During the event, I was one of helpers for the Biology section. We had a lot of structures and specimens for the P6 students to look at. Not only that, but all the helpers, including myself, had an experiment that we demonstrated to the primary school students and their parents. Then, we explained the principles and scientific explanations behind the experiments. I was in charge of demonstrating and explaining the structure of our bones. The P6 students were very interested and curious about how our bones can be so fragile when exposed to high temperatures. I can easily say it was truly heartwarming to see all those young students so eager to learn.



P6 Info Day

April Lee Tsz Yui 5E (12)

Early in the morning, colors of different primary school uniforms filled the hall and even before that, students wearing braids had their booths and speeches ready. It was not only about games or food, but also the demonstration of how we True lighters welcome our guests. Leading them to walk through the corridors always reminds me of our times when we are still blank about secondary school. Curiosity and fear were battling within us, but time brought us through, letting everything pass peacefully leaving us with the best of memories that we are continuously making each and every day of our school life.

The West Island School Partnership

The West Island School Interact Club came over to our school once a week for a total of 6 weeks to take part in group discussions with our Form 5 students. It was a fantastic opportunity for our students to meet and chat with native English speakers in an informal atmosphere. Friendships were made and the fact that students got along so well with each other made the activity totally worthwhile.

The West Island School students not only practiced group discussions with our students but also gave them valuable advice on how to speak naturally in English and how to communicate with each other in a more authentic way.



Personality of Our English Teachers

M I S C H E V I O U S N C H I C E D N Z
 Z W T T O P T I M I S T I C D R E P E Y
 K I W S D R C I T E L E H T A N K A T Y
 R T Q G E C C T U P O S I T I V E K A M
 E T H V Z I L G Z T M R Y L T F N M N Z
 T Y A V I T O E X Y W N P D P C P V O F
 A J U Z N E V N O A U I T E E I X A I A
 N Z T R A G I T P F C J B T R T G F T S
 O G H E G R N L T S E E D R S E N F C C
 I E E S R E G E I U I V E A E H I E E I
 S T N O O N O D M O D I D E V T G C F N
 S A T U - E - E I R O T I H E A A T F A
 A N I R L F G C S U O I C - R P R I A T
 P O C C L T Y I T T F S A D A M U O L I
 M I X E E E T S I N P I T N N Y O N Y N
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 C S E U C R A V R V J Q D K M G N T P H
 W A C L B U Z E J D F N U I D E E E X E
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 N A E D E G A D V E N T U R E O U S X I

DEDICATED
 SELF-DISCIPLINED
 ENERGETIC
 FOODIE
 SYMPATHETIC
 MISCHIEVOUS
 ADVENTUROUS

AUTHENTIC
 INQUISITIVE
 WITTY
 KIND-HEARTED
 ENCOURAGING
 FUN
 DECISIVE

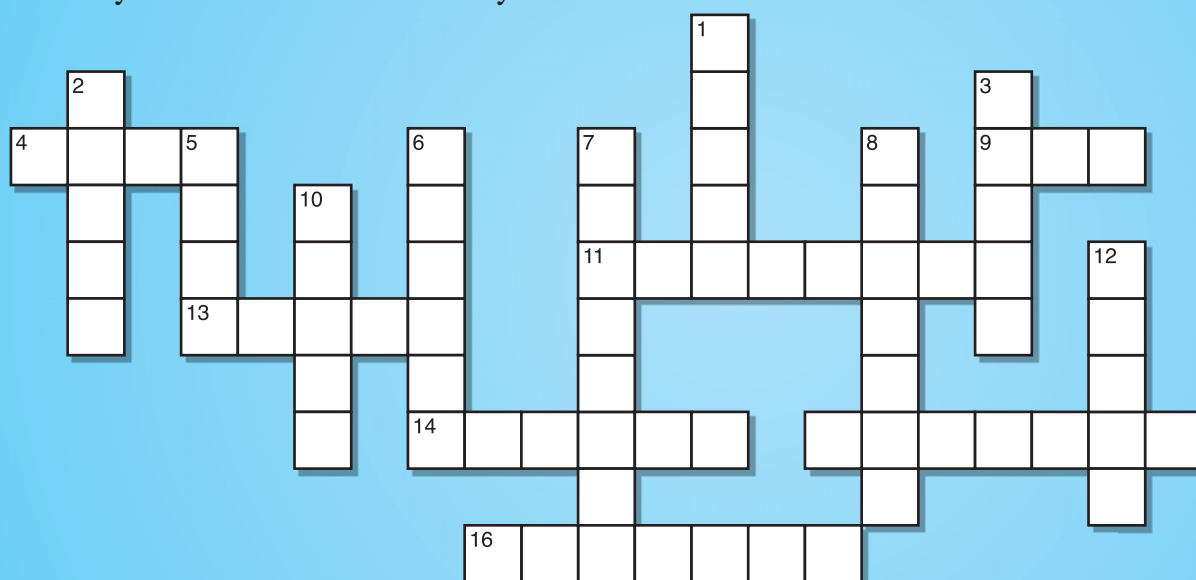
COMPASSIONATE
 ATHELETIC
 POSITIVE
 GENEROUS
 FASCINATING
 PASSIONATE
 CHIC

WELL-ORGANIZED
 ENERGETIC
 LOVING
 GOURMET
 GENTLE
 RESOURCEFUL
 OPTIMISTIC

OPTIMISTIC
 AFFECTIONATE
 ADVENTUROUS
 AFFECTIONATE
 PERSEVERANT

The Teachers of HK TLC

Do you know the first names of your teachers?



ACROSS

- 4 Chan
- 9 Lam
- 11 Wong
- 13 Lam
- 14 Lakhani
- 15 Tze
- 16 Wong

Down

- 1 Tam
- 2 Lo
- 3 Yeung
- 5 Ma
- 6 Lo
- 7 Cheung
- 8 Yip
- 10 Yu
- 12 Kwok

Answers on Page 36

OUR ENGLISH TEACHERS

The English panel consists of 16 teachers who are all very different, very versatile and come with varied passions and hobbies. Yet this apparently heterogeneous mix of uniquely different people come together so beautifully to not only coexist in peace and harmony but go way beyond to collaborate and unite for a common good – the wellbeing and enrichment of our students!

From being gourmet food critics who love travelling, to being cat lovers, to being passionate about holistic living or even car lovers; we have an exciting, rich and vibrant panel who can truly pass on their passions to their students.

Our school motto is “Optimize deep thinking; Broaden learning horizons”; what better way to do this than to have teachers having a healthy curiosity about the world we live in. Travelling extensively is one way we can get to appreciate our cultural diversity and learn authentically from it. Keeping our eyes and ears open and absorbing news, experiences and knowledge also can keep us smart and up to date. So, let’s learn from the world around us and reflect on our own passions and the passions of people we are in contact with, to truly broaden our learning horizons and get into the habit of thinking deeply on what we are experiencing.

Let’s first take a look at what our teachers have to say about learning from books and learning from the world around us. We asked each teacher two questions namely:

(1) Whether it is better to be book smart or street smart

(2) What would they do if they could turn back the clock and become 18 again

Here are their answers:

Mrs. Anna Ma

- 1) I think it's better to be street smart because life is really about how well you are able to solve problems you encounter. It is important to master life skills to survive in this competitive society.
- 2) If I were 18 now, I would spend more time on my studies and attain a doctoral degree. I would also like to do a lot of travelling and meet a lot of people from different cultures.



Ms. Mildred Yip

- 1) Street smart is better as being witty is not something we can learn. It allows us to do things more effectively and efficiently. Also, we can build up better interpersonal relationships.
- 2) I would have better financial planning so that I can save enough money to travel around the world. I would join working holiday programs of different countries. I would try to meet more people and experiences more.



Ms. Yeung Ka Wai

- 1) Street smart – Being resourceful and with swift thinking helps you to solve problems in life, especially when you become a mother to take care of a family. Not everyone needs to be scholarly though. It gives you good conversation starters making you a harmonious person, but is not essential.
- 2) To travel around the world and focus less on studying. Once you pick up a career, it's hard to ditch your responsibility for an extended period of time to truly immerse in a foreign culture.



Ms. Queenie Wong

- 1) If you ask most intelligent or successful people where they learnt their craft, they will not tell you about their time in school. Formal education is indeed important, yet the key to success usually lies in a period of experimentation and trial and error in every facet of life
- 2) If I became 18 once again, I would probably do more things out of my comfort zone, like learning a language or picking up a new sport, e.g. scuba diving or windsurfing. I would also open myself to new opportunities and possibilities, and never let the fear of failure restrict me.



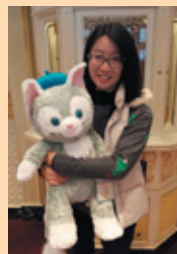
Ms. Joyce Lo

- 1) To be street smart is as important as being book smart. The knowledge you learn from books can always be applied helping you to be book smart. However, by being street smart you know how to use your book knowledge wisely and in the right situations.
- 2) I'll travel as much as I can, applying for school tours and exchange tours, I'll grab every opportunity possible for me to experience the world. I'll also care less about what others think about me and be more confident about myself, applying for courses and degrees that I'm passionate about.



Ms. Christine Cheung

- 1) Being street smart is more important as things and people around us keep changing. We can gain invaluable experiences everywhere anytime. We just need to own our surroundings and broaden our horizons beyond the constraints of books.
- 2) I would definitely take a gap year to travel with my backpack to explore the world around me. I would most probably pick up volunteering work at an animal shelter in a sanctuary of big cats.



Ms. Jessica Zee



- 1) Street smart because hands-on experience develops practical knowledge and situational awareness.
- 2) If I became 18 once again, I would go on working holiday in Paris after graduating from university.

Ms. Kayla Tam



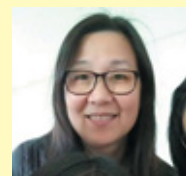
- 1) it depends on different stages of life. It does you no harm to be book smart if you are a student. Yet, being solely street smart may affect your studies. On the contrary, as you grow up, experience is golden. It is of paramount importance to be street smart at work.
- 2) I would learn a foreign language (Spanish/ French). Then, plan for an exchange or a trip to that country and learn their culture.

Mr. Wilson Lo

- 1) it depends on which profession you are in. Being street smart will make you excel at people skills, while being book smart means you are intelligent and well educated and can make contributions to the world. So I prefer the latter one.
- 2) I would choose not to enter Hong Kong University but to be devoted to the design industry. So I would rock over the world artistic cities to equip myself.



Ms. Rosa Chan



- 1) Both are helpful in today's world. Being street smart, one can be very successful in the workplace & in our chosen careers as he/she can be very flexible and quick in evaluating the situations and making sensible prompt decisions, which is a very important quality in this vibrant world. However, the knowledge a street smart possesses, to a certain extent, is built on the knowledge in books & from schooling. So I think the two are complementary & work well at an appropriate proportion, which varies with different individuals' contexts.
- 2) If I had one more chance to be 18, of course I'd lead a different life from before. Perhaps I'd go for working holidays in different countries & experience the life & cultures there. I'd stay in each country for some time, say half to one year, or even longer.

Ms. Amy Lam

- 1) It is better to be book smart when I'm a student, as I can do well academically, and yet it's better to be street smart when I'm working, as it is not only about facts and knowledge, but it's also about how you learn and grow from your real life and personal experience.
- 2) I would like to travel around the world and meet new friends from different countries. I would go on exchanges when I'm studying in University, so that I can widen my horizons and enjoy my life freely as a student.



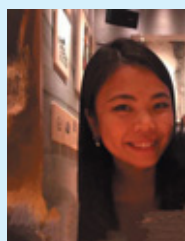
Ms. Isabella Wong

- 1). what a difficult question! As a language teacher, I'd encourage my students to be book smart. However, I have to vote for being street smart if I really had to pick one. If you are street smart, you'll be able to observe and respond to the situations flexibly and adaptively. Learning from the experience, you'll eventually be as fluid as water. On the other hand, if you are book smart, you may have a lot of knowledge in your head, but what you don't have is the hands-on experience on dealing with situations. Of course, it'd be great if you're both street smart and book smart!
- 2) If I became an 18-year-old again, I would make better plans for my career and life. After getting into university, I'd look for both local and overseas summer internships so as to explore where my interests lie. More importantly, as an 18 year old, it would be time to start developing my work ethic. Besides, I'd also join as many overseas exchange programs as possible, be it a few weeks or half year long. Not only does studying overseas help you to see who you really are, but it also helps you learn from people all over the world. After all, the more experience you have, the more you are inspired!



Ms. Erica Kwok

- 1) Street smart. Everything we face in adult life requires us to be smart, patient, determined, rational etc. We need experiences to gain all these qualities. Being street smart helps you to survive in the society better.
- 2) I would like to try out different jobs and experience something adventurous. I would like to work in public relations, and meet more people. I would also travel to exotic places and explore around the world more.



Ms. Agnes Lam

- 1) It's important to be street smart because you are learning by immersing yourself in the environment. You have to apply what you have learnt to real life situations and know what is happening around you. Thus, being street smart doesn't mean you are not educated.
- 2) I would still plan to become a teacher because this is the most meaningful profession of all.



Ms. Wendy Yu



- 1) Though both are essential, I still think being book smart is more important as the knowledge one acquires is useful at all times no matter how the world changes.
- 2) If I could become 18 again, I'd rather take "Journalism" than "Education" in university and then work in the media industry so that I could meet people from different walks of life. I guess my life would be more interesting and I could learn more from people working in a diverse range of fields.

Ms. Nalini (Aka 'Kima') Lakhani

- 1) Just like life is best enjoyed in balance by having an equal share of enjoyment and hard work; true understanding and learning of any concept, discipline and knowledge comes with studying its theory and practicing and experiencing it too. Therefore for me one needs to be equally book smart and street smart.
- 2) I would travel as much as possible; get a working visa and experience as much of the world as possible. I would take risks and make sure I step out of my comfort zone.



Book And Movie Recommendations

Our school has always advocated reading as a major part of English language acquisition. There is a famous quote by Dr. Seuss which is, "The more that you read, the more things you will know. The more that you learn, the more places you'll go." (Note, the idiom – "you'll go places" means you'll be successful)

This couldn't be truer, especially to expand our imagination, enhance our creativity, exercise our brains and develop a personality of being naturally curious about the world we live in. Therefore, it is also a good idea to read widely and watch movies of varying genres.

Cherie Wong (our in-house book worm) shares her favourite book.

Book: How to Hang a Witch

Author: Adriana Mather

Description (from Goodreads.com): Salem, Massachusetts is the site of the infamous witch trials and the new home of Samantha Mather. Recently transplanted from New York City, Sam and her stepmother are not exactly welcomed with open arms. Sam is the descendant of Cotton Mather, one of the men responsible for those trials and almost immediately, she becomes the enemy of a group of girls who call themselves The Descendants. And guess who their ancestors were?

If dealing with that weren't enough, Sam also comes face to face with a real live (well technically dead) ghost. A handsome, angry ghost who wants Sam to stop touching his stuff. But soon Sam discovers she is at the center of a centuries old curse affecting anyone with ties to the trials. Sam must come to terms with the ghost and find a way to work with the Descendants to stop a deadly cycle that has been going on since the first accused witch was hanged. If any town should have learned its lesson, it's Salem. But history may be about to repeat itself.

My ratings: 5 out of 5 stars

Review: First off, I love the concept of the book, the author actually based the story of her ancestor's association in the Salem Witch Trials, which had taken place in 1692 in Salem. I admire how Adriana used her family history and twisted it into a fantastic paranormal novel.

Secondly, I need to talk about the characters of the book, since I don't want to give away the plot, I can only say that the characters are absolutely AMAZING. Samantha follows her gut although people suggest otherwise, and she is really smart and can think critically. She also has a great sense of humor which you will see in the book. Another character I can kind of talk about is the ghost. He is mysterious, calm and sometimes annoys the heck out of Samantha, but he is also surprising sweet when he chooses to be.

Thirdly, I want to comment on the plot and the events in the novel. The events are in my opinion very unpredictable and surprising, but every significant chapter has hints to the key to break the curse that is killing people in Salem. Adriana did a really great job of keeping the story running without making it too confusing as a lot of mystery novelists tend to do. In addition, some chapters really got me on the edge of my seat while others made my heart swell with warmth and happiness.

In conclusion, I love this book very much, as it is full of surprises and heartwarming experiences. The characters and concepts are splendid too. Therefore I strongly recommend that you read this book.

Cherie, Mary, Mandy, April and Annaliza went around to interview our teachers and looked deep into what our teachers read and watch. Here's what our English teachers answered to questions asked by them on their favorite books and movies

Interviewed by Mandy Au Yeung

Miss Yeung Ka Wai

Book: 19 minutes by Jodie Picoult

Q: What this book is about?

I personally like every single book written by this writer. She writes with mystery and creates very real life characters. She also does an in-depth research on each and every book making her plots very exciting. She often reveals some very important social issues like teenage suicide, depression and sexual issues in her stories.

This book is about a campus shooting incident in the US. A boy shot some people and most of us think that he is a murderer but actually behind his actions was a life of suffering. From another perspective the character is in fact a victim too. This can make the readers think about whether the accused would be guilty or not. We can then look at the social issues from different perspectives

Why would you recommend this book to our students?

Ans: This book can enable us understand the level of mental damage that you can inflict on others when you are a villain. The readers can also empathize with the villain for example, behind a murder maybe the murderer suffered a lot and is also a victim

A lot of times students look at the thing from the surface, we need to put ourselves into other people's shoes to see things from different perspectives

MOVIE: The Cove

Q: What kind of a movie is this?

Ans: This is an Oscar winning movie, almost like a documentary.

Q: Why would you call this your favorite movie?

Ans: Primarily for the same reason as the book (above) – it reflects a serious social issue. The plot of this movie is about dolphin slaughtering. In Hong Kong, most of us like Japan and the most common perception of Japanese people is that they are hardworking, nice, kind and positive - personality traits which we can learn from. However the Japanese also have another side. They kill dolphins as a ritual. Mass killing of dolphins in a very cruel way just for a cultural ritual or for just for fun is horrifying! The Japanese want to hide this from the whole world and it is very bloody indeed.

Every single time when I watch the movie, I have tears in my eyes as it's too horrible to see some lives getting sacrificed for national pride. So, it's an enlightening movie which teens should see to think about animal rights. Do they have a right to survive, be in captivity or should we keep animals in an aquarium or in a zoo for our entertainment?

Other similar issues like overfishing and how to protect our national resources in the ocean should also come to the awareness of our students.



Miss Mildred Yip

Book: Hillary Clinton

Q: Can you tell us something worthwhile about this book?

Ans: It is very inspiring especially when Hillary tells us about her childhood. She actually lived in a liberal family where there was no right or wrong. Her parents just sat every night at dinner and talked about political things and encouraged her to express herself. By doing this Hillary got natural training in politics.

Q: What is the most inspiring thing in this book?

The most inspiring incident in the book is that Hillary's mother really encouraged her children to be adventurous. Her little brother used to think that their front yard could take them all the way to Beijing. Some mothers may say "Don't be silly" and "stop your little brother"! However her mother didn't do that. Instead, she put some chopsticks or some Chinese things in a hole in the front yard.

Thus, by reading this book, our girls can know one way how one can shape a way of thinking. It's very important to look at the thing from different perspectives

Miss Christine Cheung

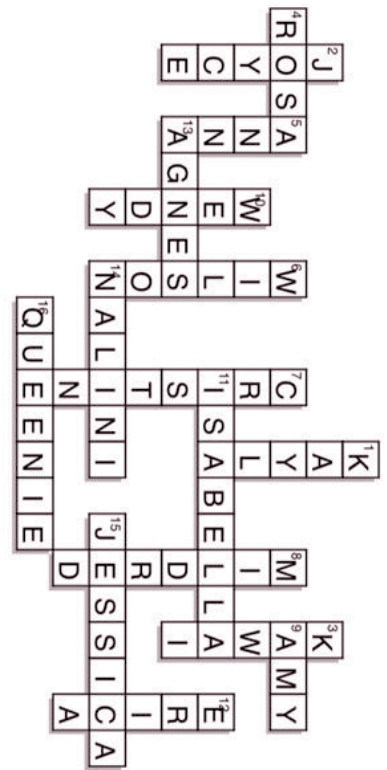
Book: Chicken Soup for the Cat Lovers Soul

Q: Why would u recommend this book?

Ans: it's an inspirational story written by the author about authentic stories

Q: What do u think this book would benefit our girls the most?

Ans: We can all learn from their experiences and can get some insights from what they did.



Interviews by Anna Liza Wong

Miss Joyce Lo

Book: *The Alchemist* by Paulo Coelho

Q1. Can you relate with the book's protagonist, Santiago? If so, how?

Answer: When I read the book, I was very inspired by him because I read it in my university days and during that time, there were a lot of possibilities and opportunities for me. The main character of the book actually grasps his opportunities and also makes use of his different situations, so I think I could relate to him at that point by inspiring me to grasp opportunities from life and to make the most of what I have.

Q2. In the book, Santiago went through many ups and downs to obtain the treasure. Do you think that it was worth in the end?

Answer: Yes, I think it was worth it. Because (Spoiler Alert) at the end, he actually went back to the place where he originally started, so I think what he gained was not only the treasure but the experience that helped him along the way, such as going up the mountains, polishing the glasses, etc. Also, this actually reflects his personality and I think he gained more than just the literal treasure. It's like the whole thing was his experience and his journey then it's his story.

Movie: "The Imaginarium of Doctor Parnassus"

Q1. What made you drawn to this movie?

Answer: Well, I like movies relating to the fantasy genre. I think the director actually has used a very colorful and descriptive way of filming the events and I love creative work!

Q2. The movie was called a "fantasy". Could you give a brief explanation of the genre and why is it so different from other genres?

Answer: Well, first of all, a fantasy movie is a very creative movie and anything is possible in these types of movies, so it's different from horror movies or thriller movies where you get shocked or you get propelled into a lot of excitement. These types of movies actually have a calmer atmosphere and inspire you to think.



Miss Rosa Chan

Book: *Kitchen Table Wisdom Stories That Heal* by Rachel Naomi

Q1. What do you think is the most impressive part of the book?

Answer: The book consists of many stories of the author's and her patients', each of which is very inspiring. Yet the most impressive one must be this little story which attracted me to read this book in the first place:

"All through my childhood, my parents kept a giant jigsaw puzzle set up on a puzzle table in the living room. My father always hid the box top. The idea was to put the pieces together without knowing the picture ahead of time. Different members of the family and visiting friends would work on it, until after several weeks hundreds and hundreds of pieces would each find their place."

"Alone in the living room early one morning, I spread out the hundreds of loose pieces lying on the table some were brightly colored and some dark and shadowy. The dark ones seemed like spiders or bugs, ugly and a little frightening. They made me feel uncomfortable. Gathering up a few of these, I hid them under one of the sofa cushions. For several weeks, whenever I was alone in the living room, I would take a few more dark pieces, and add them to the cache under the cushion."

"... Frustrated, my mother finally counted the pieces and realized that more than a hundred were missing I told her then what I had done with the pieces I didn't like, and she rescued them and completed the puzzle. I remember watching her do this. As piece after dark piece was put in place and the picture emerged, I was astounded. I had not known there would be a picture. It was quite beautiful, a peaceful scene of a deserted beach. Without the pieces I had hidden, the game had made no sense."

From this little story, the author tells us that winning requires that we love the game unconditionally. Life provides all the pieces. When we accept only certain parts of life and deny and ignore the rest, we can only see our lives a piece at a time – the happiness of a success or a time of celebration, or the ugliness and pain of a loss or a failure we are trying hard to put behind us out of sight. But like the dark pieces of the puzzle, these sadder events, painful as they are, have proven themselves a part of something larger. Therefore, the brief glimpses we have of something hidden requires accepting as a gift every last piece – we are always putting the pieces together without knowing the picture ahead of time.

Movie: *Sound of Music*

Q1. There are over 10 songs in this movie. Which is your favorite song and why?

Answer: I like all the songs in the movie because they have different meanings to me. If I must choose one to be my favorite, I'd say My Favorite Things, I like the song lyrics, which reminds me how to keep happy – it's very easy, 'simply remember my favorite things, and then I don't feel so bad'. If we just focus on the unhappy things, for example, 'when the dog bites, when the bee stings', they will be magnified and we won't be able to see the numerous favorite things such as 'raindrops on roses, and whiskers on kittens, bright copper kettles and warm woolen mittens, brown paper packages tied up with strings ...'. Our happiness, to a certain extent, depends on how we perceive the world. This is what this song reminds me of, so I love it.

Q2. What aspect of history can students learn from the movie?

Answer: This movie is set in Austria during World War II, when many European countries were invaded and ruled by Nazi Germany. Students can have a glimpse of the history of that period in the movie though it isn't the focus of the film.



Miss Anna Ma

Book: *Lord of the Flies* by William Golding

Q1. What captivated you the most in the story?

Answer: The story talks about human nature, what is wrong and what is right and about morality and immorality. It made me think back to something Confucius once said, which is 'human nature is good'. However, another famous Chinese philosopher named Mencius had said that 'human nature is evil'. When I was younger, I strongly believed that human nature is good. But, as I got older, I started to believe the other way instead. That's why education is so important. There need to be rules and restrictions to ensure the behaviors of human beings. The story's concept on such a matter was very exciting and inspiring to me.



Movie: *Jurassic Park (1993)*

Q1. Can you give some comments on the cinematic aspect of the movie?

Answer: This movie was made in 1993 and I watched it in 1994, which was 30 years ago. I liked the movie, because it was very exciting and unexpectedly touching as well. It was actually selected for preservation in the United States National Film Registry by the Library of Congress as being "culturally, historically, or aesthetically significant" and I totally agree with this. It's amusing, entertaining, exciting and was fun when I watched it with my two sons, who were about 3 or 4 years old at that time. I even watched the movie repeatedly on TV many times after that.

Q2. Can you relate with any of the characters from the movie?

Answer: I really liked the character named Ellie Sattler, the partner of one of the main characters, Alan Grant. I quite like Ellie's character as she played a very supportive and understanding person. She has appeared in two of the Jurassic Park movies.



Interviews by April Lee (5E12)

Mr. Wilson Lo:

Book: *Life's Greatest Lessons*

Q. Why do you think we can learn from this book?

Answer: You'll discover your good qualities, optimize your inner resources and kindle your desire to live a good life. You'll also be fascinated and enlightened by numerous inspiring quotations in this book.

Movie: *A Star is Born*

Q. Why would you choose this film?

Answer: This film is an awesome love story with appealing leads and deft direction.

Q. What is the most touching part?

Answer: The moment Ally gets the chance to perform in front of a large audience and takes it by storm before she is about to give up on her dream as a singer.



Ms. Kayla Tam:

Book: *Wonder* by R. J. Palacio

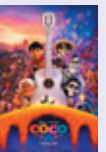
Q. Can you comment on the main character in this Book?

Answer: Auggie, the main character, faces deformity, struggles with friendships, studies and bullies. Yet, with an upbeat attitude, Auggie knocked down his challenges one by one. This book is definitely worth reading as he is a model showing us how to turn adversity into opportunity. I hope you will get some inspiration from this character and learn that no matter how hard life hits you, it never leaves a bruise if you choose to change your perception.

Movie: *Coco (2017)*

Q. What is special about this movie?

Answer: This animated movie by Pixar depicts a pursuit of the dream of a young boy regardless of his parents' objection. As the film unfolds, the story line goes from a knockabout plot to the display of humanity. I was very touched by the plot. Apart from the story, I find the scenes and music full of Mexican culture which gives me another angle to appreciate the movie.



Interviews by Cherie Wong

Miss Wendy Yu:

Book: *Tokyo Cancelled* by Rana Dasgupta

Is there a certain theme to all the stories told in this book?

Well, actually there are different themes, each story includes an issue related to culture. Although I don't think this book is for all secondary students, I would recommend this book to those who would want to study about society in the future. The reason why I liked the book is because each story can make people to think deeper and you can actually learn a lot from it.

What do you think is admirable in the plot in this book?

Well, I still remember that there is a story about a young man whose family wants him to work in another city and have a better life, so they work really hard to get him to do it. In the end, the man was successful, but he tries to reflect on his life, and thinks about how his life was so simple before working abroad. So that made me think that if I were him, would I work abroad or stay in my hometown and be a barber and be visited by young women who want to do their hair?



Movie: *Wonder*

Why would you choose this movie to recommend to our students?

I think that everyone in the world is equal and they should be respected by others. What really impressed me most was the attitude of the main character and how he faced the difficulties of his life.

Why do you think that the theme of the movie (discrimination) is good?

I think that everyone in the world is equal and they should be respected by others. What really impressed me most was the attitude of the main character and how he faced the difficulties of his life.

What do you think is admirable in the movie?

Well, the scene that inspired me most was in the last part of the movie when the boy was called onto the stage and received the "Best Student" award. There was a phrase that I really liked, which was "Be kind, for everyone is fighting a hard battle". I like this because it's a reminder for me as well as for others who want to make our world a more peaceful and harmonious place to live in.

This movie is actually based off of a book, so why recommend the movie instead of the book?

That's because the interaction between the characters in the movie is worth watching.



Miss Agnes Lam:

Book: *Becoming* by Michelle Obama

Why would you choose this book?

I feel that Michelle Obama is a woman who could always encourage young people, that's why I am very interested in her life, especially as she wrote a bit of her life after being the first lady in the beginning of the book and I found that quite interesting.

Is there a particular theme in this book?

She (Michelle Obama) actually recorded a lot about her life and her relationship with her husband before becoming first lady.

What do you think is admirable about Michelle Obama?

I think that she can always achieve her goals, she knows what she wants, and she works hard to achieve all her goals.



Movie: *Les Misérables*

Why did you choose this movie?

I was really moved when I watched it in the cinema, I didn't have any expectations before watching it, and so it really exceeded my expectations. I knew that it was from a famous play, so I was really interested in how the movie makers converted it into a movie. To my surprise, some of the actors and actresses could sing very well.

Is there a certain theme in this movie?

The movie described the hardships of the people in that era, and in the second half, it described the revolution about the energetic young people. Another theme would be the main character's good deeds. Before he starts his business, he was a thief and he stole bread for his sister because he was poor and was put to jail. Then he changed when he stole silverware from a priest and the priest covered for the man and said that he gave the man the money, so the man used the money to start his own business and helped people.

Besides teenagers who are interested in history and music, who do you think would like to watch this movie and why?

Young people interested in the film industry could really learn a lot from the movie, like the way it presents the characters.



Miss Erica Kwok

Book: *Eleanor and Park*

Why did you choose this book?

It is a story about two interesting teenagers, a boy and a girl, who are unlike other normal teenagers. Their lives are different from others, and they fall in love. I think that this book is suitable for teenagers because our students can relate to these two characters.

Is there a certain theme to this book?

I would say this novel is a romantic comedy because it shows the progression of the main characters from being friends to being lovers and depicts their strange lives.

What do you think is admirable in the book?

I think all the twists and the humorous elements that the writer added in the book are fascinating and the main characters' lives are far from perfect, but the humorous way that the plot is portrayed makes us think that their lives are a lot of fun. It sends us a message that we can always find good bits in our lives.

What do you think would compel students to read this book?

The background and the theme.

Movie: *Phantom of the Opera*

Why would you choose this movie?

I've always loved musicals, so I love everything in this movie, like the music, costumes etc. I think that young people would love to watch this movie.

What do you think is the theme of the movie?

Well, I think that the leading character, Christine, is really brave. I think that the movie sends the message that music can solve a lot of things.

What do you think is the best in the movie?

Definitely the music and the sound effects.



Miss Jessica Zee

Book: *The Walking Dead*

Why did you choose this book?

Well first, I love the Walking Dead, and when I saw the book, I was instantly intrigued to read this book because I really want to know about the psychology of the world of The Walking Dead, and this book precisely describes the psychology behind the series, such as the world, characters, zombies etc.

What do you think is admirable in the book?

I love the content of the book, it is really detailed.

Who would you think would read the book?

Well, I think that people who have watched the show should definitely read it. And I think that people who are not easily grossed out can first watch the TV series before reading the book.

Movie: *Rampage*

Why would you choose this movie?

First thing, I really like Rock, and love the action aspect of the movie. I really liked the message that this movie sends, which is when we humans mess with nature we get chaos.

Besides saying that we should not mess with nature, what other themes does this book have?

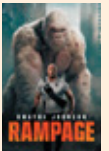
Friendship is one of the themes of the movie, and that it can exist through different species, races, genders and ages. Just like the ape and the zookeeper in the film.

What do you think is admirable in the movie?

Well, I mentioned before that I really like the action scenes in the movie, like how the ape and the crocodile fight. It reminds me of Godzilla.

What do you think would compel students to watch the movie?

I think that students who like action movies and Rock will definitely enjoy this movie.



Interviews by Mary Ma

Ms. Nalini Lakhani

Book: *The Power of Now* by Eckhart Tolle

Q: What is the main idea in this book that makes it worth recommending?

A: This book shows you that every minute you spend worrying about the future or regretting the past is a minute lost, because really all you have to live in is the present, the now. It also explains very clearly that life is just a series of present moments and all pain is a result of resistance to the things we cannot change. I have learnt that if we constantly observe our mind and not judge our thoughts, we can achieve equipoise and clarity in everything we do.

Movie: *Just Like Heaven*

Q: What feelings did you have when you saw the main characters kissing each other at the end of the movie?

A: It was very heartwarming to see the two main characters get together at the end of the movie. Reese Witherspoon is one of my favorite actresses. She is the leading actress in this story where she doesn't remember what happened to her and doesn't know that she met and fell in love with a man; At the end she followed her heart which then guided her to know that the guy in front of her was special and that she knew him from another time. I think her mind was so powerful that she realized that she loved the guy very much even without proof! So the kiss at the end very poignantly said this all in a split second!



Ms. Queenie Wong

Book: *Tuesdays with Morrie* by Mitch Albom

Movie: *A Beautiful Mind*

Q: If you can choose a power, what kind of power would you want to have?

A: I want to have right values and always distinguish between right or wrong and to use all that has been given to me in the right way in my life and to have the power to know what is right or wrong.

Q: Do you love your father and would you sacrifice yourself to save your father if something bad happens?

A: I like my family very much and I love my father to the moon and back. I would sacrifice myself if he was in danger. I'll be there for him whenever he is in need and I believe he will do the same for me too.

Q: How will you celebrate Father's Day?

A: I am going to have dinner as usual with my dad and I am going to buy him a bottle of red wine as a Father's Day present.

Q: Are you feeling content with your life now?

A: Yes I am! I have a good job and my students are really nice to me. I really like teaching them. Working in true light is a very good experience because the students are very considerate and understanding. I have met a lot of good people here. Also, having a loving family and two cute puppies, I think I am the luckiest person in the world. I mean, what more can I ask for?



A NOTE FROM THE EDITORIAL TEAM



*Thanks goes to this five member team – AnnaLiza Wong, April Lee, Cherie Wong, Mandy Au Yeung and Mary Ma along with their teacher advisor, Ms Nalini Lakhani who put in their time, effort and passions to produce this year's **TIMES** magazine.*



AnnaLiza Wong



April Lee



Cherie Wong



Mandy Au-Yeung



Mary Ma



Ms Nalini Lakhani



Acknowledgements to the sweat and toil behind the Scenes.

A very special note of thanks to our school photographer – Mr Cheng without whom this magazine would have totally lacked lustre

My Job in the Editing Team

When I got invited to be a part of this year's True Light Times magazine editing team, I was really excited since I love writing and wanted to see what editing a magazine would be like, and as I had expected, it was actually really fun. I gained a lot of new experiences in writing and editing and learned how to work with my teammates.

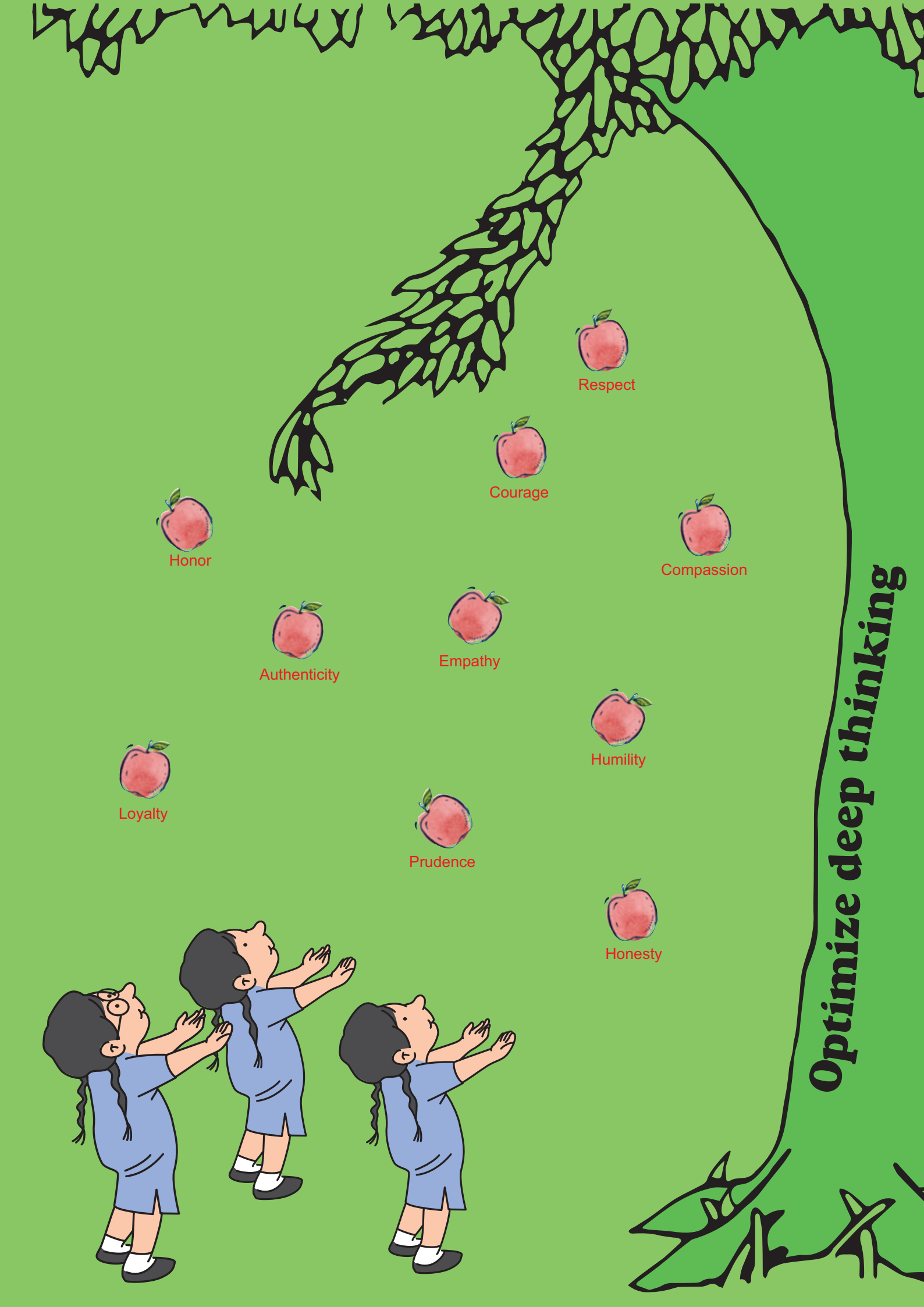
I was assigned to write articles about the costumes my class wore at the Christmas party, my experience in the improvised drama competition, my experience performing at the CYC awards ceremony, a book review and my feelings about editing the school magazine this year. I also interviewed four English teachers about the books and movies they recommended and typed out their responses. Each one of us reporters actually divided this job and took on four teachers each so that our questions and the recorded answers could provide variety to our readers. Before the interviews, we first found out the names of the books and movies from our teachers and then we tried to read up and watch the trailers of the movies. This gave us a very good idea about what the books and movies were all about. This process really helped us all to critically analyze the content and think of creative questions which could draw out detailed answers from our teachers. Even though the part about researching the background of the recommended books and movies was detailed and time consuming, I personally enjoyed each step of my research. Then, to ask sensible questions gave us a chance to try our hand to be real reporters as we not only took notes but also recorded our teachers. It was a fun experience as we got to spend time and chat with teachers who don't even teach us! Lastly, I helped to find some photos as well. It was a pleasure to work with Ms. Nalini and my 'big sisters'- Anna, April, Mary and Mandy. Through collaborations and meetings with them, my confidence has greatly improved and I have loved every part of being a part of the True Light Times! I hope I'll get to do this next year as well.

Cherie Wong 3A (26)



A Heartfelt Thanks to the Entire Faculty





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