



香港真光書院
HONG KONG TRUE LIGHT COLLEGE

情留菁莪

River of Radiance

學生作品選集

Students' Outstanding Writings

情留菁莪 River of Radiance

學生作品選集 Students' Outstanding Writings

顧問：

吳嘉文校長

編輯委員老師：

楊家慧老師 孔詠茵老師
陳淑霞老師 李淑兒老師
盧智健老師 施莉翎老師
余詠琴老師 黃潔華老師

中文編輯小組同學：

周芷瑤 馮鎔敏
鄭双鳳 林文昕
林紫韻 羅嘉敏
羅倩琦 余錦欣

封面設計：

2018-2019 6B 何家欣

香港真光書院

HONG KONG TRUE LIGHT COLLEGE

香港鴨脷洲利東邨道一號

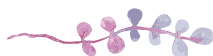
電話：2871 1214 傳真：2871 3110

網址：<http://www.hktrlc.edu.hk>

出版日期：2020年7月

River of Radiance is a compilation of essays by our students following our fourth collection *Timeless Luminance Collections*. This collection puts together students' outstanding writings both in Chinese and English as well as award winning pieces from various open writing competitions in recent years.

《情留菁莪》是本校繼《情真情心》後第五本學生文集。本書收錄了近年學生的中英文佳作及部分公開徵文比賽獲獎作品。



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時光易逝，晃眼真光創校148載，香港真光書院踏入45周年。學校創立接近半世紀，經歷著不同時代的變遷。說起文字紀錄，由過去七十年代逐字逐句地騰寫，到現在語音輸入已經是普遍的手機功能。科技隨著時代進步，真光的教育也同樣見證著社會的改變，一直在教育上與時俱進。我看到真光女兒文章上的每一字、每一句，就像看著她們在真光的成長經歷，也看到她們對學校的珍重、對父母的關愛、對師長的情誼、對同學的珍惜，以及對社會的關懷。我很高興能夠為文集撰序，更欣喜的是，我能一同跟大家分享校慶的喜悅。

「十年之計，莫如樹木；終身之計，莫如樹人」出自《管子·權修》的一句話，正正看到培育人才絕非易事。教育乃我們的終身事業，我看到一個又一個在真光畢業的學生，踏足社會，成為世上的一點光，遵從校訓「爾乃世之光」的教誨，在社會不同崗位上發揮所長，光照他人，實是倍感欣慰。學校也藉45周年校慶，成立「百年樹人計劃」，為完善學校的各種設施籌款。計劃成立至今，得到辦學團體、校監、各位校董、家長、校友、老師及同學的鼎力支持，一呼百應，使計劃得以順利進行，實是真光之福，也體現真光人齊心團結的精神，為學校發展出錢出力，使真光教育繼續進步。

社會資訊發展一日千里，我校也緊貼時代的步伐，訂立三年目標「優化深層思維，拓闊學習視野」，此目標已進入第二個年頭，我看到同學不論在學業，以至品行上都對自己有更高的要求，課內、課外拓闊學習視野之餘，也從多方面發掘學習的趣味。文集收錄不同年級同學的優秀文章，既抒發同學對學校、師長、同儕間的情誼，也走訪大街小巷，描寫學校與生活社區的所見所聞，以文字記錄這份珍貴的回憶，「一粒沙裡看世界，一朵花裡看天堂」，這份真摯的人情味躍然紙上，不無感受到真光同學最真摯、最重情的一面。

文字可以絲絲入扣，聲音可以觸動人心。文集再不是一本純文字的作品集，而且更是一本有聲書。校慶徵文比賽得獎作品除了收錄在文集之中，更邀請了得獎同學及不同級別的同學朗讀文章，透過聲音、畫面、文字記錄同學的回憶。

「世事洞明皆學問，人情練達即文章」，我在此寄語每一位真光同學，每一天都是成長的歷練，每種挑戰都是跨越障礙的力量，只要持守「真理之燈」，用心經營個人的品德修養，定會在世上普照出最耀眼的光芒。

吳嘉文校長

Preface

Time flows by like a river when we witness today the 148th year of True Light schools since their establishment, celebrating the 45th Anniversary of Hong Kong True Light College. Since its foundation nearly half a century ago, our College has seen progress and changes over different eras. Written chronicles have developed from word-by-word, line-by-line transcription in the 70s to the speech-to-text applications commonly found in mobile devices nowadays. Technology advances along the time, so does education in True Light, which has marched along with development in society. Reading every single word, savouring every sentence in the pieces written by our True Light girls, I seemed to have walked down their memory lane in their journey in True Light, experiencing their sentiments towards the College, their reverence to parents, their rapport with teachers, their solidarity among peers, as well as their care about our society. It is my pleasure to preface this anthology with a few words, and also my delight to share the jubilation of our school's anniversary with everyone.

As Guanxi said in *Quanxiu*, “Grow trees for ten years of prosperity; Cultivate people for hundred years of prosperity.” This highlights the monumental challenge of nurturing talents. We take this as our life-long mission, and have been grateful to see our graduates upholding the school motto of “Thou Art the Light of the World” and contributing to the community in different capacities, successfully becoming the light shining before others in society. Honouring the 45th Anniversary, our College has launched the *Centennial Enlightenment Project* to raise funds for campus facilities enhancement. The Project has been embraced and staunchly supported by the school sponsoring body, the School Supervisor, school managers, parents, alumni, teachers and students since its launch. It is a blessing to garner concerted effort from all parties, which is the key to its successful start and the manifestation of the spirit of True Light collaboration when everyone devotes all they have to school development, paving the way for future advancement for education in True Light.

This is a revolutionary age for technological advancement. Our College has kept abreast of the latest strides and devised the 3-year development plan, “Optimize deep thinking; Broaden learning horizons.” We are entering

the second year of the plan. I am delighted to see students setting higher expectations on their academics and conduct, and discovering interest in learning inside and outside the classroom to broaden their learning horizons. This anthology collects the outstanding essays from students of different levels. They chronicle the most precious memories on paper - some are sentimental recounts about the school, their teachers and peers; others journalistic depictions of their experience in the school and in the community. As quoted from William Blake, “to see a world in a grain of sand; and a heaven in a wild flower”, their pieces are vividly alive with such candid affection, in which readers are touched by the most genuine and compassionate narration of our True Light girls.

Words weave worlds of wonders, while sounds stir sensations. This anthology is not only a collection of written pieces, but also an audio book. All the winning essays of the 45th Anniversary writing contest are collected in the anthology together with their recitals by the winners and students of different levels with a view to leaving students' memories by audio, visual and written recounts.

“Knowledge is to quest for all truths; writing excels when recounting virtues attained.” This is the message I wish all True Light students take. Learn through experience every day, as every challenge empowers you to overcome your next hurdle. As long as you uphold the Lamp of Truth and strive for your character-building and cultivating virtues, your light will surely shine so brightly before the others.

Dr Ng Ka Man

真光情誼

相遇在真光

2018-2019校慶徵文比賽 初中組冠軍

3A 李怡寧



沒有一個恰當的字眼能帶出人與人奇妙的相遇，要說一定有的話，我想大概就只有「曲終人散」了吧。

天空依舊一如碧洗，像是被打翻的藍色墨水暈染開了深淺不一的藍，幾近乎於透明的清澈格外的耀眼，陽光所至，皆足一片生機勃勃，與其反差極大的，或許就是沉寂又嚴肅的禮堂了，主任渾厚又威嚴的嗓音在同學聽來，便是極具效果的安眠曲，卻也不約而同的期待着譜寫九月的樂章。

校訓「爾乃世之光」在升學日便被老師們常常掛在嘴邊，我們的校章印着一顆伯利恆星，意喻燃燒自我，照亮他人，我不懂，難道不是太陽更貼切嗎？星星本無光，只是依賴着日月，又何談照亮他人？

抱着這樣的疑惑，我並沒有去請教任何一位老師，只是在暗自琢磨，卻也是左想右想都想不通。班內在進行活動，青澀的臉龐上洋溢着笑容，只是大多都是陌生的，環顧一圈，也沒有找到認識的人，心下不禁慌了起來，手心已經積了一灘汗漬，心跳的頻率也比平常快了許多。老師走進來後，同學們走了過來便開始自我介紹，隨意一瞥，竟瞧見窗外紛紛落下的桂花，好不漂亮，竟給這炎炎夏日，添了一分歲月靜好之兆。看得太過入神，連甚麼時到我了都不知道，懷着歡意朝同學和老師笑了笑，便報上了自己的名字。桂花香鑽進了鼻子，不知不覺，夏天放慢了急促的腳步，似乎想要留住甚麼……

冰涼的碳酸汽水罐貼在臉上的溫度讓我打了個激靈，分明只是一個簡單的玩笑，卻讓我鼻頭髮酸，同桌催促着：「就差你了！愣着幹甚麼？」



相遇在真光

2018-2019校慶徵文比賽 初中組亞軍

1B 甘靜怡



小學時，我一直盼望着快點升上中學。中學沒有小學般嚴格，規則有上千百條，就像是軍訓一樣。我升上中學就像一隻羽翼豐滿的小鳥，可以變得自由自在。可是，升到中學後，人生路不熟，多半都要看着別人的臉色辦事。但在真光，我也遇到了一個很暖心的學姐。

學姐整个人都有一種「仙氣」包圍着她左右。她戴着一副金框邊的眼鏡，穿着整齊筆直的長衫，語言很乾淨，是一個舉止端莊，大方得體的學姐。當我在籃球練習時看到她，很驚訝，我總覺得籃球這個多動型的運動和她不沾邊。

記得有一次籃球練習，教練因為我們練習時聊天，所以罰我們來回跑。隨着哨子聲響起，我就像一支脫弦的箭一樣飛了出去，一開始我都是遙遙領先，慢慢地我的雙腿好像灌了鉛，心臟跳動的節奏已經亂了節拍，呼吸也變得不均勻了，突然我眼前一片模糊，這時學姐把手伸出來，要和我擊掌做鼓勵，當我觸碰到她的手時，心裏好像有一粒小石子扔進平靜的湖面，泛起了一陣陣漣漪。學姐對我暖暖一笑，那笑容很乾淨，很純粹。我的身體好像充滿了力量，繼續向前跑。跑完之後，我累得滿臉通紅，大口大口地喘氣，雙腿軟綿綿的像果凍一般。我回想起剛剛每當我跑回起點的時候，學姐都會和我擊掌。這個舉動雖然看來微不足道，但這對我來說卻是一種鼓勵，一種關心。學姐就像是我剛進入到真光的第一道光，學姐的舉動和笑容都給予我勇氣。

老師是學校重要的樑柱。在我眼中，老師是正經嚴肅的容貌，高傲的性格，一本正經地講書，沒有平易近人，只有不可一世。但在真光有一

原來是這樣，不需要去尋找這份悲傷的源頭，那顆最璀璨的星星，我已經找到了。不管是否所有人都要經歷「曲終人散」，只願所謂青春年華，皆是以「花」開始，以「華」結束，何必糾結於微弱又不起眼的星光？因為那必能組成一片星海，指引着每一個迷路的人，找回歸屬，而老師口中的諄諄教誨，都彷彿變成了晦澀又難以下咽的淚水，那時候青澀懵懂的已褪去，用時間積累沉澱換來的是相視一笑便無須多言的默契。

收拾好各自的行囊，踏上夢想的里程碑，那些相遇在真光的時光如沙漏般流逝，卻是生命中無論如何也無法磨滅的痕跡。若是有再來一次的選擇，我想，我依舊會選擇真光，走自己該走的路，遇上該遇見的人，我想，這就是神最偉大的神跡了吧。

的確「曲終人散」是無法避免的，但這不是結束，這只是一個過程，一個認清自己的過程，但我仍然希望，我和她們，總是曲終人不散。



相遇在真光

2018-2019校慶徵文比賽 初中組季軍

3A 柳琬婷



眼前一晃，兩年精彩的校園生活轉眼間便過去了。回憶起中一時，剛加入真光「大家庭」，人生路不熟。既慢熱，性格又內向的我起初不太懂得怎麼與同學相處，因此總喜歡獨自在校園裏到處走走，摸索每一個角落，就如一個初生的嬰兒對世間一切的事物都充滿着好奇。故此，在這一年我對真光四周的環境和景象留下了特別深刻的感覺。

炎炎夏日，校園內到處都可以聽見蟬的叫聲，明媚的陽光使排球場變得炎炎如焚。耀眼的太陽並沒有打沉排球隊員的鬥志，即使她們已經汗流浹背，仍然努力不懈地練習，用心打好每一球，但求在比賽中取得好成績，為校增光。冬天的時候，呼呼的寒風使我的脖子不禁往外套裏一縮。但是中午時，我總愛站在走廊，看着一縷縷陽光照射在海面上，藍色的大海瞬間變得金光閃閃，眺望遠處海洋公園的機動遊戲，兩者合併，衍生出一幅美麗的風景畫，讓我在這寒冬中感到一絲絲的暖意。

中二那年，在一次偶然的機會下參加了「長者學苑」的活動。在活動中，我學會了如何與同學相處，增加了我與同學之間的交流，使我對她們有更深的了解和認識。同時，我明白到要秉承「爾乃世之光」的校訓，幫助社會上有需要的人，在社會上發光發熱。此後，我和同學的關係大大改善，不再孤單一人。每逢午休，我會與她們坐在一起，聊着共同的話題，各自分享自己的心事，互相分擔煩惱和憂傷，令我開始感受到校園的樂趣，建立真誠的友誼。

從這年開始，我的校園生活開始變得繁忙，壓力和憂慮也逐漸令我失去笑容。中文老師察覺到我有異樣，便約我在放學後與她面談，起初我

位很溫柔的老師，她說話輕聲細語，還有一個很大的優點——很有耐性。她是我的家政老師，蔡老師。每當上蔡老師的課，教室就會像假日瘋狂搶購現場，同學們七嘴八舌地討論，滔滔不絕。同學們在班裏橫衝直撞，桌子歪歪扭扭，整個課室都是凌亂的，場面和剛打完仗的戰爭差不多。蔡老師只是一直叫我們安靜，但是不會有人把她這句話放在心上。每次上課我都會忘記帶針線盒和刺繡用的布。蔡老師沒有責罵我，只是搖搖頭表示無奈，然後把材料借給我。我心想：這是要多大的耐心，才會一而再，再而三地包容我？蔡老師的耐心就像大海一樣無邊無際，總是以微笑來面對學生，平易近人。蔡老師一次又一次地包容我，我便下定決心，做事要整齊齊，不再粗心大意，令蔡老師對我刮目相看。

「爾乃世之光」是真光的校訓，意思是「你是世界的光」學姐和蔡老師就是我在真光的一道光，一道最明亮的光，一道照進我心底的一道光。我也想成為世界的光，照亮所有黑暗。



相遇在真光

2018-2019校慶徵文比賽 初中組優異

2B 姚淑嵐



今天上中文課，曾老師要求我們作文一篇，題目是《蛻變》。全班同學百思不得其解，曾老師就解釋道：「蛻變這個詞語，本來是指昆蟲蛻殼成為蟲的過程……」正當曾老師喋喋不休的講解中，我的思緒早就飄向別處了。

我進入香港真光書院已經一年多了，當初進入這所學校前，非常擔心，擔心自己的學業無法保持穩定；擔心自己在學校會被無視；擔心老師全都嚴厲，導致每天晚上都窩在被窩裏發抖，害怕小學那不堪回首的經歷再次重演。唉，我真是一個不折不扣的膽小鬼。

開學那天，我站在課室門前排徊良久，才有勇氣推門進入。誰不知同學都比我想像中健談，我很快就放鬆下來，享受這熱鬧的氣氛。之後，我認識了新朋友，在相處期間漸漸變得開朗，敢大聲提出意見，也變得自信多了。每天都在打打鬧鬧，日子平淡，但非常幸福。中學和小學相比，課程繁重得多，我的成績也開始下跌，家人所給的壓力令我意志非常消沉，彷彿一切在我眼中都變得暗淡無味。班主任察覺到我的情況，主動關心我，並和我家人溝通，更在放學後幫我進行輔導課。終於，我的成績慢慢提升了，人也再次開朗起來。若果沒有老師的幫助，我可能又變回小學時那個自我厭惡的人。

學校經常舉辦不同的活動，大至班際比賽，小至個人攝影比賽，應有盡有。某天我被朋友強行拉去參加講座，裏面的內容很有意思，教導聖誕裏的金句及其意義，也給我們一段時間來思考人生意義，為迷茫的人指點迷津。學校校訓「爾乃世之光」是指我們要成為光，照耀別人的前路，正如耶穌在我們迷茫之時帶領我們前進一樣。

以為是因為成績不理想，怎知原來她是來開解我，告訴我她當年的經歷，以及減壓的方法。其後，我就如放下心頭大石一樣，豁然開朗，領悟到凡事都可從兩面看，不必對自己要求過高。事實上，老師大可不理會我的事宜，但她卻願意犧牲自己的私人時間輔導我。老師您真是我的明燈，使我在苦海中尋找到方向。

由於我做事緩慢，而且會核對完家課冊才離開，因此當我還未來得及對手冊，工友已經要清潔課室，但她仍然樂意等待我完成後才擦黑板，沒有催促我，默默等待，毫無怨言。

感謝真光的同學，老師和工友，是你們令我在這個「大家庭」裏感受到愛和溫暖，在迷失中找到方向；在傷心時找到支柱；在寂寞時找到慰藉。我感激我們相遇在真光，這幾年來的歡聲笑語，悲痛憂傷，使我的中學生活由一張白紙，變成一幅絢麗多彩的圖畫。



同窗情

2018-2019校慶徵文比賽 高中組冠軍

4C 馬穎心



「喂！」突然，我被一把憤怒的聲音叫着，打斷了我的思緒。回過神來，曾老師正在怒瞪着我，我趕緊拿起筆開始作文。

雖然現在的我還只是一條不成熟的幼蟲，但我會不斷成長，或許未來我會成為一隻美麗的蝴蝶也說不定吧。美好的事物需要悉心培養，學校正是培養我們這群幼蟲的地方，如果沒有這個地方，我大概也不會出現這樣的轉變吧。

轉眼四年，校園生活隨着飛速的時間過了將近三分之二。時間雖能改變一切，然而它卻沖不淡同窗好友之間濃厚的情誼，因為我們有着共同奮鬥的目標，有着一致的信念，有着美好的希望。

彷彿昨天我還那個扎着孖辮的無憂無慮的初中女孩，但現時我已告別那段青澀的回憶，踏進高中課室的大門。高中生活總是伴着各種壓力，特別是功課學業上的。我們要平衡學習與玩樂的時間，看着時間表上佈滿的行程，上課、校隊練習、補習班、完成功課溫習等，都是缺一不可的。稍有不慎，那整段既定、規律的節奏就被打亂。正因如此，我們都多加注意身體以免病倒，只為不脫離課程進度。

班上同學都深知這個道理，不約而同地關心同學的身體狀況。天氣寒冷時，即使課室關上窗門，尖銳如刀鋒的寒氣仍會刺穿身體，讓我瑟瑟發抖。細心的鄰座看見衣着單薄，不斷磨擦雙手的我，默不作聲地從自己的座位上拿起掛着的毛衣，遞了給我，讓我穿上它。一會兒，她又生怕一件透風的毛衣不夠保暖，從口袋裏掏出細小的暖包，抓起我的手放在手心裏，她說自己沒有需要，叫我留着用。我知道那是她唯一的暖包，手心傳來的溫度，不僅使我的身體和暖起來，也讓心裏散發絲絲暖意。

不幸的是，人總有生病的時候。我躺在床上休息。凝視一片空白的天花板，心想隔天才能拿回功課，擔心功課會堆積成一座小山，壓得我喘不過氣來。「叮噹」就在憂心無措之際，門鈴聲響起。我翻身下床，拖着疲累的身體走到門前。打開大門，竟是同班同學帶上今天的功課到我家探訪，我又驚又喜，急忙請他們到沙發處坐下。他們問了我的病況，又向我分享班上的趣事。聽着他們細說趣事，令我感覺自己從未缺席課堂，一直



同窗情

2018-2019校慶徵文比賽 高中組亞軍

4B 丘嘉儀



時光荏苒，白馬過隙，我在這間學校已經五年了，看着這個班房，我就不禁回想起在這裏的一點一滴，尤其是那份真摯的同窗情，在我那庸庸碌碌的生活裏，增添色彩。

我是個不擅言辭的人，向來沉默寡言。中一開學那天，我不想太過顯眼，便在角落找了個位置坐下，靜靜地看圖書。忽然，一個拿着半個麵包的同學走過來，說：「我可以坐在這裏嗎？」還不等我回應，她已經拉開椅子，坐在我旁邊，然後吧唧吧唧地吃着那半個麵包，正當我狐疑地打量着她時，她嘴裏嚼着麵包，含糊不清地對我說：「哦！還未自我介紹，我叫林卓爾。」「卓爾不群。」我在心中默念，這個名字，光聽就覺得她很優秀，可是，眼前的這個卓爾，好像與想像中不太一樣。我又怎麼會想到，我和她竟然會成為好知己，並且在對方心中佔一席位呢？

「一起去洗手間吧！」「今天午餐吃甚麼好呢？」「放學了，一起回家啊！」她是個活潑爽朗的人，跟她剛認識就很熟絡，她去那裏都叫上我，我們更因此而變得親密。

中一第一次測驗時，她約我到圖書館溫習，我拿出最令我煩惱的數學習作，開始埋頭苦幹，由於我數理方面不好，一道簡單的題目也要花很久才完成，卓爾觀察到這點，便將她坐着的椅子挪向我這邊，執起鉛筆着手教導我：「這裏其實可以用這條算式，方法更簡單。」她的視線沒從習作移開過，一直專心地教我更快的計算方法。卓爾平時大大咧咧的，給人一種散漫的感覺，但每當我遇到困難時，她都很樂意幫忙，絕不推搪，而我也一樣，在她需要時，給予她最大的支持和鼓勵。這樣的友情，是最貴重的，不講求物質，兩人互相扶持，成為對方的後盾。

身處在課室中。閒聊過後，他們送上一疊功課，功課上貼滿一張張便利貼，除了寫有功課範圍，當中還有用螢光筆劃下需要留意的細節重點，更有同學在上面畫下精緻可愛的插圖。同學們細心的舉動，令我抖擻精神，擊退不少生病帶來的不適。

請了三天病假，我回復精神返校。雙腳還未踏進課室大門，已有目光銳利的同學察覺到我的身影，帶着喜悅的微笑，上前說了句「你回來了」，我點了點頭。又有其他同學紛紛上前慰問，讓我倍感溫暖。各科科長盡忠職守，向我追收未繳交的功課。意料之外的是他們都是刀子嘴豆腐心，嘴上說着讓我趕快交功課，卻伸長脖子看看我的功課有否錯漏，好讓我及時糾正，這份關懷實在教我感動。

六年的校園生活快將結束，我常聽別人說「中學的同學會是你一生的好友」我想這正是因為我們有著共同的目標，攜手一同向前直跑，共渡難關！畢業後，無論我們有否繼續聯繫來往，那份昔日友情都像是滅不去的火種，永遠保存在心底裏。



同窗情

2018-2019校慶徵文比賽 高中組亞軍

5A 陳曉彤



往後的幾年，我們都被編排到同一班，跟她相處給我一種自在的感覺，我們亦習慣了彼此的存在，總是形影不離，密不可分。

記得中四時，課程變得更深入難明，數學不好的我完全應付不了，測驗數學科不及格了，收過考卷後，我整天都不哼一聲，悶悶不樂的，但是我向來沉默寡言，在其他人眼中，我跟平時沒有兩樣，然而，卓爾卻發現了我的憂愁，午膳時大家都外出吃飯，她卻留下來陪着我「別這麼耿耿於懷」。「看！我的英語科也不及格！」她拿出一份48分的英語卷，露出一個傻氣的笑容。我看到後立即破涕為笑，她與我相視而笑，原來真正的好友，能夠透過你一個表情，就瞭解你的內心，好像心靈相通一樣，雙方有着無形的默契。

「人之相知，貴相知心」，我們之間的友誼，最難能可貴的，就是不需要說話，都能明白對方，並且會用獨有的方法，默默支持大家。

在這個紛擾的世界，你我從而相遇到相知，是個奇蹟，你的樂觀與積極，我的被動與寡言，緣分將兩個性格截然不同的人拉近，在茫茫人海中相遇，再成為密友互相輝映，是多難得的事，這才叫人更加珍惜，這段珍貴的友情，但願我倆的友情，可以恆久不變。

初中三年的生活伴着飛轉的時間年輪轉瞬而過，彷彿昨天我還是那紮着兩條小辮的無憂無慮的初中女孩，今天便要告別那段青澀的記憶，邁進更高學府的大門。

我手持着一雙從小食部借來的紅筷子，有節奏地敲打着桌面，與鄰座有容一唱一和地合唱着歌曲。「陳一心！」溫柔體貼的班主任梁老師沉着氣朝着我的座位走了過來。有容飛快地把手上的紅筷子藏入抽屜裏，翹起雙手，臉上一副看好戲的樣子，期待着我被老師教訓。我慌張地左顧右盼，想要尋求協助，但轉眼間梁老師已擋在我的視線前，居高臨下地俯視着我：「你出來。」我心想大事不妙！我戰戰兢兢地走出課室，低着頭豎起耳朵接收着老師的教訓。我透過半掩的門隱約聽到課室傳來的竊竊私語，我慢慢地抬起頭，從門縫的微細空間悄悄偷看，同學在嘻嘻哈哈地指指點點，有容在一旁捂着嘴竊笑，我也忍不住偷笑起來，卻被梁老師發現了。正當她準備破口大罵之際，我立刻提起腳步奔回課室，留下憤怒的梁老師在課室外叫道：「陳一心，你這個搗蛋鬼！」班上所有看戲的同學終於再也忍不住了，一起哈哈大笑起來，笑得直不起腰，有容更是一邊笑一邊抹眼淚……

在考試時班上的情況便大大不同了，平日最期待、最悅耳的下課鐘聲在這天便成了我們的惡夢。考試的鐘聲響起，同學們都一臉嚴肅，全神貫注地做試題。「刷……刷……」筆尖摩擦紙張及翻閱試卷的聲音成為我們之間共通的語言。我們互相較勁着速度，給予對方壓力，更透露着濃濃的殺氣，此刻課室成了戰場，紙筆為槍，互相混戰着……

每次想起這些，腦海中一幅又一幅的畫面閃過，臉上不知不覺間掛上甜甜的笑容。同學原來是一群毫無關聯的人，卻好像是被命運綑綁在一起。雖然有時候會鬧矛盾，到頭來想想好像這個群體少了誰都不是味兒。也許這就是同窗情的獨特之處吧！



同窗情

2018-2019校慶徵文比賽 高中組優異

5D 何瑜情



日復一日……情，這感覺在發生變化時，觸摸不到，望不到，聽不到，也嗅不到，卻也不是時間能左右。

「下一站……」冷漠的廣播聲從喇叭播出。「醒醒，到站了，開學第一天便如此，往後如何是好。」睜開周公不捨離去大力掙奪的雙眼，朦朧朧瞧不清當下喧鬧的氣氛，似在慶賀開學的悲傷。耳邊響起着父母擔憂的抱怨，看清眼前白藍錯開是往後獨居的留所，靜靜地被高聳綠油油的樹木環抱。以後會戀上她熱情地招待嗎？

「喂，別發呆了，去看書展？在禮堂，一起吧？」「等下，收拾好一起去。」桌上躺着藍底白字的小說是一心最近迷上一位日本作家的圖書，要拉着去書展瞧瞧新作。跨步到走欄沉墊在白藍夾着鮮黃的空間。鮮黃背後是獨立的小世界，我慢慢穿過，踱步到禮堂。家長會的前一天總有書展供消磨時間，仔細回憶，「一心，最初也是在這遇到妳吧！」我微笑着說，「是啊，碰到同一本書，驚訝的看着對方。」一心笑嘻嘻回答。現今又是如初相似，不過卻是愉悅望着雙方。看着一心，想到從拿着一本書，慢慢主動和對方分享圖書館樂趣，到一回無意遇到一心受傷安慰她，我們便開始交談心事，四周雖是藍白平平淡淡的氣氛卻暖化僵硬的情感。

一心和我都是熱情裡零散的靜寂，對同學冷漠、對藍白的她離棄，不願接觸好客的事物，停留在安全島，活在寧靜狹隙裡，獨自享受喜悅。我們卻瞧見對方，漸漸觸碰她，發掘她在留所給予對方的禮物，掀開小世界的另一面。

快到了畢業的日子，飄落的梧桐葉驚動了操場上的積水，窗外的樹葉像浪，在風中微微蕩漾，太陽穿過舞動的葉子，灑下斑駁的光。看着學姐們相擁而別，含淚的微笑在校園中綻放。不由得想起了我們的下一個夏天。有人會不捨地哭泣嗎？有人會難過地擁誰入懷嗎？有人會在最後的時刻敞開心扉嗎？我又會怎樣呢？再也沒有一個溫暖的課室，我該是很心痛吧。再也沒有那些一起共同進退、互相取笑的同學，我該是很落寞吧？以後回想起曾經，我的曾經滄海難為水，永遠都多了一絲捨不得和留戀。

感謝這份友誼，讓我有一個天真爛漫的青春，讓那些純真和美好成為刻骨銘心的回憶。同窗之情，同用一個窗子的情義真的很重。現在我只想把千言萬語匯成一句話，對我的同窗們說：「若你們安好，我便是晴天。」



香港真光書院百年樹人計劃

標語創作比賽 初中組金獎

2A 馮麗蒨

真光創校過百載
百年樹人育英才
謙謹有禮人人愛
基督精神永常在

考試來臨，我和一心相約了老師溫習。站在圍欄外，欣賞藍白錯開的留所，樓牆沾染日吹風曬的傷心，有的結巴；有的裂開；有的修復過，猶如我對一心的情感變化，暖化我們對藍白歸屬。原來她也在慢慢老去，養育一群又一群離父母而去的孩子。但只要在無意轉身，她依然聳立在鴨脷洲，只要回來，依然接納着我們，還能穿過以往時光，展現大家留戀的點滴。走進門口，四周還是籠罩着藍白，卻在其中夾雜着其他色彩，代表停留在此的記憶，在經過的道路撲面而來。

日落黃昏，星火燈光亮起，人去樓空，她隨着辛勞一日後，也慢慢關閉進出的通道，閉上眼睛休息，等待日出再招呼大家。

標語創作比賽 初中組銀獎

2C 劉樂婷

四十五載盡顯愛
與時並進育英才
百年樹人放異彩
師生攜手創未來

標語創作比賽 初中組銅獎

1D 盧凱祺

百年建樹福蔭人
真光教育智樂群
承先啟後創科技
流芳百世顯精神



標語創作比賽 高中組金獎

6B 馬海琳

真光創校逾百載
研習演藝各展才
師生情誼永常在
同心同德創未來

標語創作比賽 高中組銀獎

5D 李芷瑩

真光書院四十五
師生情濃顯關愛
百年樹人育英才
木蘭紅玉創未來

標語創作比賽 高中組銅獎

4B 鄭曉欣

四十五載真光情
年謀創設好環境
樹立勤勉人通明
同心合力眾志成

難忘的師恩

2016-2017

4A 吳詠誼

古人云：「師者，傳道，授業，解惑也。」毋庸置疑，老師發揮了重要的作用。眾多老師中，她是茫茫路途中的一盞明燈，至今我未敢忘掉她對我的恩情。

當年，我還是個懵懵懂懂的學生，認為學習是枯燥乏味，在上課時總是睡覺，老師責罵我，我卻充耳不聞，久而久之，老師失去耐性，放棄再勸導我，我也樂在其中。好景不常，我留級了，我只認為自己失去幸運之神的眷顧，然而我沒有打算改變陋習，幸好她的出現徹徹底底扭轉我的生命。

「各位同學，我姓陳，我是你們的班主任，那邊的同學別再呼呼大睡了！」我漠視她，認為她和過往的老師一樣會放棄我，可是她竟過來拍了拍我，說：「放學後來找我。」我咕噥著：她真麻煩，這些老師也只不過想責罰我。

放學後，她帶我到一個空課室，第一句就問我：「你認為學習是為了甚麼？」我一瞬間想了很多，進大學？還是找好工作？她接著說：「我們生於這個世界上，卻不了解她，我認為學習是為了認識這世界，學習是為充實自己，是對自己負責任，你要錯失認識這世界的機會嗎？」我聽完這番話來不及反應，她堅定地對我說：「我不管別的老師如何對待你，但我不會放棄教導你。」我從未想過會有老師如此在乎我，我下定決心努力學習。

我常在放學之後去請教她，她總是不厭其煩地教導我，細心解說。我的根基並不牢固，但她也不介意，一一解釋並毫不吝嗇地鼓勵我。最終，



感謝師恩

2018-2019

5E 陳子君

老師，如同畫藝精湛的畫家，能夠運用不同的手法、繪畫技巧在純白畫布上描繪出動人的畫面。我很感激我成長路上遇到的每一位恩師，是他們的認真督促與循循善誘的教導才得以令我們獲取豐富多元的知識之餘，還可建立良好的處事心態。

其實，我一直覺得人民教師是一份十分不容易的職業，成為出色的教師更是困難的事。古人云：「師者，所以傳道、受業、解惑也」，到今天，還要教得生動有趣，吸引學生注意，這些就全靠老師的教書方式了。生動有趣地教書可不是件易事，要融合活潑的氣氛與教學內容，才能深深感染學生。而如今在授課以外，好老師還會主動瞭解和關心學生各個方面的學習情況，鼓勵學生建立積極的學習態度，耐心糾正同學錯處，懂得為學生著想。老師這一職業目的是為了培育英才，背後更要付出大量額外的時間準備教案，修改課業，輔導個別學生。如今看來，老師似乎不單單是一份職業、一份工作，有時還要充當父母的身份來教育學生。

在中學的這段時間，我很感恩遇上悉心指導我的明燈。由於我在內地出生，因此經常會有不同的老師關心我在學習上適應的問題。而我的英文成績向來不太理想，中文老師居然熱心地給我介紹英文水平較高的師姐，希望替我進行課外輔導，這份愛，實在叫人感動。老師還會與我談談近事，甚或推薦我參加課外活動。於我而言，這位老師亦師亦友，對我的全人發展有不少的幫助。

我覺得老師所教的不止是書，更多的是一份道理。我由心感激老師們對我們的教導，為我們默默付出了不少時間與精力，為的只是我們身心靈的茁壯成長。這樣，我們這一幅幅畫才能在畫家停筆後，自己延伸出額外的部分，甚至可以突破畫框，向世界發展。

我的付出並無白費。在統一測驗中，我竟得到了第二名。她微笑對我說：「努力終有回報，這張成績單就是最好的證明。」我點點頭，強忍著心中的激動，向她報以微笑。

在中三學期完結時，老師竟突然宣佈她要辭職出國進修，繼續為認識世界而努力。我的眼淚在眼眶打轉，無聲哽咽著，她道：「不要傷心，我雖然不再在你身旁教導你，但只要你記得學習是為了自己，繼續努力前進，那我的心機也就沒白費了。」

直至現在我依舊把這句放在心中，她永遠是最難忘的老師。老師，感謝你，但願我們一起努力去認識這世界，我相信終有一天我們會再次相遇。



良師益友

2018-2019

5E 陳滢鈺

每個人的生命中都會遇上老師，而對於那些為我們傳道、授業、解惑的老師們，我們可曾感激過她們的付出呢？

在我的漫長求學歲月中，我最為敬重的老師，莫過於鄢老師了。她是我的語文老師兼班主任。她有著一頭烏黑的長髮，端正的五官，但我印象最深刻的卻是她那紅彤彤的臉龐，每當她展露笑顏的時候，就像是一個小太陽一般，再加上那排亮白的牙齒，著實暖入心窩，也讓我不禁彎起了月牙。

鄢老師教學嚴謹，卻不失風趣幽默，知道為何我會用如此截然不同的詞彙來形容她嗎？因為其實她有兩幅面孔，在上課時，她是一位嚴厲的老師，要求學生們要專心上課，還要摘下筆記和隨時能準確回答問題，絕不允許學生馬虎應對，只要發現你走神了，就會被處罰。因此在她「高壓政策」下，我們全班都專心致志地聆聽教學內容，她的教學方式也生動有趣，時常會夾雜著小故事引出大道理，讓我們很容易理解課文的深層含義，所以我們也十分樂意去學習。

在下課後，她的另一副面孔便會展現出來，化身成為學生的知心好友。只要她有空間，就會來到教室與我們談天，我們之間無話不談，因此學生都會樂意與她聊天，說說學業的壓力，談談未來的展望。無論什麼話題，她都會靜靜地傾聽，事後才給予具體的建議，把我們煩亂的思緒整理清晰，猶如撥開雲霧見月明那般。

記得有一次，我在課上悶悶不樂，因為我的知己認識了一個新朋友，所以有一段時間她沒來找我，導致我們彼此疏遠。當我主動去找她時，她因一些事情推卻了我，我便和她大吵一架，最終冷戰收場。鄢老師發現

我上課不在狀態，就在課後找我聊天，她知道緣由後，開解我說每個人都有她自己的社交圈子，我不應該因一己私欲而限制他人，還隨意發洩。而且，天下無不散之筵席，朋友之間應該互相珍惜，把握當下相處的時間，以免將來後悔。在聽完她的一席話後，我意識到了自己的錯誤，事後更主動和好友和解了。

最後，我真心想對鄢老師說一聲感謝，感謝您教會我做人。能夠在生命中遇見您，確實是我莫大的榮幸。



校園美景

2017-2018

3B 梁悅喬

朝陽在天空的正上方照耀著萬物，陽光透過淡薄的雲層，照耀著充滿生機的大地，反射出銀光芒亮令人眼睛發花，同時也照射著我們美麗的校園。

太陽是美的，樹木也是美的，大海也是美的，校園也有他美的地方。

在熟悉又陌生的學校，來來回回也有三年了。在我眼中圖書館的掛畫是十分美的，有一張是在玻璃裏掙扎的貝殼蝴蝶，有的是停頓而死寂的時鐘。這幅卻是充滿靈氣閃閃發亮，就如一雙清澈而嫵媚的眼眸，就如一朵暗夜綻放的、冰晶玉潔的、靛藍的山茶花，就如黑夜暗襲中的一點光芒照亮了我枯樸的心。他是出水芙蓉般的精靈，這就是他的美。

還有！還有！在我靈魂的深處有一潭清泉，在我心中響蕩。是啊！他是一幅位於校史室的畫。不！是棋盤！他是一幅由真光女兒們做的，是給前任校長最美的禮物。上面有許多五光十色、紅彤彤的、黃洞洞的、綠蔥蔥的、藍澄澄的、紫晶晶的、一格一格的棋布編織著我們對校長的思念，校長對我們的期望，對學校的貢獻。每部棋步都是校長為我們安排好的道路，也是一盞明亮的燈光，引導著迷途的羔羊。在遙遠又觸手可碰的未來也有許多熟悉的身影溫柔地圍繞在旁，這就是他引導著迷途的羔羊。他是師生間深厚情誼的見證，這就是他的美。

我心中一直有一個地方是最美的，那就是排球場。

那是一個佈滿淚水和汗水的地方，一個充滿成功喜悅的地方，一個有著美好青春和友誼的地方。我慢慢地在五樓向下俯視著滿面滄桑的老婦人，心底嘆息不已，何時二十年華的少女變成了年旬八十的婦人？我動身

向下走，經過禮堂時，發現裏面整潔乾淨，連空氣都散發著清潔劑的味道。我的視線移向旁邊的排球場，油漆大多都退色了，地板上一片一片龜裂的碎片散落了一地。爛地上的裂痕還在不斷擴大，他就像一個瘦骨嶙峋的老婆婆，卻依舊慈祥地保護著幼小的我們。看著我們早上別人還在酣睡，我們就在球場上來去自如；晚上別人吃晚飯時，我們還在球場上揮灑著汗水，不論晝夜都和我們努力奮鬥。

感謝你的存在，你的陪伴，不論你是鶴髮雞皮還是閉月羞花，都是我心中最美的。



校園美景

2017-2018

3B莊 穎

涼風輕撫着枝頭上細長的葉子，穿過白色的圍欄奔向大海。蔚藍的澄空萬里無雲，和教學樓的天藍色，籃球場的寶藍色連成一線。

球場上因正值上課時間而難得地空閑，只有幾隻麻雀在蹦蹦跳跳。盛夏的太陽掛在高高的籃球架上，彷彿下一刻就會俐落地穿過搖曳的籃球網。裝滿籃球的手推車被靜靜地放置在一旁，旁邊的樹木輕輕地搖擺着，晴朗的陽光穿過層層的葉子，透出細緻的紋路，日光從葉子洩出，灑到籃球場上。照在長椅上，帶出搖搖擺擺的影子，發出沙沙的聲響。

一隻海鷗從天空飛過，翅膀的羽毛優雅地掠過氣流，在一整排的窗戶上留下了倒影。

圖書館裏正在低頭整理書本的管理員都停下了手上的工作，目送海鷗的離去。圖書館裏的腳步聲和我翻書聲顯得格外響亮。在一排又一排的實木大書櫃中，放置了大量的藏書。隨意抽出一本翻開，都能嗅到一股濃烈的墨水味。翻開泛黃的書頁，密密麻麻的黑色小字像要把讀書拉進它夢幻浩瀚的世界裏，在書櫃大大小小的書本中有着一條小小的蓬，在里面能夠看到站在書櫃另一面的人。有的人踮起腳尖伸手想要拿到最上排的參考書，有的人正在靜靜的站在書櫃前看書，縱身跳進文學的大海裏，暫別真實。有時也會聽到輕輕的竊竊私語，不知是來自讀者的交談還是書本自述的呢喃。

包圍着圖書館上下左右的教室此時還在上課，傳出朗朗的讀書聲和起鬨的喧鬧聲。

教室的前方是一塊墨綠色的黑板，佈滿了白色的粉筆事和粉擦擦過的痕跡。天花上的大葉風扇轉動着，發出「飈飈」的聲音。和煦的陽光從百葉簾中傾灑出，照在窗邊學生睡意矇矓的臉上。教室中排列着一行行成雙成套的木色桌，每張桌子上都放着不同的東西，雖雜亂，卻和諧。教師的聲音在教室中響蕩，粉筆一邊刮着黑板，白色的粉末在空中飛揚。原珠筆劃在紙上，寫出海軍藍的字跡。教室的背後有一片壁佈板，上面貼滿了學生的合照和紅紅黃黃的小花，貼滿了大家的回憶。

校園裏的每一個角落，都是青春，都是汗水，都是回憶。往後的日子以前每一天都看似一成不變，但現在回看，卻是那麼地遙遠。海面上閃爍着波光，一片一片如閃閃發光的鱗片，時間飛逝，但願大海一直駐在這個海灣，守護着這片土地。



社區素描

大街風情

2014-2015

4E 劉卓楠

鴨脷洲徑的巴士站附近的一條小樓梯是通往一個仍保留着人情味的時光隧道。

走過這條小樓梯便是鴨脷洲大街，街道和行車道都很狹窄，只能讓一輛車通過。這裏沒有繁忙的大型巴士，也沒有趕急的上班一族，有的只是緩慢的小型巴士和悠閒的路人。在路上走着的老婆婆遇上剛買完菜的太太，一起停在路旁閒話家常，有說有笑。剛放學的小學生與同學一起在行人路上嬉戲，雖沒有智能電話，但仍樂得自在。

大街兩旁的房屋矮小密集，大廈的外牆顯示了老房子的年齡，歲月在老房子身上留下了斑駁的印記，任憑如何努力地遮掩，也蓋不了那無情的痕跡。但大街的小店卻沒有被歲月吞噬，魚檔的老闆仍把一盒盒海鮮放在地上任人選購，不管你是否熟客，只要跟老闆說聲，新鮮的海鮮會為你而留下。理髮店的老闆仍留有懷舊的裝潢，仍與他幾十年的老拍檔——理髮椅和理髮工具一起幹活，純熟的手勢俐落。帆布店的主人躲在一條小巷裏，仍用着古舊的衣車密密縫，未有向歲月低頭。這些小店仍保留一份濃濃的人情味。

我本以為這只是懷舊的街道，誰知道在小店與顧客之間還存在着一份人情味。當我感到口渴走進一間涼茶舖時，一份濃厚的人情味迎臉襲來，老闆娘正與喝涼茶的老婆婆閒話家常，見我進來即熱情地打招呼，即使我是個她感到陌生的中學生，她仍熱情對待，甚至一起談天。我喝了一口她遞來的雞骨草，感覺濃郁，味道偏甜，甘苦味隨之而來，看我喝得高興，老闆娘向我介紹周家園涼茶舖的獨有秘方和奮鬥史。但在我看來不是因為什麼祖傳配方，而是她對待顧客的熱情和濃厚的人情味混合而成，這獨有的調味料任憑再貴的材料或價錢也買不了。

好姨的士多

2015-2016

5B 黎泳珊

不知不覺我走到了風之塔公園，入口處的前方有一個大廣場，左方有一叫水月宮的廟，而右邊是一間洪聖廟。洪聖廟旁的長椅坐了幾個老婆婆和老公公，正當我想上前仔細看看那間廟時，那幾個老年人竟主動打招呼，更向我介紹這間廟和歷史。對他們來說，我是個陌生的學生，但大家聊起來竟毫無隔閡。大城市裏人與人之間的牆壁，被他們的熱情拆毀，想說便說，想笑便笑。

我繼續在風之塔公園裏散步，見這裏的人都和平共處。一個橫衝直撞的小孩撞了一個中年男人，男人沒有惡言相向，反而關心問候小孩，更扶起倒在地的小孩；小孩亦不大吵大鬧，反而向男人道歉。一向在雜貨店裏睡覺的貓走到水月宮的門前避暑，經過的善信沒有把牠趕走，反而給牠點零食，原來這裏連人與貓也能和平共處。

夕陽西沉，不知不覺已把天邊的一角染成橘紅色，我發覺天色晚便匆匆地離去。我登上回香港仔的街渡，小船穿過避風塘，我回到香港仔的海濱公園，突然，一陣微風從我的背面吹過來，我回頭一看，看到大街小店，也看到了正在施工的地鐵站，暗自惋惜。任憑小店再努力堅強，也敵不過歲月的驚濤駭浪，那在路旁閒談的街坊鄰里，那為你留下新鮮海鮮的魚檔老闆，那用鐵剪刀為坐在古舊理髮椅的顧客理頭髮的老師傅，那在小巷裏努力工作的帆布店師傅……大街裏有濃厚人情味的小店，熱情無隔閡的聊天，人與人、人與動物的和平共處，零碎的片段在腦海中一一浮現。

我沒有能力阻止時代的變遷，但我不想在推土機來臨前才忽然珍惜，故此我多了一個習慣，就是在放學後到涼茶舖喝一碗涼茶。在一切消失之前，好好體驗一下這裏的人情味，好好記著這裏的大街風情。

陳好姨準時在六時正拉開店舖的防盜門，吱呀的聲響在這空蕩蕩的商場上顯得格外刺耳。她戴上那圍裙，亮起這店裡唯一一盞燈光，任由它打在一罐罐糖果上，再把一箱箱貨品拿出來，仔細排列好在貨架上。那白底紅字的標價貼紙早已模糊不清，也許是時候重寫一次了。陳好姨把它拿起來，放在一旁，再想了想，還是把它們放回原位。

頭上的風扇悠悠地轉了一個又一個圈，陳好姨搬了一張高腳板凳，坐在店門前乘涼。在這大熱天，陳好姨寧願出來透透氣，曬曬太陽，總比待在那悶熱侷促的小店好。這街市早被收購得七七八八，四周的店舖早已落下鐵門，貼上告示，等著搬去別的舖位掙扎求存，總比留在這個又舊又破的小街市好。整個街市只餘下零零丁丁的幾間舖子，聽說陳伯那賣魚丸的小店也關了。陳好姨低頭屈指數了數，也就只剩下李叔那賣鎖的小店和劉嬌那賣布料的舖子了。只剩下幾間小店是撐不起這街市的，人流少得可憐，就算偶爾路過的也只不过是走捷徑去對面那新開的商場。前幾天更是熱鬧得很呢！那個電視台的劉小花來表演，吸引了不少人呢！就連陳好姨自己也抵不住誘惑，託人看一會兒舖子，跑去湊熱鬧。說起來也是，這小街市怎容得下這些大人物？

太陽慢慢地爬到頭頂，陳好姨想著去吃頓午飯，想著要不嚐嚐對面新開的店。走到餐廳門前，一道道新穎的菜式列印在餐牌上，一旁的侍應拿著餐牌問到：「太太？要不先看看？」陳好姨一看那價錢，頓時窘迫起來，用手蹭蹭衣角，尷尬地拒絕道：「不……不用了，只是看看。」陳好姨心想：還是去買個麵包填肚子好了。

清脆的鐘聲從遠方傳來，又到了學生們放學的時候，那群討人喜愛的小孩總是會買一些零食一起分著吃。過了一會，店又變得冷清起來，陳好姨默默把貨件收好，最後一次關上鐵門，走出這小店，尋找下一個容身之所。

我所熟悉的社區

2017-2018獲得第九屆大學文學獎 少年作家獎

2A 周芷瑤

昨日我閒來無事，便打算在午飯後外出逛逛，卻發現原來我熟悉的社區有不少優美的景色。

午飯後，我帶著小狗走到公園，坐在長椅上欣賞風景。抬頭一望，我看見蔚藍的天空上有幾朵雲朵飄過，它們各有不同的形狀，有像棉花糖的，有像可樂的，亦有像薯片的。小鳥在天上自由自在地飛翔，令我也想跟隨著牠們。低頭時，我看見腳邊竟開了一朵又一朵的花，有向日葵、蘭花和一些粉紅色不知名的花。花兒在風的吹動下向我們招手，向我們微笑。清新的泥味亦隨風而來，大自然的一切是多麼美好！美好得讓人想去追隨，想去珍藏，想去保護。

我踏著輕快的腳步，和我的小狗一起走向海傍。途中，我碰到不少熟悉的或有一面之緣的人，但他們都毫不例外，拿著手機，塞著耳機，望著屏幕，仿佛活在只有自己的世界，令我不期然為他們感到可惜，他們並沒有發覺大自然給予人們美好的一切。

終於，我走到海傍，倚著欄杆，看見海洋公園的纜車一個接一個，五顏六色的，它們是一個個騎士，護送主人到山上或山下。眺望另一個山頭，我看見有很多樹種在山上，樹上有不同的顏色，顏色代表了果子，有紅色的，有黃色的，有橙色的，遠看就像一幅水彩畫，果子為原本綠色一片的山頭添上了色彩，令畫面更吸引。

不知不覺，我走到了海傍的盡頭，那裡是一家社區商場，裡面曾經有不同的舊式店鋪，但現在只有一間又間的時裝店。商場外的裝潢依舊，裡面卻面目全非。我走到商場外的一間小店，那是一間舊式粥店。老闆告

訴我他們也將結業，他說這些舊店鋪已不合時宜，隨著時代變遷而漸漸消失，變成了一間又一間的名牌店。我仍記得小時候的新年，很多人都會到海傍欣賞煙花，但現在，每次都只是留在家中看電視倒數，失去了從前熱鬧的氣氛……

待我走出粥店，已是黃昏。看著太陽從天上落下來，我心裡不禁感歎為何時間過得這麼快，但我仍記得清新美好的大自然，活在自己世界的人群，海傍美麗的水彩畫，令人惋惜的社區商場和將要結業的粥店。這時，我才知道原來這十年來，自己從未真正觀察過自以為很熟悉的社區。我不禁埋怨自己為何沒有在空閒的時間出來逛逛，現在才來後悔。

這次的經歷，我明白到應要真惜眼前的事物，不要將來才後悔，有可能你今天看見的事物，明天就會消失，到時後悔已來不及了。



暴風雨下的街頭

2017-2018

2A 陳曉陽

近日暴風雨臨港，我卻不如別人般回家休息，而是慢悠悠地走回家。

穿著笨拙的雨衣，手裡拿著巨大的書包和各種功課前往第一個街頭，那裡是一條在舊工業街區的其中一條街。這裡沒有行人，這裡沒有鳥兒，這裡也沒有樹木。但偏偏這裡卻充滿了生氣。那些小草在狹縫中，在暴風雨的摧殘下屹立不倒，像英雄般挺直腰幹，正面迎敵。除了那一點生機外，街頭邊還停泊著各種摩托、三輪和單車。他們可能承擔著一家人的生計，運貨，派報，買賣，他們在暴雨中也堅守崗位，貨物也並無受損，等著他們的主人養家糊口。

走過這條街，便是市場了。那裡比起舊工業區可繁華多了。即使風雨交加，還是有很多顧客捧場。一個個或是撐著雨傘，或是穿著雨衣在檔前選購著，十分熱鬧。這場雨並無澆熄太太們的購物慾，被檔前叫賣的玩意和飾品吸引著。擠不過太太們，我只能慢慢地前進了。那些玩意對我也很有吸引力，我只買了一個晴天娃娃，希望不要下雨。回頭一看，街道上還有許多穿著附近幼稚園校服的小朋友，三五成群地聊天，想必他們的媽媽正在購物吧。

對比市場，公園雖冷清，但卻仍有幾個在亭中避雨的人。

穿過公園又是另一個街頭，這裡的綠化做得很好，滿街的綠色讓我賞心悅目。滴滴，滴滴。聽，滿街的植物都在演奏。嘩啦，嘩啦。聽，地上的水坑也在助興，啪吱，啪吱。聽，房屋上的窗戶在指揮。一朵小花，映入眼簾，大紅的平凡卻又不平凡的，他用他的行動告訴我，生命便是如此，不會被任何事物折服。

接下來是最後一條街——住宅街，名字挺有趣直接，顧名思義，這裡許多住宅。街頭上許多行人匆匆回家，有的襯衫已被淋濕，有的完好無損，撐傘的倒也被風刮來的雨沾濕了少許。街邊也有人在攔計程車，是那些沒有帶傘的。那些小朋友也趕來了，把傘給了再攔計程車的人，一起等待。小孩總是善良的，大人總是自私的。走著走著，便到家了。

雨景很美，生命很美好，或許，只有善良的人才懂家的溫暖。

大街風情

2017-2018

刊登在「我書寫 我知道 我街道」社區書寫計劃

4E 陳子君



鴨脷洲本是一個小漁村，居民們出外全靠坐船，河流一旁全是造船廠和機器場。而鴨脷洲大橋落成後，帶動了這裏的交通與經濟發展，相應的代價卻是一間間富有人情味的傳統小店漸漸消失。原本人聲鼎沸，街道兩旁滿是大排檔與小攤檔的鴨脷洲大街，卻被硬巴巴且又冷冰冰的水泥地，各大連鎖的便利店與超級市場取而代之，叫人唏噓。

幸而，還有一部分的舊店鋪沒被城市發展淘汰。鴨脷洲大街上的「食記餐廳」便是如此。朋友也算是「食記」的常客，她對這家的生菜魚肉情有獨鍾，放學有空便要去吃上一碗。「食記」沒有華麗的裝潢，燈光甚至有些昏黃，廚房隔間牆壁上的證書抵不過油煙日日蒸熏而逐漸發黃，牆身甚至還有些許黑斑，店中也只有幾張桌子和二十來個塑料椅，可顧客卻是絡繹不絕。小店裏只有四位婦女合力打理，卻沒有絲毫混亂，我和朋友一點菜，店主拿起大勺在鍋前純熟地撈幾下，兩碗魚肉翅便做好了。對了，在這兒吃東西還有一套「規矩」呢！若是堂食，看見空位即可自行入座，再對店員叫菜名，享用後便付款，自助方式利落爽快！而「兩溝」、「三溝」是熟客們對「魚肉翅」與「生菜魚肉翅」的暱稱。坐在我們旁邊的是一對父女，他們聲稱這家的魚肉翅是最好吃的，看來他們是老常客。這店很善解人意，當夜深時，欄杆處會綁上一大塊布擋風。在這寒冷的冬季，一碗小小的魚肉翅，暖和我了。

順著大街繼續走，一間名為「正興參茸藥行」的老店映入眼簾，它與對面不遠處的地鐵口形成一副怪異的景象，像兩個不同時代的建築，容不在一起，顯得十分突兀。我不禁走進去，櫃檯後是一整面的櫃子，放滿了

裝著各種藥材的玻璃缸。這家店歷經四十多年仍屹立不倒，而且已經過了兩代人的更替。店主姓陳，是一位眉清目秀、溫和的女子，一旁也是前任店主的朋友——馬老板。兩家做了多年的街坊，感情深厚，馬老板一開始還打趣陳店主為「太子女」，稱讚這間藥行做生意很老實。馬老板與陳店主知我們無意在此消費，也不計較，花時間與我們聊這一條鴨脷洲大街幾十年來的變化，最後還與我們談起一些政策的利弊，讓我有種我們相識已久的親切感。

雖說「舊的不去，新的不來」，可當這些舊店鋪真的被時間的洪流淹沒，這種街坊顧客之間的感情便會無處安放，期望有更多的人來將這些小店傳承下去，別讓人情味葬送在城市的發展之中。

大街風情

2017-2018

刊登在「我書寫 我知道 我街道」社區書寫計劃

4E 吳采兒



今天晚上，我和一位朋友在鴨脷洲大街四處遊逛。

我們沒有特地計劃好行程，在不遠處有兩棵擎天，穿插過綠葉的縫隙。那兩根紅樑柱和我想的一樣，是廟的特色。一間廟宇座落眼前，先是一頂供人插香的爐鼎映入眼眸，鼎身印有燙金字體「順雨調風」。這四隻金字是承襲古代傳統從左往右，有別於今。風調雨順，是庇佑的意思。繞過插香鼎，便是那兩根高聳入雲的紅漆樑柱，柱身畫有中國龍，龍是中國人的吉祥物。可我繞了柱身數圈，都看不見龍首的蹤影。我估計，龍這種象徵皇帝尊貴身份的靈獸，其首必定位於柱頂，猶如飛龍在天，用那雙炯炯有神的瞳孔監視和守護子民。龍樑間的後方，是一道畫有門神的廟門，廟門緊閉，這對門神面面相覷。在門神的右方，是三個蔭護龍瑞的龍首。最讓我好奇的是廟門旁的對聯，天色昏暗，即使對聯上方懸掛着兩個發出微黃淡白光的傳統紙燈籠，還是看不清對聯的內容。但看得最清楚的莫過於兩組紅漆字：一組是廟門的橫批，「廟古聖洪」，洪聖古廟是這間廟宇的名字；另一組漆字是「合和地產」，與洪聖古廟格格不入的四個字。

走出廟外，都是現代化的石屎建築。鴨脷洲大街，沿道有許多食肆，想必「同行如敵手」，生意競爭激烈。其中更有商家花錢造了一個非常顯眼的霓虹招牌嘩眾取寵，吸攬顧客光顧。但我對「祥棧」較有興趣。「祥棧」內沒有飯菜的香味，也沒有杯盤狼藉的聲音，也沒有那股刺鼻的銅臭味。取而代之，是一對老夫老妻默不作聲，在用默契溝通，兩人忙碌地由碎布雜線堆積而成的一座座小山丘來回折返，手裏的針線活兒卻沒停過。一圈圈完整的布被束捲擺放在鐵門旁。果然，食肆的霓虹招牌都沒有這間

縫紉小屋的腳踏縫紉機和門前那卷紅白藍間條的布簾好看。不過，這間獨特但不起眼的縫紉小屋快要被馬路對面的基置地產，一間光管白得發亮的玻璃屋的光芒遮蓋過去。

再前行看到了一間地產公司，世紀廿一嘉聯地產，我就想一睹這間地產公司的「鄰居」是何方神聖，是一間甜品店，「寶堡甜品」。我和朋友決定以寶堡甜品為今晚的鴨脷洲大街遊劃上完美的句號。寶堡甜品的裝潢非常簡樸，店裏除了店長和我們外，就沒有其他客人。點好兩客甜品後，店主就回到他的主場，廚房，忙活兒了。現在，整個寶堡甜品就像是我的窩。輕鬆的氣氛，令我更享受冰涼的甜品，那叫一個爽快！甜品快要見底時，一群中年婦女走進來了，熱鬧打破原本安靜的氛圍。結賬時，店長親切又幽默的語調令我覺得很舒適。雖然在寒冷的冬天吃着冰凍的甜品，但內心竟有一股暖流，暖得我手心冒汗。

這晚的鴨脷洲大街遊已到了尾聲。沿途歸家，馬路旁停泊着一輛輛私家車。我望着它們發愣，目光散漫，心裏有一把聲音一直重覆着不明的雜聲。不知道是甚麼緣由，車子的數目明明比人少，可車子發動引擎和行駛的聲音反而把人與人之間交頭接耳蓋過去。

魚檔——上環街市

2018-2019

1A 黃嘉銀

說起魚檔你會想起甚麼？新鮮的還是血腥的？

魚檔前總有一排排紅的燈罩，引人注目。冰塊上的魚不時用魚尾拍打冰塊，發出「啪啪」的聲音，簡直是「死裏掙扎」。相比起冰塊上的魚，水箱裏的魚比牠們自由許多。毫無壓力地暢泳着。可能牠們還不知道自己的「死期」要到了吧！

魚販熟練地把魚從魚箱拿出來。魚在魚販手上活蹦亂跳，好像根本不知道自己即將要被無情的刀殺害。「啪」的一聲魚頭跟魚尾便分開了。魚眼瞪得比足球還大，死得不明不白，眼球中的血絲令它原來的樣子增添了另一層恐怖氣氛。看看那些站在魚檔前的太太們，眼珠動也不動地看着被無辜殺害的魚，像獅子獵食時，等候最佳的出手時機。魚檔的牆壁上和地上都充滿着「犯人」的血跡，發出陣陣血腥味。魚販卻見怪不怪地拿起水喉把地上的瘀血沖走，好像甚麼也沒有發生過一樣。

平常我總愛吃魚卻不曾親自到魚檔。今日親眼看到牠們被無辜殺害時，竟有一種難以言喻的不忍，難道這就是「君子遠庖廚」嗎？

蔬菜檔

2018-2019

1C 張欣蔚

雨滴沿着塑膠傘表面緩緩滑落，打在傘上的雨聲輕柔婉約，尤如清脆的鋼琴聲，卻又莫名有種鳥兒啼轉的感覺。

我喜歡賣菜的攤檔，它沒有像魚肉檔般乾澀而刺耳的叫聲，也沒有像豆腐檔那瀝瀝的流水聲，菜檔總能給我帶來一絲靜謐。踏進菜檔，瞬即湧入鼻腔的是一陣清新的菜香。驟眼望去，遍地蔥綠的，仔細一看，各式各樣的蔬菜都整齊有序地陳列在竹籬上。

雖說是一片綠油油的，但偶爾也會冒出一兩籬紅噴噴的蘿蔔，又或是七彩繽紛的燈籠椒，又或是白皚皚的椰菜花，又或是紺紫的茄子，又或是紅灼灼的蕃茄。它們都揮發着一陣又一陣清新的菜香和濃鬱的泥土味，似乎是在強調它們與土地的直接關係，又似乎是在推銷自己的鮮艷多彩和爽脆。

菜販在蔬菜上灑水，晶瑩剔透的水珠在那暈白的光影襯托之下顯得熠熠生輝，依稀讓我感受到一絲清涼。

我正全神貫注凝視著菜市場的門口時，回過神來，已是傍晚時分。街上路燈緩緩亮起了澄黃的光，天空也被染上了一抹霞光，雨停了，我也該回家了。

魚檔

2018-2019

1B 張詠恩

這個所謂「麻雀雖小，五臟俱全」的街市。那個鋪位面積雖然不大，但卻是應有盡有。那是商販賺錢的大堂，是每名家庭主婦每日必經之地，當然也是家禽牲口鮮魚送命的地方，而我會描述魚檔的特色。

當我踏進魚檔時，嗅到一股股讓人不好受的魚腥味，上面總有若干盞紅色的吊燈，地面凌亂不堪，潔癖的我剛看就受不了。那些魚在窄小的空間裏，彷彿被困在監獄裏，距離死亡只差一步，更有不幸的魚們躺在涼涼的冰上，血滲在冰裏。原來冰如清水一樣無色，但卻被血污染了它的美貌，一個一個的「屍體」，「犯人」只能眼睜睜地看著牠們被處死。

這時，旁邊的姨姨看中了一條新鮮的魚，「不好意思！我要這一條！」老闆娘利落地拿起魚網，向下一撈，魚一直拼命地掙扎，可是還是逃不出魔掌，老闆娘按著魚，往肚子剖開，把裏面的內臟全都挖出來，最後用水沖一下，放在紅色膠袋裏，遞給客人。

最後，我載著一身腥氣回家去。

驟雨中的街景

2018-2019

1A 李演鈴

母親節到了，為了慰勞日夜辛勞的媽媽，我決定要送一份神秘禮物給她。

星期六的下午，陽光明媚，萬里無雲，是難得一見的好天氣。我走在旺角的街頭上，因為周末的關係，街上人來人往，好不熱鬧。

突然，「嗒」，一滴水點滴在我的鼻子，我以為是街邊舊樓宇空調滴水，於是沒有理會。「嘀嗒」，「嘀嗒」……水點接二連三落在我的面上，額頭，手臂。我看到周圍的人羣，也有相同的遭遇，忍不住抬頭張望，水點不斷從天而降，越來越多，越來越大。在那刻，所有人都愣了，直到街上一間店舖的老闆大叫：「下雨了！」人們才迅速清醒過來，所有人爭相走避，就像動物園中的動物遇上危險，不知所措，場面一片混亂。

我呆呆看着街上的景象；一群身穿連衣裙的少女在雨中尖叫，還不停以手蓋着裙子，生怕裙子被弄污；唯獨一名老婦人和她的老伴互相攙扶，縱使面對驟雨仍從容不迫；旁邊一個送外賣的小伙子提著兩盒外賣飛快地行走，卻一個不小心絆倒了，「撲通」一聲連人帶飯盒趴在路邊的小水窪，狼狽不堪……

不一會兒，雨勢越來越小，漸漸地，雨停了。驟雨過後，太陽又不知道從哪處鑽出來，雖然沒有出現令人期盼的七彩彩虹，但我也感覺到人們鬆了口氣，齊抬頭望天，然後又各自投入生活之中，繼續奮鬥。

而我，只顧看着人們的舉動，忘了躲避大雨。不過我不後悔這一次的「購物之旅」。雖然兩手空空，卻也悟出不少人生道理——我們在成長的過程中，一定會遇上很多挫折，只有學習老婦從容面對一切，才能從更加坦然，發現真正的自己，並且面對，接受它們。

驟雨中的街景

2018-2019

1A 張 桐

過完一個冬天，便是萬物皆生長的時期——春天。它不像冬天般寒冷入骨，也不像夏天般熱得令人大汗淋漓。春天它總是悄咪咪地來臨，然後再下一場連續幾天的春雨。

就在這年頭的某個週末，我在家裏做完功課，正納悶着應該做什麼呢。突然，天空下起絲絲細雨。天空已在我不知不覺間由蔚藍色變為由一層層厚厚的烏雲構成的灰濛濛一片。雨水拍打着房間裏的窗戶，又怕打着看似光禿禿，但其實已漸漸地長出碧綠色幼苗的樹木。只見幼苗碧綠中又帶點暗紅，就像一盞盞散發出柔和光芒的小燈，裝飾着一棵棵的樹木。雨水也為正在含苞待放的花姑娘打扮身子，好在這幾天好好展示自己最美麗動人的一面。

我坐在窗邊，看着天空的其中一點發呆。忽然，聽到一連串微微的沙聲響起，打斷了正在發呆的我。望到這景象便知道——春雨來了！鳥兒收起了牠的歌聲，微微的沙沙聲就像一群吵鬧的孩子被老師吼了一聲「安靜」後，放輕聲調，繼續和身邊的同伴聊天。絲絲細雨中，還看見對面不遠處碧綠的大山中飄着一層淡淡的雲霧。大山伴隨着細細的雨聲，顯得格外詩意。低頭看去，我看見有一、兩個警衛正主持着私家車和的士的出入，以防發生意外；又見到有些行人撐着傘，踏着沉重的步伐；又見到有些行人快速地到大廈裏面躲雨，那個樣子是多麼的狼狽啊！當我正為這些沒有雨傘的人幸災樂禍的時候。初時的絲絲細雨變成滂沱大雨，不遠處還響起一陣雷聲，我再低頭望去，似乎路人的步伐更沉重了，令我首次感受到雨水的美妙之處。

雨，下了大約一小時後，終於停了。它無聲無息地來臨，也無聲無息地離去。春雨給大地送上了一份禮物，一片生機。小鳥唱出一首首婉轉的曲子。花朵上、葉子上的露珠燦爛無比。圍繞在山的雲霧漸漸又伴隨着春雨的離去而消失了。在眼前顯露的是一片綠油油的大山，在搭配着周圍的鳥語花香，生機勃勃，顯現出大自然的奇景。

春天來了！春雨啊春雨，希望你能再次到訪，使萬物再次得到滋潤！

我熟悉的社區

2018-2019

2B 姚淑嵐

被父母從家裏趕出來了。

原本想呆在家裏看小說、聽音樂，寧靜地度過一個下午，但父母見到我一整天在家裏浪費時間，便「下令」我去家對面的食肆買外賣，給我一百元後便把我推出家門了……

明明就是你們不想去罷了！我無奈地搖頭後，從家門向前的三百米內前進，是黃竹坑最大的食肆——南朗山道熟食市場。市場兩層高，裏面有很多不同的店鋪，煮著各種家常菜，然後由廚師端上給客人。

走進大門後向右轉，是我從小到大最常光顧的地方。那個服務生阿姨總是穿著一件粉紅色的老舊上衣，不停地在廚房和座位上來回走動。原本以為今天也能看見那一抹粉紅在工作，但今天卻找不著了。

「淑嵐，你又來買外賣了？」窩在廚房後工作的叔叔看到我後，便走出來打招呼。我問：「叔叔，那個右手掌上有六隻手指的阿姨去哪了？」那個阿姨從小到大都很照顧我，如同對親女兒般，一時半刻看不見她令我有點不習慣。

我拖著沉重的腳步走出食肆，斑駁的外牆正訴說著這十年的時光流逝，從泛黃到現在這樣子，食肆內傳出的各種香味也不能挑起我的食慾，熱鬧的聊天聲也被此刻的雨聲蓋過了一大半。

從食肆走到家最快也要十分鐘，加上我手上拿著剛出爐的熱菜，我實在跑不動。我便走到熟食市場左邊的大王爺廟。

走上三十級樓梯，來到大王爺廟裏面，大門進去正前方就是三尊雕像，正中央供奉著明太祖的外甥——李保兒，兩旁則是我說不出名堂的神明。

我在右方的香油箱投下香油錢，從一旁的箱子取出三柱香，走到中央的油箱把香點燃後，站在神壇前許下願望，希望阿姨可以早日出院，不用再受手術之苦。

離開大王爺廟後，天已經放晴了，路上充滿了大小不一的水窪。空氣也被剛才的大雨洗滌過，瀰漫著青草和泥土的香味，心境也比較明亮了。

站在大王爺廟外看著這景色，我突然想散步，運動一下我這副十分僵硬的身軀，便一直向左走。以前的香葉徑並沒有鋪上石磚路，也沒有路燈，更沒有安在欄杆邊的花盆。每天都只有零星的老人家在散步，在那裏踏腳踏車也不會撞到路人。自從南港島線在二零一六年十二月二十八日開通後，一切都不同了。現在的香葉道有很多運動跑者在鍛鍊身體，老人家坐在一旁的椅子看報紙，以及剛吃完飯來減肥的婦女……當初的小天地已經成了大家的公休場所。這裏仍然是那一條香葉徑，但記憶中的香葉徑卻消失了。

直到傍晚，我才想起手上握著已經冷掉的菜，我急忙原路折返，奔跑中的景色不斷向後退。每座建築物都圍上一圈金邊，香葉徑和我家相距著一條大水渠，平靜的水面反射太陽的光芒，令許多高樓中特別矮的香葉道電力站顯得更美麗。那個我在心灰意冷的時候，永遠都在支持我，給我一個休息的空間，令所有的不快都隨著時間淡去，載滿回憶的地方。

字遊香港

2018-2019

3B 劉善怡

今年的冬天還是照樣的寒冷，香港的冬天更是絲毫感覺不到溫暖。那一股股寒風總是如此刺骨，我總是要穿着大衣圍着圍巾，身體是溫暖了，但心裏卻無法溫暖起來。

「炒栗子！香甜的炒栗子！快來買啦！」

儘管被冷風吹得瑟瑟發抖，阿姨還是在那邊使勁地叫賣，而旁邊的叔叔則是賣力地炒着栗子，希望每一袋遞到顧客手上的栗子，都能保持着溫暖。他們的臉上都露出了燦爛的笑容，這個冬天似乎要被他們的笑容給暖化了呢。

我走近了那台小車，問阿姨栗子的價錢，阿姨一邊幫我裝栗子，一邊和我說着炒栗子的歷史。我得知「糖炒栗子」是香港很受歡迎的冬天街頭美食，古稱「灌糖香」，將大黑栗子與黑沙上下翻炒，栗子在黑沙堆中翻滾，到炒至五成熟，就以鐵篩撈起，篩走黑沙，糖炒栗子就完成了。

很快我手裏就多了一袋暖和的炒栗子。手裏這暖入心底裏的栗子，滲出陣陣香氣，帶給我一種似曾相識的感覺。良久，我終於想起來了，這股熟悉的香味可是陪着我長大的呢。小時候，媽媽總是喜歡帶我去玩。每天玩得筋疲力盡後，在家附近那個街口的轉角位置，總會擺着一檔糖炒栗子檔，在遠處也能聞到那股特別的香氣。我就喜歡拉着媽媽來到栗子檔前，讓媽媽給我買栗子吃。我拿着栗子暖手，我的心窩也暖了，手中的溫暖和面上被冷風撲面的冰冷感覺形成強烈的對比，令人在寒冷之中也能得到一點安慰。

但城市生活越來越急速繁忙，自從我當上學生後，糖炒栗子的身影也漸漸從我生活裏消失了。看着現在手裏的這袋糖炒栗子，心裏不僅因為這樣而多了一絲絲暖流，也因為栗子而留下溫馨的回憶，使這個冬天不再冰冷了。

字遊香港——《笑容可掬的砵仔糕》

2018-2019

3D 黃沛希

砵仔糕——一種在香港流傳已久的平民小食，未嘗紅極一時，卻是本着一副「你看我，我靜靜在那兒，你不看我，我也靜靜在那兒」的樣子，像一根頑固的樹根，即使被風吹雨打也牢牢地盤旋在巖山上，因此在經歷時光的洗禮依舊屹立不倒地流傳至今。

冬風颼颼地吹着，令我不禁打寒戰，快快把棉衣再捂緊些，彷彿害怕冬風爺爺把我的溫暖搶走似的。自從搬家後我很少機會回來，也嘗不到以前吃過的砵仔糕，今天難得神清氣爽，下決心便來重遊故地，找尋我的砵仔糕。還依稀地記得原先街道，有各式各樣的老鋪，例如老式茶餐廳、印刷鋪，充滿人情味；回過神來，我卻乍然發現，老鋪孤零零地在高級品牌或高樓的後面，若隱若現，我揉了揉眼睛，心裏有着一絲絲的不信任，難道眼前的景象是真實的嗎？我無意加快了步伐，心裏很不是滋味。

曾經的街道有所改變而且更先進現代化了，更日新月異，而我的嘴角卻不受控制向下彎，像是倒轉的月牙。我上斜坡走了一陣，屬於街道繁囂漸漸地消失，周圍冷冽起來，往前直去卻望見一位年逾花甲，頭髮花白的老婦，紅潤的雙頰滲透健康氣息，紅彤彤的嘴唇有些乾裂，炯炯有神的眼睛從未在意我好奇的眼神。她隨即問：「小妹妹要不要嘗一個砵仔糕？」我點頭示好，老婦便拿起竹籤，熟練敏捷地把砵仔糕挑出來，這老練的手法，看起來經過長年累月的練習，我不禁拍掌讚好。

砵仔糕的紅豆分量充足，密密麻麻地鋪滿糕面。由於是黃糖口味，砵仔糕是土黃色的，卻不暗啞，反而帶點光澤，中間呈現凹形，好像微微一笑。濃郁的米香不甘落後，一絲一絲滲透出來，像在勾引我的味蕾。一口咬下去紅豆風味濃厚而且起沙，糖量適中清甜，甜而不膩，紅豆的甜味

與黃糖淡雅的甜，完美地交纏在一起，像是一對好朋友和諧地唱起歌謠。糕身軟軟糯糯且厚實，紅豆遍佈砵仔糕，我一口接一口，好像停不下來。對！這是我以前吃過的味道。

轉眼間砵仔糕已經被吃掉了，看見一臉回味無窮的我，老婦眯起眼睛笑了笑，又送我多一個，面對色香味俱全的砵仔糕，我很快便敗下陣來。老婦在這裏已經開店多年，有很多懷舊的老客和慕名而來的新客。

「唉！可惜我將要跟子女搬走，這家店與我拍檔多年，終於要光榮結業。」我心中一跳，隨即釋然，「天下無不散之筵席」，可惜我千辛萬苦再尋到的味道很快便要煙消雲散。在我道別時，老婦展現屬於老一輩的熱情與人情味送了我好幾個砵仔糕拿走，讓我不好意思地推讓一陣，最後還是放下了錢才離去。我走到下坡，回首一望，老婦微微一笑，正如那個砵仔糕般，使我的心在冬日裏暖烘烘。這位默守街道的老婦在我心中留下了洗不掉的痕跡。

重遊大街

2018-2019

4A 林文昕

今非昔比，當此刻重遊故地，感覺依舊處於十六歲的那年冬天。

踏足鴨脷洲後，我率先進入平欄街。這條短街道周遭都是一式一樣的唐樓，唐樓的外牆經過年月的洗禮後，油漆已有掉落的痕跡，窗戶也泛黃了。舊時住戶們縱橫交錯、滔滔不絕的交談聲卻沒有留下來。唐樓的旁邊有一間別樹一格的車房，與別的車房相比，它除了散落一地的零件外，還掛著一籠籠不同種類的雀鳥，與眾不同的就是那生氣勃勃的朝氣。我朝店內一看，發現已經沒有舊時熟諳的面孔了，然後我便轉身走入大街。

街上的風貌依舊，偏向以小店為主。我向前邁了數步，抬頭一望便能看到一座頗新的墨綠色建築物，它在芸芸的建築物中最能吸引我的目光，因我從未見過。上前一看，原來是市政大樓，沒想到這裏也建了較都市化的建築物。環視周圍的景觀，大樓的旁邊有許多小店，如：食肆、五金鋪等。我步入一間名叫「住家甜品」的糖水鋪，叫了一碗雙皮奶。「三十二元。」店內的阿姨說。我付錢後那位阿姨拿起勺子把已煮好的糖水倒進一個小盤子裏再遞給我，說：「多謝惠顧。」我接過後，看着這碗雙皮奶，心想，這小碗糖水值三十二塊嗎？記得小時候在這裏也有一間糖水鋪叫「友記」，老闆娘叫友姨，當時我最愛的雙皮奶也只需十塊錢一大碗。友姨把糖水遞給我時，總會帶著親切的微笑並說：「小心熱啊，小妹妹。」有時候更會送我一些自製的小餅乾，讓我給她一些建議，我們總是有講有笑的。但自那年的冬天，我離開了這裏後，就再也沒見過友姨了。

沿路一直行，街上的途人打扮隨便，他們都是慢慢挑、慢慢走，穿着拖鞋短褲穿梭在一間又一間的店鋪格價，生活節奏慢得寫意。也許這種慢活的方式，我就只能在這裏找到了。

後來，我不經意地走到海傍，這裏花草樹木一應俱全，一張張長櫓依舊站在當年的位置。我眺望大海，看着那些破舊的小船，彷彿看到回憶中的我和爸爸。

兒時父親是個漁民，從小我就愛跟着他一起出海，許多回憶盡錄在小船隻中。那年冬天，他因海難離開了，與船隻一起從此消失在大海中，也從我的生活中逝去。我總是想：若果當時能夠阻止他出海，結果，還會是一樣嗎？我和媽媽最後選擇離開，離開再沒有爸爸的舊址，重新開始兩個人的新生活。

我登上了往香港仔的小船，船開後看着船長的背影，有種似曾相識的感覺，跟父親有點相似，但卻還是少了一點英氣。

當日子一點一滴流逝，舊時的面貌或許已全非，但只有回憶，才能一直留在腦海的深處，即使不能重返，卻能回味。願回憶能一直長存於心中，不因俗世而遺忘。

人民愛物

《間尺》

2015-2016

1A 林文昕

你纖瘦的身形，
在我的桌上陪伴我。
你能屈能伸的身軀，
在我苦悶時帶給我樂趣。
現在的你，
沒有當年的帥氣，
你身上佈滿大大小小傷痕，
是你的戰績……
謝謝你，
我的戰友。

《橡皮擦》

2015-2016

1A 余錦欣

你純白的身體，
慢慢變黑了，
你卻不介懷，
繼續工作，
為我擦去錯字，
直至你消失了，
我才明白，
我不能沒有你，
不能失去你。

《花生》

2015-2016

1A 鄭双鳳

你平凡樸實的身軀，
安靜地躺臥在農田裏，
靜靜地，靜靜地，
任由泥土沾污你的衣襟，
也要為我們帶來豐盛，
你為人們犧牲了生命。

《改錯帶》

2015-2016

1B 劉堪怡

你大量的胸襟，
總是把我的污點抹掉，
讓我重新出發，
直到你的生命到了終點，
我才發覺你的重要。

《粉筆》

2018-2019

1C 黃佩妍

你是老師的必需品。
在黑板上行走時，
留下七彩繽紛的顏色：
黃色、藍色、白色，都留在老師手中。
你快走到生命的盡頭，
感謝你，這生的奉獻，
來換我們學會的知識。

《鉛芯筆》

2018-2019

1C 楊洛遙

你那輕盈的身姿，
和我的手共舞。
在空白的舞台上，
留下最美麗的痕跡，
就算被別人擦掉了，
也不會停下你的舞步。
你是舞台上，
最奪目、最優秀的舞者。

《改錯帶》

2018-2019

1C 蘇梓淇

你，是一個老師，
用你的生命，
為我塗去錯誤，
讓我重返正道。
但你卻無法
徹底抹去痕跡。
只能希望，
我以後
別要
一錯再錯。



第五個季節

2017-2018獲得即席揮毫 初中組冠軍

2A 李怡寧

一年有四季，春夏秋冬，更迭不休，我站在浮華世間，看著人來人往，車水馬龍。

聽說，其實還有第五個季節，在那個季節，沒有寒風刺骨的冰冷，沒有烈日當空的炙熱，有的只是滿山遍野的彼岸花，那是陰間的季節，人人都說，陰間是最邪惡、最無情的地方，我的想法卻恰恰相反，陰間，是最溫暖的地方，是逝去的人團聚的地方，陰間一直只有一個季節，讓逝去卻放不下的人駐留的季節。

傳聞，只要喝下孟婆湯，那人世間的一切煩惱都會煙消雲散，不管是陌生人，抑或親人，都會把發生過的忘掉，活在那個美如天堂的地方，等待下一輪投胎轉世，永遠走走停停，不休不止。

因為有茫茫人海，我遇見你的時候，才被稱為奇蹟，都說過世的人能托夢，當你在夢裡的季節，就是第五個季節，夢裡出現的，是你在潛意識最渴望得到的，夢的一切都由自己親手編織，也是最華麗又最虛無的。當你伸手想觸碰的時候，那一切就像沙城、逐漸崩塌，一步一步分崩離析，我卻還站在原地，任由沙子埋過腳跟，在這最美的第五個季節，深陷下去。

我們在自己編織的第五個季節越陷越深，像是折翼天使，自由墜落，我們心底壓抑最久的事會在此刻噴薄而出，在我的夢裡，爺爺出現了，他拉我坐在了小時候的石板凳上，跟我訴說著他看到過最美的季節，他說夢是離陰間最近的地方，所看到東西也是最美的。爺爺耳鬢被歲月染成白色，凋零的桃花落在眼角邊佈滿皺紋的地方，灼傷了我的眼，他說所謂的第五個季節是孟婆創造的，人在死後會變回自己曾經最意氣風發的模樣，

孟婆生前被男人背叛，死後把陰間打造成邪惡又美麗的地方，彼岸花在風中搖曳，承帶著信念，把相思送回人世，一遍又一遍不知疲勞的工作著，日復一日，年復一年。

我跟爺爺，不過相隔了一個季節而已，卻成為了到不了的彼岸，不過說白了，所謂的第五個神秘而又耐人尋味的季節，不過生死之間。

門前的風鈴依舊孜孜不倦的響著，很多事卻早已物是人非，門前有一排整齊的香樟樹，散發著凜冽的清香，眼前扎著兩條雙馬尾的小女生正拉著一個白髮蒼蒼的老爺爺，一片一片數著從樹上掉落的葉子，老人滿目慈祥的看著小女孩，小女孩盛滿星空的眸裡映出爺爺慈祥的笑臉，小女孩撒嬌似的趴在爺爺腿上，爺爺抱起小女孩，轉了一圈又一圈，眼前事物忽然消失，我伸手想抓住爺爺的手，卻是徒勞，爺爺的臉龐漸漸消失透明，我嘲諷的看著自己的雙手，人啊，總是失去了才懂得珍惜。

不要緊，我們之間，只不過隔了一個季節而已。



彩虹

2017-2018

6B 阮卓盈

「陳一心，你這是什麼意思？」站在我面前的同學雙目赤紅，她的肩膀一抖一抖的，幾乎努力地遏止對我的怒意。我面對她的質問，眼皮都沒抬一下，只是平靜的說道：「你對我的計劃有什麼不滿，你說出來，我想想看。」面對我的回答，她一下子將對我的積怒如洪水一般傾瀉出來：「陳一心，你不能這般目中無人！你知不知道這計劃大家商討了多久才寫下來的？你現在連問也沒有就從電腦中刪除，你到底懂不懂尊重？」說畢，她便摔門而去。

我自問對於自己的計劃不存在任何問題，而離中文周尚有一個多月的時間，我還是有時間去說服她冥頑不靈的同伴們。但想了想，由於上次「電腦室」事件之後，那群同組同學每次都對我怒目而視，我的心中或多或少都有些許的失落，我嘆了一口，便提着背包歸家。

走到校門前，我才驚覺原來夕陽正好的放學時段，忽然風雲色變，原本大好的天氣忽然下起滂沱大雨，我只能暗嘆自己簡直是倒楣至極——先是同學不賣我面子，到如今連老天爺也是如此。我只期望着快點放晴，好讓我盡早歸家。

「一心！」我回過頭，只見周老師向我搖了搖手中的彩色大傘問道：「讓我送你到車站吧！」我先是想拒絕老師的好意，但腦海中頓時浮現她們的怒容，我還是決定向老師請教一二。於是，我和周老師一同走向車站。

在路途上，我急不及待地向周老師提起今日的事，只見周老師認真地聽了後，忽然問道：「你喜歡老師的傘嗎？」我抬頭看了一眼，這只是一把平常無比的彩虹雨傘，傘身像是有點沉，而傘布是以不同顏色的布料縫成，平庸簡單，但在四周灰暗的狀態之下，卻顯得異常的耀眼。「唔……我喜歡啊！」想起平時在街上多是單色調的雨傘，彩色幾乎更有生命力。

老師笑了笑問道：「你知道彩虹是如何來的嗎？」我想也不想回答說：「是由不同長度的光波折射而成。」「這不就對嗎，正因光波的長短不一，我們才能看到不同的顏色。而這不是就像人一樣嗎？人都有不同的性格和能力，在互為融合着，除了能顯示每個人不同的特性，又能每一次帶出不同的變化。」

聽到老師的話，我沉默起來，腦中浮現出一段段畫面：有容建議以烹煮簡單的中國點心吸引同學參與，而英秀便提出烹飪可配合古人對美食的讚美詩詞，以此帶出「民以食為天」的主題，念慈提出古代食物做法的工作坊……想起他們每次討論和定立計劃時的認真和熱誠，幾乎沒有一個比我少。而當初我只是以學業繁重為由將他們的建議一個個裁減掉，更否認他們的辦事能力，似乎是我獨斷獨行……

回過神來，我已經站在巴士站，而老師早已離去，原本的傾盆大雨已化作毛毛小雨，只見在日光之下，遠方的樓頂折射出一道彩虹，帶着雨的網絡，每一種似乎更緊密的融合在一起，我會心一笑，想起了彩虹的「意義」。

隱隱記得有一位藝術家熱愛繪畫彩虹，他筆下的彩虹與老師所說一樣各有不同，那藝術家曾經說過，彩虹之所以叫彩虹是因為他吸取了每種顏色的優點，才能令「彩虹」這一種獨特的色不至單調，反而能構成動人的色彩和動感，為人們留下最美一刻。

合作何嘗不就是如此呢？我還是決定與她們一同創作好了。

我從書包中取出一張微型記憶棒，心中笑道：「我可沒有刪除你們的心血啊。」我期待著明天，也許，我能和她們一同創作出一個「彩虹」般的中文周呢！



天空

2018-2019

2C 黎愷蕎

相信每個人的心底都有一個飛翔夢，我們會羨慕著鳥兒自由自在地飛翔，羨慕着它無憂無慮地生活。有時候，我也真的想成為一隻鳥，在遼闊無邊的天空上高飛，擺脫平日的壓力，以及一切的煩惱。

然而，你可知道？鳥兒也有屬於它自己的煩惱，事情往往並不是人們眼中所見的那麼簡單！例如動物世界弱肉強食的機制，它們為了要活下去，就必須用盡全身的力氣防禦敵人的進攻。但鳥兒為何可以如此的快活自在？答案可能是鳥兒知道逃避也不能解決問題，所以它乾脆豁出去，反而能盡情享受天空的遼闊無邊。

因此，假如你仍有夢想，就千萬不要遇到問題就放棄，有夢想就要去追。總有一天，你也會像鳥兒一樣起飛，飛向那象徵著夢想和希望的天空，享受著那令人心嚮往之的自由。

最令人感動的一首歌

2018-2019

3B 陳曉陽

西沉的紅日，把縷縷落寞的橘紅塗滿天際。夕陽下滄桑古老的學校，充滿著迷離的格調。學校的對面是我的家，我站在陽台上欣賞這片刻的美景。古銅的皮膚、深陷的眼窩、乾癟的臉頰無一不告訴我我已是年過六旬的老人了。每日黃昏，我都會站在陽台細閱學生送給我的謝師卡，今日也與往常一樣。

一陣暖風吹來學生的朗誦聲，我閉上眼，任由風在耳邊徘徊，我不禁和學生一起朗誦我再熟悉不過的課文，彷彿我還是舊日的那個我。

我站在黑板前，帶領著莘莘學子鏗鏘朗誦，又站在講台前全神貫注的教書。偶爾經過課室看見學生們孜孜不倦的學習，休息時便三五成群地高談闊論。我也被他們感染，猶如平靜的湖面，激起了歡樂的浪花，縱情地笑著。

「黃老師，又是背書，我一看到書就發暈了，放過我吧。」

「多背書可灑墨成文，寫出有感情文字。」

操場上來來往往的人絡繹不絕，有的在打球，有的在跑步，有的在跳繩。一位學生興沖沖地跑到我眼前，把手裡的一疊告別謝師卡交給我，說：「黃老師要和我們一起打最後一次球賽嗎？」看著遠處一群向我招手的學生，我滿口答應，把卡片小心翼翼地收起便奔赴球場了。

夕陽西下，百鳥歸林，朗讀聲戛然而止。

一滴冷淚打濕了謝師卡，我輕輕合上卡片，思緒的婉轉弦聲餘音繚繞，微風襲過，臉上冰冰涼涼，才明白自己早已淚流滿面。我拖著長長的



最令人感動的一首歌

2018-2019

3B 劉善怡

「秋收冬藏…」稚幼的小孩聲音迴盪在敞大的屋子裏。「春生夏長，秋收冬藏。這個藏字是多音字，在這裏是指『收藏』的意思，聽懂了嗎？」老人悉心地教導着小男孩，小男孩興奮地點點頭表示明白了。

幾十個春夏秋冬過了，小男孩也漸漸長大成人，此刻正是大學舉行畢業典禮的時刻，男孩正穿着畢業袍，和同學們歡喜地合照着。男孩的父母在旁看着，媽媽欣慰地道：「沒想到，孩子長得這麼大了，彷彿昨天他還是個小孩，追在爺爺身後哭鬧呢！」

記憶裏的星空是如此漂亮，星群密佈，好不美麗。小孩指着星海裏正在閃耀的那顆星，轉頭好奇地問着爺爺：「爺爺，那顆是什麼星星呀？好漂亮啊！」「那是參星，當它出現的時候商星便會隱去，參星在西，商星在東，二者在星空中此出彼沒，彼出此沒，永不相見。」老人依舊悉心教導小孩新知識。小孩忽然站了起來激動道：「那它們不就很可憐嗎，永遠都不能相見。」「所以才要珍惜一切。」老人答道。

男孩一天天長大，開始要上學。在接觸更多的人和事後，不其然開始反叛起來了。爺爺坐在沙發上看着晚歸的男孩，語氣嚴肅：「去哪了，你看着幾點了？知道家人會擔心嗎？」「哦。」男孩敷衍着，隨即走入房間，「啪！」大力地關上門。爺爺被男孩氣得不輕，臉都漲紅了，爸媽立馬上前安慰，免得爺爺氣出心病，口裏還是唸唸有詞：「逆子，逆子！」。

「媽！爸！不好了！」，回憶被男孩焦急的聲音給打斷了，「爺爺病得更嚴重了，我們得去看他！」，男孩身上沒了當初的幼稚，反而多了點

影子回到屋中，心中翻滾著萬千愁緒，把手中的卡片放在一個有銅鎖的盒中，再也沒有拿出來過。

風再起時

默默地這心不再計較與奔馳

我縱要依依帶淚歸去也願意

珍貴歲月裡

尋覓我心中的詩

風再起時

寂靜夜深中想到你對我支持

再聽見吹呼裡在泣訴我謝意

雖已告別了

仍是有一絲暖意

仍沒有一絲悔意《風再起時》

一陣冷風吹來，學生鏗鏘有力的朗誦聲傳遍大街小巷，但讀出的只是一陣又一陣的淒涼，終究沒了站在陽台上的老教授。



蠟燭

2018-2019

3B 劉善怡

「相傳，每支蠟燭內都住著一個魂魄，可能是小孩子，亦有可能是大人。不知其是男是女，瘦或肥，只知其是一個靈魂。用自己的魂魄去助燃蠟燭，當蠟燭燒盡，便是它魂飛魄散的時候。」

小時候的我常聽媽媽說起這些怪異鬼談，被嚇得多了，自然變得乖巧起來，不敢犯錯，生怕媽媽口中的「鬼怪」會不請自來，把我帶到不知名處然後大口吞掉。但是長大後，對這些媽媽拿來嚇孩子的故事已經毫無感覺，更別說相信，甚至還覺得有點幼稚。雖然長大了，但是怕黑的特性依然沒有離開我，當夜深人靜，各家各戶的燈已經關上時，唯獨我房間裏的燈依舊亮著，就算人已熟眠，燈依舊不會眠。

聰明的現代人發明了燈泡，就自然不會在平時想起蠟燭，認為它危險，不安全，亦有迷信的人認為它裏面的「魂魄」會帶來不幸。我也不例外，直到家中停電，外面又雷電交加之時，我才依稀想起它。急忙地跑到神櫃前翻找，卻沒有發現一支蠟燭。這才記起當初媽媽說起「蠟燭」的傳說時，自己心感害怕，大哭大鬧，讓媽媽把蠟燭都丟掉，自此家中就再沒有蠟燭的身影了。我後悔不已，但也無補於事，只能縮在角落哭泣起來，希望爸爸媽媽能快點回來，自己就不用再在黑暗中多留一秒了。

正在我緊張得瑟瑟發抖的時候，門外響起敲門聲，我驚喜地快步上去開門，就看見鄰居捧著幾支蠟燭，緩緩地道出是媽媽擔心自己而讓鄰居為自己送上蠟燭。接下了蠟燭，正在躍動著的火苗立刻為一片黑暗的家中帶來了光明，儘管以前害怕過它的傳說，但此刻也顧不上太多，只知眼前的蠟燭為自己帶來了溫暖，彷彿裏面的「魂魄」就像媽媽一樣輕輕地撫摸著自己，讓自己不要感到害怕，我心裏想着，這便是媽媽存在蠟燭裏的魂魄吧。

成熟穩重，也顧不上畢業典禮，三人打車去了醫院，也看到了爺爺躺在了病床，毫無生氣，男孩趴在病床前，抓住了爺爺的手，眼淚在眼眶裏不斷地打轉，顫抖的聲音也帶着一絲恐懼：「爺爺，我要畢業了！我已經長大了，我已經學會你教的東西了！我學會四季分明，春生夏長，秋收冬藏的道理了。我也知道了參商兩星的故事了，我也學會自立，你看，這是我的畢業袍。」男孩站了起來，讓床上的爺爺看他身上的畢業袍。爺爺虛弱無力地抓住男孩的手，「乖，爺爺在你以後的路上不能再陪伴你了，但我會在天上看著你，雖然會像參商兩星，永不相見…」「爺爺，對不起，我在你健康時沒有陪伴你，但卻想你在病重時繼續陪伴我，令爺爺失望了，我沒學會珍惜。」

爺爺摸了摸男孩的頭，他放肆地哭了，爺爺也隨星海去了。「人生不相見，動如參與商」，星海裏或許有爺爺的身影，當你看見天中最大最亮的那顆星，希望你能記得珍惜一切，無論親人朋友，待他們變成那顆參星後，就不能再相見了。



雨過天晴

2018-2019

3D 黃沛希

當它已經燒盡，家中的燈也亮了起來時，我竟有些不捨，可能是因為它為了帶給我光明和溫暖而「魂飛魄散」，令我感到慚愧。爸媽回來後，我立刻上前給他們一個大大的擁抱，懷抱中的溫暖和蠟燭給我的溫暖竟是一模一樣，一樣的熟悉，亦是它代替了爸媽在黑暗中陪着，我心裏亦湧上一股熱流，暖入心窩。

後來我也沒有再怕黑了，但神櫃裏依舊會放着幾支蠟燭，旁人可能會笑我們落後，都什麼年代了還用蠟燭，但只有我知道，它有靈魂，它躍動着的火苗，是讓我堅持的動力。

「加油！允行一定勝利！」熱鬧喧嘩的聲音充斥着整個運動場，回首望向看台上，同學向我打氣，老師向我打氣，父母向我打氣，巨大的汗水流下，令我有點看不清前方跑道，此時我早已汗流浹背。「跨欄跑是刻苦長期訓練才得到的機會，我是絕不可以就在這裏停下腳步……」我一邊想一邊注意裁判，身體徐徐地僵硬起來。

比賽即將開始，支持者的應援熱烈地將要刺穿我的耳膜，目光更像是火焰快要將我燃燒，我抽一口氣，做好準備動作，「嘩！」我嚇了一跳，隨即起跑但仍是慢了一步。前面的欄杆開始長高變大，左右搖擺着，這是在挑釁我嗎？我跳不過的想法，將要把我吞噬，「啪！」我跌倒了？我跌倒了！不！我把手抬起向前一抓，什麼都沒有，其他參賽者仍然在比賽，看台上仍舊熱鬧，而我的時間卻戛然而止。那一天是一個下雨天，天灰濛濛，風不留情地吹，雨冷冽地打在臉上，看台的應援聲都像刀正插入我的心臟，我好痛。

雨仍然在下，到底誰在哭呢？我臉上的水滑落，衣服濕透，別人為了躲雨匆匆從我身邊擦過，我卻悠悠地踱步走，我跟這裏甚是格格不入。明明已經這麼努力了，我放棄其他項目，專門練習跨欄，我放棄了與朋友外出的時間，我放棄與家人相處時間，難道這一切都是沒用？我真的如此不濟嗎？那麼我要放棄嗎？我忽然蹲下緊緊地捂住連帽外套的耳朵，這樣別人就聽不見了，對吧？天空落下的雨水彷彿看不見我，雨水像一枝一枝銀針打在我身上，我哽咽着，淚水卻乾涸了。

「吱吱！」一聲雛鳥的聲音，把我喚回來，我只看見一隻羽毛未豐的黃口跟在鳥巢落下，我該怎麼辦？我起身往那個遠拋在道路上的鳥巢走去，雛鳥沒有注意到我，但在經歷一段時間的呼叫，也知道了沒有人能幫



我在大自然中得到快樂

2018-2019

4B 丘嘉儀

這天是上學日，而我與一眾地理科的同學卻坐在前往梅窩的船，去進行這個無謂的農地考察，我對這次實地考察沒有任何期望，又怎會想到大自然竟會是塊樂土呢？

「嘩——」船隻停泊在岸邊，哨子聲驅趕乘客離開，我背着笨重的行李，跟着領隊在人群中穿梭，我們離旅遊區愈來愈遠，在蜿蜒的小路上，漸漸看不見五花八門的店舖，取而代之的是一片片不規則的農地。「這裏有不同類型的農地，有些是自給性，有些是商業性，有些是棄耕地……」領隊一邊帶領我們，一邊講解兩旁的農地，然而，此時此刻的我感到無比煩躁，根本沒有閒暇去理會那些農地，因為我一直忙着拍走那些討厭的蚊子，更擔心會不慎踩到路上被蒼蠅繞着飛的牛糞！加上熾熱的陽光無情地落在我身上，汗水如雨般瀉下，我現在只覺得自己四面楚歌，一點快樂也感受不到。天啊！快讓我逃離這鬼地方！

「同學們，前面就是茶葉田了，待會我們會親身嘗試採摘茶葉。」我抬頭一看，一大片綠油油的茶葉田映入眼簾，迎面吹來的微風伴隨著淡淡的茶葉清香，把我剛剛的煩悶之感也吹走了一點，令我開始對這片田野產生了一點點的興趣。

「大家好！我是林伯，讓我告訴你們摘茶葉的一些注意事項……」聽完指導後，我們便動手摘茶葉了，由於茶葉長得不高，我們必須蹲下來，採摘時十分吃力，加上茶葉十分脆弱，我們必須一塊一塊地採摘，不能整棵拔起，我們的手腳太笨拙，總捏碎了很多塊茶葉，但經過林伯的鼓勵後，我再次拾起信心，小心翼翼地採茶葉，我的手法漸漸地變得熟練，不知不覺已經採了一籃子的茶葉，看着這滿滿的收穫，我的臉上不禁展現出喜悅和興奮。微微的風再次吹起，四周洋溢茶葉的清香，舒緩了我疲憊的

助牠，只有自己能拯救自己，便停止了啼叫，我吃驚地看着那隻瘦弱的雛鳥緩緩地展開了翅膀，那對羽毛未豐的翅膀在此時看起來竟然是如此的強壯，一隻小小的鳥兒都可以堅強勇敢，我是否也可以呢？小鳥小心翼翼地拍打着翅膀，也許是第一次這樣子，動作很僵硬，但他一點點慢慢地往上飛，途中差點跌下，令我心驚膽跳，但幾經波折，終於有驚無險地回到樹枝上。

我怔住了，隨即沉默，在惡劣的環境下雛鳥仍然飛起，我有那麼支持我、愛護我的人，以前的我無論什麼挫折困難都能堅持下來，我是為何努力？不僅是榮耀，更加是因為我喜歡運動，更想報答支持我的人，不知不覺間雨停了，我也醒悟過來，一道道的曙光透過雲普照大地，形成了一個光圈。小草、樹木也開始搖擺的，讓留在身上晶瑩剔透的水珠滑落。躲避雨的人紛紛出來了，為街道添上了絲絲生氣，令街道生氣勃勃起來，像經歷沉睡的孩子，終於睜開雙眼，我的心情豁然開朗。天空點點光斑灑落在大地，暖和了我的心，眼眶中淚水打轉，濕潤了我的雙眼，也許經歷了許多挫折困難，但隨遇而安吧！我盡力了，我不後悔，下一次繼續努力，也許多年後回首一看，這會是一個難忘的回憶。



《空中的彩虹》

2017-2018

3B 莊穎

身軀，原來，在大自然也能找到一點快樂和滿足呢，我開始對大自然沒有那麼反感，反而有一點樂在其中。

採摘完茶葉後，便已經接近黃昏，日落把雲霞染成一片緋紅，我們沿着田野間的阡陌，走到農田外的小屋，在那裏享用晚餐。不消一會，林伯便端出了一盤熱騰騰的茶葉粥，另外還配上一碟肉餅，辛苦了一整天，我已經又餓又倦，迫不及待吃了一口粥，茶香在口腔瀰漫，慢慢滲入牙縫間，接着一股暖流流入心中，再加上那香甜的茶葉肉餅，沒想到茶葉能造成這麼多款菜式！大自然處處都充滿驚喜和奧妙呢。「吃一些茶點吧！」林伯緩緩地為我們端上茶葉蛋和冰茶，我們坐在木椅上，面向田野，細味手上的茶葉蛋和冰茶，「沙——沙沙——」田野間的農作物隨風翩翩起舞，葉子互相擦過，演奏出美妙的歌曲，在這寧謐中徒添一點活潑，令人格外放鬆，微風輕撫我的臉龐，穿過我的髮際，把一切愁緒和疲倦都帶走，帶給我一種前所未有的喜悅，那只能在大自然中找到的「真樂」。

夜幕漸漸低垂，我們踏上歸途，告別這個使人愉快和放鬆的大自然。我萬萬沒想到，竟然可以在大自然找到這種與別不同的快樂，是在繁華鬧市中找不到的、那種最單純的快樂。

王德爾曾說過「我們往往只欣賞自然，很少考慮與自然共生存。」難怪人們都說快樂難得，其實只要踏出第一步，嘗試融入大自然，讓一切都回歸到原點，就不難發現，快樂其實唾手可得，那種在大自然的、最簡單的快樂。

天空灰濛濛一片，
豆大的雨粒從天而降，
落在樹葉和瀝青馬路上，
發出啪嗒的聲響。

校門緩緩開啟。
今天是期中考的日子，
因此放得特別早。
一把一把雨傘從校門走出，
走到雨裏去。
我今天並沒有帶雨傘出門，
因此便和要好的同學一起撐傘到公車站候車。

轉了綠燈，
一把把五顏六色的雨傘橫過馬路，
一雙雙黑色的皮鞋搭在醒目的黃色橫線上，
濺出水花。

「我這次『死定』了。」
身邊的同學對我說。
「物理科的試卷有夠難的，
我這次一定不及格。」
安全島上擠滿了人，
旁邊高速駛過的車子把水花濺到我們的面上。

紅燈變回綠燈。
「對了，
你打算選哪兩科？」



我們橫過馬路時，
她問道。

「我自己完全沒打算呢。」她嘆了口氣，
跟我一起穿過在公車站候車的人。
我們來到巴士站的候車線。
「我的未來一片模糊，」她失落地說，
「就像這片天空一樣。」

馬路上的車子不停駛過。
這場雨令冬天變得更冷了。

「媽媽想我選擇化學，
但化學可是個熱門的科目。」她抱怨道。
「考試成績決定選科，
選科決定高考，
高考決定大學，
大學決定未來。」
她苦笑著說。
「我正在親手毀掉我的未來呢。」
天空變得更暗了，
雨下得好大。
「連天空也認同呢。」
她自嘲著。

公車到了。
我們狼狽地收起雨傘，
緊握著扶手前進，
坐到了靠窗的座位。

雨傘把地上的滴到濕漉漉一片。
公交車在雨中行駛著。



窗上玻璃的霧氣被水珠劃破，
像北斗星一樣曲折。

她看著窗戶，
邊說：「其實我也沒有很在意學業，
但身邊的事情都迫着我去在意。」

「我既沒有夢想，
又不優秀耀眼。
未來還有什麼等著我呢？」
車子輕過的港灣被迷霧圍繞著，模糊能看到海中上上下下的小船。

「未來看似很遙遠呢。」
但同時卻在慢慢接近我們。
當一不留神是，就長大了。」
她凝望著天空，
若有所思地說。

車子停了下來。
馬路上有一班上班族在冒雨跑過對面的馬路。

「長大以後，
責任和壓力一定會更多。」
車子繼續等待著綠燈。

悲涼的氣氛在空氣裏凝結著。
她靜靜地看著窗外。
「但即使如此，
不能逃避也不能停下來！」
她突然說。
雨開始變少了。

「如果在這裏就停一停，
一定會被人生嘲笑！」



車子繼續行駛。
最後一滴雨落在車窗上。

「我太沮喪了。」

她笑著說。
她拍拍我肩膀，
指向天邊。

在還未散去的雨雲中，
是彩虹。
七彩的顏色融為一體，
光芒穿透雲層。

「人生不只一種光彩，
命運也不止一個顏色。」
她堅定地看著彩虹。

「如果在這裏就沮喪、
失去鬥志，
就一定不會看到彩虹。」
她說。

「人生未知，
亦無可限量。
要樂觀、
肯努力才可以穿過迷霧！」
她的眼睛閃閃發光。
要下車了。

「明天中文作文和中史考試加油喔！」
她笑著向我揮手。

天空一片澄澈。
真是太好了。

《錯過了》

2017-2018

3B 莊 穎

剎白的閃電劃過長空，
照亮了漆黑的房間，
我看著窗外的大雨，
想起那一個閃電交加的晚上。

一提起我的祖母，
我就聽見她用溫柔的聲音呼叫著我的名字，一切是多麼的熟悉，多麼的理所當然。
我小時候跟父母、祖母一起生活，
除了父母以外，
最疼愛我的人就是祖母。
我的童年就是在祖母的陪伴下渡過。
當時，
我還任性的以為她一直都會在我身邊，陪伴我渡過每一個晚上。

雷聲隆隆的響起，
一個塑膠袋被刮到天上。

升上小學，
我的生活不再一樣了。我的日子被繁忙的課業圍繞在著，
生活的重心漸漸離開了家。
祖母的叮囑在我眼中變成囉嗦，
雖然我沒有把頂撞，
卻對她一句句的關心充耳不聞。
日子一天一天的過去，
曾經最親密的關係被我的冷漠冰封。
即使後來祖母不再和我一起居住，
我也過了好一會兒才發現。

雨點從天上降下，
一剎那就成了傾盆大雨。
直到一天的晚上，
母親致電告訴我祖母因生病入院，
問我是否會跟她一起前去探望。



人情練達

那時候，
可以考試的藉口沒有去看她。
即使考試過後，
我仍用著各式各樣的藉口拒絕探訪。
一切在我當時看來都不是一件大事，
因為我理所當然地享受著身邊我擁有的一切，
我從沒有想過去珍惜、去愛護它們。

「隆隆」雷聲仿佛在天空中炸一個缺口，
讓天上的雨不住地落下。

「女兒，祖母過世了。」
在一個雷電交加的晚上，
我在家裏看著電視，
電話鈴聲響起，
幾句焦急的說話過後，
隨即被掛斷。
「隆隆」。

我一直擁有的祖母，
在一通電話後成了過去。

窗外的大雨一直沒有停歇，
就像我的生活一樣。
當我把時間、心力投放在自己、外界上時，
卻錯過了愛我的人。

曾經，
我認為熟悉的日子、景色一成不變，
我以為生命中我所擁有的人和事只會繼續運行。
時間緩慢地在「這一刻」運行，
「下一刻」就如閃電般消失，
只餘下迴響的雷聲。
曾經，
我以為我會一直生活著。

「啪！」不遠處的樹木被雷劈斷。

一切，已成過去。
連反應的機會也沒有。

雨，還是繼續下著。





燃燒的火焰

2015-2016獲得陳贊一博士微型小說創作獎

5B 湯靖琪

「滴答！」一滴清水落到半滿的瓶子裏。

「今天的課堂就到這裏，有問題嗎？」戴着黑框眼鏡的王老師問道。「沒有。」平淡的回應，其實心裏萬分焦急。補習老師年紀不大，但總是像老人一般嘮嘮叨叨的，一條問題重覆講解五次！要知道接下來我還要到另一區上樂器班，被她這般延誤，我又要遲到了……看！我這樣積極的參與課外活動和補習班，是享受嗎？我不知道。這些課程，包括接下來的樂器班、早上的舞蹈班、明天的魔術班、書法班、星期五的園藝班……都是媽媽給我報名的。開心嗎？談不上心情，這些活動，只是我人生中渺小的踏腳石。母親已安排了我接下來的人生路，十七歲考上海外大學，二十一歲畢業回港在知名企業公司做行政經理，二十五歲結婚，三十歲前育有一子一女……可是，那時的我，只有十歲……

「滴答！」沒有選擇，我這個瓶子又裝入了一滴水。

「請問你想要些甚麼？」清秀的服務員有禮地問。「一碗鴛鴦河，一碗春卷麵，謝謝！」一邊聽着媽媽的回答，一邊看着手中的餐牌，顯然，媽媽已為我決定了。幸好，我不討厭春卷麵，但又不是特別喜歡……「一會兒我們到附近的百貨公司逛一下，要為你添一些寒衣，快到冬天了。」「嗯！」其實我的回答是可有可無。

琳瑯滿目的商品躺在閃閃的櫥窗中，不同顏色的衣服盡入眼簾，令人眼花繚亂。「噫！這件不錯，物料耐用，去試一下啦！」我拿着一件烏黑中帶點小白花的綿衣，進入試身室。接下來的選購和五年以來的模式大同小異，習慣了，麻木了……

「滴答！」瓶子已盛滿了四分之三。

「大家好，我是新來的插班生，我叫一心。」一頭烏黑及肩的頭髮，配襯着女孩白皙的皮膚，一雙水靈靈的大眼不時轉動，完全透露主人翁活潑的一面。不用一天的時間，她已經完全融入了我們班中。其實到了高中才轉校是不好的，難以適應新的校園生活，學習進度亦受影響，但……「這是我自己選擇的！」一心一面自豪的說。自豪？家人不會反對嗎？她顯然是看見我「孤獨」的坐在一旁，是的！我沒有甚麼朋友，更不會主動去結交朋友。一心走了過來，說：「你沒有朋友嗎？不要緊，我來做你的第一個朋友！」我呆呆地看着她，我相信，我現在的眼神就像看見怪物一樣，誰會選擇跟一塊木頭做朋友？但我相信，這個我行我素的「怪物」會這樣做。放學時間轉眼就到，一心死纏爛打，誓要和我一起回家，但我們的家卻在相反方向啊！到了學校門口，看見一輛熟悉的黑色平治汽車靜靜地等着。「嘩！這是你家的車？」不用我的回答，車的主人已走到了我的跟前，說：「我幫你報了親子家政班，你忘了嗎？我現在帶你去，不然就遲到啦！」「等等！」一心拉了我一下，在我耳邊說了一句話……

一簇小火苗在瓶子下燃燒起來。

家政課過後回到家中，母親要大顯身手，我看着她下廚忙碌的背影；看着坐在對面專心吃飯的她；看着在碗碟裏奮鬥的她……「女兒，你有話想說？」我「熾熱」的目光終於引來媽媽的注意。「媽媽，我……我不想上課外活動，除了樂器班，但我想學的是長笛，不是豎琴，不想上數學班，剛剛報名的家政班也不想上，我不想沒有屬於自己的時間。」連接說了幾個「不想」，有些微喘氣，但心中那塊大石好像輕省了點。一心那句話給予我力量，直視媽媽的眼睛，捉住了那寂寞的一瞬間。



瓶子因熱力而出現裂痕，水被蒸發，火也不再是小火苗。

「謝謝你，一心！」不用再發言，我們彼此間心領神會。在這一刻，我才發現自己長大了。在這一瞬間，她察覺了，一隻學會飛的雛鳥將離巢而去，不再受束縛，放膽衝破未知的未來。我將用我手中的長笛，訴說我的故事，用音符編織我的將來，沒有瓶子的規限，我就如星火燎原，在這音樂路上追隨我的夢想，燃燒我的潛能。

而這一點的星火，點出我的「長笛夢」，由一心的話燃點，「你，是人生的主宰。」

尋快樂

2015-2016獲得香港浸會大學

國際學院及饒宗頤國學院

全港中學生詩文創作比賽乙等獎

5B 廖樂桁

快樂對於香港人而言也許十分奢侈，但其實快樂與否完全可以掌控在自己手中，快樂二字，並不是遙不可及，相反，它可以簡單無比，就在咫尺之間，只要我們稍微轉念便變得觸手可及。

快樂，是一種心理狀態，是洋溢的滿足感。它或許充斥着亢奮，或許是豐盈的甜蜜，全都是因生理上的需求被滿足而產生。就現今科學認知而言，當一個人專心致志地進行某一件事，其大腦內便會分泌出多巴胺，使物質引起大腦的慾望，當滿足過後，多巴胺的數量會遞增，腦部透過此而獲得的亢奮，高興的情緒會愈加強烈，繼而於昇華至另一層次，即快樂，非單靠科學就能解說的內在感覺。

沒有滿足感便沒有快樂，那麼滿足感從何而來呢？《論語·雍也》中有提到，孔子稱讚顏回：「一簞食，一瓢飲，在陋巷。人不堪其憂，回也不改其樂。賢哉回也！」縱然顏回屈身於腌臢的居住環境，食用的只是粗茶淡飯，但他卻不惱不愠，更無改其快樂，安貧樂道，毫不厭惡貧困的生活，怨天尤人。可見要獲取滿足首要條件是擁有正確的價值觀，明確了解各種影響情緒的因素的輕重後，必先放下對物質的渴求，或可視爭名逐利等俗事為次要，以平安滿足，以平安為樂。

從滿足感中尋得快樂，與此同時成就感亦會相應增加，皆因滿足即是達到自身訂立的某些要求或標準，完成後當然會感到自豪，於是成就感便會增加及上升。而成就感對個人成長來說是相當重要，自我認同藉成就感建立，繼而提升自尊感，使得自己在人生旅途上覓得足夠自信，有信心作出各種大膽且嶄新的嘗試及闖蕩，追求理想而快樂滿足的人生。

然而滿足並不代表要縱情聲色，這極其量能滿足個人的物慾，但心靈仍舊是虛空，縱使喝着烈酒，裹着狐裘，心坎卻時刻颳着暴風，寒冷一直流轉徹心的冰涼，也無法被暖意的幸福快樂充實。所謂的「靈魂的無紛擾」，我認為起碼人要無愧於心，勿幹違反社會道德、與良知背道而馳的事，否則你每天的生活只會被提心吊膽佔據，夜夜纏綿悱惻，更遑論得快樂了。不合乎道德良心的過錯使自己耿耿於懷，彷彿一塊磐石牢牢壓在心頭，使得內心經常七上八下，又何以追尋快樂呢？

無可否認，香港是個紙醉金迷的社會，生活指數高、物質主義風氣盛行不在話下，貧富懸殊的社會實況更是逼得令人不得不相互產生仇恨，埋怨。無止境的貪婪，欲求，對財富的計較，對豐裕的眼紅只會逐漸形成千斤重的鬱結苦苦抑壓在心，受罪的終究是自己。試問香港人除了一股腦兒日以繼夜地打着算盤數算着上車的日子，口誅筆伐着樓價高企的始作俑者外，還有空間讓自己適時喘口氣嗎？至於現實社會，依舊是於事無補，香港社會仍然在不斷運行，人人亦繼續垂頭喪氣地擠着地鐵上班。與其一直無了期地作生活奴隸，倒不如退後一步，看看廣袤的藍天，卸下重擔，割下哀怨，清理心敞的空間，留備位置迎接你的快樂，毋須再斤斤計較於雞毛蒜皮的事，不以物質為求，但以平安為樂，瞧瞧旁邊家人朋友的笑臉，自然你的嘴角也會不自覺勾起，快樂就是這樣簡單，一些微不足道的小東西已經足以觸發你一整天的快樂泉源。

快樂之道

2015-2016獲得香港浸會大學

國際學院及饒宗頤國學院

全港中學生詩文創作比賽傑出獎

5C 鍾欣彤

什麼是快樂？想必大部份人都會回答富有、擁有名利便是快樂。然而真正的快樂是什麼？

有人認為快樂是滿足。心理學大師馬斯洛提出需求五階段論來解釋滿足的五種階段，包括生存、安全、富足、社會地位、自我實現。當人擁有以上的條件時，便會感到滿足快樂。但這種快樂是長久的嗎？人的慾望是無窮無盡的，即使有一刻慾望得到滿足，下一秒又會有新的要求，這種透過滿足慾望而獲得快樂只是短暫的。

那怎樣才能得到永恆的快樂呢？

知足常樂。《佛遺教經》云：「知足之人，雖臥地上，猶為安樂；不知足者，雖處天堂，亦不稱意。」人以追求財富為人生目標、快樂的源頭。但人在追求富裕的物質生活時會產生許多煩惱和痛苦。而這些煩惱和痛苦正正來自「不知足」。因為慾望不是單一的，不同的慾望可以同時存在。正如人可以一方面追求名利，一方面追求健康，一方面追求自由，一方面追求愛情，一方面追求心靈財富，永不知足、得不到快樂。因為當某一方面不被滿足時，即使有一方面得到實現，人亦會感到失落。

春秋末期有一位著名的謀略家，越王勾踐的臣子——文種。他和范蠡一起為越王打敗吳王夫差立下赫赫功勞。滅吳後，他自覺功高，不聽從范蠡勸告繼續留下，不料越王聽信讒言，誤以為他要造反作亂，最終受賜劍自刎而死。文種選擇留下正因為不知足，盼留在越王身邊為臣以獲得更大的名利，卻只能悲劇收場。

常言道：「人生不如意十之八九」，又怎會事事得到滿足？人要是能



知足，便能得到永恆的快樂。知足是珍惜現在所擁有的人、事、物，不浪費，無慾無念無求，不去追求太多額外的事物。若做到這個地步，煩惱和痛苦自解。也因為無憂無慮，所以感到安樂。

顏回是孔子最窮困的學生。孔子曾問顏回：「你又窮又沒有地位，為何不去考功名做官呢？」顏回說道：「我不願意做官。我在城廓外有五十畝田地，已足夠我喝上稠米粥；在城廓裡還有十畝地，產的桑麻完全可以供給我衣服。平時彈琴自娛，從夫子您那裡學到的道理足可以使我自得其樂，所以我不想做官。」顏回安貧樂道，珍惜現在所擁有的，即使窮困亦遠比其他人活得快樂。

既然生活拮据的顏回都能因知足而快樂，香港人便更有條件了。

據香港統計處最新統計顯示，住戶每月入息中位數從2012年的20000元升至22000萬元。但香港人的快樂程度不斷下跌，根據聯合國2015年「世界快樂調查」，香港從2012年的第46位降至本年的第72位。這反映了即使港人的收入上升，他們仍感到不快樂。小孩無憂無慮、無壓力，本應是最快樂的人。但在香港，由於父母對小孩的期望過大，為他們安排過多課外活動和補習班，令他們承受巨大的壓力；成年人每日則要為生計打拼，擔心業務，同樣備受壓力；而老年人的快樂莫過於子孫的陪伴，但子女只顧事業，孫子孫女只顧學業，只剩下少許甚至沒有時間陪伴。在這種情況下，香港人又怎會快樂呢？

若香港人要快樂，最先決的是要由自己做起，學會知足，放鬆心情，享受現有的生活，正如理察·華格納所說：「快樂不在於事情，而在於我們自己。」

快樂目標

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5B 黎泳珊

「聯合國二零一五年度世界快樂調查的結果日前於世界各地公佈……」沉靜的車廂裏傳來電台主持人平穩的聲音，平淡地敘述着世界正在發生的事。兩位看上去胖胖的主婦坐到我前排的座位，義正嚴詞地批評着通脹的影響，她們的聲音在這窄小的車廂中顯得格外突兀。「嘖！」我身旁坐着的乘客倒是被吵得不耐煩，拿起電話，看着螢幕上起伏的數字看得入了迷，手指靈巧地在智能電話的螢幕上舞動，臉都快要貼上去了。「香港人的快樂程度不斷下跌，由二零一二年的第四十六位降至本年度的第七十二位……」電台的聲音還在默默地傳播，車上的人都一臉麻木冷淡，我不禁想：香港人究竟快樂嗎？

近年，快樂成為了一個對個人，以至城市的成功指標。如果一個不快樂的人，源自於自身追求幸福的失敗；那麼，一個不快樂的城市，難道就不是因為政府的無能，令生活在城市的人感受不到快樂嗎？因此每個人，以至城市，都有一套快樂指標，綜合各方面的數據，把人們快樂的情緒量化，再轉化為數據，成為評量一個人或是一個政府成功與否的綜合指標，因而出現了如世界快樂報告，幸福生活指標等評估。

無可否認，快樂和我們的生活息息相關，甚至是人活着的要素之一。在人類需求層次理論中，可將需求分為兩大類。除了最基層的是生理需求，即衣食住行溫飽等，其餘四個層次，安全、愛和人際關係、別人的尊重和自我實現都是心理需求，它們的最終結果都引領出快樂的情緒。欠缺了以上四個層次其中之一、甚至更多的人，還能算作活着嗎？換個角度而言，一個完整的人生需要快樂，快樂是一個人活着的元素之一，是每個人都夢寐以求的。



時光河裡，不訴離殤

2015-2016獲得中國中學生作文大賽銀獎

5D 譚浩恩

紅白色的證書卷子交錯，一時讓多少年輕的生命因為目眩而紅了眼眶。鏡頭裡的那群人不知拋起它，再撿起了幾次，終於，二十七份畢業證書錯落有致地定格在禮堂空中。好不容易才拍好的畢業照，在一片沉默中被遺留在攝影機的記憶卡裡，目送那些身影在不同出口離去，並沒有人敢去瞧瞧那強顏歡笑的自己。

那幾個月的快門聲不斷在響起，可能我們都怕日後各奔前程，相依共存過三年的高中同窗，會漸漸相忘於時光河吧。我們這些女生是矛盾的，在課室時還會拉著好姐妹不停自拍，可一踏出去，我們又喜歡獨自走遍整個校園。

小麻雀飛落在六樓的欄杆上，亦跳進我的風景裡。清脆的鳥啼總是使人舒心，於是我也在圍欄前駐足，俯視底下的排球場，一如昔年。然而，場上的人早已縮小得瞧不見模樣，曾經形影不離的她亦不在身旁了。雀兒吱吱喳喳，彷彿在分享牠在這校園看過的無數青春故事，我忽然懷念起初中時的點點滴滴，那時候她還未出國念書。

貝晨是我初中時最好的知己，她與我經歷過許多，卻是僅僅陪伴了我兩年青春的過客。猶記得當年的中一早操、家政考試、班際詩歌比賽等等，我們曾經不情不願地想盡辦法去逃避，或敷衍了事，可到了高中，想再有這些回憶已是不可能。

原來很多事情並沒有隨著時光流逝而漸漸淡忘，雖然大大小的遺憾讓我們苦澀難受，如鋒刃砍在胸膛上，卻更是深刻而念念不忘。匆匆追趕著的生活使我們愛回想以前溫暖的舊時光，悠閒的日子。誰不想停留在過去的美好呢？也許偶爾我們會很想念那些故人們，仍不得不前行，因為冥冥之中，大家會在終點再見。

那麼甚麼是快樂？快樂是否有跡可尋？德國哲學家康德指出：「快樂是我們的需求得到了滿足。」快樂多被我們定義為滿足和幸福，是表達愉悅心情的一種方式，是個人流動的情緒，而怎麼把快樂留住，靠的便是自身的努力了。羅伊古德曼說：「請記住，快樂不是目的地，而是行進中的漫長旅程。」快樂是一種生活方式而非一個目的，我們不是為了感受快樂才去行事，而是積極投入工作，從中感受到快樂。雖然有目標並能達成是快樂的因素之一，但目標同時亦會帶來壓力。一個荷蘭的研究更指出，有明確目標的人比積極參與人生的人更不快樂，他們因為自身不快樂，做出各樣事情想扭轉這局面，令目標更為明確，但當達不到目標時，內心的不快樂和壓力亦會隨之而增加。相反，積極參與人生的人能夠活在當下，不去煩惱目標達成與否，而是享受過程中漸增的滿足感和成就感，令他們能長期處於快樂之中。也正正是愛因斯坦說的：「一個快樂的人總是滿足於當下，而不太浪費時間去想未來的事。」

香港是一個繁榮的大都會，一切事物追求效率，令我們都把焦點放在未完成的目標上，令自己背負上沉重的壓力。假若香港人都能夠活在當下，就自己完成的過程中感到滿足和自豪，我相信，快樂自會留下。

車廂外，人來人往，人們低著頭急步走向目的地，何不慢下來，看看路邊，也許開滿了燦爛的花朵，讓我們用眼睛攝下最美麗的風景，刻劃出最亮麗的人生。



熱鬧過後，我卻感到失落

2015-2016

6B 楊曉嵐

「各位！今晚，我們一定要盡慶啊！」我的上司允行，在說完這句話後，大家都掛上了最為快樂的笑顏，一邊唱著歌，一邊吃著東西好不熱鬧。而我，在想起這個計劃成功後得到的花紅，更是喜不自勝。

熱鬧過後，我卻感到失落。

只是，為什麼這快樂中，總是帶著一絲愁緒呢？答案，就只有我自己才明白了。

眼前，是美麗絕倫的哥德式建築，向前走兩步，就可以看到瑰麗的水晶燈正在搖動著身體上的珍珠，發出「叮叮」的聲音，如鳴珮環。向前一看，只見兩間房間的裝潢真可謂豪華至極，有如酒店裡的「總統套房」一般。而這間豪宅，正正是九龍城寨發展地區的一個地標，上星期才剛推出市面，就馬上有富翁下了訂，而這間豪宅，更是破了香港的樓價紀錄，成為「第一貴豪宅」。這個地區的發展計劃，正正是由我所在的發展商一隊完成，所以，我們獲得了非常豐盛的成果，亦舉辦了那熱鬧至極的慶功宴。

熱鬧過後，我獨自一人乘著巴士，來到了九龍城寨，看著眼前優美絕倫的風景，心中卻是有著一絲失落。

從前的九龍城寨，是一個舊城區，衛生和治安問題一直困擾著香港政府，但我們這些居住在其中的市民卻是渾然不覺，依然過著自己的生活。

小時候，我就在九龍城寨生活，每天和我臭味相投的三五知己相約在籃球場打籃球，即使當時，設備仍是十分簡陋，我們的衣服上、臉蛋上，

小麻雀飛走了，我也該繼續在時光河的旅程了。愈往下走，愈是熱鬧。原來我們曾是如此有活力的，只是生活太累人，才疲憊於嬉鬧，再不願多言。是的，大家懂得隨遇而安了，終不似以前那樣鋒利敏感，不顧一切地對生活張牙舞爪了。

在畢業季頻頻遊走的我們，該嚇壞了那些初中學妹了吧。當年我們在長廊又何嘗沒對冷著臉又似笑非笑的學姐懼怕過，有些天真的小伙伴竟以為在拍學會宣傳片，還手舞足蹈地說要入鏡了呢，想想實在是笑話。那時候總是冒冒失失的，幾個小伙伴橫衝直撞地探索，對不熟悉的一切仍有鼓莫名的勇氣。我們都傻氣得天真爛漫，卻勇敢得無所畏懼。

時光荏苒，轉眼我就要高中畢業，面對公開考試了。每天都是規律性的忙碌，如機器人般有條不紊地，完成一定數量的試卷題目，再恍恍惚惚地在鍵盤上敲著學科報告。又或許我會在藝術室裡待上一天，弄得滿身顏料後，悵惘離去。

半個月後，畢業照沖曬好了，紅白色的卷子交錯，提醒我必須要堅強迎戰。

那群人習慣了踏實而疲憊的過活，牽著手走過了時光河，再各自分散。

青春像一把刀子，鋒利敏感；而生活像另一把刀子，厚重敦實。當這兩把刀子對削的時候，青春這把刀子就會慢慢卷刃。而人也就在生活中慢慢成長。或許我們仍可偶爾想念起從前走過的時光，但卻無法回頭去欣賞那些錯過了風景。事過境遷，我們各自面對著不同的景色，不訴離殤。



沾滿了泥巴，常常因此被母親責備。然而，我卻甘之如飴，只因，那是我一生中，最了無牽掛、快樂的時光。

而我最愛的，就是拿著母親「賞賜」給我的五毛錢，站在九龍城寨中央的「麵包舖」，等待著新鮮蛋撻的出爐。麵包舖的師傅總愛笑我像一隻飢渴的獅子盯著兔子似的。他總愛說：「向華啊！這樣盯著焗爐，「它」也不會跳出來迎接你的！」雖然如此，可我就是愛看著「它」的「出生」，嗅著那一絲若有似無的蛋香味。

回憶被出爐的蛋撻香味沖散，這一刻，眼前裝潢簡樸的麵包舖和面容慈祥的師傅，被豪華的大宅和面容冷酷的保安所取替。而我亦想起，這一切回憶的逝去，都是我所造成的。

一切，已經回不去了。

遙想計劃剛完成的時候，整個發展商一隊都洋溢著歡快和雀躍的氣氛，而我亦被此感染，絲毫沒有發現，那些童年回憶，早已被面目猙獰的堆土機所摧毀。而推動堆土機的，正正就是我。

熱鬧過後，我那喪失的理智正在漸漸回籠。而我亦想起，童年不但已離我而去，而且，我連懷念的方法都失去了，不禁有一絲失落，亦開始反思自己的行為是否恰當。

剛聽聞這個計劃時，我是快樂的，除了因為自己有機會可以賺取豐厚的成果，亦可以改善九龍城寨的治安和衛生問題。只是，當發展完成後，

被成功和快樂沖昏了頭腦的我，此時才驚覺，那兒時的居所——能容納過千人的大廈，竟然變成只住五人的豪宅。

我的失落，不只是童年回憶的失去，更是對這個我熱愛的城市，我的「根」，我擔憂。

「朱門酒肉臭，路有凍死骨」正正是香港的寫照，富翁毫不猶豫地用數億購買不同的住宅，用作炒賣；窮人猶豫地拿著手上的蘋果，害怕身上的金錢不足夠，更怕自己的孩子沒足夠的營養。

看著那些燈柱上，密密麻麻貼著的劏房廣告，到底這一筆酬勞，我還能安心使用嗎？更遑論，我亦是造成這一切的元兇。

熱鬧過後，我才明白，我無力改變這一切。明明獲得的酬勞非常豐厚，我應該滿足才是。可是，這筆錢，突然變得燙手起來，而罪惡感和無力改變現況的感覺，令我變得十分失落，好像是心臟被挖走一般難受。

亡羊補牢，為時未晚。這天的失落，令我明白，我應該反思自己的所作所為，作出改變了！



自此之後，我終於解開了心結

2016-2017

6B 張芷筠

「大家好！我叫一心。」我靦腆地介紹自己。「從今天起，一心便會與我們一起上課，大家要多多照顧一心。允行，一心就坐你旁邊吧！」老師說着。

故此，我便在新學校展開了新的生活。我，是一個弱聽人士，可是我並不異於常人。我期待着在學校能結識更多的新朋友，期待與同學們一起上課，期待能與同學們渡過餘下四年的生活。

允行是班中的班長，成績前列，為人也十分熱情。剛坐在旁邊的那個星期，允行對我照顧有加，當我妹妹般的呵護，生怕我受到一點的傷害似的。我心忖：難道是因為我弱聽的關係？我開始心有疑惑了。

上課時，允行會將老師所說的重點抄給我，好像是怕我聽不到似的。而且，亦會不時問我：「能聽得懂嗎？」我想他是想問我能否聽到吧！從此，我心中便一直有種有口難言的感覺，像是被過份保護了？我不知道，但我卻感到一絲的不自在。

我知道允行是出於關心我，故此我也沒將感受訴諸於口，只是默默的放在心裏。不時亦安慰自己：一心，你想多了吧！直到一次……

「一心，弱聽人士會聽流行曲嗎？沒有助聽器能聽見嗎？」幼羚一面認真地問道。我正笑着想回答幼羚的問題時，允行一句破口而出：「幼羚你也太過份了吧！你還懂不懂尊重？你有沒有……」幼羚被允行罵個狗血淋頭。從那刻起，我明白了。

原來，允行一直把我當特殊人士看待，認為我是弱聽人士，故此對我需多加照顧，把筆記抄給我，保護我。但是，這是我需要的嗎？自此，我

心中的便束上了一個結。基於允行是出於好意的關係，我仍是沒有把心聲告訴他。可是，我們的關係便越趨疏離。

我漸漸少與允行說話聊天，並不是我討厭他，而是我並不知道該如何面對一個出於好意但卻用錯了方法的人。

然而，有一次允行邀請我與他一同到山區義教，希望可以為山區兒童們帶來幫助，我猜允行定必是想藉是次機會與我重修舊好吧！為了小朋友們，我也不好拒絕了。

到了義教那天，我戴了新的助聽器，允行看見後，視線往我耳上停頓了好幾秒，然後又以平日的態度對待我，在往山區的路途上對我照顧有加。可是，這並不是我想要的。

到達山區後，看見一個個膚色偏黑的小朋友，身上的膚色是陽光留下的痕跡。他們看見我們都咧嘴而笑，有的露出了崩了兩顆門牙的笑容，有的露出細小的牙齒，有的則展露出整齊的一排牙齒，應該是換牙後的新齒。我頓時有一絲莫名的欣慰。

我們分組與小孩們玩遊戲，我欣喜雀躍的帶着他們玩捉迷藏。

「姐姐，找到你了！」一對小手往我手上一捉，我蹲下與她微笑。小女孩一聲把所有人都叫來了。突然，小女孩往我耳上一摸，好奇地問：「這是甚麼？」允行在旁看見不妙便打算上前為我解難。可是這次是我先發制人了，我坐下與小孩子們解釋着：「姐姐耳朵不好，有時會不聽話，聽不見聲音，故此我便要戴着它，好讓我聽得清楚些。明白嗎？」



「喔！就像眼鏡嗎？我們當中也有人戴眼鏡的。」一個小男孩搶答道。我不禁笑了笑，心忖，戴眼鏡的人多的是，可是戴助聽器的人卻不多，如果助聽器能同樣被視作眼鏡，你說多好呢！我也想別人把我當普通人般看待。

「這個叫助聽器，它能幫姐姐聽見你們每一個的聲音，就連你們肚子餓得咕咕的叫也能聽得一清二楚的。」允行笑着說。小孩們聽到後抱腹大笑，在這片笑聲中我的心結好像鬆了些，沒有緊緊的繫着我的心。

我對允行笑了笑，遊戲結束後便是午飯時間，小孩子們都急不及待要填飽小肚子了。允行突然吐出一句：「對不起！」我頓時感到愕然，更是不知所措。

「我本以為對你格外的照顧能使你感到被保護，不受傷害；以為別讓別人提及與弱聽有關的事情便是保護，尊重你。但原來我與別人無異，都是認為你是需要被照顧，我想我的行為也必定令你難受了吧！對不起，一心。」允行滿臉歉意的對我說。

「謝謝你能體諒我，我明白你的好意，不過我也希望能像你們一樣，不需要額外的照顧，只要把我當作普通人就好了。我可卻沒有甚麼超能力呢！」我開玩笑地回答允行，心中的結子好像解開了，我的心像逃出生天似的，感到格外舒暢。

是的，弱聽人士的聽力是有異於常人，但並不是異類。我們需要的並不是額外的照顧或同情，我們只需要一視同仁，把我們當作普通人便可。

人往往會主觀地認為別人的需要是甚麼，卻沒真正了解他人的需要和感受。我，是弱聽人士，但並不是沒有聽力。我聽得見鳥鳴聲，歡笑聲，風聲，甚至肚子的咕咕叫聲。我明白別人的行為皆出於好意和關心，但我卻想作為一個與人無異的中學生。

我把助聽器拿下，對着允行說：「合上眼睛，用心感受，其實也能聽得見。」

自此之後，我終於解開了心結。



天下無不散之筵席

2017-2018

3B 劉堪怡

落葉變黃，鮮花枯萎，草地為乾，大自然的生命停止過後，待夏至又重現生機，然而，人的歲月消逝後，美景卻不復在。

人生在世，離離合合乃是常事，正如明月一樣，圓缺幻變，一切都是無常，無法預計。我坐在窗邊遙望星空，在夜幕中，繁星閃爍不定，而在腦海中，以往的片段也同樣閃現著，重現眼簾。

童年時的我，由於父母工作繁忙，所以就交給奶奶照顧。當時稚氣未脫，愛吵愛鬧，一遇到不如意的事，就只會放聲大哭，家人說我這是頑固幼稚，但奶奶卻從沒一句怨言，她總是抱我入懷，細語安慰著我。每當我嚷著要零食或玩耍時，她總會不辭勞苦地滿足我。我倆總是形影不離，即使是父母每星期難得一次的探望，我總會牽著奶奶雙手，躲在其背後，不讓父母帶走。

時間頃刻流逝，在我小學時，我重新交由父母照顧，與奶奶相聚的時間越變越少，所以以往密集的見面減至大時大節如拜年吃飯，才勉強見一次，加上我日漸懂事，不像年幼時般依偎奶奶，有時候甚至因小事而發脾氣，一聲不發地躲進房間，就連奶奶歉意說話，也聽而不聞。我們之間的隔膜不知從何時起就日積越深，以往打鬧玩樂的時光不再了。

光陰無時無刻都在飛逝，人也會不知不覺間變老，上次團圓飯的相聚後，想不到再次見面，已在嗶啞奏鳴中。當我緊握奶奶雙手，發覺其冰冷僵硬，毫無一絲暖意；臉上的皺紋浮現得顯著，歲月的痕跡表露了奶奶的滄桑；何時開始奶奶黝黑的捲髮變得一頭銀白？自此，奶奶的笑容只得黑白，永遠沉睡在回憶錄中。

經歷生死離別後，我才深刻體會人生無常，才痛恨自己沒有珍惜相聚交談的時光，原來一切都來得匆匆，去得突然。

人生的上演，永遠沒有不下台的演員，更沒有不離場的觀眾，世事萬物間都標示在時間的限期，如食物的限期一過，終需棄置；晝日一過，換上的星夜空，日月交替。而人也只不過背負無形的沙漏，待細沙滑蓋；亦代表時間到了盡頭。「天下無不散之筵席」，有聚自然有散，人的生死都只不過是循環，即使此刻離別傷痛，但在不遠處，也必會有聚首的喜悅。

一顆流星劃破星空，令我回神過來，我知道你會化作最閃亮的星塵，在高空懸掛著，繼續在遠處看顧著我，其實你一直都會在我左右。我們總會在天邊間歡聚的。

也許此時此刻，我和奶奶正共享著嬋娟，等待日出的循環。



致青春

2017-2018

3B 劉堦怡

青春，在我們花樣年華之時盛放，朵朵奪目，但也敵不過寒冬的扼殺，埋沒在雪堆之中，再也不復返。

又是一個寂寥的街道，樹葉搖曳的聲音顯得格外嘹亮，北風直吹我心坎處，在這深夜時分人們都沉睡於夢鄉之中，街道上毫無人煙。而我也終於下班。

我解開令人窒息的喉鈕，脫下窄身的西裝外套，換下令人叫苦的高跟鞋，一切如釋重負。連日來的加班工作，簡直令我喘不過氣來，職場上的黑暗使人迫不得已戴上偽善的面具，每天也像行屍走肉般的煎熬，彷彿迷失了方向。我抬頭遙望著星空，望天打卦着，祈求找到一絲救贖。

走著走著，凜冽寒風無情地向我施壓，寒風既刺骨，街道上更顯得寂靜淒涼；走著走著，耳邊傳來陣陣音樂聲，彷彿是打破沉寂的枷鎖，於是我便上前看過究竟。

看到他們，彷彿從鏡子裏看到以前的自己。

他們四個人各執起樂器，在街頭上表演，在黃昏的路燈照射下，像舞台的射燈，頓時成為登台歌手。在這幽靜無人的街道上，成為鮮為人知，甚至遭受冷眼的人，就連路人經過，也因憐憫他們已放下幾塊錢。

追逐夢想並不等於乞食，為何世人總不理解？我像穿過時光隧道，回到既熟悉又陌生的過去。

「趁這青春要擁抱心儀的事……」

那年春天，在大考的前夕，我們一羣同學忙於為考試作準備，每天也在操練試卷，日夜顛倒似的，青春少不免在測考中度過。當我在路途上絆倒，身邊總有他們和我共渡患難，為我撐起半邊天，然後拍拍我肩膀說：「有我們在。」擦乾眼淚後繼續拼搏，我們四人還相約在木棉樹下，承諾要達成自己夢想，摘下一個木棉作記認，可惜好景不常，春盡花落，現在那朵木棉都已經枯萎了吧，畢竟我們回不去昨天。

「你忘掉理想，只忙於生活嗎……」

那年夏天，我成功考上大學，而我們的分道揚鑣，各分千秋，人本是善忘的，加上越趨成熟，便丟棄原來的自己，換上面具示人，而我再也尋不回自己的夢想，只安份在工作之中，每日營營役役的工作，把我操控成一台機械人，只按信號行事，失散原來的自己。現實的殘酷，把那些回憶理想的年輕人都當成罪人，譏笑他們的任性和稚氣，逐步吞噬夢想，蠶食真我，人越大越懂埋藏自己，連昔日的衝動也埋藏在沙漏中，的確回不去了。

群眾的歡呼聲把我從時間裂縫中拉返回現實，面對他們四人，我心裏揚起一份敬意和慚愧。在回家的路上，樹葉沙沙落下，樹葉翠綠過後，便會枯萎然後隨風飄散，我穿回西裝外套，大步趕回家，畢竟明天也要上班。



最孤獨的一課

2017-2018

4E 黃嘉慧

作為學生，每天從早上困倦地回到學校，營營役役地上各種不同科目的課堂，下午仍拖著疲累的身軀踏出校門，日子可以說無毫變化。在課堂上老師的教學方式也五花八門，有的把學生逗得大笑不止，有的緊張得渾身發抖，有的一臉嚴肅管束學生，但在我所上過的課堂中，有一節的氣氛至今仍殘留在腦海中。

之前有一個選修科試堂活動，在眾多選修科中，我選的是最冷門、最不受歡迎的經濟科，下手填表也沒有一絲猶豫，並不是因為其他的什麼原因，僅因為我有興趣罷了。

那一天上課，我抱著厚厚的課堂筆記，腳步輕快地走到課堂門口，坐到位置上時，我突然感覺到氣氛有點凝重，四周同學多是面如死寂，此時響起「滴滴」的水滴聲，天色也變得昏沉。直到陌生的老師走進課堂，掃視全班，說：「我知道大部分人都都不情願見到我……」時，我才意識到，或許，在這班上期待的，或許只有我一個吧。

課堂馬上便開始了，老師背對著同學，在黑板上奮筆書寫，不時讀出一兩句表示重點，台下的我也隨著老師教學的步伐在紙上不時畫上兩道，全神貫注的我此時並沒注意四處的環境。

過了一段時間，老師突然停止了她的講解，放下手中的粉筆，我頓感奇怪，便張望了一下，馬上明白老師停下來的原因。周遭的同學超過一半趴在桌子上，背輕微起伏，不時有一兩聲嘖嘴，有的半彎著上身，一手托著腮，一手握著筆，但看那緊閉的眼和不時點下的頭，足以看出當時他們正在睡夢的搖籃中盪漾著。

青春如稍瞬即逝的閃光，一刻綻放後，被消失在無形之中，誰也尋不回。其實青春就如我們手上的那條青筋一樣，其實一直都在，在我們熱血沸騰時，它便開始跳動得更顯然，只要我們緊握拳頭，把它從隱藏中召喚出來。青春的載體從不是身體，而是我們的心。

走著走著漸入深宵時分，刺骨的北風吹攔著我，我冷得緊握拳頭，頓時暖和得多。即使我們回不去，但也可以創造未來。

我抬頭看樹上含苞待放的花蕾，為我作見證。



成長

2017-2018

6B 蘇麗婷

一聲悶雷響起，我心一驚，看向講台上的老師，昏黑的天色似乎給老師打上一層陰影，在昏暗的燈光下我看不清老師的眼神，只看到她緊閉着雙唇。她沉默片刻，輕輕搖了下頭，轉身繼續書寫着，看著她佝僂的背影，我彷彿聽見了她心中的嘆息。

在彷彿間，我見到了課室被分裂成兩個空間，一邊是我和老師，一邊是不知醒覺的同學們，同桌明明近在咫尺，但又遠在天邊，她那托腮的手和緊閉的雙眼，彷彿形成了一道無形的隔膜。我們之間沒有關於課堂的交流，甚至一些關於瑣碎事情的竊竊私語也沒有，有的只有一室寂靜。明明坐在這房間中的有二十餘人，但此時的我坐在課室的中間，看着站立在講台上的老師，四處卻空無一人。強烈的空虛和孤獨向我湧來，悄然無聲地把我吞沒。

不知不覺中，下課的鈴聲已響起，同學們紛紛抬起頭來。我匆匆道別後離開回復生氣的課室，緊抱着手上書的一角，彷彿想把書揉進體內以填補內心因無法與他人在堂上抒發己見而產生的空虛，卻也只是徒然。

這一課，除了老師孤軍作戰，我也有另一番體會。此時此刻，我腦海中浮起了這樣的一個場景：在這求知識的跑道上，槍聲響起，我奮力向前衝，到一半時向後一瞥，卻發現身後空無一人。在偌大的賽場上，只有我不知所措地呆立着。

像是抹和揮之不去的陰影，一道道灰色交替，常人眼中的灰，在他眼簾下成為最上來的材料。眉心緊皺着，如擁抱自己的畫作般，細數角落的每處細節。他又指起另一枝毫筆，淺淺抹平所見，泛起的漣漪如同他的處境，他仔細思考，冷不防在畫面的正中央，加上一劃刺眼的紅。

在最扣人心弦的瞬間，他卻戛然而止，冷冷掉下一句。「完成了。」

篤定堅信著自己已完成作品而稍帶不耐煩的臉仍舊緊皺著眉，再次敲了敲我的桌子。我愣了愣，才伸手接過，語氣中盡是無可奈何的嘆息：「我早說過，不該再把平常習慣的風格代入應試模式中，您會損失去多分數……喂！先把我的話聽完！」

他對我的話充耳不聞，徑直走出畫室。而我無奈地握著手中顏料半乾的畫作，邊苦惱著如何勸說這位堅持己見又執著的學生。

他的作品中流露著對現實的不滿，我也曾經歷過他所經歷的，自然能理解當中的不滿和委屈。

灰色向來是繪畫時忌用的色彩，往主體一抹，技術不純熟的，色彩頓時顯得生硬；往背景一劃，空間被抹殺，構圖顯得平板……然而在真正懂得享受藝術的人眼中灰是組成萬物的基本；亦是分析色彩的調子，支撐起整個畫面。所以，灰也成為一部分人心中的獨龍，而我面前的畫作，亦是當中的一份子。

他在作品中，加入了一抹刺眼的紅，那是刻意的，故意在焦點的正中央，所有人注目的部分，隨性又故意的一筆粗糙的紅，甚至不經修飾，能清晰看到筆尖的輪廓。



「他要是在固執下去，只能給他打個不合格的分數了，再怎樣說，教育制度下所需要的藝術創作並不是這些。」「完全沒有色彩的運用，儘管再怎樣有技巧，亦不可能給予過高的分數呢。」和同樣是任教藝術科的導師討論道，卻不由得再次為他擔憂起來——應試所需要的作品和藝術創作不同，亦毋需灌注感情，只需將你所擁有的全數展現於人前；這樣的應試模式，顯然引起他的強烈反感。那抹紅色，仿如無聲的反抗，拒絕接納荼毒的制度。

「畫圖時要注意空間感，又有色彩的變化，同時也要豐富畫面的細節，構圖要生動……」千篇一律的叮囑喃喃道，猶如念著經文般的重覆著，重覆著，只希望學生能牢記於心。

站在講台上的我，留意著每個學生的表情變化，然而，視線落在他身上的瞬間，他卻無動於衷地別開頭，看窗邊的風景——妄管在外面的是一幢幢石屎高樓。

「要一起去吃飯嗎？藝術家！」同伴的聲音陪著下課的鈴聲此起彼落，喚回了他的注意，也令我稍為放心了少許。至少高中的時光，叛逆又固執的靈魂仍有人攙扶著前往。就在我這樣想的時候，他冷漠地拍開了旁人的手：

「別用那個名字叫喚我，放手。」

同伴的臉色帶著少許尷尬，一些難以言喻的不滿，但仍圓滿地笑笑，隨意找個適合的理由推搪過去，然後結伴離開。只留我和他，在空曠的畫室之中，四目交投。

敏感的他亦似乎意識到什麼，頓了頓才開口交代道：「……我沒什麼談得來的朋友。」便抱起畫具和教科書，頭也不回地離開。

我的內心，在那一刻感受到，不光是滿和委屈，他的腦海中，充斥著孤獨和不被理解的心酸。而他卻必須擁抱著種種的包袱，竭力前往未知的道路。

藝術創作仿佛成了他唯一的心靈支柱，在現今的制度下，我身為藝術的啟蒙者，卻被逼在他的唯一出口上，打下殘忍的分數。

讓我深切意識到的是，需要和他再次仔細交談，是不久後的評賞測驗課上，他緊握著筆，在大家仍舊奮筆疾書的時刻，停下動作，然後再也沒有動靜。眼淚隨著他止住的動作，不動聲息地流落，一滴一滴，沒法遏止地自他的眼中溢出。

「孩子不是等待被填滿的瓶子，而是盼望化作燃燒的火焰。」

我想，藝術原本給予的，是芸芸學海中的一片淨土，學生擁有無拘無束的畫筆，在思緒的頂端，將心中所想，心中所念的感情傾注於畫布之上。技巧、構圖、色彩通通只是次要，最為重要的，是創作時享受的心。

那也許是對現實社會的不滿；又或是對生活所擁有的美好而滿懷感恩；甚至單純為了記錄心愛之人那抹甜美的笑，皆能成為畫布的題材。

視覺藝術本是如此美好的學科。



而現今我所看到的，卻是被附和的要求打壓得無法喘息的靈魂、被曾經深深熱愛的畫筆鞭灼的身軀；又猶如被喝斥將滿注彩沙的瓶子倒淨的孩子。當你拆掉他的翅膀，卻又強逼他在困籠中飛翔，那又為何要求他能成為燃燒的火焰，帶給你驚喜呢？

「你在想些什麼？」待終於撥出時間面談的時候，首先注意到的，是他臉上顯而易見的黑眼圈，猶豫常註在臉上的烏黑，一點一點，無聲地透露著他在背後的掙扎，還有常繞在心頭的壓力。以簡約的一句話作開頭，我期待這個頑強的孩子，或多或少將自己的心胸敞開一些，但他卻久久沒有吐露半句。

論學業，他說：「我的成績不俗，只是數理太弱，沒法升讀大學。」；論人際，他說：「寧缺勿濫，在現實的高中生涯，無法遇到能交心的友誼亦是平常事。」；論家庭，他又說：「父母健在，有一位就讀名校的弟弟，家境尚算不俗。」我還想勸說些什麼，他卻搶先一步打算離開現場，這時，我下意識說出問句，使他的腳步因此停住。

「那你自己呢？你對自己有什麼想法？」聽罷，他一如既往地沒有吐露半句，時間卻停頓了般，使他沒法移開半步，愣然過後是無盡的寂靜，安靜得能聽清楚的步伐；又能聞見風擦過紙的沙沙作響。過後，他才以略帶顫抖的聲線，強裝鎮定地落下一句：「我不確定，這也不是科任老師的工作吧，你管太多了。」

我嘆了一口氣，雙手交疊放於桌上。然後，緩緩交代出自己一直以來的想法。

「在我眼中，你是很出色的學生。談論你的作品，具有強烈的個人風格和對事物的感觸；而性格亦是獨特，不輕易和他人妥協。能堅持自己的主見並不是壞事，因為那將會使你成就更出眾的作品。」

他不置可否，眼睛卻定定盯著我，眉心緊皺著，似乎疑惑我想表達什麼。

「但在堅持自己主見的同時，學習一時的忍讓和包容，完成必要的要求，是希望你能從高中生活裏學會的。」他低下頭來，猶豫聽著千篇一律的嘮叨，神情透露出些許的不耐煩。因此，話鋒一轉，我喃喃道：「你最應該接受的教育並不是這些。主流教育的制度使你痛苦、你痛恨背誦、亦討厭數理——現時的教育制度限制你的翅膀，使你無法飛向嚮往之地。」

只見，難得地，他的視線再次停在我的身上。他的眉心因話語而稍微放鬆少許，卻依舊皺着，急切地渴望從我口中得到一絲認同。

「藝術在你心中佔極大的地位，因它承載了你的所有悲傷、憤怒、還有對將來的無助、無法接納自己的未來。」我頓了頓，惋惜地繼續。「我希望你能接受，並理解現今的制度仍然有很多改善的空間，哪怕是藝術科也好，制度仍存在許多問題。那不應該由身為學生的你來承擔。但人生有時候必須接受一些不如理想的條件，咬緊牙關，衝過困境。在學生時期，我也曾經感受過這份委屈與難受，所以，我能理解自己被否定的難堪和痛苦。但請你記着——被他人否定頂多只是一點打擊，自我否定是真正意義上的放棄，那會使你失去更多、更多展現自我、展現才華的機會。」



「我認為那樣是相當可惜的，特別是當你已經開始萌生逃避的念頭。」他苦笑道。我看着他的眼簾垂下，似乎說中了心事般，躲開我的視線。

「作為老師，我欣賞你的才華和大膽，藝術工作者所需的膽大心細，你全部具有。」

「但作為成人，我為你的心結和痛苦而感到可惜，它們不應該堵塞你的道路、阻止你得到更多機會。孩子不是等待填滿的瓶子，而是渴望化作燃燒的火焰，可以將纖細的指尖和銳利的筆尖化作你的武器，一展所長，打破現有的困境——你具備所有能力，現在只差突破心魔，勇敢展現自己，在困籠的邊緣發光發熱，燃燒得足以向世人證明你的努力和才華，而不是點到即止、隨心所欲，不滿就消極以對，最終失去方向，自憐自卑。」

他聽罷，無言以對，卻不由得撥弄着尚沾有顏料的指尖，把一塊塊結成硬塊的顏料碎屑自手心撥走。及後不自然地踢了踢椅子，才有開口意欲說些什麼。

他最終落下一句：「……這星期的作業是什麼？」我無奈地輕笑，感嘆年輕的孩子同時也該學會坦率，並將前天特價買的黑巧克力塞到他的手心。「吃些巧克力能讓心情變好，你回去好好休息，別急着做到最好，那只會增加你的壓力……下星期的題目是『暖流』，我希望你着重空間感的變化和色彩運用、啊！主題是重點，你應該……」

四月七日，我的桌上被放置了一塊完好無缺的黑巧克力，附上便利貼一張，上頭寫道，「我的體質無法吃甜食，你自己慢慢品嚐吧。」

正想皺眉之際，你又注意到，在下面有一幅新完成的畫作，上頭有着無比熟悉的容貌，那是已經經歷了四十多年的歲月，被年華洗禮而顯得略帶倦容的女士側影，正收拾着被拆得肢解破碎的黑巧克力塊，堆砌成小房子的模樣，臉上流露柔和而慈愛的笑，整體色調在灰調中透出暖陽般的橘橙，輔和淺藍以及淺粉色的光影，畫面充滿詩意。

只見自白上簡短地記述道——致一位希望我有所成長而努力的女士，我認為暖流，是來自肯定、鼓勵、接納和支持，然後推進成長的過程。

所謂成長，是學會接受自己，肯定自己，哪怕是全力踏出一小步，也是種成長。許多人因為無法突破自己的心魔、又或是被現實的洪流打擊，從狹窄的瓶中，被棄置於更狹小的井內，困苦地掙扎。但又有人勇敢地打破瓶子，在水花之中燃燒，使自己能在井中突圍而出。一切都取決於個人的心態、努力和改變。

但願在懷有赤子之心的同時，他能突破瓶口，使自己化作燃燒的火焰，成就更出眾的自我，得以成長。



等待

2018-2019

4A 羅倩琦

灰藍中帶點橘黃，夕陽的最後一道餘暉打在醫院的玻璃窗上，顯得格外刺眼。百無聊賴的我在等待醫生替我檢查。無盡的通道上有一個又一個的孕婦映入我的眼簾，一個又一個的懷孕片段在我腦海裏偷偷跑出來，迫使我回想起以往的回憶。

啊！我又再一次跌入回憶的深淵，久久不能自拔。

懷孕初期，嘔吐、腰骨痛的毛病接踵而來，無可避免，腳筋腫得像豬蹄一樣。但看見自己的肚子一天比一天大，這些煩惱便盡消，告訴自己為了肚裏的女兒要努力撐下去。偶爾坐在沙發上低頭看見自己的肚子，默默地等待女兒的來臨。這種等待無疑是對我一個重大的考驗。

而每一次照超聲波，醫生都會為我帶來喜訊，說女兒發育的情況十分良好，甚至比一般嬰兒更活潑。每次聽醫生的說話，這種喜悅都會由心頭湧上來，把所有煩惱和焦慮拋諸腦後。

一天一天的期待，一天一天的等待。終於來到了女兒準備出生的一天，心情既興奮又緊張，坐立不安，焦急的脚步在走廊上徘徊，手心緊握拳頭，幻想中的畫面，嘴角不禁向上揚。「黃一心，請準備，一會兒會推你入手術室。」我乖乖地走回自己的被窩。「嘟……嘟……」手術室內的儀器響個不停，使我心中焦慮不停增加。「撲撲……撲撲……」手術室安靜得連心跳都能聽見。「黃一心，現在會為你注射麻醉藥。」我的下半身慢慢開始動彈不得，「把腿張開，然後跟着我一呼一吸。」主診醫生道，呼……呼……經過3小時的努力，女兒終於從腹中出來，我屏住了呼吸，只是在等待嬰兒的哭聲，醫生和護士的祝賀。

眼前的主診醫生面有難色，我反覆告訴自己沒事的，沒事的，身體不自主地顫抖，心跳得異常地快。「黃女士，請你作好準備。」醫生結結巴巴地說，而手也慢慢把女兒抱到我身旁，那一刻的心情，彷彿跌入了谷底，眼前的景象令我心慌，一圈又一圈的臍帶圍繞着女兒的脖子，解不開。蒼白的身軀帶點血跡，雙唇只得發黑。我告訴自己沒事的，沒事的。主診醫生走到我的身旁，道：「你女兒在肚裏的過程太活潑，可能被臍帶纏頸，不能呼吸，繼而死亡，請節哀順變。」沒事的，沒事的我不斷告訴自己，但女兒冷冰冰的身體使我無法游說自己。

女兒啊！你知道我在等待的過程中是多麼期待嗎？每一天都撫摸着肚子，跟你聊天，等待着你的來臨。等待你來臨中有血有汗，有笑有淚，無盡的等待，三百零五天，四十三萬九千二百分鐘，只是等待迎接一條新生命，家中的一位新成員，可是求你不要讓我的等待都白費好嗎？你三百零五天的無愧等待，是我對你無聲的愛，希望你能感受到，祝你安祥。



等待

2018-2019獲得第十屆大學文學獎 少年作家獎

5A 黃嘉欣

坐在窗邊的我伏在木桌上，看着滴答滴答行走的時鐘，不禁抱怨道：「到底還要等多久！」爸爸已經一個月沒有回家了，奶奶說他出外公幹了，要很長很長時間才回來，一個月時間夠長了吧！今天他會回來嗎？我期待地想道。

外面的天空烏雲密佈，潮濕的空氣或是刺骨的寒風都讓人總感到喘不過氣來，最近家裡總是令人覺得壓抑得苦笑，為什麼呢？為什麼每個人都那麼悲傷？為什麼他們的目光中總是充斥着滿滿的同情？我百思不得其解，於是去問奶奶，奶奶卻忽然抱着我開始大哭，滾燙的淚水順着衣領滲進了我的髮間，我想一定是因為思量吧，如同我一般，對父親的思念。

果不其然，父親今天又沒回來，我一定要在他回來後問問他為何那麼久不回來，我皺眉頭想道，比起父親久不歸家的憤怒更深刻的卻是心底裡的思念。記得在我還是七、八歲，父親也曾出外公幹了一段長的時間，當時的我也同樣的憤怒，但在父親回家後，憤怒的情緒消失得無影無蹤，被拋下的委屈和孤單，還記得當時父親面對着嘩然大哭的我無奈地笑了，然後進了廚房為我煮了一碗沒有配菜也沒有果汁伴着的湯烏冬，而我坐在木椅上吃着單調的湯烏冬同時聽着父親在公幹時遇見過的事情，明明是無聊而乏味的，但心中的不安藉此逐漸平靜了下來。坐在窗前的我此刻多麼希望父親能一如當時般走進家門，再次為我煮一碗熱騰騰的湯烏冬，平息我等待中的忐忑不安。

在我回憶往事時，外面不知不覺下起了毛毛細雨，我有些擔憂父親是否有帶雨傘，沒有雨傘的他冒雨回家一定會生病，即使是這如同冷氣機排水的微雨也一樣，更何況雨開始越下越大。敲打窗戶玻璃的聲音吵得令我

感到煩躁！在擔憂和煩躁下我拿起了雨傘衝出家門，在急促的步伐下我走到了車站前，繼續這不知何時的等待。

小時候的我也是這樣，乖巧地坐在幼稚園門前，等待父親的到來，那時父親總要去工作，忙碌得根本無暇照顧我，但即使如此，每當下雨時，他無論多繁忙也一定要來接我。對此我曾不屑一顧，真的這麼在意我的話，那他為何要那麼拼命工作，比起工作我更想他陪在我身邊。但對於貧窮的我們而言，這只能是孩子的一些氣話或是一個小小的奢望。無可否認，對於我而言，父親的接送是一種幸福，而聒噪的雨天也因此變得不那麼難受。父親曾告訴我，他害怕我在雨霧中找不到回家的路，所以來成為我的明燈指引我回家的道路。那現在的你也是在回家的路上迷失了嗎？這次我能成為你的燈嗎？

不知過了多長時間，雨漸漸停了，傻傻地撐着傘的人坐在車站旁的椅上，遠處奶奶匆匆地趕了過來呵斥着我，而我只會呆呆地告訴奶奶我在等爸爸，奶奶只是輕嘆了一口氣，然後抱着我的手回家，我收起了雨傘，失去遮擋的陽光直直地照進我的眼底，難道雨後的陽光是特別猛烈的嗎？若非如此，為何這束光耀眼得令我眼睛發疼，淚水也止不住般流落。

父親的意外離世是我一個最大的遺憾，我曾為沒有他在世時好好珍惜他而悔疚，久而久之這也成為了刻骨銘心的痛楚。我在等待的或許並非那一碗湯烏冬，那一把雨傘。當父親的一生中總是忙忙碌碌的，即使到最後一刻我的哭泣或是不捨亦留不下他的腳步。或許我所想要等待的是他的時間和陪伴，一剎那或是一瞬間也好，我多想等到他回家時的那道鑰匙聲，等到他對回家後見到我的一個擁抱。可惜的是這最終亦只是沒有結果的等待。



我在餐桌之中領悟到生命的意義

2018-2019

6B 李卓琳

世界上有五花八門的美食，有甜的、酸的、苦的、辣的和鹹的，他們都切合不同人的口味。而每個人生活中也蘊含這五種味，但每個人品嚐這些味的次序和感受卻不同。

昨天是一心的生日，我和朋友們成羣結隊地到了一所中式餐廳吃飯來為她慶祝生日。一進入餐館，我們就被一股沉紅色的顏色瀰漫着，配上牆上具中華氣息的壁畫，果然別具一格！走到廚房的旁邊隱約的聽到廚房用力地用廚具刮在鍋上「嚓嚓」的聲音，並配上濃烈的香氣，餸菜必定鑊氣十足，令人垂涎三尺。我們安坐好之後，大家都紛紛點了自己愛吃的菜式，有酸甜排骨、花膠燉雞湯以及清蒸魚等。

過了一會兒，侍應紛紛把已炮製好的佳餚送到我們餐桌的轉盤上，大家都迫不及待地拿起雙筷，把自己喜歡的菜式轉到自己面前，準備大吃一番。然而一心卻沒有先吃她最喜愛排骨，我好奇一問：「你不是最愛吃酸甜排骨的嗎？為何你不先吃它呢？」一心回答說：「我個人較喜歡把最好吃的留到最後才品嚐，先把別的吃先，到最後吃自己最愛的才能感受到非一般的滋味。」看着轉盤不斷左轉右轉，卻頓時啟發了我，人生倒不是一樣的嗎？一頓飯雖然有一大班朋友同桌一起吃，但每個人吃每道菜的先後次序也不同，有些人喜歡先甜後苦，有些人卻喜歡先苦後甜，這些都是個人的選擇，旁人卻只可遠觀而不能干涉。

後來我們再加點了一道苦瓜炒蛋，黃金色的炒蛋配上青綠色的苦瓜，使色澤顯得更鮮明。各人都夾了一些到自己的碗子裏。大家都把它放進口裏，每個人的神情都有所轉變，我吃得津津有味，可是坐在我旁邊的一心眉頭緊皺，顯出一副難堪的樣子，我再看看其他人，他們的表情也大相

徑庭，一心對我的反應十分詫異，並說：「你為何那麼享受吃這麼苦的東西？」我便向一心說：「我卻認為這不單是苦，反而是苦盡甘來，其實吃苦瓜是一件客觀的事，苦瓜的好吃與不好吃其實只是自己個人的不同主觀感受，而你的感受卻正正影響着你對那事情所出的行動。」朋友們聽到我的見解之後都深感認同，並嘗試再次品嚐一下苦瓜的味道，希望改變自己的心態，從而能在苦瓜中尋找出獨特的回甘。

生命就像餐桌上的轉盤，轉盤上的每一味菜就是生命中的甜、酸、苦、辣。而每個人吃每道菜的次序也不同，正如有些人偏於先盡情享受，並把痛苦留在最後，而當然亦有與此相反的人吧！同時，苦味的菜餚就正正可代表人生中不如意的事，苦其實只是一件客觀的事，而真正影響你的其實是個人看待事件的心態，所以若要活得精彩積極，就必須要好好調節自己的心態才能向這個目標邁進。

吃過一頓「百味交雜」的晚飯後，侍應為我們送上一些甜品，為我們口裏殘留的既苦又甘的味道送上一個甜美的句號。



世事洞明

《活著》讀後感

書名：活著 作者：余華 出版社：麥田出版股份有限公司

2014-2015

5B 何穎琪

在《活著》一書中，福貴的一生所遭遇的揭示了小說的主題：活著，甚麼是活著呢？活著指的是生活，還是甚麼呢？在一開始接觸這本書的時候，它的書名確是令我很是摸不着頭腦，只得迷惑的一頁頁翻開。

書的開首是早已白髮蒼蒼的福貴徐徐地向小伙子講述他的故事，是他那多於常人的苦難一生。福貴生於一個大富之家，家中有不少的田產，是城中有頭有臉的人物。然而，年少輕狂的他沉迷於賭博，把家中的家產都敗光了，父親也一夜間離世，面對如斯的變故，雖說是福貴他自討苦吃的，但是他沒有因為這樣而自暴自棄。除去光滑的絲綢衣，穿上了粗衣麻布，每天下田幹活，福貴很快便適應了這樣的生活。這可能便是小說的主題，即使生活變得如何艱苦、困難，那麼的教人難以接受，但只要你一息尚存，你還活着，甚麼事皆有可能，皆有轉機，揭示了小說中活着才是最難能可貴的。

縱使，福貴的一生需面對一個個接踵而來的苦難，子女一個個先後的離世，使白頭人送黑頭人，家珍的病，女婿及孫子的死，皆對福貴是一個又一個痛徹心扉的打擊，是叫人崩潰，不能接受的事。福貴卻從苦難中一步步走過，仍能活得幸福和歡樂，只因，他相信，他相信自己的妻子是世上最好的妻子，他相信自己的子女也是世上最好的子女……

別人常言，生容易，活也容易，生活卻很難，我卻認為活着才教人喜樂。在人生的道路上總有起落，像潮漲潮退，像陰晴圓缺般。有的時候我們或許得意，有的時候我們或許失意，但只要我們尚未蓋棺封土，誰也不知道在前面等待着我們的是甚麼。看完這本書後，我想作者是希望藉着福貴充滿苦難的一生，向讀者，向所有人揭示了這書本名字的奧秘，活着才是最叫人感到喜樂的事。

《假面飯店》讀後感

書名：假面飯店 作者：東野圭吾 出版社：三采文化

2018-2019

2A 黃芷晴

這本書的大意是東京發生的三宗連續殺人事件，而兇手在每次犯案後都會留下兩組奇怪的數字，使警方完全沒有頭緒。在第三宗的命案發生後，警方終於破解了這數字隱藏的信息，並鎖定了下一宗命案的地點就是在東京的一家高級飯店——東京柯迪希亞酒店。因此，警方安排了五名警員進入飯店當臥底。在整個故事當中主要是圍繞着在櫃檯當臥底的新田先生、帶領他的飯店人員和山岸小姐如何破解案件中不同的困境，也描述了他們之間由不信任對方到依賴對方的一個過程，及他們一起成長，共渡艱難的經歷。

其中，我最欣賞的是山岸小姐的性格。起初，她因為新田先生的任性和自我，常常以不喜歡他的眼神和他對視，還因新田先生不能體會別人而總是不想搭理他。可是，山岸小姐也沒有因此責罵他，只是有耐性地勸告新田先生停止他的行為。而到了後來，飯店發生了各種各樣的事情，差點使山岸小姐做錯事，但後來都因新田先生的機智化解了一切。山岸小姐十分佩服新田先生，並十分感激新田先生會主動幫助自己，也主動向新田先生請教和道謝，漸漸對新田先生有了好感，更成為了查案的搭檔。

這本書使我印象最深刻的是一位老太太，她為了幫助即將來遊玩的失明丈夫把關，特意裝成殘障人士，來考驗飯店人員的能力。雖然老太太向飯店出了很多的難關，但山岸小姐都能處理得十分好。當然，身為警員的新田先生也有懷疑老太太，並和山岸小姐爭吵一翻。爭吵的過程，我認為作者形容得十分生動，既真實，又能為讀者帶來一絲的緊張。而作者也從多個角度來描寫老太太向飯店提出的難題，無論在解決方面，還是在鋪設

背景方面，作者都記述得十分仔細，讓讀者能從更多的角度了解每個人的內心思想。加上作者的文筆很好，人物的每個情緒都刻畫得十分精緻，讓人感覺彷彿在觀看一場電影。

閱讀了這本小說後，我覺得我們不應該以一個人的其中一面或一些行為就去判斷他們，要更了解別人才可能斷定他。另外，在作者的筆尖下，我知道了更多有關飯店人員和警員的工作，也讓我明白到其實在社會中擔任不同職位的工作人員都有他們各自的困難，要學會如何體諒別人，理解別人。

傳統是創新的包袱？

2015-2016

5B 廖樂衍

時人有言：「傳統是創新的包袱，窒礙後人推陳出新。」誠然，社會普遍或會認為傳統如創新的絆腳石，堵塞通往創新的康莊大道。然而，傳統的石頭是絆腳石還是踏腳石，全視乎我們如何看待。既然有一塊石頭在跟前，何不好好利用它，使傳統成為創新的助力呢？

萬事起頭難，以中國人大躍進時期為例，全民大煉鋼，最終卻只煉成一堆廢鐵，令民不聊生，這正正是因為他們缺乏前人的經驗，盲目以土法煉鋼，自以為創新，反倒失敗收場。可見，創新必須有傳統作為基礎再加以發展，才能夠減低失敗的風險，邁向成功。比如錢穆、唐君毅先生的新儒學思想，都是以傳統的儒、道、釋三家思想為基礎，加入自己嶄新的見解並融會貫通，方能提出受世人認同的新儒學思想。外國著名科學家愛迪生亦如是，他購入了約瑟夫失敗的燈泡的專利，以此作為基礎，以鎢線代替碳線，結果令鎢絲燈泡一舉成名，流芳百世，更為後代在黑暗中帶來光明。若非約瑟夫的失敗燈泡為基礎，愛迪生的名字就未必為人所知，成為家喻戶曉的偉人了。

當然有人會反駁創新亦可以是無中生有，忽發奇想而成的。但這「奇想」可是以傳統作為靈感泉源呢！中國著名國畫大師齊白石曾告誡他的弟子「學我者生，似我者死」，意指弟子許麟廬應學習齊白石畫中的神韻和技法，從而啟發自己的創意，創造出獨一無二，別樹一幟的風格。香港中學文憑試的視覺藝術科考試亦要求考生先就前人的藝術作品做賞析，從中汲取啟發再作畫一幅就是延續這精神。此外，相信大家知道中國書法家王羲之的故事，他泛覽博識，參考秦漢的書法名家作品，從而啟發他創作出一種前所未有的，別具個人風格的書法字體。可見無論古今，時人皆以傳統作為靈感泉源，啟發個人思考，激發創新靈感的思維。

人無完人，傳統也不會是絕對正面，對社會有所裨益，但這些迂腐敗壞的傳統可以作為反面教材，警惕後世切勿重蹈覆轍，並要創新革除傳統的弊病，造福社會。正如周朝所行的封建制度，使得群雄割據，相互間為吞併挑起連年戰火，生靈塗炭，百姓苦不堪言。後人正正借古鑒今，取其利棄其弊，以郡縣制管理地大物博的國土，防止地方集權過大又可有效治理各省各縣，達致長治久安。由此可見，即使是滿有流弊的傳統，對創新亦有反思及警惕作用。

一寸光陰一寸金，由零開始創新往往需要花費許多時間。然而，有了傳統便可以節省創新的時間。美國著名智能手機公司蘋果的產品風行全球，他們是參考前人的成果而製作，既有的手機通話功能，再加上自行鑽研並加入指模解鎖，視訊通話等創新科技。由於毋須把起步點設於研發即時通訊的技術，大大節省研發的時間，加快創新的速度，否則通訊的發展也不會如現今般一日千里，所以傳統又怎會是創新的包袱呢？

儘管傳統的一些便捷會築成一個令人裹足不前的安舒區，但這並不代表要故步自封，畫地為牢，反之我們應該好好善用傳統，而非任讓傳統成為我們所謂的「包袱」。從上述云云事例及傳統的益處可以知道，傳統絕對不是我們創新的包袱，反而給予我們機會打破框框，不主故常，促進創新。

承繼與創新

2016-2017

4A 吳詠誼

在人類社會之中創新是發展的開端，人類要進步，創新是必不可少的。但是在創新的背後又有誰能看到繼承這勇者的默默耕耘？托爾斯泰曾說：「正確的道路是這樣，吸取你的前輩所做的一切，然後再往前走。」我認為繼承是創新的根源，不可或缺，否則進步與發展便浮泛無根，只有在繼承中創新才能邁向真正的成功，兩者關係密切，相輔相承。

繼承是指過去的事物或思想得以繼續和傳揚下去。「繼」就是把財富、知識、技能、方法、思想等等，從上一代傳給下一代，而「承」的意思，則是下一代接收上一代的分配而有所承擔。創新是指以現有的思維模式提出有別於常規或常人思路的見解為導向，利用現有的知識和物質，在特定的環境中，本着理想化需要或為滿足社會需求，去改進或創造新的事物、方法、元素、路徑和環境，並能獲得一定有益效果的行為。

要繼承上輩子傳下來的事物，必須要對其加以分析，兼收並蓄。創新正正以繼承作為基礎，用一個篩選的手法，將前人遺留下來產物，把有用的留下，沒用的摒棄，再加入自己的想法，這才能成功。

李小龍作為一個國際著名華人武術家，以其對武術的了解發展出一套新穎的武道哲學——截拳道，「以無限為有限，以無法為有法」是李小龍的截拳道哲學理念，他的創新精神顛覆當時專以套路為主的中國傳統武術環境，有極為重要的價值與意義。但是若他沒有以詠春拳、拳擊、擊劍為基礎，再輔以跆拳道、柔道、角力、法國腿擊術等等各國文化，取其優點並融會後，他也不會成功。甚至可以斷言，若沒有繼承過往的武術，並加以篩選，將優良的保留，將沒用的拋棄，截拳道也不會被創造出來。由此可見，只有在繼承之中去蕪存菁，才能創新成功。

創新亦不是一步登天的事情，而是一個進程，是由繼承演變出來。發明是創新的其中一種，從繼承開始，是由無數前人的心血結晶墊在腳下，去觸及成功，才稱得上為發明。電燈泡是由愛迪生發明，愛迪生做了近二千次耐熱材料及超過六百多種植物纖維的實驗才艱辛地製造出一個現代式的燈泡，可是又有誰記得愛迪生創造燈泡所運用的知識是從何處得到？只需回想起，如果沒有眾多學者前仆後繼以自身所學去研究電，那麼愛迪生想要發明出電燈泡可謂天方夜譚。愛迪生繼承了歷代人不斷完善的知識，那可是由無數科學家經過年月之間的沉澱，疊加與醞釀才發展成被書本所記錄著的知識，亦是一種精神，去探索新事物的一個欲望。不難看到繼承與創新的關係的確密不可分。

有人說：「在繼承大部分舊有的想法，而只改變一小部分，只能算為抄襲。」我卻不太認同，首先想法並不是獨有的，所以不存在什麼抄襲，好的想法就不應被壟斷，好的想法是讓別人參考再加以創新，越是優秀的作品和思路，就越會被別人學習和模仿的，這樣才能達至創新。

總結而言，繼承和創新的本質本來就一樣，繼承是將前人的創新，供後人接受及理解，再加以利用，便成了創新。繼承和創新就是魚和水的關係，魚失去了水並不能生存下去，水失去了魚缺了點綴，兩者之間可謂相輔相承。

給異想天開一點信任

2016-2017

4A 翁筠瑜

有一句話說得好：「人類對未知的事物都會感到恐懼。」大多數人都會習慣由以往的經驗而獲取安全感，特別是思想傳統的人，最為明顯。換句話說，有的人會害怕與陌生人攀談；有的人會恐懼並未熟悉的離心力；亦有的人會害怕蒙上神秘面紗的鬼神之說。而異想天開，即是創新，有時亦會使人感到害怕而停下腳步，甚至成為別人眼中的絆腳石。

相信光纖之父高錕亦面對過上述問題。他在研發光纖時，大多數人認為這幼得能與棉線齊肩的玻璃管無法使用，甚至無法想像光纖的出現。但正正是有了異想天開的想法，高錕才有下一步的實踐，不斷努力鑽研，它可以說是成功的動力來源，不可小覷！另一個例子是「地圖說」，古代時不論中西方，都牽起爭議，特別是中國，以往的認知是「天圓地方」，因此，當時大部分的人都不相信此假設。直至社會漸漸開明，人們才逐漸接受地圖說此學說。由此可見，人們的質疑以及不信任是來自自古至今都未被實踐或證實過的框架限制。有些事情，往往由異想天開開始，人類何不給異想天開一點信任呢？

我們再看，政治活動家以及作家馬克西姆·高爾基曾提出：「保守是舒服的產物」，而我認為此句正正可以體現大部分人們總偏向把希望留在其舒適區，習慣被以往的一套牽著鼻子走，結果是令自己缺乏創新，故步自封。試想想，創新其實源自人的異想天開、勇於踏出他們的舒適區而誕生，而異想天開之所以能夠實實在在地實現，正正需要別人的信任，堅定相信異想天開總有一天能實現。

因此，請大家給異想天開一點信任，請別再一口咬定它不能實現，請別要把一個絕妙的主意「胎死腹中」，被扼殺在搖籃之中，請讓你的信任成為異想天開的踏腳石，而非絆腳石。

吃虧是福

2016-2017

6B 廖樂桁

雖然這次是吃了虧，這過程中卻令我大有啟發，也可算是一種收穫呢！

緊閉的二一三室房門內，局促着一絲絲靜謐。空氣彷彿也凝住了，長桌前坐成一列的眾人都屏息靜氣，大家好像都預知到什麼快要一觸即發似的。唯獨我是一派氣定神閒的樣子，置身事外般坐在房間的一角，挑挑眉，靜看事態的發展。

「咯咯」的叩門聲猶如軍隊進兵前的號角，周老師甫踏入門內便大聲呵叱：「堂堂學生會做事就是這般丟三落四，馬馬虎虎的嗎？」

如坐針氈的各人禁不住一顫，離周老師最近的會長鼓起勇氣道：「對不起！負責是次聯校計劃的都是中六級同學，最近大家都要應付校本評核，所以……」

「倘若每個幹事都有難言之隱，那整個學生會豈不是癱瘓了，工作止步不前！難道說我要為你們負責完成所有事嗎？」周老師怒氣沖沖地反駁道。一旁隔岸觀火的我十分認同周老師的話，抱着手點點頭。

「然而活動明天便要舉行，當務之急是找另一位幹事重新準備物資及活動流程，不然就由唯一一位非中六級幹事，一心先解決燃眉之急，讓活動順利進行吧！」

這話晴天霹靂般竄入我的腦海。不是吧？我已經完成我的份內事，而且即使我並非中六級學生，但其實我亦有自己的學業壓力，也需要處理自己的功課，更要拔時間準備測驗，又何嘗有閒暇完成額外的學生會工作呢？

正當我打算出言相駁，但上課鐘聲偏偏這時響起，話又被迫咽回，如鯁在喉。一擔子重任驟然落在我的肩膀上而又不容拒絕，壓得我眼眶快要溢出一片汪洋般委屈的淚水。

得民心 得天下

2017-2018

3B 李穎欣

「得民心者得天下。」

這句話千百年來被世人稱道，彷彿只要得了民心，就必得天下，是必然的因果關係般。然而，在歷史上真的是每個當政者都得到了「民心」嗎？

南宋末年，蒙古入主中原，不斷地屠城。據史料記載，在元朝統一初期，宋朝戶籍上有近乎八成的人已被屠殺。又以清兵入關為例，過程中經歷了「濟南大屠殺」、「揚州十日」、「嘉定三屠」等共八次的大屠殺，最終滿清統一中原。

以上的事件中，有多少百姓流離失所、妻離子散、食不充饑？難道以上的當政者是有在意過民心，有真正實行過「得民心者得天下」嗎？

歷史一次又一次證明得民心不一定得天下，失民心者也不一定失天下。大量屠殺，獨裁下政權才得以建立。因此真正助君主得天下的乃是「失民心」的武力。正所謂「槍桿子裏出政權」，所謂的得民心者得天下，只是當權者的謊言，百姓的幻想罷了。

可能會有人問，難道當權者就不用收獲民心嗎？其實無論哪個朝代，所謂「民心」，只限於豪強、商賈、軍閥等人的心。因為這群社會中上層的人雖佔社會少部分數量，卻掌握了社會大部分權力，因此當政者只需安撫這少部分的民心。而底層的人民並沒有話語權，對當政者而言，他們的意願是不重要的，古往今來莫不如此的。

幽暗而寂靜的夜裏，我才剛把物資清算完畢，又要連忙安坐在電腦螢幕前一邊對照着計劃書，一邊埋頭奮筆疾書，盡力溫習測考。雙眸驀然瞧見牆上灰白的時鐘，對比之下猛然憶起下午時一個個中六級幹事的眼底都染上了一片青黑，彷彿被深夜憐憫他們疲精殆處、焚膏繼晷地溫習而流下的一滴淚所沾濕。在這一剎那，我彷彿能夠理解和體會他們的疲倦和有心無力，但這又並不構成我要為此承擔額外的責任的原因……琢磨着，我還是要重新投入到永無止境的工作之下。

翌日中午，我獨力佈置活動場地，並把流程派發予每一個幹事，分配各自的崗位，參與同學亦逐漸到來，會場頓時人山人海。最後活動如願地順利結束，我正俯身收拾着地上的彩紙碎屑，忽然會長搭一搭我的肩頭，稱讚道：「一心，你辛苦了！若非你的付出，今日學生會可就名譽掃地。」他莞爾一笑，眼底下，依舊是一片青黑，我若有所思，說：「會長，你也必定畢業試及公開試全力以赴！」

我抬頭望向四周活動的裝飾佈置，心裏非但注滿無法言喻的滿足感，更從中領悟到我們作為群體的一部分，不應只為個人利益考慮，更要顧全大局，為整體利益着想，即使要付出一定的心力和犧牲亦應甘之如飴。從前的我斤斤計較，僅着眼於自己的利益，毫不把整體放到考慮之列，甚至差點令大家的努力都付諸東流。「悟以往之不諫，知來者之可追」幸而我最後懸崖勒馬，願意為學生會，為整體付出才能夠收獲美滿的成果。放諸社會皆是，若然社會上每一人皆不願意妥協、退讓，只有謾罵不滿，又如何能使社會穩步邁向美好的未來呢？

我默然回望着各個學生會幹事，微微一笑。

世事豈能盡如人意，但求無愧於心

2017-2018

3B 周 晴

話雖如此，民心確實會影響當政者在位的長短。例如強悍的元朝不到一百年便滅亡，也是因「失民心」而激起農民起義。另外，毛澤東在建新中國之前強調的是「槍桿子裏出政權」，在建國後才多提「深入群眾」。因此，得天下往往要靠軍事實力，卻只有民心才能夠守天下。可是沒有「失民心」得天下，又何來「得民心」守天下之言呢？

總括而言，當政者不是靠民心得天下，而是靠軍事實力，卻只有民心能維持政權之長久。

自古以來為人崇尚，很多名人都會以此為座右銘，例如林則徐，鄒韜奮等，也常常將此句寫成條幅，懸掛室中，以鼓勵自己，而如何能做到盡善盡美，稱心如意呢？不過是在撫心自問的時候，沒有甚麼慚愧之處。

古代君子有「窮則獨善其身，達則兼濟天下」的觀點，人生在世，難免會有許多不如意的事情或有些不順意的事發生，有人會選擇「抽刀斷水水更流，舉杯銷愁愁更愁」憂愁無止境的在翻轉徘徊，用酒精來掩蓋自己的悲憤，要知道以上的事情非但不能使人清醒，而且只能暴露本性，人生在世豈能夠事事盡如人意？

我記得中三那年的第一次考試，我為了自己的成績能夠改善，想由每科在合格線徘徊變為追求更高的分數，我每天都努力溫習，小息、午休都會拿着課本好好熟讀，放學後便馬上趕到補習社，為補償自己對課題的不足之處，時間允許的話，我會到自修室複習，雖然得出來的成績並沒有太大的進步，但我已經覺得心滿意足，其實得到成績表後，我是有一些失望的，但我慢慢便明白到有些事物不是自己付出了努力就能夠得到相當的成果，只要在做的過程盡自己的所能，不令自己有慚愧之處就可以了。

人生是公平的，有付出就會有收穫。如果能夠看得開，多半都會快樂；如果計較，多半都會煩惱，人生有得有失，生活有進有退，做好自己兼顧好學業，人生多半幸福。每個人都會有技不如人的時候，我們並不需要自慚自愧，因為我們都是凡人，夾雜於人流之中，過的是普通的生活，只要內心不亂，外界就很難去改變甚麼，並且作好自己的本份，就可以了。

經一事 長一智

2018-2019

1A 李演鈴

「沒關係，我會一直在你身邊支持你，這段日子我們會陪你撐過去。抱歉了，以前經常用自己想法來對你，讓你難堪了。」我抱着我的好友，把我心的想法說了出來。生活中，我們總會遇上很多事。有的是如意的；有的是不如意的；有的甚至會令心情很糟糕。昨天是派發數學考卷的日子，自認是「數學笨蛋」的我，完全不在意這次成績。但我的朋友不一樣，她是我們班上數一數二厲害的人。日夜的溫習，僅僅只是為這次考試。

「這次考試，大家表現真好！大部分人都進步了！」我們的數學老師興奮地說。收到這個信息時，我心想：太好了！大家都進步了！想嘉敏的成績也能保持頭五吧！可是沒有過多久，這個想法就打破了。老師有一個習慣，分數越是靠前，名字就會先讀出來。我等了很久，甚至都拿到了試卷，老師依舊沒有喊她的名字，看來這次情況不太樂觀。

「嘉敏，你……這次不合格嗎？」我問道。「是啊！而且比以前差了很多。」嘉敏無奈苦笑。「不要緊，只是一次失敗。下次更努力就行了啊！我相信你的家人會諒解的！」我說道，並希望這些話能鼓勵她。

「努力？你意思我沒有努力，甚麼都沒有準備就應考嗎？」嘉敏語氣突然兇起來。此時的我感到很困惑，心裏有很多問號，我只是想安慰她並沒有揶揄她啊！可我心中的疑惑尚未解決，她握着拳頭，又繼續說：「一直以來，我為了令父母滿意，一直用盡自己的力量，那怕我考再高的分數，他們也是不滿意，拿更厲害的人和我比較。甚麼他們會理解？別開玩笑了！我很想發洩情緒，可是根本沒人願意聽……」說完，她就像一個無

助的小孩，放聲大哭起來。我這刻才知道，她需要的，也許是一句肯定夠了。

小時候，媽媽經常告訴我：「人類和其他動物不同的地方，是他們有情緒，並且可以互相體諒，尊重。」這一次，我沒有站在嘉敏的角度思考，只是不停叫她放下事情，並沒有發現到她真正需要的東西。如果我早點說出肯定的話，恐怕她不會哭得那麼傷心。難怪大家總說，要懂得換位思考，站在別人角很重要。希望我未來可以實現這個道理，不會再令同類型的事情發生。

第十三種生肖

2018-2019

2C 陳佩貞

若十二生肖中加入一個動物，在烏龜、小貓、鳳凰中，我一定會選鳳凰。

鳳凰是「華貴、偉岸、進取、太平」的象徵，從古至今鳳凰一直都是中國人民心中的瑞鳥，是天下太平的象徵。古人認為「瑞鳥出，盛世現」。所以古代人們才把鳳凰當作神鳥。更是「德、義、禮、仁、信」五條倫理的代表者。

鳳凰是愛情的象徵。現代人們用來祝賀婚姻美滿，比喻夫妻和睦，在古代更有流傳千古的「鳳求凰」這首求愛的名詩。乃至今日，在傳統的中式婚禮中，新娘所穿著的裙褂也會繡上鳳凰，以求得一個美滿幸福，並貼上鳳凰紙花；點上鳳龍花燭；戴上高貴鳳冠；一求龍鳳呈祥，那可是成雙成對的美意。

鳳凰是權利的象徵。古時皇后穿的叫鳳袍，戴的叫鳳冠，而她本人就被稱作鳳凰的化身。當命格為鳳鸞高飛者，更被稱為天生皇后命。衍生出一句話：「一鳥入林，百鳥無音。」在噴吶界內更是有一曲明譜「百鳥朝鳳。」沈銓的「百鳥朝鳳圖」是我最愛的作品之一呢！

鳳凰涅槃，浴火重生是堅強不屈的象徵。有人將鳳凰和西方的不死鳥扯在一起，說鳳凰會在火焰中得到重生，代表人們要在困難中堅持到底，會得重生，不向逆境低頭，不畏痛苦，義無反顧，不斷突破，提升自我的一種精神。

相比之下，烏龜雖是長壽，但在中國歷史上多是遲鈍，膽小等略負面的形象。貓清高自傲，從不吹噓，也不阿諛奉承，但放到現實社會中，這種人多是懷才不遇。在歷史上有人沒什麼特殊含義，它在西方歷史上或許有較多的代表性，但是這是在選十二生肖而不是十二星座呢！所以在我心目中鳳凰是第十三個生肖的不二人選。

今天我明白一個人的見識有限，不應執著於自己的想法

2018-2019

5C 林敏媛

放學後，我獨自一人來到海旁，看著海浪規律地拍打著沙石，好像想把所有沙石淹藏於水下，但奈何薄薄的大海力量實在太弱小，根本不能做到。可是當其他海浪也過來相助的時候，浪潮洶湧，一會兒沙石便已消失得無影無蹤，這時，我好像明白到一個人的力量是不足夠的，眾人團結才是最強的，我不應該執著於自己的想法。

從小到大，不論是比賽還是活動，我都是做發號司令的角色，憑著自己的經驗和見解，一次又一次帶領著同伴取得勝利。就算有人質疑過我的選擇，我也會堅持自己的立場，毫不留情地駁會回別人的建議，只用結果去證明自己是對的，而每次的結果都是讓質疑我的人啞口無言。暗地裏，雖然有不少人說我專制，但卻很想和我一組，因為可以得到不錯的成績，也因這樣，慢慢地我也習慣了做一個別人眼中的專制者。

今天，老師安排我和另外一些同學組隊參與一個活動的面試，題目是圍繞「環保」，我理所當然地擔起隊長的角色。看著題目，我建議用最傳統的方式——簡報匯報。其他同學都沒有意見，很認同我的看法。可是，一心卻提出：「面試不是不限形式嗎？不如我們用話劇的方式去表達，這樣既新穎，也能吸引評判的注目。」

我當然立即反駁：「話劇要想劇本，要時間排練，但我們只有短短一個星期。還不如做簡報，雖然沒有很大亮點，但卻是最安全的方法。如果選擇話劇，後果是不是你全部負責？」其他同學面面相覷，但也支持我的觀點，一心則低下頭，默不作聲。我便繼續理直氣壯地向眾人分配工作。

這時，陳老師過來看看我們的情況，我便把剛剛發生的事向陳老師敘述一次，說完後，我特意望了一心一眼。可是，意想不到陳老師竟然支持一心的看法，說：「我想，應該大多數組別都選擇簡報方式，而且對方也特意註明不限形式。那樣，他們應該想一些新的表達方式，一心的話劇提議很不錯。」

聽完陳老師的話後，我猶如五雷轟頂，我的提議從來都是最好，卻想不到會接二連三被人駁回，面對陳老師的話語，我竟無言反駁，難不成，我一直以來做領導的經驗和見解，竟不如又默默無聞的一心？多年來做領導的驕傲感，讓我拉不下面子，說了句「明天再商議」便找了個借口，迅速離開。

離開校門後，我心中的大石還是久久不能散去，壓得我快喘不過氣，我知道陳老師的話是對的，一心的建議的確比我更好，但我不願意去承認，我不願相信自己的建議不被他人認同。

不知不覺間，來到了海傍，本想來吹一吹海風，讓煩躁的心情可以減低，卻聽到都兩個在釣魚的老人在爭吵，灰衣服的說：「再等一會兒吧，這個方法一定可以釣到魚的」，紅衣服的卻說：「你在半小時前便已經說過這句話了，你別再堅持，換我的方法吧。」只見灰衣服的心不甘，情不願地使用另一個方法。可是，想不都，一會兒的時間，便已釣到一條魚。灰衣服的便喃喃自語地說：「想不到我的釣魚方法並不是最好的，幸好我沒有堅持自己的方法，看來我需要學習的東西還有很多。」

今天我明白一個人的見識有限，不應執著於自己的想法

2018-2019

6B 廖朗茹

灰衣服老人的說話，深深地刺進我的心。這番說話讓我十分懊悔，我不應執著自己的想法，我不應毫無保留地反駁一心，我不應放不下面子而沒有去認錯。

像孔子那樣學富五車，才智非凡的人，也會不恥下問，承認自己的學識不如別人。而我卻倚仗著那些毫不起眼的小見識去反駁別人。即是別人可能是默默無聞，但也有其擅長的地方，也有其優秀之處。而我只是一個普通人，對於很多東西也不是十分了解。所以，當要與他人合作之時，我要學會接納他人的意見，而不是固執地堅持自己的意見，而透過團隊合作所得出的結果，一定會比獨自一人所得的成果更多和更好。

再一次望向大海，心中的愁緒一掃而空，看著已潮漲的海岸，我鼓起勇氣，拿起手機，向一心發了個道歉的信息，並認同她的觀點。再望向廣闊無垠的大海，開始期待明天回校和隊友討論話劇內容，希望齊心協力完成這次的面試！

漆黑的天空一片黑暗，只有一顆微細、不起眼的星星落在寬闊的其中一個角落。不久，雲霧散去，被雲阻擋而隱沒了光輝的繁星展現它們閃耀的姿態，父親到陽台找我，輕輕搭了我的肩膀，說：「你看，繁星是否比孤單的星星閃亮得多？」我點了點頭，心想：沒錯，一個人的能力當然不及家人的團結強，我不會執著於自己固有的想法。

我從初中已經對辯論有濃厚的興趣，一直不斷蒐集古今中外的名人警語及生平，期望在辯論隊中一展所長，帶領隊員爭取勝利。作為辯論隊的隊長，我在預備的過程中向隊員提供意見、例子，經常以自己的例子反駁他們的想法，使他們認同我的觀點，為什麼我可以這樣做？因為我的學識從小開始浸淫，知識範疇廣闊，對名人生平理解深入，比他們的學識淵博得多，所以我不會被他們的想法影響，只會相信自己是正確，或許這就是普通人認為的「獨裁」吧！

今天我放學留在學校為後天的辯論比賽準備，上網瀏覽一些辯論比賽的影片，觀察反方學校的部署及策略。期後，我再蒐集更多、更深入的資料加強我方的論點，卻發現今天午膳在辯論隊討論時，我錯誤引用文天祥的例子，一心曾指出我的錯誤，但被我遂一駁回後只好躲在一旁，默默地看著我。我對她那可憐、無助的眼神不屑一顧。我坐在電腦前，不知所措，躊躇著堅持自己的想法，還是承認錯誤，接受他們的意見。忽爾，一把低沉的聲音說：「幼玲，看你愁眉苦臉的樣子，王老師可以協助你嗎？」看他笑容可掬，我將這個情況向他道出，王老師急切地說：「當然不能執著於自己的想法，我看辯論隊中的隊員都是學習視野廣闊的同學，你應當互相切磋，畢竟，一個人的見識有限，不可堅持己見的！」難道我真的應該放下自己固有的想法嗎？

我乘車歸家的路上，腦海仿如一葉扁舟在江河上漂漂浮浮，沒有確實的想法，在兩者中決擇。難道我真的不能再執著於自己的想法嗎？難道我的見識真的不如隊員們拼湊起來的學識嗎？

我的煩惱猶如森林內的煙霧，久久未能隨風散去。回家後，我徑直走入房間，思考我的決定。這時母親的聲音從廚房飄出來，叩喊說：「我說了熬粥要先把水煮滾才放入米，你看，這是甚麼？這變成甚麼樣子？」父親沉實，冷靜地反駁說：「我知道你一向以這種方式熬粥，但我在網上看到許多人都用不同方法，你也學習一下其他方法，好嗎？或許他們的意見比你慣常的做法好。」母親看看電話中的網頁評論，很久未能從螢幕移開雙眼，喃喃自語地說：「原來我的學問真的有限，幸好，我沒有執著自己熬粥的方法，下次可以嘗試這個……」我看着母親的改變，我後悔不已，為自己的狂妄自大而後悔，為自己的執迷不悟而後悔，為自己的愚昧無知而後悔。但我慶幸自己及時察覺到自己的失誤，了解到改正失誤的正確方法。

經過這一天的經歷，深切地明白到一個人的見識有限，不應執著於自己的想法。雖然我一個人可以通過廣泛地學習來拓闊視野，提升自己的智慧及學養，但我一個人的時間有限，所涉獵到的見識也有限，未能有廣博的知識。既然這樣，我就應該放開懷抱，接受別人的意見，而不再執著於自己淺薄的見識之中，不能成為莊子所說的「蓬之心」的人，不能成為思路閉塞，茅塞不通的人。所以在未來，我也應當與辯論隊隊員好好商討論點和論據。

夜空的繁星再次被隨風飄散，被四處奔走的雲朵遮蔽，失去了光芒，剩下一顆孤獨的星星，父親說：「這個夜空沒有美麗的繁星了，快去睡覺吧！」我躺在床上，為自己明天承認失誤而打氣。



45th School Anniversary Writing Competition Winners Articles



Giving is Better than Receiving

45th School Anniversary Writing Competition Champion
by Yeung Tsz Yan, 1D



Have you ever thought of volunteering? Volunteering is good for us because it has lots of benefits. First, volunteering can help us gain confidence since it gives us the opportunity to try something new and build up a real sense of achievement. Second, volunteering can help us feel a part of something outside our friends and family. Third, volunteering can help us learn new skills, gain experience and sometimes even qualifications. Moreover, there are more benefits of volunteering.

There are plenty of charity organizations in Hong Kong such as The Hong Kong Red Cross, Unicef, Food Angel...Also, there are various charity activities that we can join at school. For instance, we can participate in The Red Cross to donate blood and charity sales for fundraising. I want to do voluntary work for World Vision in the future. It is because there are many children who are underprivileged in many countries. They face death every second. If I donate money every day, I will be able to help the children for their diet. This can change a child's life and they can contribute to society in the future while it is only a small matter to donate every day.

I remember when I was 9 years old, I took part in a volunteer event at a nursing home. It was held by Community Youth Club. It was the first time that I had visited the elderly. Therefore, I was thrilled. In the process, we told them stories and we chatted together. They were very friendly. After that, we gave them some gifts that my teammates and I had prepared. The small heart-shaped gifts were to thank them for their care. After this activity, I was delighted, satisfied and proud of myself. I have learned to care for the elderly. Although they may sound annoying sometimes, they are very kind and caring. I think I shouldn't treat my grandparents with arrogance. I have decided to spend more time with my grandparents.



For now, have you thought of volunteering? I think offering help to the needy is meaningful and beneficial as helping and serving others is the foundation of happiness. Besides, volunteering is an experience that helps us know ourselves better, not only as an individual but also as a member of the global community. Volunteering is fun, why not join it together? Let's volunteer together and make our lives more colorful!

The joys of volunteering

45th School Anniversary Writing Competition 1st Runner-up

by Li Hau Yi, 1A

When we start volunteering at a young age, the benefits multiply. It builds up our confidence, reduces our stress, gives us a chance to help others, learn more and make new friends as well as brings us fun and satisfaction. Moreover, the people we help can get happiness and the things they need from us.

The World Vision, the Community Chest and the Society for the Prevention of cruelty to Animals (HKSPCA) are some of the charity organizations in Hong Kong. We can choose to donate money, sell flags and take part in charity sales held by them. The HKSPCA is a local charity organization that I want to do voluntary work for in the future because I want to help animals and I would like to foster a stray dog. Dogs are usually active, so I hope I can go hiking with my dog in the future. By volunteering for the HKSPCA, I can save a life and give it a home, hope and love.

I have volunteered for a green power organization, the Green Power Hike Eco before. I joined its clean-up team with my family. I picked up some rubbish and put it in different recycle bins when I walked along the trail. Although I did not win any competitions, I received an apple and a banana at the end. I enjoyed volunteering because it was rewarding and fun. I have learnt that we should not leave anything behind when we go hiking, otherwise all the mountains in Hong Kong will be full of rubbish.

To sum up, volunteering is an experience that helps us know ourselves better. Let us reach out and help!

The joys of volunteering

45th School Anniversary Writing Competition 2nd Runner-up

by Wong Lok Yee, 1C

Have you ever been a volunteer? I have been a volunteer before. I think it is good to do voluntary work because it has many benefits. For example, we can boost our confidence, broaden our learning horizon and learn to cherish everything we have. Also, we can make the world a better place.

There are some charity organizations in Hong Kong such as Tung Wah Group of Hospitals, Caritas International and Po Leung Kuk. I can also join some charity organizations such as the Girl Guides, the Community Youth Club and Red Cross in our school. There are many charity activities we can participate in. For example, we can donate blood, support the Community Chest Day by donating money and distribute rice. I want to join "Starvation 30" of the World Vision in future. It is because if I experience the feeling of starving, I will understand that food does not come easily and will treasure it.

I have participated in the Arbor Day which was organized by the Community Youth Club. I planted trees with my partner. First, we dug out some soil. Then, we put a little tree into the soil. Finally, we buried the root of the tree. We felt so tired, but we enjoyed the volunteering experience. I think it was a meaningful activity. However, I felt upset because I discovered that the Earth was damaged seriously by humans. Therefore, after this experience, I learned that we should protect the Earth in our daily lives. For example, we should use less paper and plastic. Also, we should use more public transport instead of private cars.

Volunteering brings us many benefits, including boosting our confidence and enhancing our communication skills. If you have spare time, why don't you participate in voluntary work?



The Pros and Cons of Social Networking

45th School Anniversary Writing Competition Champion
by Chan Jour Yain Anna, 2B



A social networking site is an online platform that allows users to create public profiles and interact with others on the Internet. Nowadays, social networking is very popular among teenagers and the young generation, but, is social networking good or bad? Does it harm us or benefit us? In this essay, I will discuss the pros and cons of social networking.

One of the major benefits of social networking is that it has access to worldwide communities. You can use social networking applications to contact others. Also, you can make new friends, build connections and socialize with different people. For example, you can use applications such as WhatsApp and Facebook Messenger to chat and share things with others. And you can make friends through applications such as Facebook and Instagram. These applications make connecting people or making friends faster and easier.

Using social networking can also increase news cycle speed. These days, people use social media to collect information and news from around the world. It can let us know what is happening in the world immediately. News organizations, such as Apple Daily, post news on their own applications on the social networking sites like Twitter or Facebook, and we would know what major events are happening.

Although social networking has a lot of advantages, we should also consider the disadvantages.

First, we might encounter cyberbullying while using social networking sites. Making a joke can be a small thing but it can also become a big deal. Teenagers and children might treat it seriously and this might cause psychological trauma. This backlash can also have a long-term impact on the victim. For example, if everyone has the same negative comment on a person, the person might start feeling inferior. This might prevent him/her from

making new friends and even finding jobs when he/she becomes scared of communication.

Moreover, using social networking site might leak our personal information. You need to use your personal information to create an account on most applications and it is dangerous if you use simple passwords. If someone stole your personal information, they might hack into your social media network or account and turn your life a nightmare. For example, a privacy thief may hack into your account and meddle with it, using just a few pieces of your personal information to create a post. This can ruin your life. They can also easily hack into your bank account, and steal your money.

Although social networking has lots of advantages, there are also tons of disadvantages. In my view, social networking does give us a more convenient life, even though it is dangerous if we use it carelessly.

To conclude, if we use social networking properly and protect our privacy, social networking will be a good thing for us. On the contrary, if we are addicted to social networking, it will harm us for sure.





The Pros and Cons of Social Networking

45th School Anniversary Writing Competition 1st Runner-up

by Yip Ka Ki, 2C

Social networking site is an online platform that allows users to create a public profile and interact with other users on the website. Social networking sites have some pros and cons. In this essay, I will discuss the pros and cons of social networking.

One of the major benefits of social networking is it brings family closer. Social networking lets people have good relationship, and they can communicate overseas. Sending messages can bring people closer because they can know what they have been doing recently. For example, the family can use some applications to send messages to their children and care about them. We can update each other quickly.

Another benefit is that social networking is easy to use. Users can use social networking easily. They can use it anywhere and anytime, such as when people are on the bus, on the streets or at home. They can send messages to others everywhere.

Although social networking can bring family closer and it is easy to use, it has some disadvantages too.

One of the major disadvantages is that social networking is a waste of time. When people use social networking, they cannot concentrate on studying. For example, people always use the social networking applications for a long time. Their school work is suffering because of their addiction in social networking. They have very little time to study.

Another drawback is that social networking is unhealthy. If people use mobile phones for social networking for a long time, they will not only waste



time but also damage their eyes. For example, people will be tired when using social networking for a long time and they might have eye problems.

In conclusion, the benefits of social networking is to bring family closer and it is easy to use. The disadvantage is that it is a waste of time and it is unhealthy for our eyes. I think social networking is good for chatting because it is easy to communicate with our family and friends. We just need to use it wisely and carefully.



The Pros and Cons of Social Networking

45th School Anniversary Writing Competition 2nd Runner-up

by Ho Shuk Ki Kardia, 2B

Nowadays, social networking is popular and common in our daily life. Social networking has many pros and cons.

First, social networking brings family closer. People are moving all over the world to earn a living, but many cannot afford the expensive flight tickets to visit their family. Family members can stay in touch without having to make long flights. For example, grandparents no longer have to miss their grandchildren growing up in a foreign land. They can watch them grow through email and smartphone apps.

Second, social networking can help the elderly, infirm, and the mobility impaired. Some elderly can't always go out to see their friends. Some elderly can't walk very well. If they know how to use social networking, they can always chat on phone with their friends. For example, my grandma can't walk very well but she wants to see her friends. She uses WhatsApp to talk to her friends.

Social networking has many positive effects but it also has negative impacts.

First, social networking will make teenagers lazy and delinquent. Teenagers will be addicted to their phones. Teenagers will use the phone when they eat, chat and play. They can't do homework with focus. For instance, my classmates always spend a lot of time on the phone and forget to do their homework. They always fail their tests.

Second, our personal information might be stolen. The personal information includes our phone number, ID card or age. We don't know who

will use our personal information and what they will do. For instance, Facebook requires us to register an account. Some people will hack into the account to do something like stealing money.

In conclusion, we must use social networking wisely and in moderation.



A Typical Day at Work as a True Light Bearer – the IT Helper

45th School Anniversary Writing Competition Champion
by Leung Yuet Hannah, 3B



I'm an IT helper in Hong Kong True Light College. Since some of you may not know very well about my job, I'm going to tell you about it and my typical day at school.

Every morning, I go to school at 7:30 a.m., which is thirty minutes before the first bell rings. However, I'm in a hurry in that special thirty minutes. I always start my day by checking the most important things, the computers, in the computer room to see if there is any troubleshooting needed. If there is, I have to fix the computer problems not only as fast as I can but also very carefully as one little mistake can cause a big problem.

After checking all the equipment, it's almost 8 o'clock. It's time for work! Sometimes, I will be called for help if the electronic devices in the classrooms are not working. I must always be in a good mood and ready to fix devices like computers, iPads and projectors very quickly. It's very challenging as I have to deal with lots of affairs at the same time. I'm rather busy but after I have finished fixing the non-working devices, I feel so happy and satisfied.

In the lunch hour, I usually go out for lunch. I love to eat delicious meals with my colleagues and chat with them. After having my lunch, it is time to work again. Apart from going into classrooms, I have to give some support to school activities like preparing the screens and projector in the school hall or laying out the iPads for the participants. Sometimes I don't have breaks in my working hours but if I do, I will eat some snacks or take a good rest.

I usually leave school at 5:30 p.m. – 6:00 p.m. I know it's pretty late but sadly I don't have any choices. Sometimes, the F.4 and F.5 students have to have computer lessons after school, and I have to stay until the lessons end as

the teachers may need my help. Or, I have to prepare materials for the lessons on the next day.

Would I recommend this job to someone else? Well, basically yes. Although the working hours are long, you can learn a lot from this job. You may have to self-learn in order to improve your efficiency in fixing electronic devices. Also, it's great fun. You may know more about computers and if you're interested in them, this job may offer you lots of fun.



A Typical Day at Work as a True Light Bearer – the PE Teacher

45th School Anniversary Writing Competition 1st Runner-up
by Cheng Hiu Yan, 3B

I think many of you may wonder what the difference between academic teachers and P.E. teachers is. Let me tell you about my typical day as a P.E. teacher at True Light.

Same as other workers, I have to get up early. I need to drive my sons to school every morning. Then I get back to school at half past seven because lots of duties are waiting for me to carry out.

After I've got back to school, I walk around the school campus to check all the sports facilities carefully and prepare the exercise and activities that will be done in my P.E. lessons. Sometimes, I need to attend the morning training for the volleyball team and the athletic team. Otherwise, I jog on Monday, Wednesday and Thursday morning for exercise.

When I don't need to teach classes, I usually do my paperwork, for example, registration for competitions, documents from the Education Bureau, lesson plans, school notices, etc. Sometimes, I also need to repair the damaged sports facilities and equipment so as to ensure users' safety.

In the lunch hour, I eat out with my colleagues near our school. We chat with each other about everything. If there are some school activities and competitions, I'd like to have fun with my colleagues and students. When I am free at lunchtime, I often water the plants at school and clean the sports grounds including the basketball court, archery field and running tracks.

During special periods like approaching the school sports competitions and school open days, I have a lot more duties than you thought. Besides helping students to register for sporting events, I need to arrange the schedule



of each participating student in order to avoid clashes. Also, I have to spend much time on many extra training sessions and rehearsals before the events. It's not an easy task!

The most challenging part of this job is that it's not easy to train students well because most of the students' parents care about the academic results of their children so much that students need to go to tutorial classes rather than attend training sessions after school.

Although working as a P.E. teacher isn't easy, I still enjoy my job a lot because I think educating students is my duty while maintaining both the physical and mental health of students is my mission. A P.E. teacher doesn't just teach students how to work out but also teach them how to lead a balanced and healthy lifestyle.

Being a teacher is not a piece of cake. You really need to have lots of passion and strength to afford it. Think thoroughly before making your career decisions.



A Typical Day at Work as a True Light Bearer – the Laboratory technician Mr. Cheng

45th School Anniversary Writing Competition 2nd Runner-up
by Cheng Fung Ming, 3C

Some of you have asked me what it is like working in a laboratory. Let me tell you about Laboratory technician Mr. Cheng and his normal day.

It's not an easy life – He needs to take care of our safety. He also needs to take care of the equipment, so he needs to be very careful.

Every morning, he starts by preparing sets of equipment needed that day. Since every experiment needs a different set of equipment, so he has to help each science teacher come up with the set of equipment they need for their experiments. But this is not the only things he needs to do. If some materials are needed, he will call someone to buy for him, and he just needs to write down the components of materials, and then prepare them.

And he has no specific break time, because he is a laboratory technician, except for the time when no teacher needs to do experiments, then he can have a little break time. In that time, he will check his email and see if the school has given him notice or other special things.

When students need to do experiments, he has to speak clearly to tell them what they need to be careful of or pay attention to, and he needs to demonstrate the steps. Sometimes, he will stand next to us and see if we have done something wrong. Due to the risk of the experiments, he needs to monitor the procedure and keep us safe.

Moreover, he has another job in our school, which is the photographer. When we celebrate or when we have activities in the hall, he will take a lot of our photos.



Would he recommend this job to someone else? Yes, if they like science, know all the names of the equipment, and are very careful. But not so many people stick to it, because if an accident happens, it is very dangerous.

Overall, Mr. Cheng really enjoys his job, even though it can be tiring for him, he finds the job in the laboratory in True Light College very meaningful and rewarding.

The rise of startup culture

45th School Anniversary Writing Competition Champion

by Lau Tsz Ying, 5E



Commuters holding the handrail and falling asleep on the MTR has become a common phenomenon among busy employees. Being an employee, you need to wake up early in the morning but going back home late in the evening, so that you are all worn out after one whole day.

From the above phenomenon, we can understand why there are so many young people who would prefer startups to traditional career pathways. If you start up your own business, your timetable will be more flexible. You can even do anything you like and take advantage of your own talent to earn a sensible income. This is totally unlike the situation of an employee, whose ratio of hard work and wage is not proportional, especially when our city has ranked number one at “14th Annual Demographia International Housing Affordability Survey” for her difficulty in affording an apartment. It is apparent that our average wage is far below the inflation.

Besides, there are lots of successful examples of young people's startups. Airbnb might be a good example. Their idea is to offer visitors a place to sleep and to have breakfast in the morning. The most recent statistics show that Airbnb now has over 2 million listings in over 190 countries and 34,000 cities. The company is now worth 25.5 billion dollars. Not only Airbnb, Uber and DiDi have all been successful startups. The above examples may allure and inspire young people to put their creative ideas into practice. Even though it may be difficult at the beginning, young people are always able to identify and provide innovative solutions to problems. They are always passionate in what they want to achieve.

Also, the government has launched some policies that encourage young people to engage in startups. “E Hub” is characterized for innovative and creative industries. It provides comprehensive equipment and facilities for the

young people who start a business. All mentioned above support the startups for young people so that is why more young people prefer startups nowadays.

In my opinion, this would be a good opportunity for our students. Startup businesses lead to a variety of choices for the future of our students. Everyone is unique and has different talents. Some of our students may have good business sense at the age of only 15 or even below. They have opened online stores for trading their second-hand goods. On the other hand, some True Light girls are versatile, especially artistically and aesthetically. Have you seen the lift doors with the colorful painting? Those are the masterpiece of our students! I believe that True Light girls are independent. If our passion can match with the job, we will be more motivated to work. The circumstance indicates that the startup business would be a good way for us.

Last but not least, I hope all True Light girls can create their own broad road. It may seem incredible until it is done.



Young startup entrepreneurs in Hong Kong

45th School Anniversary Writing Competition 1st Runner-up

by Cheng Cho Kiu Jasmine, 5A

The number of young startup entrepreneurs in Hong Kong has been rising in recent years. Working in a startup style environment is likely to offer more flexibility, freedom and creativity than a traditional office setting. Hong Kong is a global financial market. Firms have better access, greater intellectual property and legal protection. So the startup entrepreneurs can further develop their career path.

However, young entrepreneurs still have to face a lot of difficulties. An entrepreneur has to be at least 18 in Hong Kong, so many of them have no choice but to launch the companies overseas. Besides, it is difficult to gain other's trust and find a partner for a young entrepreneur because of the lack of experience. Another difficulty is that the Hong Kong education system focuses a lot on rote learning and academic performance, and the culture favors conformity rather than individuality. Hong Kong parents do not support the young ones to be entrepreneurs. The parents do not think that being an entrepreneur can provide a stable job or career path. It is difficult to gain others' support in Hong Kong. To be a successful entrepreneur, you should be more tough and sociable because you have to face these difficulties. You should boost your confidence and be more creative to have a better prospect in the career.

For some of successful startup companies, their products are affecting our life, such as Uber, GOGOVAN and Facebook. These startup businesses bring us more convenience. People can use Uber or GOGOVAN to transport bulky freight. Facebook may also establish humans' relationship, and it has become popular for people around the world.

The government could help Hong Kong companies to enter the mainland market. The mainland market may be prosperous so Hong Kong companies may meet more entrepreneurs from mainland market. They can establish relationship, gain more experience and even opportunities.

In conclusion, the young startup culture may give more opportunities for young people to develop their career and may also boost their confidence.



The Rise of Startup Culture

45th School Anniversary Writing Competition 2nd Runner-up

by Chan Sin Ying, 5D

A startup is a company that is in the first stage of its operations. The company attempts to capitalize on developing a product or service for which they believe there is a demand. Hong Kong has many well-developed startup companies such as GOGOVAN, Uber, Deliveroo. These are the most popular and successful companies in the city. However, there are both the glamorous side and the dark side of the startup culture.

The first thing that pops up in peoples' mind when they think of the startup culture is the free work environment. A startup company is different from an established company. The major difference is there is no structure in a startup with less rules. The informal atmosphere that leads to flat hierarchies can be very pleasing for the people working there. Since there is less stress in a startup company, it has more room for creative and entrepreneurial spirits to express oneself. You might reap the rewards of success if the company does well, rather than climbing the corporate ladder at a business with a stereotyped hierarchy.

Due to the fact that the startup companies are in the initial stage of building the foundation of customers and business, working there can be a great way to instantly gain a number of valuable skills for your resume. Every employee will work extra and take on multiple positions, so they might feel a little overwhelmed at first. Spending time on a startup will teach you things two to five times faster than a regular company. You may also get in touch with another company. Learning by doing is essential in startup companies. It brings a positive influence to your career prospect and enhances your creativity.

Despite all the benefits of the startup culture, there is certainly an opposite side of it. The foremost demerit is the long working hours and huge workload. Since there are no specific rules about working hours, you will find yourself working non-stop and it is more than just your typical 9-5 working day. The

lines of weekdays and weekends begin to blur. There is usually no reminder of working-overtime. Considering the lack of structure in the startup companies, you will get various positions and extensive workload.

The long working hours and huge workload are not equal to huge payout, so the financial incentive can be pretty low. The budget in startups is often tight and they can't even afford to pay employees the same high salaries they might get at other corporations. Although you give all you get, you may get very little in return. Your request for a raise is not guaranteed.

The startup culture is like a boat. It can sink or make you float, but most importantly, you need to evaluate what you are chasing for and your future expectation. Even if a startup company hits the bottom, you still earn the precious experience and skills to help you find another job. Anyhow, building a company and building skills for your career may take longer than you think. Patience and perseverance are needed for the ultimate victory.

45th School Anniversary Writing Competition Winners Proposals

Proposal for 45th Anniversary Open Day

45th School Anniversary Writing Competition Champion
by Au Yeung Yiu Man, 4A



Dear Principal,

Proposal for 45th Anniversary Open Day

Introduction

On behalf of the Student Union, I am writing to inform you of the detailed arrangement about the coming event that is “Open Day” for the 45th anniversary in the year 2019-2020. Not only does this event promote our school’s reputation and good will, but it is also a great chance to boost our students’ confidence and unleash their potential to the fullest. The Open Day would be held on 28th March 2020 from 9am to 6pm.

Activities to be held

To achieve the above aims, we will hold diversified activities, including the booth games organized by all classes of our school students and talent shows by some of our versatile students. By doing so, our students will learn how to communicate with people they have not met before and deal with different occasions and circumstances. Also, there will be cooking classes taught by the Parent-Teacher Association. Some workshops and the singing sessions on the school playground are also the highlights. Most importantly, it is the first time we have decided to cooperate with a local charity to have a performance for 1 hour at the school hall so as to raise money through ticket sales. This performance is surely meaningful and unprecedented.

Work allocation

This time, our focus will certainly be on our students. As for the booth games, each form will have a theme that is about Hong Kong or our school. Around two months before the Open Day, each student will receive their job duty, so that our students will have enough time for preparation and discussion. For the matter of cooking classes, our committee members of the Student Union and Home Economics Society will be the staff to assist the members of Parent-



Teacher Association. Also we are more than glad to invite the champion of last year's singing competition to be the partner of the performance with the local charity. The Music Department is keen to work with us to offer us professional support and advice.

Budget plan

Since we have to provide the materials and props to all students to complete their booths, we would like to be granted \$20,000. Also, as there will be some ornaments like balloons and banners for the school playground and rooms, we would also like to have \$2,000 for this purpose.

We are sincerely hoping that you would take our ideas into serious consideration. If you have any enquiries, please contact me and it will be my honour to get together with you on this event.

Yours faithfully,
Chris Wong
Chairperson of the Student Union



Proposal for Hong Kong True Light College 45th Anniversary

45th School Anniversary Writing Competition 1st Runner-up
by Siu Hiu Ching, 4D

Dear Principal,

Proposal for Hong Kong True Light College 45th Anniversary

1. Introduction

On behalf of the Student Union, we would like to make the following proposal for 45th Anniversary Open Day at Hong Kong True Light College.

2. Details of the Open Day

Open Day aims to celebrate school 45th anniversary in the year 2019-2020. Open Day would be held during the middle of May in the next term. It could be held in the afternoon. Open Day will involve all students, teachers, school clubs and societies.

3. Activities

Open Day features three activities, including games and performance.

3.1 Game Stalls and Booths

We would hold some game stalls which showcase fun history about True Light. From the booths, we would like to introduce the 4 houses, school clubs and societies. Also, we have a booth for photo-taking. Games are memorable and interesting. It can attract students and people from outside to play and know much more about the history of True Light. The photo booth may increase students' sense of belonging too.

3.2 English Drama Performance

The drama is about the history of True Light. This drama can let more people know our history. On top of this, it can provide a good opportunity to highlight the talents and skills of the students as well as their proficient English.

Proposal for the 45th Anniversary at Hong Kong True Light College

45th School Anniversary Writing Competition 2nd Runner-up
by Wong Sze Sze, 4A

Dear Principal,

Proposal for the 45th Anniversary at Hong Kong True Light College

1. Introduction

As the chairlady of the Student Union, I would like to make the following proposal for activities held on the 45th Anniversary Open Day of our school.

2. Details

We would like to organize an Open Day to celebrate the 45th anniversary of our school. It will be held on the 3rd April which is Friday. It is held from 11:00am to 5:00pm and we expect that there will be a total of 800 people involved.

3. Drama Performance

We would like to hold a Drama Performance for several reasons below. We hope that the performance will let students know how to cooperate with others and learn how to deal with problems. We would also like them to be more outgoing and have raised self-confidence by joining this Drama Performance.

3.1 Cooperation and Problems Solving

Drama needs students' cooperation to make the performance become successful. During practicing, they can communicate with others and make the drama proceed smoothly. Students can also learn to handle emergency cases when there are any problems. When there is dissension, they can also learn to make compromise to figure out a widely-accepted decision.

3.3 School Souvenir Design Competition

Students from all forms can participate in this competition. This is an opportunity to unleash their creativity. The souvenir design must display our school's characteristics so it can let more people know about our school.

4. Work allocation

All students can be a helper on this Open Day. Every booth needs to have one club or society to be on duty. Every teacher can choose one club or society to help with. Art Club, English Club, Drama Club as well as the Orchestra will work hand in hand to stage the drama performance.

5. Budget

This Open Day requires \$30,000 for the stalls and drama performance. If our proposal is accepted, the events will be second to none.

Yours faithfully,

Chris Wong

Chairperson of the Student Union

3.2 Confidence Boost

Students have to project their voices on the stage to make sure the audience can hear their utterances clearly. It is a great opportunity for students to learn to project their voices. They can also be more outgoing by talking to the students they do not know. If the drama is performed in Cantonese, I am sure that there will be more students to join, especially those who want to perform but are not proficient in English.

4. Sports Competition

The second activity we would like to hold is Sports Competition. The sports will include badminton, basketball and handball. The badminton competition will be held after the Drama Performance in the hall. Others are held in their respective courts.

4.1 Reasons

We would like to hold the Sports Competition for some reasons. We hope that students can do more physical exercise by preparing for this competition and they can be as fit as a fiddle. Each class will need to send students to join the activity. Students may also discover their potentials in any of these sports.

4.1.1 More exercise

Since many students in each class are required to join this activity, they can do more exercise by practicing in their own time. Students who are good at sports can also have an opportunity to make an exhibition of their techniques and skills.

4.1.2 Discover their talents

Students who do not know which sports they are good at can have a chance to explore and discover their talents for different sports.

5. Work allocation and budget

Members of the Drama Club will be involved in Drama Performance. We will recruit some teachers and students to be responsible for decorating our school. The budget for the whole Open Day will be \$20,000 which covers the decoration, clothing and the props of the Drama Performance and the prizes of the sports competitions.

Yours faithfully,
Chris Wong
Chairperson of the Student Union

Typhoon Signal No. 10

This writing has been the winning piece for the Hong Kong Primary and Secondary School English Writing Competition 2019 for the Merit in the Most Creative Award in Junior Secondary.

by Cheong Yan Wai, 1B

The Hong Kong Observatory has just issued the typhoon signal No.10. They say it's the strongest typhoon in the history of Hong Kong. Everyone is staying at home now, but I am on the street!

Maybe you want to know what happened to me. This must be said from the morning...

In the morning, after finishing my breakfast, I started doing my homework and suddenly found that my pen had no ink. I decided to buy some pens and notebooks in a stationery shop, which was just opposite my home. At that time, it was just drizzling outside, so I just got an ordinary umbrella.

When I was walking on the path, it rained more and more heavily, thus, I rapidly ran to the stationery shop. When I arrived at the shop, there was torrential rain outside, so I couldn't go anywhere.

Suddenly, my phone rang. It's Dad. "Where are you now? The Hong Kong Observatory has just issued the typhoon signal No.10!" "What? Wait a second, I'll be back home quickly!" "OK, but be quick, the wind is whipping!" I hung up.

"What can I do...If I go out like this, I will get wet..." I was drawing a blank, "but first priorities are buying the pens and notebooks...anyway."

I quickly billed for the stationery and rapidly ran to my mansion. "Shake it off!"

Hong Kong Primary and Secondary School English Writing Competition 2019 Winners

When I was home, the outside had turned upside down. The leaves were flying, and even some windows were blown out. "A, A, A-choo!" Unfortunately, I got a cold.

I, again, can't do anything, total bumme! All the things are out of the blue... My life gives me a hard time and now I need to call my friends to cancel tomorrow's party.

Words fail me, life is difficult.

Maybe I should check Hong Kong Observatory before I go out and as I've caught a cold, I have to live under a rock now. "A, A, A-choo!"

Don't speak of typhoon to me again!

Tackling climate change – whose responsibility?

This writing has been the winning piece for the Hong Kong Primary and Secondary School English Writing Competition 2019 for the Merit in the Best Writing Award in Senior Secondary.

by Wong Chin Chin Annaliza, 5B

Nowadays, the world has changed and developed in tremendous ways. These changes have gradually improved our lives and allowed us to do our daily activities with ease. However, not all developments have brought us benefits. A good example is the growing international problem of climate change, which has caused damages to the natural environment. It is a serious problem that needs to be solved as soon as possible. While some people believe that governments and businessmen are the most responsible in tackling this issue, others think that individuals play an important role as well.

Firstly, governments have great power, which means that they can change our society with their policies. Businessmen are similar. They have large influences in many fields. With all the power at hand, it is obvious to why people believe that governments and businessmen are the most responsible parties. Therefore, people commonly think that they should do the most to tackle the problem of climate change.

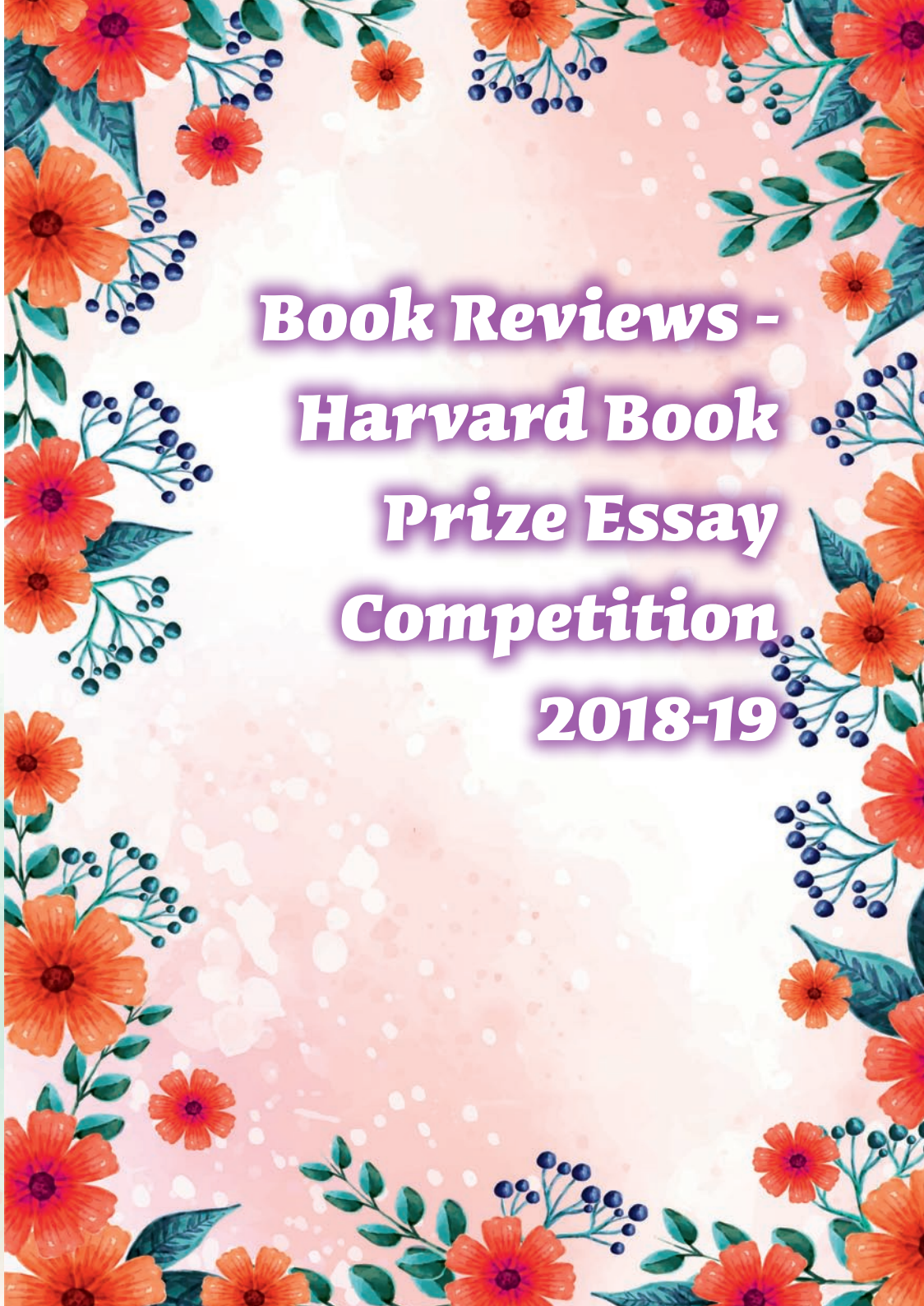
Secondly, it is technically governments' duty to tackle such macro issues as climate change. I believe that governments have numerous different departments for a reason. These different departments all have a specific field that they specialize in. Many of them involve environmental protection, so it is fair to say that governments should be tackling the issue of climate change. As for the businessmen, a fair amount of them gain profits at the expense of environment, so they have the responsibility to tackle this issue as well.

On the other hand, we as individuals have responsibilities to protect the environment too. The cause of climate change is mostly the excessive amount of carbon emissions. The problem is, we never realize how much carbon emission we produce. From the private cars we drive to the foods we eat, our

carbon footprints just keep growing, so it is important for individuals to take some sort of action as well.

In addition, governments and businessmen are not the only parties with power to change our society. Even individuals have their share as well. Although what governments and businessmen can do are more powerful, individuals are also capable of slowly tackling climate change with their numerous daily activities such as reducing wastes and living a green life.

In conclusion, I believe that governments and businessmen are the most responsible and capable in tackling the issue of climate change. They have the power that individuals do not possess. Yet individuals cannot thus shed off their responsibility. After all, the Earth belongs to all of us. So, we have the responsibility to protect it together.



Book Reviews - Harvard Book Prize Essay Competition 2018-19



Book review: *Disconnected: Youth, New Media and the Ethics Gap*

*These book reviews are selected from part of the Harvard Book Prize Essay Competition of 2018-19. Each contestant was required to write four essays, including two book reviews – on *Disconnected: Youth, New Media and the Ethics Gap* and on a book of contestant's own choice.*

by Wong Chin Chin Annaliza, 5B

I am no exception to using social media as one of my main ways to communicate with friends and distant relatives. As a regular user of social media, I post photos and comments like any young teenagers would do.

I have experienced the dilemma, which was mentioned in Carrie James' book, entitled "*Disconnected: Youth, New Media and the Ethics Gap*". A classmate of mine has once taken a picture of me without my consent. It may not have seemed like a big deal, but I never found out what she has done to it. This incident really bothered me and I couldn't help but wondered what the purpose for doing something that pointless was. In Carrie James' book, she points out the three ways of thinking that young people use to perform their online activities. The first is self-focused thinking, only concerning about the consequences of oneself. The second is moral thinking, concerning about the consequences of those you know. The last is ethical thinking, concerning about those you don't know and generally larger communities. From my personal experience, I don't think most young people would think about the moral or ethical concerns of what their online activities could cause. Their negligence has led to the constantly growing gap between how young people understand ethics in real life and online.

Besides my personal experience, there are other incidents when people would often neglect the ethical consequences they may cause. For example, a British man named Leigh Van Bryan was arrested and denied entry to the U.S. on arrival. The reason was because of the tweets he had sent on Twitter, stating how he and his friend were going to "destroy America" and "dig up Marilyn Monroe". They were obviously joking, but it was no joke to local authorities.

It may seem overboard, but it was a must to do. This particular incident shows one of the major consequences to what would happen when we act recklessly on social media. Nowadays, whenever these types of posts appear and face hostile criticisms, people would just say that it was "just a joke" and believe that the misunderstanding would be cleared. However, that is not the case. According to Carrie James' book, when faced with such dilemmas, people often emphasise their personal safety over online ethics. But because they choose to ignore their online ethics, it costs their safety in real life as well. I believe most people, especially young people, have not taken the issue of privacy, property and participation online seriously.

To reflect on this, ethical thinking is very important when it comes to using social media. The digital ethics gap shows the direct and indirect effects of our online actions may have on the internet and in real life. The way we think affects the way we act and there will always be consequences that we have to bear for ourselves.

Book review: *The Alchemist* by Paulo Coelho

The book that has made the deepest impact on me would definitely be *The Alchemist* by Paulo Coelho. It is a classic fable about an Andalusian shepherd boy named Santiago, who has been having a recurring dream about searching for treasure at the pyramids of Egypt. He faced a lot of hardships, but with some advice from the other characters in the book and a little help from the universe itself, Santiago managed to become a wealthy man within the span of one year.



Book review: *Disconnected: Youth, New Media and the Ethics Gap*

My Personal incident on being “disconnected”

*These book reviews are selected from part of the Harvard Book Prize Essay Competition of 2018-19. Each contestant was required to write four essays, including two book reviews – on *Disconnected: Youth, New Media and the Ethics Gap* and on a book of contestant's own choice.*

by Lee Tsz Yui April, 5E

I like this book because it has taught me one of the most important lessons in life, to follow your dreams and achieve your goals. I understand how following your dreams and achieving your goals are some of the most difficult struggles we would all eventually face in life and they are not at all easy to overcome. There are so many reasons to what could cause us to abandon them. Surprisingly, Paulo held a different view that has inspired me greatly. To quote him, “When you want something, the universe will conspire together in helping you to achieve it.” It basically tells me that in order to achieve our goals, or our “personal legend”, it all starts with how willing we are to go forward to achieve it.

It is crucial to have the wisdom of listening to our hearts, of recognising opportunities and leaving the omens strewn along our path in life, and most importantly, to follow our dreams.

To take the case of a charged game, Minecraft, I intentionally want to help my friend to save some money when agreeing to offer my google account to her. It was when I found that she had messaged my cousin privately had I realized I had unknowingly shared my personal information under the setting of sync. The affected area may be immeasurable, as my personal safety and privacy will be in hazard.

In retrospect, that was clearly a fatal moral and ethical blind spot as described in *Disconnected*. Morally, I lack the fore sensitivity of making a moral decision and of being aware of the potential consequences of sacrificing privacy. I prioritized saving money and co-playing to keeping others' privacy, which is inconsiderate and ethically faulty. Sharing contacts with people is based on mutual trust and on the basis of safeguarding others' privacy. Sharing the contacts without others' permission is betrayal of this trust. People in my contact list may receive unnecessary spam messages, possibly getting into trouble because of me indirectly.

The case ended short, right after I sent apologies to every single person for their forgiveness, and that was when I started wondering the possible “disconnects” for me and my peer generation with the moral and ethical consideration.

Ethically, as a player, the act of “sharing account” will harm the developers, the gaming industry and even other gamers. The game is created by many



developers and that the fee charged is a return for each of their persistence. Game users have the responsibility to report pirates and not to use them so that the size of gaming market can be maintained. Clearly, from the moment I chose to “share” my account, that has already been an irresponsible act that corrodes the game developer’s work and the game’s value.

We would be easily alerted when requested to provide our basic information like addresses or names in real life, but fail to do the same when this happens online. The question of whether there are double standards between the real and the virtual world arises. When we are considering a gym membership card, we know that there are real identity verification and limited physical resources, so that we would choose not to share the membership with others. Yet, in the virtual world, with the seemingly “lower security” and the lack of ways in identifying who is who, we come to believe the “unlimited” resources are free to share. However, this is just a deception provided by the internet. Sharing different accounts under the same google account is still utilizing scarce resources, another kind of exploitation of others.

Young people know that the virtual world is new, and we come to trust this new way of communication and enlarging social circles, that comes with new ways in handling our information. As information flow is so fast and huge, we achieve what we need too easily, and even with the noble intention of internet to share, we need to reconsider the ethical consequences of our online behaviour.

Book Review on *War Storm* by Victoria Aveyard

It is a fiction, Victoria Aveyard’s *War Storm* in her *Red Queen Series*, set in a fantasy world called Norta with clans divided by blood colours.

The female heroine is called Mare Barrow, a red-blood rebel gifted with silver blood magical abilities. This finale is about the one she loves, Calore, chose the crown in the price of her. After numerous betrayals and struggles against the Silver Royalties, she would have to choose her fate to be the new caged Queen of the country that has been suppressing her own clan, or to overthrow the Silvers.

In the setting of a world of careers and community participation merely determined by class, people conform to the inequality stemmed from colours. Silvers can be merchants and nobles; while Reds workers, soldiers and slaves. Under the absolutism of monarchs, Mare is the pioneer to make a change. Her success in revolution has led Norta to a more dynamic world of democracy and freedom. Like us, she urges for a change, but blindfolded by love.

Mare’s strife reminds me of how lucky I am in a free era, and of how much human can sacrifice for their desire, be it for affection, power, or annihilation. Wars are not just about destruction, but can be from the pervasive zeal towards ideologies and countries when one is blinded by pride, power, or patriotism. They hurt others in a seemingly righteous way, even though such values they once held to may be nothing but a joke.

Book review: *Disconnected: Youth, New Media and the Ethics Gap*

*These book reviews are selected from part of the Harvard Book Prize Essay Competition of 2018-19. Each contestant was required to write four essays, including two book reviews – on *Disconnected: Youth, New Media and the Ethics Gap* and on a book of contestant's own choice.*

by Wong Yu Yin, 5E

In the 21st century, social media and online platforms have become one of the most important parts of our lives, especially the digital native youngsters. However, not every online user is aware of the ethical consequences on what they have done or said online. Some even opine it is fine to say whatever you like online. In Carrie James' *Disconnected*, she has mentioned various examples of online behaviour ignoring the moral and ethical dimensions. In my personal experience leading an active online life, spending at least three to four hours a day there, I have been oblivious even till now to what I have done that may harm tons of others.

Listening to music is one of my hobbies. No matter taking a bus or doing homework, I always like playing songs loudly. I have been fascinated by Korean pop music, thus, my playlist is always full of different Korean songs. However, when I was in primary school, I didn't have any pocket money. It was really difficult for me to purchase an album of my favourite artists, not to mention paying one hundred Hong Kong dollars for just one particular song I might fancy in an album. Therefore, my parents suggested me downloading songs from the internet for free, then making the songs to my own mp3 playlist so that I did not have to pay for it.

I had never spotted any problems about free downloading music online, neither my parents nor friends - nor even lots of netizens, I now suspect. Not until one day when I started to research about a Korean soloist I had adored, clicking on the button "how to support an artist", had I finally realised what I had done in the past was called "illegal downloading" and that the song's artists and producers could not get paid because I ripped them off. That's the moment I also found out I could simply pay fifty dollars to music apps like Apple Music

or Spotify to listen to music legally, which is an affordable sum to support the artists or producers by complying with copyright.

In the past, due to my lack of financial resources and misunderstanding on illegal downloads, I only thought of the easiest and most convenient way to benefit myself, blindly following what people around me have done as "everybody does it" without really considering the ethical consequences of my action. This is a totally selfish act as I might affect tons of people's living. Sadly, the majority of netizens falls into this ethical blind spot, some even do so deliberately because most piracy websites provide easier access and are free of charge. I am glad that at least I noticed my misdeed and have tried to rectify it by avoiding using the wrong way. I do feel apologetic for what I have done and hope that more and more teenagers do realise it and stop those actions by realizing the moral and ethical obligations of our online behaviour.

Book review: *All the Bright Places* by Jennifer Niven

I'd choose Jennifer Niven's *All the bright places*. The story begins when Finch and Violet met each other at the school's bell tower wanting to plunge into death. Fortunately, Finch has convinced Violet to go back to class together. Finch is a peculiar boy who always thinks of different ways to kill himself; while Violet a girl suffering PTSD after she's accidentally killed her sister when driving. Both of them attended Geography class and knew each other more while doing a project. Finch wants to heal Violet's PTSD by encouraging her to pick up the wheel again, while Violet makes Finch accept his own persona and see life is meaningful. However, everything changes after Finch has noticed



Violet leaving for university. He feels the void and hopelessness again, and decides to commit suicide in Blue Hole.

This book is not as bright as its title with a theme of mental illnesses and teenage suicide. I am glad to see more and more teenage fiction is bringing up issues about mental well-being. My grandfather had suffered from depression before, so I totally understand why some patients chose to end their life like Finch when being misunderstood and labelled as “outcast” in society, exacerbating their anguish. Actually, mental illnesses are just like a cold, which can be healed, like Violet’s PTSD. Yet, when untreated, it costs your life, like Finch, whose death reminds us that thousands of people are suffering from different mental illnesses. What they need are just empathy and understanding.



Speeches

Truth

CIE English Public Speaking Contest 2019

by Chow Tsz Yu, 4E



Ladies and Gentlemen, good morning. Today, I want to talk about “truth”. What does “truth” mean to you? Simply the facts? Words with no lies or deception? Something people tell you from the bottom of their heart? We are all born with the ability to see the truth and tell the truth.

Our teachers and parents tell us that it is very important to be honest. The story about a boy who cries wolves tells us that people wouldn’t believe in us if we tell lies. Indeed, honesty is a virtue that we can all have and achieve. But why when we grow up, we start to choose to tell lies?

One of the reasons is to prevent panic. If you are a parent and you are having a hard time in your work, when your children care about you and ask you what’s wrong, most of you may just tell them a white lie instead of spilling out all the troubles. You may not tell your children the truth because they may not understand your situation. It is totally unnecessary to make your family worry and panic. Another example is bullying in schools. Bullying, no matter on students or even teachers, is one of the major problems in schools. Most of the schools choose to conceal it and try to resolve it internally. They do not want the public, especially the parents and media know too much about the darkness of the organization. Otherwise, panic and chaos will be caused and the school reputation will be totally jeopardized. Moreover, if I unluckily know that my best friend’s boyfriend is cheating on her, I think I can never tell her the truth. Sometimes, people like to see and choose to see the sugar coating so as to have an easier life.

Another reason for people not being honest is the fear of getting punished. Fear is something that can blind our eyes. We then not only hide the truth from the others, but also try to deceive ourselves. For instance, CY Leung condemned the Chinese government about killing the university students and Beijing citizens in 1989 during the Tiananmen Square massacre. But now,

look at him, he is serving the Communist Party with pride. In 2014, a retired senior police officer, Franky Chu, struck his baton and hit an innocent passerby during the time of Occupy Central right in front of a camera. He finally lost his appeal and was sent back to jail for his sentence. Ridiculously, he argued that he actually acted in good faith when he struck the man! He totally told lies and deceived himself in an attempt to get away from punishment because of fear.

In conclusion, lying may be something that we shouldn’t do, but sometimes, truth hurts. If we lie at the right time, people wouldn’t get hurt by the truth. For me, there is not always black and white. It is the grey area in which we spend most of our time that makes our life interesting. Thank you for listening.

Truth

CIE English Speaking Contest 2019

by Wong Nga Ting, 5A

What is truth? The proverb has taught us seeing is believing. However, the believers don't know it is always one side of the truth or even just a smokescreen they can witness. Human nature strives for and praises the quest of truth, while actually truth cuts as a double-edged sword, one side brings you victory, while the other hurts one miserably. For me, no pun intended, but I think there's truth in all these beliefs about truth. Why?

People think seeing is believing because they are confident that they are omniscient. However, they ponder little upon their encounter, before jumping into trust. Judging from snapshots in social media, onlookers jumped into hatred and jealousy of others' perfect life - a happy family, a cosy apartment, successful career. Such a life, like a bowl of cherries. However, they are oblivious to the other side of truth, about his hard work, his commitment to family. Haters just got blinded by the glossy truth they choose to perceive.

Truth is not only manipulated by selective seeing and believing, it is also a double-edged sword for its power of cruelty. White lies - who would tell an obese girl she is fat? Social etiquette compels you to lie "you shine with inner beauty" or "you are adorable for a hug". "You are fat like a pig" or "you need to work on your diet". No, no, no! because it hurts her feelings. Cruel truth is always blunt, but ironically stabs through your heart like the sharpest blade, even when it is demanded as basis of improvement. The truth is, if there's truth at all in our topic today, the world can't advance by denying the truth of our limitations and staying in our comfort zone. Taking the cut is to make the cut in the dog fight.

So the truth can work on our side if we can take advantage of it, but the art is how we can get the most of it from its both sides. I just hope politicians are not the only ones seasoned in this art, or, are they? Thank you!

An Eco-friendly Citizen

HKVEP Workplace English Contest 2019

by Chan Ying Yuk, 5E

Hi, my name is Miki, and I believe I have what it takes to be an eco-friendly citizen.

I am a form 5 student. In my daily life, I have a lot of homework to do but I like reading in my leisure time. One big headache I have is that when I finish reading a book, it loses its use and is dumped on the book shelf to gather dust. One day, my eyes widened when seeing my bookcase full of books I had read. And it would be a shame to throw away my books so I thought of other ways to deal with the books.

First: Share and Borrow.

Book fanatics buy books that interest them but most of the time they're only read once. So, every reader who shares his or her own books with others will reduce waste. When I buy a new book from online bookstores, the book has always come with a brown paper wrapping, and it will become waste too. If we all borrow a book, from the Library, from a teacher or from a friend, there will be no such waste. It can cut down on packaging and shipping by simple borrowing and sharing. And a tree avoids the fate of being cut down. I can also return the favour to my friends to get some proper social interaction going. For example, if it is a friend's birthday, I can give her a book as a green present.

Second: Use charity shops.

Charity shops provide a way to recycle any unwanted items. If you have unwanted goods in your house, use charity shops to recycle them. In charity shops, I will find second-hand stuff, and more importantly, you can support the charitable cause of your choice. So, I will drop off my unwanted books at the

charity shops, letting them find care from its next owner and keeping it from gathering dust in the bookcase.

Of course, there are other ways to deal with old books, like donating them to the Library. The most important thing is to have a green heart and the sense of responsibility to protect the environment. Let our earth be full of green and full of love!

School Rules

by Lau Yan Tung, 4B

Good morning, Principal, teachers and fellow students! On the first day of school, I would like to say a few things on behalf of the Students' Union.

Every school has its own rules. Yet, have you ever thought about the importance of following school rules? School rules can always remind you to be a good student. They are the guide which help you develop self-discipline and responsibility. For example, students in our school have to attend a detention class after school if they can't submit their homework on time. As none of us would like to be detained after school, this rule nurtures self-discipline in students as well as the habit of finishing their homework every day. Students who have never been required to attend any detention class throughout the term will get an award from school. This is in the hope of encouraging you to be responsible.

Besides, students who are well-behaved under strict school rules play an important role in maintaining a harmonious learning environment. Who wouldn't like to stay in a school without bullying and conflicts? I'm sure all of you are more willing to go to school and enjoy your school life. That's why school rules are more significant than you can imagine. Moreover, there is no denying that the harmony in campus is created by students joining hands to build up interpersonal relationship which is vital in achieving an enjoyable school life. Since we always have to collaborate with others in projects or inter-class competitions, schoolmates can help and remind each other if they have close relationships. Problems are always more easily solved as better relationships foster effective communications. Hence, a positive atmosphere can be maintained if we can get along with different people and you will be mature.

Friends never let you down. Making more friends at school makes you feel that you are not alone and they are always with you even when you're facing

some difficulties. You will come through DSE with them and support each other. Undoubtedly, your school life must be full of colours.

To conclude, following school rules and having good interpersonal relationships are more pivotal than you can imagine. These are the main factors to achieve success and an enjoyable school life. In a nutshell, I hope all of you will adapt to the new school environment as soon as possible and treasure the time you spend here in the coming years. That's the end of my sharing of today. Many thanks and may the good luck be with you all.

Debate Speech - Plastic straws should be banned in Hong Kong

by Ah-kion Audrey Lauren, 3B

Good morning, Madame Chairperson and classmates.

My name is Audrey and I'm the first speaker of the affirmative team. Let me introduce our two other speakers. Sitting on my right is our second speaker, Grace, and sitting on the far end is our third speaker, Katie. The topic of our debate is "Plastic straws should be banned in Hong Kong." We, the affirmative team, believe that this statement is true.

Firstly, plastic straws are very hard to decompose. According to 4 ocean which sells bracelets made from 100% recycled materials, plastic straws can take up to 200 years to decompose - way beyond our life spans! For a one-time use, they last a very long time as they are not biodegradable. As a result, billions of plastic straws end up in landfills every day and pollute our environment for centuries.

Secondly, plastic straws threaten the marine life. Many of the plastic straws enter the waste streams while some straws end up in our oceans and pose threats to the marine life. When plastic straws reach the ocean, many marine animals mistake them for food. Upon ingesting, these straws can either choke them or get stuck in their digestive tracts. I've seen images and videos of turtles, whales and dolphins with straws in their stomach. There is a viral video showing a turtle has a plastic straw stuck in its nostrils. While people were helping it, the turtle kept coughing and bleeding. This shows how cruel humans are, threatening the marine life with the large amount of plastic straws.

Thirdly, plastic straws will cause health hazards to humans. Most plastics contain polypropylene and BPA, or bisphenol A as it is commonly known, which is potentially toxic or carcinogenic. BPA is a harmful chemical found in plastics that mimics the activity of hormones, most commonly estrogen, which

will lead to several reproductive disorders and other conditions such as diabetes and heart attack. The truth is, we shouldn't have to wait for health statistics from the government to determine if plastic is bad for our health. Plastic straws from landfills enter the oceans and marine life, such as fishes and seabirds, consume them. Consequently, we eat seafood that once consumed plastic in its lifetime, and we are now likely to carry the toxins of plastic wastes.

To conclude, in view of the many hazards they pose to the environment and living organisms, plastic straws should be banned in Hong Kong.



Argumentative Essays



Kkonminam – The Grey Area between two sexes and Hong Kong culture

by Ho Ka Yan, 6B

Women wearing make up to make themselves look good has become a norm in all societies. However, if the same thing applies on a man, passers-by may cast sidelong glances at his unusual appearance. While the millennials emphasize open-mindedness and respect, South Korean's "Kkonminam", coining the words for "flower" and a "beautiful man", has toppled the normal standard of a man.

While the phenomenon might be jaw-dropping in foreign countries, men wearing makeup or engaging themselves in skin care routine in South Korea are actually widely accepted and embraced. One of the reasons is the influence of South Korean's blooming entertaining industry. The K-pop trend has swept over the world in recent years with the debuts of famous bands like BTS and EXO. It has set new standards for men. They have opened the world to another possibility for men to be beautiful and muscular at the same time and made them to be more acceptable, especially when the bands feature solely handsome-looking men who excel at both singing and dancing. No wonder they have dominated the music industry in Asia. Korean dramas like *The Heirs* have also a major influence on young people as well, as most dramas feature the romantic stories between a rich gentleman with an exceptional appearance and a poor but beautiful woman. These indirectly indoctrinate the message that men can be not only rich but also handsome and successful at the same time. Korean cosmetic brands have also made use of the thriving entertaining industry to boost their sales such as implementing product placement in TV dramas, like Laneige's top selling product – the two-tone lip bar, which has become an overnight sensation after the female protagonist in *Decedents of the Sun* applied it on camera. These all add up into the phenomenal influence on the viewers to fall for the trend.

This raises a question – why is Kkonminam a trend in South Korea but not in Japan, Taiwan and all the other places? The reason is subtle but not hard to

track, which is the superficial culture in South Korea. Take South Korea's sex education as an example. The government guidelines for the high school pupils' state that, "women have to work on their appearance to attract their spouse." Imagine that is what the teenagers receive since their tender age. No wonder the "escape the corset" movement has sparked controversy in their country. "Escape the corset" is a trend in which South Korean women are destroying their makeup and cutting their hair in protest against stringent and unrealistic beauty standards. Women will deliberately smash their makeup and take photos of them to post it on the social media. Apparently, such beauty values are profoundly ingrained in all Koreans, not just female but male as well. It is now easier than ever to see young male teenagers openly promote their skin-care routines and beauty hacks on the Internet, like the 16-year-old makeup vlogger Kim Seung-kwan who makes videos featuring himself doing makeup and such. He mentioned that he gained confidence after he covered up the pimples on his face, implying that he felt an urge to hide his blemishes for improving his appearance. This shows how much Koreans value on one's looks, no matter your gender. You have to look good and perfect all the time.

With the influx of Korean culture, Korean-related shops have started to pop up in all main streets of Hong Kong. Our city has always been hailed as a metropolis of cultural diversity and over 6.4 percent of our population are born in foreign nations. It is not hard to find people with different skin tones chatting in their native languages on streets. We are used to Filipino domestic helpers sitting around in Central, Causeway Bay and Mong Kok, without them being fined or prosecuted all these years. Since Hong Kongers have such high tolerance towards different lifestyles – even when they may not fully understand the reason behind, they seldom intervene or openly insult other people's traditions. Therefore it is not hard to come to the conclusion that Hong Kong's general public will gradually accept such a beauty trend after it becomes more



common. At least things like passers-by shouting at Kkonminam that ‘You are gay’ won’t happen in Hong Kong.

Needless to say, Kkonminams’ unique appearance has blurred the line between two genders raising various conundrums regarding heterosexuality or non-heterosexuality. Beauty in men might be considered as a taboo in a few centuries. However, controversial ideas and actions are not scarce in Hong Kong. A lot of them have been allowed to be openly discussed in the public. This could be associated with how much Hong Kongers value their “freedom of speech” which has made this city a bedrock of different ideas. For instance, the Hong Kong Pride Parade which took place on 17th November with the theme of fighting for legal equality for local LGBT community has attracted thousands to attend their march even though some participants are not part of the community – they went there just to show support. It is not hard for us to appreciate how open-minded and accommodating Hong Kong citizens are when it comes to embracing new ideas and cultures. And K-beauty will just be another member in the big family.



Common Education tool in the future - VR

by Lau Tsz Ying, 5E

Is virtual reality the new hype in our modern education? Well, this article is all about the pros and cons of VR technology in the classroom. Just a few years ago, virtual reality was a sci-fi concept for most of us. Soon enough, we witnessed the release of the first VR headsets which showed us that almost everything is possible.

Virtual reality is a fascinating tool because it lets us explore different realities and alternate our experiences. By wearing a VR headset, you are encountering high-quality visualizations that can show you another world. In this world, students will be more engaged in their lessons and VR will become an additional tool available to teachers. For instance, students can explore rainforests or different kinds of rock formations in Geography lessons. It can even provide instrumental videos for students who study Science before their experiments. Therefore, for anything that requires students to have spatial imagination, VR demonstrations will create the 3D relationship between objects for an easier understanding. The traditional teaching methods can never reach such effectiveness in reinforcing memory and experiences through visualization. It seems that VR can help our learning much.

While virtual reality can be a great asset for most of the existing fields of activities, it comes with limitations and shortcomings. The traditional education is based on personal human communication and interpersonal connections. VR is distinctive from this. It is between you and the software, and nothing else, without the interactions between teachers and classmates. This can also ruin the relationship between students and wipe out once and for all the overall human interpersonal experience in a community.

As we have probably noted that VR is consistently evolving, it can bring dozens of benefits to almost any field, while it can also prove to be harmful. We should remain cautiously optimistic about its application in the future.



Should Virtual Reality be used in classrooms?

by Fan Wing Shan, 5C

Some people say using Virtual Reality (VR) is beneficial to learning and studying, but some say no. Do you support using VR in classrooms?

First, using VR during lessons can have students more engaged. Some students feel that the lessons are boring. They do not enjoy them because they are bored with the teachers' talking and they cannot concentrate in class. Thus, it is just a waste of time for both teachers and students. The teachers would feel disappointed because the students are not listening to them. They may think that they are not successful in their teaching. Also, the students are not learning anything from the teachers if they cannot be motivated to learn. What is the purpose of going to school then? For me, I hated Chinese History when I was young, but once, the teacher used VR to help us experience the daily life and wars in ancient China. At that moment, I fell in love with Chinese History. VR can really help students learn and provide a better educational experience for many students and educators.

Second, it is economical. Buying materials for science experiments can cost a lot of money. If we use VR in lessons, we can save much money because students do not have to do the experiments for real. The technology can show them what will happen in the experiments. These immersive lessons enable them to see the results and enjoy the experiments without any extra costs.

On the other hand, there is the view that VR also has some disadvantages. First, many people are concerned that the quality of the visual information is not always good. If the network is unstable, the students cannot really enjoy the experience. The bad network will cause big delay in transmitting images, which can cause motion sickness. Students may also miss some important things in the videos.

There are also concerns that the VR will affect human health. Looking at the screen for a long time will cause problems to the eyes. A report has stated

that looking at the screen before sleeping will cause insomnia. Students have so many lessons at school. If they look at the VR screen for such a long time, their health will be affected.

In conclusion, we can see that the arguments of both sides of this debate are compelling. I still support using VR in classrooms as technology advancement is an inevitable trend.



Overseas Studies

by Ng Tsz Ching, 5B

Would you like to study overseas? Do you think studying overseas can improve your learning? In this article, I will give two reasons for the phenomenon of Hong Kong parents sending their children to other countries to complete their schooling.

The first reason for this phenomenon is that parents do not identify with the education system in Hong Kong. The Hong Kong Diploma of Secondary Education Examination (HKDSE) was adopted in 2012. This examination has attached importance to students' future studies since their grades will decide whether they are eligible for a university place. Therefore, all schools keep giving exam practice papers to students to drill their exam skills. Some parents think this is not good for their children. They think that although this can help students tackle the HKDSE, it cannot stimulate their motivation of study. Also, students just memorizing all the exam materials without any deep thinking is not real learning. Many parents do not identify with the education system in Hong Kong and send their children overseas to complete their schooling.

The second reason for this phenomenon is that parents want their children to have independence and problem-solving skills. Children must take care of themselves when they are studying overseas because most of the overseas students are living with their schoolmates or on their own. They must learn to master the life skills such as making a meal, doing laundry and cleaning their room. These skills are basic. In addition, students may face many problems when they study overseas. For example, they may get sick and they have to look after themselves. Another example is that they may not get along with the local students. In that case, they should learn to manage their emotions and solve this problem. So, giving their children the opportunity to learn independence and problem-solving skills is another reason for Hong Kong parents sending their children to study abroad.

Regarding the impacts of this phenomenon, there is a positive impact on the children who leave to study overseas – their motivation of study can be increased. The education method overseas is different from that of Hong Kong. Their main education principle is to help students develop creative thinking. The schools overseas give more freedom to students than Hong Kong. They do not assign lots of homework or tests. The education system there can help students to learn in a more effective way than in Hong Kong.

However, this phenomenon may bring an undesirable impact on the local schools in Hong Kong – the number of students will decrease. Based on the data from the Hong Kong Government, the birth rate is not high and is decreasing every year. Each woman gives birth to only 1.2 babies on average, so we can see that the birth rate is quite low. If more and more local students study overseas, the number of students will decrease further.

In conclusion, there are two reasons of why parents in Hong Kong are sending their children to other countries to complete their schooling. However, there are impacts on local schools and the children who leave to study overseas. Whether parents should send their children overseas to study should be decided carefully, after thorough discussions between parents and children.



Print books are better than e-books

by Pang Sze Wing, 3C

E-books are very popular around this world. Lots of young people read e-books during their free time. However, some of the older generation think that print books are better than e-books. In this essay, I will discuss the arguments for and against print books and e-books.

One argument against e-books is about our health. It is obvious that reading e-books hurts our eyes. There have been a lot of news about the harmful effects of using computers and mobile phones. For example, there is a news report from the Apple Daily in which a doctor said that if we look at the screen for a long time such as over two hours, we may get computer vision syndrome (CVS). Information technology (IT) usually comes with side effects, including headaches, sleep problems and eye fatigue. Also, we may get short-sighted.

Another important argument is that e-book readers are very expensive. For instance, a Sony's e-book reader costs seven thousand eight hundred and ninety-nine dollars. Even the cheapest still costs one thousand four hundred and fifty dollars. In general, we can buy about eighty print books in eight thousand dollars.

The third important argument is about copyright. In general, a lot of online books are not paying the writers. Hence, if we copy or download books without paying the writers, we may break the law by infringing copyright and go to prison.

The last argument is about the battery life and the easy damage of e-book devices. An e-book reader does not work when the battery is dead. Generally, the battery of an e-book reader can last about three hours and it can be used for about two years only. Moreover, if we drop an e-book reader on the floor, the screen may easily be broken. If the screen broke, then we would not be able to read any digital e-books using the device.

As shown in the arguments above, there are some drawbacks of e-books. On the other hand, there are also some disadvantages of print books.

The first disadvantage is that using print books is neither green nor environmentally friendly. When making a print book, we need to cut down a lot of trees. However, making an e-book reader does not require any tree. It only needs some metal. Therefore, if we use e-book readers, the world will be greener.

Another problem is that print books are too heavy. Carrying e-books is more convenient because e-book readers are smaller and lighter. Also, we can take notes in e-books. We can highlight and delete notes. We do not need to buy new books too, because we only need to download books online. E-book readers have a large collection. We can save a lot of different books in the readers. It is extremely convenient.

In conclusion, although some people reckon that e-books are more convenient, I still believe that print books are better than e-books because print books have created a culture in this world. It is necessary for us to keep them.



Letters

Letter to Editor – Greater Bay Area

by Tsang Hau Nam, 5A

Dear Editor,

I am writing to express my opinion on the new policy that all Form 6 graduates need to join an internship programme in the Greater Bay Area for a year before they enter university. I was shocked to hear this and I am worried that this programme will bring me a lot of problems. I have no idea what will happen to me during the internship programme, so I am strongly against this idea.

My first concern is that it is difficult for me to adapt to the cultural differences between Hong Kong and China. The people in China always go for a drink and smoke while doing business. I am worried if I must learn to drink and smoke, my father will be very worried, and I am sure most parents in Hong Kong dislike this idea. Besides, some social media networks that are used by most Hong Kong people are banned in China. We cannot use Facebook, Instagram or Snapchat to communicate with our friends and family there. We are only allowed to use WeChat and Weibo. Hong Kong does not have this kind of restrictions. We can use all kinds of social media networks we like. I am sure it is the most serious problem that I need to cope with during the internship programme.

The next thing that I am worried about is the different legal systems between Hong Kong and China. As I said, the central Government bans some social media networks to stop the citizens in China from connecting with other countries. They also set up rules to control citizens' freedom of speech. In Hong Kong, all of us can express ourselves freely, but we cannot do the same when we are in the Greater Bay Area. Young people in Hong Kong tend to fight for their rights through speech and protests. If they do this in China, they will breach the law and be arrested and charged.



Finally, food safety is another concern for me. I have learnt in a lot of news about the poor quality of food in China. The hygiene of the restaurants there is poor. I have been to Guangzhou for 3 days before and I found that the restaurants there were very dirty. For example, they used the same towel to clean the table and the bowls! It was so disgusting! I cannot imagine eating in China every day.

I believe many teenagers share the same thoughts as me. It is hoped that the government can think twice before enforcing this proposed new policy.

Yours faithfully,
Chris Wong



Letter to Editor – Overcrowded Hospitals

by Cheng Cho Kiu Jasmine, 5A

Dear Editor,

I am Chris Wong and I am going to respond to your article about the overcrowded and understaffed hospitals in Hong Kong. I have some views over this matter and would like to suggest ways to solve the problem.

First, I agree that the Hong Kong hospitals are understaffed, especially during the flu season. For example, each nurse must take care of at least 10 patients on average. Therefore, the public hospitals should increase the medical personnel to meet the one to six international ratios. It is not easy, however, to recruit enough staff to work in public hospitals because the working conditions there are tough, and the workload is heavy. Because of this, the hospitals are persistently understaffed.

To help alleviate the understaff problem as well as the overcrowding problem in hospitals during flu season, the government may provide more free vaccines for people to reduce their chance of infecting influenza. To attract more medical personnel to work in public hospitals, the government may increase their salary. Many of the medical staff choose to work in private hospitals because of the high pay compared to that of public hospitals. If they can get higher pay in public hospitals, they may choose to work there instead.

Moreover, the government may offer subsidies to the elderly to get medical treatment in private hospitals instead of public ones. The bed occupancy rates in most public hospitals are more than 100 percent but many patients are still queuing for treatments in public hospitals. If more people get subsidies and seek medical consultation in private hospitals, the overcrowding and understaffing problems in public hospitals can be alleviated.



Finally, the government may provide more medical courses for school leavers to train up more medical personnel for future.

In conclusion, I believe that the ways mentioned above may help to relieve some tension in public hospitals. The government should keep working out feasible ways to deal with the overcrowding and understaffing problems in the long term.

Yours faithfully,
Chris Wong



Advice letter – Smartphone addiction

by Woo Wing Sum, 3C

Dear Mary,

Thank you for trusting me and sharing with me your problems. I can totally understand how you feel about your brother David. I think I can help you.

You have mentioned his problem of eating junk food after dinner which leads to his obesity. He should eat fruits instead of junk food because junk food is unhealthy and it leads to hypertension, high cholesterol and high blood sugar. Therefore, I suggest he should visit a nutritionist. He or she will give your brother some healthy menus to control the calorie intake. I used to eat ice cream and chips after dinner too. The nutritionist told me to eat fruits instead of snacks. This advice worked for me. Also, he had better eat less food that includes starch since excessive starch will eventually be stored in his body in the form of sugar and fat. In addition, he should go jogging after dinner every night. It is a good way for him to keep fit.

It's common for teenagers to be addicted to their smartphones, which reduces their time spent on their studies. How about asking your parents to take away his mobile phone? Although it is a cruel idea, it is a really effective method for him to battle the addiction. If nothing disturbs him, he will focus on his homework. Besides, if he does not do his homework, he will not remember what was taught in class. This will lead to bad academic results. In addition, smartphones affect our eyesight if we play mobile games for too long.

Finally, you said that David fell asleep in class and as a result, his test results got worse. Why doesn't he sleep earlier every night? If he sleeps earlier, he won't fall asleep in class and pay more attention to what his teachers say. Also, if he pays attention in class, he can listen to what the teachers teach him and he won't fail in examinations. Apart from this idea to improve his test results, he has to study earlier but not only a few days before the examinations.



He won't have enough time for that. It's a good idea to set a timetable for David. He will then learn to do the right thing at the right time.

Don't worry too much. I'm sure these ideas will work. Feel free to talk to me whenever you need someone to talk to.

Cheers,
Sally

Agony Aunt Letter – Tiger's death

by Wong Hau Lam, 2A

Dear Emily,

I'm sorry to hear about your problems. Don't worry. You should think positively about Tiger's death. Life must go on. You don't need to blame yourself because no one wants Tiger to die. You must miss him but don't be too upset, he will protect you from heaven.

You should also drink warm milk before sleeping. It can make you sleep better. If you don't eat anything because of Tiger, he will be unhappy and it's bad for your health. You should eat something to ingest some nutrients so that you can maintain a healthy body.

You should get back to the basketball practices, so that you will not think about Tiger. When doing sports, you will not focus on Tiger, so you will not be as depressed. If you have any problems, you can find your teachers, social workers, parents or classmates to help you.

You should face the fact. Although you are very sad about it, you should hold a funeral for Tiger and let him move on. It is also a respect for him. Don't be too sad. When you miss him, you can look at his photos to remember him.

You need to remember that many people support you and they will help you. If you have any problems, you should find a trustworthy person to talk to.

Cheer up!

Agony Aunt





Letter to Juliet's Father

by Chiu Wing Tung, 2C

Dear Father,

I am writing this letter to you because I want to tell you that I don't want to marry Count Paris and I want to tell you my feelings for Romeo.

I understand that you want me to marry Count Paris and you don't want me to meet Romeo anymore because you hate him so much. However, I don't want to marry Count Paris. I feel really sad if I need to marry him because he is not the man who I love. We don't have any common interest. Although he is handsome and wealthy, he is not my type. If I marry him, I will cry every day. I will miss Romeo very much and hate you forever!

I really love Romeo. The first time I met Romeo was at the ball and I had fallen in love with him. I love Romeo not because he is handsome and wealthy, but we have common topics to talk about. I love him so much because he is kind, funny and considerate. I remember that last month, I forgot to bring an umbrella, then I took cover from the rain under the awning of a store. Suddenly, Romeo appeared and he gave me this umbrella. He was worried that I might catch a cold, so he immediately gave me his jacket. He didn't care about himself and he always focuses on me and takes care of me. I love everything about Romeo.

I really hope that you can let me go out with Romeo. I think no one can be better than him. I don't think you want your daughter to feel sad, right?

Love,
Juliet



Letter to Juliet's Father

by Kwong Wai Yu Trinity, 2D

Dear Father,

I'm writing to you because I don't want to marry Count Paris and I want to tell you my feelings for Romeo.

I know why you want me to marry Count Paris. You want me to marry him because you want to work with his father, who is very rich and has a lot of army and land. I know you are trying to give me the best and if I married Count Paris, it would be the best choice. However, this is commercial marriage!

When you told me that I needed to marry Count Paris, I felt very upset because I didn't want to marry him. Marriage is very important to me because it is for the rest of my life! I really do not love Count Paris. I think he is not my destiny. I want to ask you a question, father. Why do you always control my life?

My destiny is Romeo. I met Romeo at Capulet's party. I fell in love with him when we saw each other. It was love at first sight. Although Romeo is not very handsome, he is very considerate and nice. Falling in love with him is like walking on a rainbow. When he smiles at me, I feel very warm and sweet. When our eyes are locked, it is like I can see a lot of meteor rain. Having Romeo in my life makes me feel like I'm not alone. If I lose him, I want to die. I do not regret meeting him. I really enjoy this love.

Father! Can I marry Romeo? Can you let me choose for myself? Please give me freedom. I love you, father.

Love,
Juliet



Magazine Articles

Lucky Village

by Chan Tsz Ching, 6B

What Lucky Village is famous for

Lucky Village is one of the most valuable villages in Hong Kong, not only because of its prosperous yields nor its delicious handmade food, but its wonderful view. Breathtaking and unparalleled view is what Lucky Village is renowned for. Also, its mountainous terrain is a blessing for hiking lovers who can not only hike but also enjoy its unbeatable view. You might have known what Lucky Village is famous for, but have you got to know the story behind its name?

Life in Lucky Village 40 years ago

Despite the prosperity of Lucky Village nowadays, it was not as thriving as present 40 years ago. Villagers mainly fished to maintain their livings. Due to its mountainous terrain, they found it hard to farm since there were inadequate plains. Plus, it was not surprising that no foreign investment was interested in this place. Yet, do you know what significant event that changed the life of Lucky Village from ordinary to extraordinary?

An event that changed Lucky Village

Before Lucky Village was navigated, it had not been named 'Lucky Village' until a flood occurred. Massive waves destroyed all houses and infrastructure. What was more unbelievable was that none of the villagers were injured or hurt and that was how its name 'Lucky Village' came from. After this natural disaster, many countries sent help with the renovation of the Village and that was how this heavenly place was known to the public.

A Time Machine to the Past!

by Chong Wing, 4B

Yesterday was great! We went on our school outing event to the National Museum. I was so excited after noticing that we were going to see real mummies from Egypt! It's really amazing to keep a dead body for thousands of years, right?

The coach picked us up at 8:00am. The tour guide from the museum asked us to pair up. I paired up with my friend Victoria. As we needed to work on a project about the museum tour afterwards, I decided to take notes about different events and things told by the tour guide. And Victoria would be taking photos.

After entering the museum, we saw a huge dinosaur skeleton display. It was so stunning that the dinosaur was almost in 3-storey high. After that, we went to the fossil area for dinosaurs' eggs and footprints.

And then we went to the 2nd floor to visit the Evolution of Humanity exhibition. I was shocked by those ape men models. It's obvious that monkeys really share similar genes with humans.

After lunch, we went on the Rainforest Simulator. It was a 4D game for visitors to experience the views and weather of the Amazon Rainforest. It was so cool that we could feel saliva from the panther's mouth. Then we finally went to the Ancient Egypt: Tutankhamun exhibition. The tomb was incredibly beautiful. Ancient Egyptians really liked to put gold in everything. From flip-flops to crowns, literally everything. We also got an opportunity to try some ancient Egyptian treats. Tasty!

After the museum tour, I understood the Evolution of humanity and civilization. I've learnt how the earth ages and different landforms from the deepest sea to the biggest desert. The honey bread from the ancient Egypt

really impressed me so much. It was exceeding my expectations. I hope supermarkets could put this on shelf.

It was a fantastic day for every one of us. Museum was a really amazing place to go. It's like a time machine to the past and even sneak a peek into the future. Victoria and I took tons of photos and notes. Now, we're planning for our next visit to the museum. Can't wait for it!

A watercolor illustration of a landscape. In the foreground, there are several tall, slender trees with green foliage. Behind them, there are blue and purple mountains. The sky is a mix of light blue and white. The ground is a mix of green and yellow. The overall style is soft and artistic.

Creative Writing

Tastes of Food

By Fung Hiu Yu Denise, 1A

Ice-cream is soft and sweet,
Just like marshmallows so pleasant to eat.

Bread soaked in water so soggy and mushy,
But not as bad as stinky tofu which is awfully smelly.

Lemons are sour, that make my eyes water,
My mum loves it! Why, I wonder?

We like hot and spicy foods like curry,
We all come to the table in a hurry.

Wibbly wobbly jelly ever so sweet,
We can share some the next time we meet.

What is your favourite type of cheese?
Cream cheese is my favourite. I can pick it out with ease.

I love crisps which are so crispy.
I also love fries that are equally greasy.

Chewing gum is oh so fun.
You will never know when you are done.

Savoury, sour, bitter and sweet,
All are my favourite treats.

From kidnap to escape

by Chan Sze Wing, Lam Hei Tung Hazel,
Li Fengen, & Ng Nok Yiu Yo Yo, 1C

One day, Fanny and her son, Zach, went to a supermarket to buy food for dinner. Zach brought his pet, Marshmallow, so he could play with it while they were buying the food.

While Zach was playing with Marshmallow, a man called Johnson asked Zach, "Hey kid, what's your name?"

Zach answered in a shy way, "Umm, m... my name is Zach."

Johnson said, "Oh Zach! What a nice name. Do you want to come with me? We can play and share some sweets."

"Really? Yes! Yes! I'd love to! Let's go!" Zach replied quickly.

Johnson took Zach to a very creepy place. Zach was a bit disappointed. He asked, "I was thinking we were going to a theme park. Where are we? Your house is so spooky." Suddenly, Johnson started to laugh. "HA HA HA ...!"

When Fanny finished her shopping at the supermarket, she went to look for her son, but she discovered Zach was not there. She got so impatient that she started to cry but no one came to offer any help. Therefore, she decided to look for her son by herself.

Zach and Marshmallow were still staying at the creepy place and Johnson refused to let them go. It was dark and cold inside. Zach didn't wear enough clothes and he was scared of being in the dark. He felt cold and frightened. Luckily, Marshmallow was with him. He was not alone.

Zach whispered to Marshmallow in a trembling voice, "Who is that man actually? I thought he took us to go on rides. It is so dark and cold here. I... I don't want to stay here anymore. I want to go home."

Marshmallow was thinking, "Oh my, how comes my owner is so stupid." She spoke to Zach helplessly, "Don't you know he is a bad guy who has kidnapped you?"

Zach realized the truth and he started to cry out loudly. Suddenly, the bad guy came in because of Zach's loud cry. He shouted at Zach, "Could you please shut your mouth up? SHUT UP now!" Zach cried even louder than before. Johnson had no idea how to stop him, so he gave Zach a candy to stop him from crying.

When Zach cried, it seemed that the whole city could hear his cry. Fanny heard his cry from afar, so she knew he was surely in trouble. She asked people to help her to look for her son. However, no one could find him. They did not know where he was. Fanny was very worried about Zach.

Zach was eating the candy happily, but Marshmallow was worried. She did not know what to do to help Zach. Suddenly, she saw something behind a big rock. She went there and tried to push the rock away. She discovered a secret passage behind the rock, but she could not open the door. She asked Zach for help. Zach was busy eating the candy, so he did not help Marshmallow to look for the key.

Zach's mom had an idea. She decided to get into the underground tunnel, but no one wanted to follow her because they were afraid of ghosts. Fanny went into the tunnel on her own as she was eager to look for Zach.

When Zach finished his candy, he found a key in his mouth. It was the key for the door that led to the secret passage. He opened the door with the key. They were so surprised that they saw an underground tunnel. "Eww! It's

dirty and filthy here. It... it... WAIT! Something smells like POO. I don't want to walk into the tunnel." Zach cried. Marshmallow thought, "Oh gosh! My owner is a fool! I should try to make him leave this place." She said to Zach, "Don't tell me you want to stay here forever." Of course, Zach did not want to stay here. They walked through the tunnel together.

At the far end, Fanny was walking towards Zach. She shouted, "ZACH! MARSHMALLOW! ZACH!" She heard someone screaming in the tunnel. That was her son, Zach. She was happy and worried when she met Zach. She asked, "Zach, my sweetheart. It's mom. Where have you been? Are you alright?"

Zach and Marshmallow heard Fanny's voice. They answered quickly, "Mom, we are here! We saw an exit over there. Let's meet there!" At last, they reunited.

"Oh my sweet boy, I am so worried about you. Don't leave me without my permission next time. DO YOU UNDERSTAND?" Fanny talked to Zach seriously.

Zach promised, "Yes mom. I am sorry. I won't do it again."

2025 – The Future

by Wong Ching Yee, 3A

"We are going to kill you," a deep voice growled in the darkness surrounding Lila. It wasn't like any voice she had ever heard and it was horrible and terrifying. "*Not human at all*," Lila decided. But suddenly, a glowing, sharp object was spearing towards her through the darkness. She shouted in surprise.....

"Ouch!" Lila shot upright on her rock-hard bed. "It was just a nightmare," she muttered to herself. It was the third nightmare that she had had the past three days. She looked out of the window and sighed. She could not remember the last time she saw the blue sky, the jade sea, and the golden sand. Oh, how she missed the beautiful view! Since 2017, the Earth has been polluted more and more, until the sky had gone dark grey with smoke, the ocean an inky black with oil, the sand littered with rubbish and dead fish. On the other side of the coast, what had once been a lush forest with beautiful trees was now a forest of factories. "This is 2025, folks," Lila murmured under her breath.

After staring out the window for a few more minutes, Lila climbed out of her bed and went to have breakfast, which was little more than a packet of protein bars made with who-knows-what. It was dry, hard and very unappetizing. Lila sat down on the couch in the living room and started unwrapping her breakfast, while her younger brother, Mike was skipping into the room. He was three years younger than Lila and was very energetic and always filled with joy, despite the condition of the world around them. "Good morning, sis!" said Mike cheerfully. "Good morning, Mike," replied Lila not as enthusiastically. Mike didn't seem to notice when he grabbed a protein bar from the kitchen counter and plopped down on the couch next to her. "I wish we could go outside without wearing anti-pollution masks," Lila said. Mike's attention turned to her, "Well, it's not like we could magically make the world as it was before, but – " he halted to a stop. "But what?" Lila demanded. Mike hesitated, and said, "but we can see if we can find another planet where humans can live on." "And how do you suppose we can – oh! Are you sure that is a good idea? If Dad finds out, we will be grounded forever!" Lila said,

shocked. But the corners of Mike's mouth ticked up as he said, "Don't worry! Since Mum and Dad are travelling, we can have an adventure and probably save all humans!" Lila hesitated for a while. "Fine, let's go," she finally said. Mike's black eyes were filled with light. When he jumped up and down on the couch, crumbs were falling everywhere and he followed Lila as she walked out of the house into the glass-domed backyard.

Lila's father was a scientist and engineer. A few years ago, when the sky had started to turn grey, he had an idea to save humans before it was too late. He had planned to develop rockets and send people to space to find another habitable planet for mankind to live. But years later he only built a prototype with no willing subjects to join the plan. It was about 12m high with red cone-shaped top and a round window on the side. Lila walked towards the rocket and stared at it. She walked towards it with Mike behind her. She then opened the hatch of the rocket with the press of the remote she snatched from the cabinet near the front door before going into the backyard (not a safe place to put important things to be honest). She gestured Mike to follow as she climbed inside.

Inside there were two seats and a control panel with a lot of switches and buttons. Although Lila had never piloted a rocket before, her mother, who was a pilot, had a plane simulator at home. Lila loved playing with it since she was little. She played with it very often so she was very familiar with the controls.

Luckily, the control panel was so similar to those in the plane simulator that Lila assumed it was modelled after a plane. She sat down and turned on the control screen above the control panel. It showed the amount of fuel inside the tank, which was plenty and was able to sustain for 10 days. "That's very impressive," thought Lila. Mike plopped down into the seat next to her and said, "All are ready, sis! There are enough food supplies and water to support us for a month! And I promise that I won't eat anything unless you say so." "Good,

now get ready for takeoff," said Lila with a smile. She pressed a few buttons, flipped a few switches, and the rocket started to shake. "Please work, please work," Lila prayed. Suddenly, she felt the rocket lift upwards. It worked! Lila thought proudly. A few minutes later, she looked out of the window and saw millions of stars glimmering and sparkling in the darkness outside. Mike let out a girl-like squeal and looked at the window in awe. "I am the first 17-year-old girl to travel to space!" Lila thought excitedly. She then pressed a few buttons to get the rocket to fly out of the Solar System to another galaxy. And thus their journey began.

A few days of searching and driving later, Lila started to lose hope and felt homesick. She wanted to go home so badly that she always thought of her mother hugging her before she went to sleep, her father teaching her interesting science facts, and doing great science experiments with Mike. But she would not give up. Mike also seemed determined to find another planet where humans could live on.

Suddenly the control screen showed an image of a blue and purple planet with oxygen, freshwater and zero pollution. It was also surrounded with some spacecraft and seemed safe to land on. Lila felt hopeful and said, "Look Mike! A completely habitable planet for humans! We found it!" Mike looked at her with a wide smile plastered on his face. "Hooray! Why don't we go down and explore?" he said giddily. "Sure, why not? Okay then, buckle up! Prepare for landing." Lila found a clear spot to land the rocket and proceeded to press the button for the landing. The rocket slowly descended towards the planet surface and landed with a thud that shook the earth. The pair of siblings came down and took a deep breath. Lila had once thought she would never breathe in such refreshing air ever again. She looked around her and realized that they were not alone. Creatures of different colours, shapes and sizes surrounded them. Some had four arms, some had three eyes, and some even had five mouths! They gazed at the pair with curious eyes. It was an awkward moment. Lila in

return was staring at the aliens with awe, shock and perhaps a little fear. One of the aliens muttered with a female voice, "Humans, we haven't seen any of them for ages." Tears welled up in her single eye as the alien next to her exclaimed with a male voice, "Quick! Hide them before he sees them!" Instantly, the aliens grabbed one hand of each sibling's arms and dragged them into a cube shaped building which Lila assumed was the house owned by the green three-eyed alien. Inside, it seemed like the interior of a typical home on Earth with furniture, lamps, bookshelves, etc. Lila glanced around as Mike demanded crossly, "Who are you? Who is he you just mentioned? What are you going to do to us?" The alien said, "Sit down, I am going to tell you everything." Lila and Mike sat down in the cushioned chairs around a round glass table and listened.

Apparently, humans once existed on this planet and were killed by the power-hungry alien Magnus. He thought that humans were ugly and were a waste of space. Lila thought that was a silly idea. Suddenly, the door was opened and robots with rifles marched inside followed by a giant creature. It was not like other aliens – it was dripping with black slime, hands with nails as sharp as talons and big webbed feet. It grinned at them with a vicious sneer. "Magnus," Lila realized with terror. She felt even more terrified when she heard the voice that haunted in her dreams coming out of the mouth of Magnus. "Two of you are foolish to come here and you will pay!" he snarled. "Fire!" He commanded. The siblings were dazed as the glowing bullets went flying. Lila felt a sharp pain in her chest as darkness claimed her. She saw Mike's face one last time before she entered her eternal slumber.

The Tale of a Bobby Pin

by Yau Ka Yee, 5B

I am a bobby pin, a poor bobby pin. Why? I have got plenty of brothers and sisters but I have never seen them since I was used by my owner. I help her catch her strands of hair every day. Unfortunately, she is forgetful, always leaving me in the washroom, living room, and even kitchen. All I need to do is to wait until the night when mum finishes her work. Tidying the house is her daily chore. The kind-hearted always saves me and I will always be escorted back to the drawer.

Today was Wednesday, the day I hated the most in a week. Since my owner plays badminton every Wednesday, her hair becomes sweaty, worse still, smelly. That's pretty horrible. I would absolutely vomit if I had a mouth. I couldn't stress enough how disgusting it was to stay in her head!

Finally, she had finished her training and went home. It was about time to get rid of her head. This time, I was taken off and landed on the sofa, and meanwhile, my owner was lying on the sofa and playing with her mobile phone. Suddenly, I dropped into the aperture between seats and wedged in the narrow crack. There was dark and I was a little bit breathless. I thought I was about to die, drowning in the humidity till rusted away. I just fainted.

"Mum! Mum! Where is my bobby pin?" A young lady yelled.

"I have told you to put it back after you used it! You are going to be late for school. Get a new one," I reckoned it was my saviour.

Oh no! I had been wide awake after I heard these. I really wanted to have a mouth and shout, "Mum! I am here!" I was completely devastated. I could feel that I was sliding slowly due to the force of gravity. After several hours, I fell on the ground finally.

Just then, I saw the robot vacuum was walking towards me. What was next? It stepped on me and I felt like I was flattened. Worse still, I was sucked into its body and blocked its opening. It produced a few beeps and grasped someone's attention. I couldn't see anything but I could feel that I was taken up with the robot vacuum.

Finally, a ray of sunlight bent over my heart, casting a shadow. It was mum with a halo above her! She found me! I was saved by Mum again. As usual, Mum put me back into the drawer.

Mum, you are my hero.